#### October 28, 2017 - Pre-Recorded World Satsanga for The Kevin Moore Show

#### Transcript of Pre-Recorded World Satsanga by Guy Steven Needler:

"Welcome everybody to this World Satsanga held on the 28th of October 2017 in conjunction with Kevin Moore and <u>The Moore Show</u>. And again I'm thanking Kevin for all his hard work he's been doing on his own work, and of course, helping me by additionally broadcasting the World Satsanga on his own YouTube website as well, which is fantastic.

Also I notice that his own work, going and creating a documentary about individuals who work with the energetics is called "They Call Us Channelers" is going well, and it's been well-supported by crowdfunding via IndieGoGo. So that's a project that is well required, and it's going to go ahead, and Kevin is working on it and traveling to the locations he needs to go to meet people right now. Fortunately, I'm one of the individuals who he's interviewed to be on this documentary, this short film to indicate that there are people, who are seeing more of the greater reality than meets the normal physical eye.

Okay, so let's go through the agenda for this particular Satsanga. I'm going to go through a question I didn't think I answered fully in the last Satsanga, and that is "What is the True Sentient Self and what is its relationship with the True Energetic Self?" So I want to go into some detail with that and try and explain a bit more about it, what the True Sentient Self is? Then we've got a whole group of questions, which should probably last about 30 minutes, maybe 40 minutes.

And the end of meet meditation is to connect with the True Sentient Self and really to help us visualize ourselves being the sentience that is us rather than us considering ourselves as just being an energetic being, because that's one of the things that holds us in a certain level of understanding. If we start to consider ourselves as being one thing rather than another, then we start to see ourselves in a limiting way rather than in a continuing expansive way, okay.

### Part 1. Lecture on "What is the True Sentient Self (TSS) and what is its relationship with the True Energetic Self (TES)?"

So what is the True Energetic Self and what is the True Sentient Self? Well, the True Energetic Self or TES is a combination of sentience and energy. And when the Source individualized various different units of its own sentience and energy, it individualized those parts of its sentience that was already occupying an area of energy within its own self, as it were. And so the sentience was then naturally associated with what I'm calling a "body" — it's not a human body or anything else. It's just a group of energies or a body of energies that it uses to experience things with.

And the sentience itself with the body of energies experiences the multiversal environment that the Source created to experience, learn and evolve on behalf of itself and on behalf of the Source and ultimately on behalf of the Origin. And so the sentience together with its body of energies experiences those energies associated with the multiverse in a different environment that are associated with the multiverse — these different universes within the multiverse that are associated with different frequential levels — by being part of those frequential levels, by evolving and increasing the frequency, and therefore, being able to place itself within those frequencies and experience those frequencies in the way that they're best experienced by being part of that particular environment that's supported by those frequencies.

And so that's the reason why the sentience is associated with energy. And that's why I'm told to call what we are in our operational sense whilst we're part of this particular evolutionary cycle classifying ourselves as energetic beings or a True Energetic Self is basically this combination of sentience and energy.

But in reality though we are just the sentience, because the energy itself can be any particular energy that's within the confines of the "volume," if we want to call it that, of that which is the Source. So in essence, our sentience isn't particularly or specifically associated with the body of energy that it was originally given by Source. It can move around, it can detach itself from that body of energy and move around and commandeer another body of energy or a body of energies to be able to experience that particular location within the multiverse that it wants to or not, as the case may be.

(5 min) So the True Sentient Self is sentience, it's pure sentience. It's sentience which is detached from the energetic side. The True Energetic Self is a combination of sentience and energy. The True Sentient Self is just sentience with no attachment to energy. So when we talk about the True Sentient Self, that is the basis, that's the raw basis of what we are — sentience.

If you want to call it intelligence or consciousness or beingness or whatever, then you can use those words, but the sentience is in effect the part of us, which is experiencing things, evolves, considers, learns, creates, understands the creation, modifies the creation, looks for the results from that creativity, and moves forwards in an evolutionary way as a result of that. So the sentience is the thinking, being, considering, creating, modifying, learning, understanding, evolving and progressing part of what we are.

