### February 27, 2021 - Pre-Recorded World Satsanga for The Kevin Moore Show

### Transcript of Pre-Recorded World Satsanga by Guy Steven Needler:

"Welcome to this World Satsanga held on the 27th of February 2021 in conjunction with Kevin Moore and The Moore Show. And I continue to thank Kevin for the work he's doing for the spiritual population, the metaphysical population in the work he's doing on his YouTube site for the latest episode of the series of "They Call Us The Channelers." So go on YouTube, check out his MooreTalk or The Moore Show to look at these excellent videos. There's some really good stuff on there.

Okay, so let's have a look at the agenda for this particular Satsanga. I've got really sort of a repeat of a previous talk on "How to create your own reality?" Then we've got quite a few questions, not overloaded this time, which is good, because it means I can spend a bit more time doing a probably more in-depth answers to some of these questions. Although looking...I've very quickly scanned them, I don't look at them before the Satsanga at all, so it's all usually it's channeled. But I see that one or two of them are going to be very quick answers. So hopefully, there will be some that will require an in-depth answer. And at the end we're going to do the meditation on "How to create peace in the world," because we actually need that significantly right now.

### Part 1. Lecture on "How to create your own reality?"

So let's have a look at this question about how to create your own reality. And I've been through this subject before a couple of times I seem to note over the past couple of years. And it's really about working with what you know is right within yourself, whether it's spiritual, metaphysical or physical and around you. And we know that whatever you do, whatever you think, behave and act, which is a decision you make creates a way in which you interact with event space. And it can also create a way in which you change the direction of your event stream within the event space. And it's the event stream in conjunction with the event space that creates what we call a **reality**.

Now a reality can be a number of different types of realities going from very, very localized to the individual all through to the largest size, which could be multiversed sized reality. Of course, the ultimate reality is based upon the work that the Origin is doing, but again, it itself can also create its own reality. But more importantly, how do we create our reality, because right now with things that are happening around the world, we do need to sort of focus on maintaining our own direction, how we want to go, who we want to follow, if we want to follow somebody, or the things we want to fulfill to do that are going to be beneficial in terms of our experiences and how that affects our evolution.

So rather than being embroiled in gossip or, shall we say, conspiracy theories or deriding individuals or circumstances, it's about creating a reality around us, an event stream around the event space that is what we want it to be. We can do that, but what we have to do first is really to disconnect from the things that sort of influence people and could influence us on a regular basis, and therefore, undermine the reality that we're trying to create.

So if we want to create, for example, a peaceful environment around ourselves, where we have plenty of time for meditations, if you want to do that, plenty of time to do other things like doing a garden, reading your books, interacting with others in a nice, caring, robust, loving way, then we have to create the conditions that allow us to do that. And really to create our own reality is not hard, it's just that we have to be focused on what we do. Everything that we do needs to have focus. And that includes meditation, it includes being a business person, if that's what you are doing. And so what we need to do is focus on what we want to get out of our reality.

Now if, for example, we want to have a reality that is based upon our desires, then we have to see it happening. So whereas when we see and feel and taste and touch and be something, if that something is going to create a level of abundance, then we almost use the same process to create a new reality around us. And so to start about creating a new reality, we have to sort of remind ourselves what that reality is supposed to look like.

(5 min) How's it feel? What are we doing within it? How do we interact with it? How do we interact with others who are interacting with our reality or moving in and out of our reality or whether we're moving into their reality, so to speak? So we have to move into the opportunity to create a list of things that are the components or the structure that enables us to create the reality we want. It may well be that you want to separate things out from the physical or material side of existence vs. the metaphysical or spiritual side of existence. So we can exist in both of them, but keep them sort of compartmentalized from each other, so that we've got the opportunity to do the best we can without having the one interfering with the other, so to speak.

So creating this list of what you want your reality to be is very important and how you demarc between the spiritual or metaphysical and the materialistic aspects of the physical is also important. And how you'd want to have them interacting with each other — that's also important. That's all part of the list. When you've got your list of what you want to be and how you want to do it, you know, it can be anything really. You don't think that because you're creating a reality, that it has to be, shall we say, perfect — by perfect, I mean everything has to be wonderful, everything has to be delightful, everything has to work when it's supposed to work.

Just get the bare bones of it first. Make sure that you've got enough to create that reality. You can do fine tuning later. That's important. Also it doesn't need to be something that what you feel is conforming to a set idea of what you think it should be or how you think the environment that you're interacting with should interact, for example. So whatever you want to do, however you want to do it, as long as it's law abiding, let's put that into perspective as well, as long as it's not going to harm others or harm yourself or harm the environment or harm any animals in the environment, it can be whatever you want it to be. So as long as you fulfill those criteria of no harm, okay, then that's good. That's no harm to anything, environment, people, animals, self, etc., etc.

So that's the most important thing — making sure that your reality doesn't harm anybody. From then onwards, your reality can be as bizarre as you like. It doesn't matter. You can do whatever you like as long as you're maintaining a certain criteria of non-harm. And that's great. So once you've created your list, once you've understood, shall we say, the laws associated with it in terms of how it interacts with others, and it doesn't affect or it doesn't harm others, then you can start to build the framework around the list. And that means that you start to look at, Okay, when would I want to experience this part of my reality? How would I experience this part of my reality? How would it would let this other part of my reality interact with this other part? How would the first part interact with the second part and the third part?

So then you start to create the interactivity between the reality that you're creating and you start to live it. You start to be your reality. You start to perpetuate your reality by interacting with it, sometimes maybe 15-20 minutes a day. But as you get used to creating your reality, and being part of it and seeing how it's benefiting you and your mental well-being, for example, then you can start to add additional time to it — it being making your reality last for an hour a day, two hours a day, three hours a day and work with it. Be in that reality. It's not hiding from anything. It's not, shall we say, divorcing ourselves from what's here, it's simply creating an ability for us to

be in our reality, the reality that we want to have, whilst also being here as well, interacting here as well. But it allows us to be in the physical, but not of the physical.

So if we're creating a reality that is based upon the metaphysical terms, so to speak, or spiritual terms, then we look at how we would work within ourselves to create that, and how we would interact with others to perpetuate the creation of our reality, and how that reality is interacting with others. Now clearly we have to understand will interact with others in terms of whether they accept it or not. And the thing is they don't need to accept it in terms of, you know, participating with you.

(10 min) Some might, some might enjoy the participation in your particular reality and how you want to interact with the greater reality, so to speak. Some may reject it totally. That's okay. They've got their own reality that they're working with. And sometimes you may interact with their reality temporarily and they'll interact with your reality temporarily purely from an interactive basis rather than actually participating fully, so to speak. So just remember that whatever reality you're creating doesn't mean that somebody else will want to participate with that reality, but there still needs to be interaction with those two individuals, or multiple individuals with their particular realities.

And so therefore, we get interface realities, where the interaction between different realities and different individuals or different groups of individuals starts to become a condition where we've got individualized interactive realities and the interfacing realities that allow these different realities or the people within those realities to interact with people in other realities. So just list it down. Just understand what you want out of existence. You know, if you want people to be nice and kind to you, then be nice and kind to them. Lead by example. Create your reality, be your reality. Think, breathe, taste, touch, be the essence of your reality. And then you'll attract people, who are attracted to that particular reality as well as those who want to be part of it, whilst also allowing those others, who are not part of it, who don't want to be part of it, to interact with you at appropriate times, because we can't really just divorce ourselves off.

We can't be totally hermits. We can, if we wanted to, of course. You can totally divorce yourself in your reality and be a complete hermit. And that's another way of doing it, if you wanted to. But in essence, that might be part of our life plan. And part of our life plan may be to interact with others on a regular basis, so that we can participate in their realities. We can gain from participating in their realities and they can gain from participating in our realities. And then there's the downstream functions of existence that what we've gained from one reality can be passed onto another reality, for instance, or those in another reality.

So creating what you want is really about creating that reality. And if you see anybody who is successful, irrespective of whether it's business, or whether it's psychological success or spiritual success, they all are focused on creating their reality. And people either interact with it or are a part of it or not as the case may be. And that's when you start to see people becoming very famous or very visible in existence, if their reality is such that it's understood by others and people want to be part of that reality. And you might want to keep your reality to yourself as well, which is perfectly fine as well.