The energy side from the True Energetic Self is simply a vehicle that the sentience uses to be able to do that. So the energy on its own is specifically just that — energy. It doesn't do anything unless it's gone through another process, where similar or like energies can coalesce together and create basic levels of intelligence, which then seek out other energies that have got basic levels of intelligence and group together to create a bigger intelligence, and then go through an evolution process, where sentience can be created as a result of similar or like energies working or grouping together.

That's a different way of getting to the point of sentience. And that level of sentience in effect is classified as a being rather than an entity. An "entity" is created through the individualization of sentience and energy directly from Source, whereas a "being" is a process of evolution, what you could call Darwinian evolution, if you want to call it that, from basic raw energy up to the coalescence or attraction of similar or like energies that eventually becomes intelligence, awareness, creative and all these different things, that gets it up to the level of sentience.

This is described in "The Origin Speaks" by the way, close on towards the end of the book probably around the middle 300s page mark [Chapter 26, page 360: How Source Entities Assign Sentience to Energy to Fulfill the Requirement of Creating Smaller Beings]. So it's worthwhile looking at that, if you wanted to understand that process of how an energy can become sentience.

I'm going to describe, not now, but in the next Satsanga the process that allows a being to become an entity. So you have to hold or wait about, you know, Can a being become an entity? And the answer is: Yes, it can, but it needs to go through a number of different things to achieve that. And I'll describe that as part of the opening lecture, so to speak, in November's Satsanga.

Okay, so in essence, the True Sentient Self is what we really are. The True Energetic Self is the sentience of what we are with a vehicle to experience, learn and evolve in the environments supported by the multiverse that's around us, the multiversal environment that's created by the

Source. So if you think about you being in terms of that, and in the old days, there was a thought process there, where we as spiritual, if you want to call it that, were considered to be pure thought. And that's a reasonable description I feel of what sentience is is pure thought. It is a pure state of beingness, not a being, but an entity that is in its own self-awareness and is working and experiencing and evolving at the same time.

So we have this situation, where we do have thoughts about what we are experiencing, that we are energy beings and that we are spiritual or pure thought, but what I want to do is separate it out. An energy being or an energy entity is basically a True Energetic Self that's evolved or been individualized and it's got a body of energy.

The True Sentient Self, what we sometimes call "pure thought" in sort of old metaphysical speak is the sentience — it's the true essence of what we are. It's not the energy, it's the sentience, because the sentience can detach itself from the energy and move to another body or a group of energies to experience, learn and evolve within a particular environment that is associated with a location within the multiverse.

(10 min) So I hope that explains it somewhat, because it's important to know that we are expanding in our understanding of who and what we are, and how we're moving forwards with this. And if we limit ourselves thinking that we are energy, then we can't really sort of progress beyond that. But if we think of ourselves as pure sentience, then there isn't any limitation associated with energy and frequency. And this is an important thing, because we are actually beyond energy and frequency. We are beyond sub-dimensions, dimensions, zones, continuums, and the rest of the structure associated with the Source and the Origin, because the sentience is above and beyond, if you want to call it that, the structure of what is being used to experience, learn and evolve.

Okay, well, I hope that explains it in more detail, and it's something that in real terms we should all consider and work with and help us to unlock our limitations in thoughts, so to speak, and become the sentience or a sentient individual that we are rather than the energy being or the energy entity that has a limitation based upon the demarcation of what we think we are.

Okay, so let's have a look at the questions now. There's quite a lot of questions here. I'm going to read it out, although there will be the usual transcription, which is important. I'm sitting in a rather creaky chair. It's an antique chair, so you'll have to forgive me, if you hear a few creaks, it's not my bones, it is in fact the chair. Okay, so let's have a look at these questions. The first one is really about the health, and the question goes like this:

#### Part 2. Questions and Answers

1a. I would like to hear your thoughts about Eating Disorders (e.g. anorexia nervosa, bulimia nervosa, binge eating) and Obesity in humans. Do they have an energetic basis, such as first or second chakra imbalance? (US)

- Or is it to do with the soul not wanting to be here in human form?
- Or the soul wanting just another "extreme" experience or the chance to overcome it?
- Or a newer evolved hybrid child with lesser energy needs, because of a different energy set? Or a breatharian?
- What is the reason for the epidemic of overweight or obese people in our society now?