So it's really again labeling everything you want, creating a list and then prioritize it, of course. Which parts of your reality do you want to have operating or operative first? And then once you've done that, you can then start to add things to it. And again be in your reality, you know, ten minutes a day, twenty minutes a day, thirty minutes a day. You know, get that established and understand how it works, understand how you might improve it, and then add the other components on the list to your reality and then increase the time. And eventually you get the reality that's around you all the time and then start to understand how to interact with others. Because you'll start your reality slowly, the ability to interact with your reality and people outside

of your reality or interacting with their realities will start to become understood and naturalized, so you'll start to do it without even thinking about it.

Okay, so that's basically how to change your reality. And the other thing is patience. Some things happen very quickly, even instantaneously. Other things can take a long time. So it's really about understanding and being patient about what's there. If it doesn't happen straightaway, reinforce the thought process surrounding what that reality is. Feel it, know it, be it, touch it, taste it, be the essence of that. And again that reality will start to become part of who and what you are and what's around you and what others may be interacting with in due course.

Remember the universe is a big thing to work with and the multiverse is even bigger, so sometimes it takes a long time to get the machine working. Okay, so sometimes it goes on its own. So we have to be patient with ourselves and patient with our process and patient in terms of what things we can interact or can add to our reality first vs. what we'd like to.

(15 min) Sometimes the smaller components are better first than the bigger components. Sometimes a bigger component that's slightly off-center of your particular reality is best to introduce first than something, which is directly on the reality. Okay, so that's how to create a reality. Very sort of generalized, to be honest, but it gives you an idea of how to do it. But it takes dedication. It takes devotion. It takes basically concentration, long term concentration as well.

Okay, so we've got a bunch of questions here, and hopefully, we can go through these and then go on to the meditation. I'd like to think the meditation could be quite long today, but we'll see. Let's go through the questions. There's some joint questions today from FN and US. And US is the delightful soul, who does the transcriptions for the World Satsanga, and FN is a reader of the books and is also somebody who is organizing workshops, when we are not in lockdown. Right, so first question...

### Part 2. Questions and Answers

# 1. In What are the best three fruits or vegetables or herbs to serve each chakra from 1 to 7? Please list the best foods. Do physical foods serve the chakras less efficiently than things like chakra opening exercises or deep meditation? (FN & US)

Well, the chakras basically are nothing to do with the gross physical other than the fact that they support the energetic templates that create the body, the human body. And of course, the first three chakras are those associated with the gross physical. So in terms of fruits and vegetables that are beneficial to the body, you know, anything that's grown in the ground is beneficial. Anything. Root vegetables are particularly good. And nuts are also good. So you can live on vegetables and herbs and fruits in general. Specifically, root vegetables, because their energies are very, very good.

All of these things are best eaten raw, but if you want to cook them, then cook them so they'll still have got a slight crunchiness, they're still a bit "al dente," they call it. You can still feel them, as you eat them. So don't cook them too much, because then you'll lose the energy associated with them. That's why I say it's best to eat them raw. I mean raw broccoli is fantastic. It's very good for things like cancer as well. So is raw cauliflower and raw carrots, they're brilliant. Even raw parsnips, you know. Everything is delicious raw. It's just that we've gotten used to cooking things. When we cook things, the energy goes out of them.

But physical foods don't actually serve the chakras at all really. The chakras create the potential for the gross physical. They don't need the gross physical to sustain them, if that makes any sense. All they need is the energies and frequencies associated with what they're working with

or predominantly designed to work with. So physical food isn't necessary for the chakras. Absolutely not. What the best thing that you can do is, of course, the chakra opening exercises, which are very good, specifically because we start to work with our chakras and understand their needs in terms of making sure they're open, knowing how a chakra feels, when it's function and when it's dysfunctional, when it's blocked and finding out and clean your chakras yourself or get somebody else, a healer, who you know and trust, who will do the work for you. Okay, so gross physical food doesn't matter for the chakras, although chakra opening exercises and other exercises to do with connecting with the chakras is good. Next question...

## 2. Are the Om obtaining evolutionary gains or content from TES entities that incarnate via souls? Are we giving "tithes" to the OM like we do to our Guides and Helpers?

No, the Om don't gain...well, everything that interacts with everything or everybody that interacts with everybody else gains a level of evolutionary progression as a result of that interaction, because we all work with each other. And that's the same for those hybrid Om or full Om, who are incarnate as well. And of course, there's not many full Om. But in terms of the hybrids, etc., they also gain evolutionary progression. Now Om don't normally interact or become part of the evolutionary cycle, because being part of the evolutionary cycle creates responsibility. So they tend to not be part of it.

(20 min) But as others, who are part of the evolutionary cycle experience, learn and subsequently evolve, the whole environment evolves as well. So irrespective of whether an entity or a being is actually in part of the evolutionary cycle, they benefit from the work that those entities, who entered into the evolutionary cycle do. So as with the guides and helpers, they benefit through the work that they're doing for their incarnate wards, so to speak, so the Om would also benefit, but from a different directive. They would benefit, because the environment, which is the Source will benefit. The Source itself benefits. As the Source benefits, the Origin benefits, everything that is the Origin benefits. As we are ultimately, so are the Om, part of the Origin, so they will benefit, if from an evolutionary perspective, from the work that others do. Okay.

## • Is the OM's evolution passive and slower, since they have no function assigned to them by the Origin (or SEs)?

I'll have to ask that question actually. I'm told that the Om are quite happy to go at the evolutionary pace of the environment, and that is whatever it is. It's not passive. You could classify it as being passive, how's that? So rather than saying slower or encouraged or pressurized, it's just passive. It happens because it happens. The next question is...

## • Is that why some of them (like you and Anne) incarnate among us to increase your experiential database?

Yeah, what I'm...for me, my understanding is it was interesting to come here and experience what others are experiencing and to be of help or service in some way. And to experience what being of service means. That's basically what I'm feeling about myself is to experience what being of service means and experience the joy of being of service. And that's really what it's all about and, you know, being able to interact with individuals, who are in the evolutionary cycle, and see them struggle and succeed and do well or make wrong decisions and then right decisions is quite an interesting process to observe.

And of course, as part of this process, we also as Om make the wrong decisions as well sometimes or the right decisions or optimal decisions or poor decisions. Or experience joy or experience concern, because that's what part of being in the human incarnate state is supposed to deliver. Next question is a change of subject.

### 3. What is the difference between a ghost and astral entities?

Okay, so the difference between a ghost and astral entity. An astral entity is an entity that's created through stray thoughts by ourselves or uncontrolled thoughts by ourselves or incarnate individuals, or through the natural sort of Darwinian evolution of energy that's gradually gained its own intelligence through the attractivity of similar energies or frequencies.

A ghost is basically...if I put it a demarcation between ghosts and astral entities, because somebody might look at an astral entity and think it's a ghost and vice versa. But my understanding is that ghosts are attributable to those aspects or souls that haven't recognized that their physical form is demised. And they are still attached to being on the Earth as a result of that. Or they're addicted to being on the Earth and they don't want to go back into the energetic fully, the higher frequencies of their TES [True Energetic Self/Oversoul/Higher Self] and enter into one of the many different versions of being together with their TES, being in communion with their TES. Okay.

### • Do ghosts stay attached to gross physical levels (FB 1-3) or go higher? Do ghosts stay attached to gross physical levels (FB 1-3) or go higher?

Well, they're not in FB 1-3, because if they were, they'd be incarnate. They would be fully visible, fully solid. So the lowest they can really go is the fourth level (FB 4). Some of them, well, what we classify as poltergeist develop the ability to use energy to move things. But that's very energetically expensive. So it's something to bear in mind that when you see objects moving around the room, the aspect or soul that's doing that is expending a lot of energy. It takes a lot of energy, believe me.

### Does a ghost have access to its chakras or energy through an astral body that they retain?

(25 min) They don't retain any astral body and they don't have any chakras, because chakras are associated with the energy templates that create the incarnate vehicle or vehicles of different types, of course. We're not just looking at the human vehicle. So they don't have any energy templates. Although we classify or some people classify it as an astral body, it's not an astral body, because it's basically the sentience and energy that's still the essence of the aspect or soul that is deciding it wants to stay close to the Earth frequencies. So it's not an astral body as such. They don't retain anything associated with their incarnate vehicle.