I'll come to that [obesity question] in a moment. Really it's all about experience. It's a psychospiritual piece of programming that is part of our life plan. It's to understand and experience

certain conditions. Now it's important to note that things that we don't like as human beings we choose quite freely when we're disincarnate, because it doesn't hold the same level of abhorrence to us, when we're disincarnate than it does when we are incarnate. We like to be able to see, experience and learn and evolve, of course, from everything that is available to us within this particular multiversal environment and the physical universe, that represents the low frequencies of the multiversal environment.

So anything that is something, that gives us a chance to learn, experience, and maybe overcome is something, that we can use to evolve through. And so we do have a number of individuals, who come in, who particularly want to experience different diseases or psychological or psycho-spiritual conditions with the view to either experiencing them full stop and not overcoming them and allowing themselves to go through a downward spiral, or to overcome them and stay as they are or move upwards.

So they are part of a plan sometimes, but also they're part of a psycho-spiritual programming, that is associated with certain desires to conform. We have individuals who feel that they need to be a certain size and shape and form factor, and they will do anything from the psychological perspective to create that condition. And so, in effect, it becomes a psycho-spiritual programming there, which means that individual wants to be able to conform to a preconceived form factor that it thinks others will like.

And this is all about wanting to conform and be part of a group of individuals, who love each other. I mean this is why we have people grouping together for what's called football matches. They all feel this camaraderie, but moreover, they feel the complex emotions and thought processes associated with being in communion as well. And this desire to be liked and loved is part of this desire to be in communion.

(15 min) And so there's another part of this reason for why people have eating disorders, because it's something to do with them wanting to be liked by certain groups of individuals or be desirable to certain people as well, to be loved as well. It's all part of that. So in real terms, it can be associated with wanting to be in a state of communion or in a state of partnership with somebody, but moreover, it's just a chance to experience different things.

I'm not picking up anything about whether it's to do with the hybrid children, such as the rainbow, indigo or crystal children and the various different combinations of those energies together being a reason or even a breatharian. Breatharians are those individuals, who work on various different advanced yogic techniques and can pull in energy and recharge and nourish their bodies through the energy coming through their chakras. And so they don't need to eat physical food, because they've overcome the need to have physical food. They're more in control of their human form in all these different frequencies.

So it's more to do with the experience and more to do with wanting to be in communion. Breatharians are people, who are in general thinking in a higher thought process and they're starting to realize that the low frequencies of food is what keeps them low frequency basically.

#### What is the reason for the epidemic of overweight or obese people in our society now?

The epidemic of obesity and overweight people in our society now generally is the result of fast food. People are becoming a bit lazy in terms of preparing freshly picked, freshly bought, freshly

produced, cooked or prepared food. And so the food that we get is usually pre-packed, preserved in some way, and this preservation starts to, in effect, affect the way in which the human form metabolizes the food. And a lot of it sticks to us, so we start to grow or collect a lot of fatty deposits as a result of it, because the body can't metabolize it.

And it tends to metabolize fats that are available from natural foods faster than it does these foods that are preserved. So the preserved fats stay within us, because they are difficult to metabolize, and therefore, we don't lose that particular weight, as it were, particularly quickly, because the body will metabolize the energies of the food associated with more natural foods first. So if you have, for instance, a pre-packed ready meal that you microwave and you eat that, and there's a level of fat that is absorbed by the body, it's absorbed by the body. If you then go out and eat very, very healthy and you have a raw salad or raw vegetables, such as broccoli and cauliflower and carrots, etc. and you eat those, if you expend energy later through exercise, the body will naturally use that energy first rather than the energy from the ready meal that's been microwaved, because of the preservatives that are there, that are making it difficult for it to be metabolized.

So that's the major reason for the overweight individuals today. And also a bit of a psychospiritual aspect that people really are getting a little bit lazy and that's associated with the low frequencies that we are going through. As we drop more down the frequencies, people get more lazier in terms of their ability to think about things that are good for them, and they tend to have lots of things that are bad for them.

• What is the best approach to therapy in these conditions? Is it pharmaceutical drugs, psychotherapy, energy healing, spiritual counseling or other methods?