### • If not, how do they exist with or without an energy source?

It's sentience. Don't forget that everything we are is sentience. But we have a body of energy to allow us to experience the environment that we're trying to experience to experience, learn and evolve. And so the body of energies are either given to us by our True Energetic Self, or if we are a True Energetic Self, we accept that energy from Source, or we can detach the sentience from the energy and use another energy to experience something else if we wanted to. So sentience doesn't need energy to exist. It just is, although it uses energy to experience, learn and evolve by being part of an energetic environment that allows it to experience it, and by using the energy and experiencing the energy in the way it's supposed to be experienced. Okay, so next question...

# 4. We understand that backfill people come from a different type of TES and are transient. Do they reincarnate in human form on earth like us? Do they accrue Karma as human beings and if so, how do they dissolve their karma? You said they process it differently.

Interestingly enough, I've just been writing a little bit about this in my current book I'm working with the Om on. And my new understanding is that the backfill people only generally — there are the occasions where it's more — they generally incarnate once, because there's such a lot of them. They incarnate once and their karma is dissolved by the rest of us!

So in essence, although they accrue karma and they accrue karma very quickly, because they don't know how to handle individualized free will, we sort of absorb it for them. So any karma that they have, they are not responsible for its dissolution, if that makes any sense. It's absorbed by everybody else. And we absorb it readily, because in actual fact, they're doing us a service. They're backfilling for those individuals, who have ascended, so to maintain the environment in a state of so-called "normality" for those who haven't ascended yet. So we're quite happy to take on-board the karma that they accrue.

## • Do they evolve through the entire physical universe or stay at levels FB 3 and 4? If not, what is the maximum of their evolution?

Well, everything evolves. And everything will evolve through its own evolutionary cycle, if it's in an evolutionary cycle, or if it's attached to a part of an environment that is within an evolutionary cycle. So they basically will experience what they need to experience in the way they can experience experiences, and again, that would include the entire physical universe at certain levels. You know, they can quite easily and do incarnate at different frequency levels, not FB 3 or 4, but they can go up to FB 6 or 7 or 8. But because they normally incarnate in a collective function, sort of like a hive, I mean this almost answers the next part.

### · Are they normally hive souls like animals and plants?

(30 min) They tend to be, yes. They tend to be more in communion as an incarnate soul. Even though they may have little bits of, shall we say, individualized will, that will can only operate if it's in the best interests of the collective that it's part of. So it's not like us where we can do anything that we want to, and I mean anything individually. There's no controls over what we allow those who govern us to control us with. They are inherently controlled by a collective function of things must benefit the collective. Okay. Next question.

# 5. You said that human eyes only see what the third eye is tuned into, that means we only see what we perceive with the third eye. How could we see beyond the 3D structure and see beyond?

Well, I keep reminding people, we're not in the third dimension, we're in the third frequency. The third (full) dimension is a much larger piece of structure. Scientists use the word "3D" to describe three types of metric: height, width and depth to further describe volume. So it's really the lower frequencies of the physical. So really, the physical eyes can only see what in general the spiritual or third eye is attuned to. Now that normally means it's only allowed to see what's in the gross physical.

But there are individuals, who are capable of seeing a bit above that by using their third eye. And so people can see usually with their spiritual eye, within their mind's eye, that which is on the higher frequencies: fourth, fifth and up to the 12th frequency. But when we start to get to the point of overlaying information onto the eye, if a person is working in the fourth frequency, their physical eyes will see what's in the fourth frequency, okay. If a person is working in the third frequency, their eyes will see what's in the third frequency. If their physical eyes are attuned with their third eye, and their third eye is capable of going up into the fourth and then back down to the third, then they will see bits of it — sometimes overlaid on their physical vision, sometimes it's a combination of their mind's eye vision and their physical vision. So basically, if somebody is in the fourth frequency, you don't see them. So your physical eyes only work on the 400-700 nm range, whereas if they were attuned to be higher, then there's a combination of the spiritual or third eye working with the physical eyes. So in terms of the next part...

Can you offer exercises for our third eye that can help to align our third eye beyond the
current images and structures? In your book, you mentioned you had help and while it
was supposed to take you 5 years, it took you less time. Since we all cannot or do not
have outside help, what can you offer by way of a proactive action plan or a series of
specific exercises (not just meditation as we are already doing that) to better align and
see beyond the current structure that our third eye is tuned into?

Really, it's about meditation. One of the things with meditation is it provides a gateway to a lot of different things. And if you want to perceive what is beyond the gross physical frequencies, the thing is to meditate. But the thing is to meditate on the third eye. And so what we do is we close the eyes. Okay, we have our back straight and our feet flat on the ground and our hands palm upright on our thighs, and we then focus, gently focus our closed eyes or our closed eye vision on the point between the two eyebrows and above the bridge of the nose. And that is the location of the spiritual or third eye. It's also the location of the spiritual or third eye chakra. But the two are separate things and they are totally independent in function to each other as well.

And the idea is that you maintain this sort of closed eye stare into this area of blackness or moving colors, depending upon what the ambient light is outside or how you're feeling. And you simply breathe. Just feel your breathing going in and out whilst maintaining this focus, this gentle focus. And eventually, you may start to see a while spot appear in the area of the third eye. And that white spot will move around and you'll find it's difficult to maintain, to keep control of.

(35 min) So sometimes we can lean on our elbows, put our thumb into the tragus of our ear to block our ears off. Put our little finger into the corner of our eye and the remaining three fingers on our temple and that locks the eye in the ocular socket on one side. And do the same thing on the other side. So you've got your thumbs blocking your ears off, your little finger in the corner of your eye — obviously, you've got to be careful how you do this — to lock the eye in the ocular socket. And the other three fingers are on top of or in the area of the left and right temples. And use that as a way or means of again focusing your vision and also controlling this white dot, which will appear.

Now eventually, this white dot you will find is surrounded by a "purple-y" color and around that purple-y color is like a "gold-y" color. And as you get more control over this white dot, you'll start to see it has form and the form is star shaped, rather like the Star of David. And when you continue to focus on that and you need to make it stay in one place, you can start to move towards it eventually. This could take weeks, months, years, depending upon how dedicated and how much concentration you've got. Then eventually, you can start to move through this third eye, this star-shaped visualization or image within your closed eye vision.

And once you've done that, then you start to move into different frequencies. And that's another way of doing or moving the consciousness out of the body. And when you do that, you start to see things in the different frequencies. Initially, it might be the fourth frequency, but then you can start to work out how to navigate to the fifth and sixth and seventh. And Traversing The Frequencies correspondence course workshop teaches people how to do this, but without using the spiritual or third eye as the gateway. Okay, so it's really a case of doing that.

That exercise that I just taught you, that locking the eye in the ocular socket by using the little finger, the thumb over the little flap of the ear, over the ear to blank out any noise, and the other

three fingers are placed upon the upper eye area or the area of the temples. And then focus, breathe naturally, do hong-sau if you like until you see this little white dot. And then start to try to control this dot until it comes into one place and you can hold it in one place. And then you can start to move towards it and it starts to have colors change around it. Then you'll start to have focus, have structure and you can move through structure. Okay, so that's one way of doing it. Okay, next question #6.

### 6. What are your opinions about semen retention in spiritual development?

Usually, semen retention is for those who want to potentially help others to conceive, if they want to — whether it's for their own family, if they feel that they need to restrict their own potential for reproduction, or they want to make sure that they can reproduce later, if they know they're going to be ill, for instance, or they're having surgery, which will affect the production of semen. It's not an issue.

Basically, the reproductive function of the human body is a mechanical function or a biomechanical function, that is there to allow the generation of more incarnate vehicles, and therefore, an aspect or soul who wants to incarnate will study the availability of bodies vs. family type vs. circumstance vs. environment. And then make a choice about which particular body to attach itself to as a result of that. It doesn't matter how that body is conceived, whether it's through natural reproductive methodologies (through two loving partners) or whether it's through a test tube or whether it's done through freezing egg cells or semen, it makes no difference whatsoever.

So it doesn't affect our spiritual development at all. It's just a physical function. Okay, next question. We have now from OM, who is the lovely lady, who has been translating the book into Japanese. So there's 1, 2, 3, 4, 5, 6. Okay, first question.

### 7. How big (in percentage) is our Source compare to The Origin? (OM)

(40 min) I can only give you an idea. It's only an idea for me as well, based upon the first group of twelve structures within the Origin's current volume of polyomniscient sentient self-awareness. Think of the Sources being about the same size as a grain of sand in let's say the universe as a maximum size. It might even be down to a new size actually. They are unbelievably small.

We think they're quite large, but in terms of the structure that they are part of, it's really, really small. So then it's like everything is protracted, made much smaller, because the Origin has 12 sets of 12 levels of structure. And the Source Entities are only created to four levels of the first 12 sets of structure. So you've got 8 levels above the highest structural component of a Source Entity. So in a percentage, it's like, you know, one grain of sand in all the sandy beaches in all the planets and all the frequencies in the physical universe at least. At the biggest, I would say. It's just they are infinitesimally small. And we're even smaller. Very good question.

### • What is the difference between highly advanced being/entity and highly evolved being/ entity?

You can't advance without evolution and you can't evolve without experience, learning from that experience and subsequently gaining evolutionary progression from that experience. So an advanced entity or being or soul is usually one that's highly evolved or well evolved as well. So the two go hand in hand really. They can't be separated out.

The only thing you can get is the quality of the evolution as a function of the depth and detail that the TES or the aspect or soul has entered into to gain the particular level of evolution, the

evolutionary progression it's got through the experiences it's had. So it's really a case of those two things are together. From our perspective, an advanced soul is an evolved soul, so that the two are the same thing. Next question.

# • It seems that we find rubbish everywhere we go nowadays. I sometimes pick them up, but I cannot stop feeling disappointment, sadness, and anger for those who left them. Would you share your thought process when you are picking them up?

Yes, I sometimes pick it up as well. I sometimes am appalled by the amount of rubbish. I'm the same. I'm disappointed that people drop litter on the road and I'm thinking, Do they do the same thing in their house? I sometimes have the thought processes where if I was able to access certain powers, every time somebody dropped a piece of rubbish, it would appear in their house. It's a bit of retribution that, but I think there's really...I start to feel it's the same with dogs and who don't look after the dog's toilet, for instance. They don't pick it up and put it in a bag and properly dispose of it. You know, it's not being responsible for who and what you are really.

You know, it's thinking it's somebody else's job. And when I was in India sometimes, there's a bit of a thought process that of course, I should drop my plastic bottle, etc., it's keeping somebody in a job. Well, actually it's not, it's just perpetuating a problem. And the people, who do survive by picking up recycling plastic would find something else. So really it disappoints me to no end, absolutely no end. And when I go cycling, for instance, is when I go into the countryside and when I see the rubbish that's been dropped off by tradesmen in a gateway, in a farmer's field gateway. And I'll see tires that have been dumped by somebody who's changed their tires, it makes me feel really sorrowful. You know, we talk about how we'd like to ascend and we'd like to meet other incarnate entities from different parts of the universe, but how can we present ourselves to them, when we can't even look after our own backyard.

(45 min) We don't deserve any consideration to join any other group of entities who are incarnate and have advanced thinking processes, because we can't look after ourselves. We can't think in an advanced way ourselves. So really, I'm disappointed that people will allow themselves to think that it's okay to drop litter. It's fundamentally wrong. I mean when I see a worm, if I'm walking down the street and I see a worm on the pathway, I pick up the worm and put it into somebody's garden. I don't just leave it there, because the worm does a job. It aerates the soil, so you have to think about these things.

Doing something that is picking somebody else's litter up is providing a service that they should be doing for themselves and us. And I do wonder whether these people would be happy, if the bags of rubbish that they drop on the streets would be dropped in their living room sofa. I laugh about it, but it is horrifying to see how we don't look after ourselves and our environment. And that's how we eat as well. I mean we eat so much processed food and so much preserved food, it's not doing us well. That's why people are becoming fat and large, because the preservatives within the food are very easily absorbed by the body, but the body can't use it in terms of using it for energy, so it stays on us. So I find it very difficult sometimes. I find it very difficult to understand why people can't be responsible for themselves and their environment.

## • I am just wondering... how much does The Origin love us? And how much does our Source love us? Is The Origin's love bigger than The Source's?

From a volumetric perspective, yes it is. But then again if you understand that the Source is a smaller individualized unit of the Origin's sentience, then of course, the Origin loves the Source. And in loving the Source, it loves us. So anything that is part of itself it loves. So even the smallest aspect of the physical, which is within our Source or other Sources, is loved by the Origin. So everything when it's in the greater reality loves everything else, because it's all part of itself. We're part of our Source. We're part of our TES. TES is part of the Source. Our Source is

part of the Origin. So everything...there's no separation, there's just temporary individualization, so everything is love.

### • And does the OM love us too? (I'm just curious!)

The Om is...I'm just asking the Om. They're delighted with us. They also wonder about mankind's housekeeping problems. They love us and fully respect that there are entities who want to enter into the difficulty associated with being in a lower frequency to assist in the evolutionary process. Okay, so they do respect us. And I think that respect is also a loving respect from what I'm picking up here. And the last question here...

### • What is the "void"? Would you give us a definition?

In my understanding, the void is basically emptiness. It is a vast volume of emptiness. But that's only a human definition, because nothing is empty. Everything is complete. Everything is full. Just because we can't detect it with our eyes, our hands, our feet, nose...you know, we can't smell it, taste it, touch it, and be it, it doesn't mean it's not there. So although we might see void in between star systems or planets, etc., it doesn't mean there isn't something there. It just means we haven't detected what's there yet, because we haven't got the capabilities or the focus with our spiritual or third eye at the moment, because our machines are based upon the visible frequencies just above and just below of the physical or third eye.

(50 min) Now the infrared and the ultraviolet are functions of the visible range, the visual range, and things like x-rays and that sort of stuff are basically a little bit higher than that, because they are based upon really capturing the reflection from an object that is created through the exposure to the loss of electrons, as a radioactive substance starts to decay. So really void is basically complete nothingness, but there is no such thing as complete nothingness. So void is something that's been created by mankind to describe something that they can't detect at the moment. Okay, but they don't realize that they can't detect it in the moment, because they think that there's nothing there. When they can detect it, they'll realize there is something there. And what is classified as void will no longer be void. The word "void" will be void.

Okay, so that's the last of the questions. Actually, we've gone quite a long time, I'm surprised.

### Part 3. Meditation

Okay, to go into the meditation now, which is to create peace in the world. And I know I've done this a number of times, but I'm really feeling that it's necessary. And I think that along with this, we should also incorporate this possibility of being responsible for ourselves and our environment and maintaining our environment.

It's interesting, I always refer to how clean certain parts of the world are. I always thought Japan was very clean and also some parts of China are very, very clean as well. And there's other parts of the world that aren't and every time I rubbish on the side of the road, where people have left crisp packets or McDonald's wrappers, you know, all over the street, it makes me very sad that people think the environment can be abused in such a way.

Please download the high quality MP3 File to do the guided meditation with Guy Steven Needler via his website or blog (meditation starts at around 52 min).

(1:08) Closing comments: Okay, so that's the end of this Satsanga on the 27th of February. And I'm just going to check the calendar for the next Satsanga, which is in March clearly and that will be on the 27th of March, so the same date but in March. So pass on the recording, if you wish

to your friends, those who you think will benefit from it. Okay, and send your love always and your desire for peace always in your meditations for people around the world. Lots of love to you all. God's love, Source's love. And I look forward to communing with you at the next Satsanga." END

NOTE: I have prepared a Searchable pdf document with ALL World Satsanga Lectures, Questions and Answers collated from 2016-2021 to make it easier for us to see what questions have already been asked in previous Satsangas and what answers were given at the time. This will allow us to ask NEW questions or ask similar questions from a different angle after reviewing what we already know. This document is over 600 pages, so don't try to print it out.

You can go to Needler's website (www.beyondthesource.org) to find the document at this URL:

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