It's certainly not drugs. It's more likely to be a mixture of psycho-spiritual therapy, which you could potentially call spiritual counseling and energy healing. And the objective would be to change the psycho-spiritual programming, so they start to change the way they think and behave and act in terms of the energies that they gain through physical means, i.e. eating physical foods. And there is another health-related question here from US:

1b. What is the reason behind the opioid epidemic or crisis in the United States? Opioids are drugs that stimulate the brain's opiate receptors. Some are made from opium and others are semi-synthetic or completely synthetic. They are prescribed as pain killers for chronic pain. Now about 100 people die of opioid overdoses per day, more than deaths from gun violence, which is also rampant in our country. (US)

- Is it to do with our overall frequencies still going down? When will we turn that around?
- Is addiction something that some souls wanted to experience and potentially recover from?
- Is it to do with profiteering by big pharmaceutical companies and the medical community?
- All of the above and more?

(20 min) Yes, it's all of the above basically. It's a whole bunch of those things. In essence, it's a thought process where we want to get a quick fix. We don't want to go through the process of fixing ourselves or working on ourselves and our thought processes to be able to remove that which is causing us pain by allowing ourselves to detach from pain, detaching ourselves from

the physical aspect of what we are. Pain can be removed simply by detaching the consciousness from the focal point of the area of pain and thinking of something else.

For example, how many of us have been running or cycling or swimming or walking and going somewhere and then thought about something, or we've been daydreaming for instance, and we've been concentrating on something else. And we've suddenly come out of the daydream or the thought process and we've found out that we've moved a long way. And we do it in cars, by the way, and motor bikes, which is not so good. That's because we're so engrossed in this other thought process, that we forget our physical condition. And so even though we might be exercising vigorously, for instance, on a bicycle or running, we remove ourselves, remove our consciousness from this focal point of the pain associated with exercise or the pain associated with a particular issue that we've got.

And so we can use those sorts of methods to remove ourselves, to detach ourselves when we're in pain. And also we can work on healing ourselves as well. But in real terms, it's to do with low frequency thoughts, behaviors and actions and again laziness associated with it. But also it's to do with being associated with addiction and experiencing addiction, and sometimes not coming out of addiction, but also wanting to move forwards and recover from that addiction as well. (By the way, if you hear a little cat bell, it's because my other cat is here and he's decided that he wants a meal. So I might have to have a little break and go and get this huge bowl of food that he has, because he's quite a greedy little animal. He likes lots of food.)

So again there's the thought process surrounding the profiteering by the big pharmaceutical companies and medical community, the quick fix routine. Have this pill, it will sort you out. You know, the medicinal compound, the panacea of sorting a problem out and recovering from it without having to do real work. People in a low frequency condition start to become lazy in their thought process and their actions as a result of it. And so rather than wanting to work hard to do something, they want a quick fix.

And so people are quite happy to, if they've got a lot of people in a queue at their doctor's practice, it's easier for them to spend 5 minutes and say: Yeah, take this pill — and by the way, the pharmaceutical company will make a profit out of it as well, and they sometimes push this — than it is to spend more time with the patient to say: Actually, what you need to do is this, this, this and this, and this is a program for doing it, and come back in three or four weeks and let me know how you've done. That takes a lot of time and a lot of extra determination by the individual and a lot of time by the doctor as well. So that's why we do get on the pill route. It's a low frequency, easy, lazy way of doing things that's associated with low frequency.

Okay, cat having been fed and now with its head in its truly physical low frequency food, we'll go on to the next question.

2a. If time is an illusion, then it seems that there would be no sequence to events as they all occur at the same "time." If so, why is it we experience events in sequence? (WP)

It's because we're in a low frequency environment, and because we're in a low frequency environment and we are detached from our True Energetic Self, the combination of sentience and energy, we aren't able to operate in a higher frequency. And when we can't operate in a higher frequency, we can't observe things in the complete functional manner that we're supposed to, so we see things as a series of events rather than a collective of events.

(25 min) Now as we see things and events in a sequence, we see the sequence of going from A to B, B to C, C to D. And it's simply a function of being low frequency and of being in a position, where we are locked in this low frequency and unable to move to a higher frequency, where things do show themselves in their true nature, so to speak. So we see things in a sequence of events, because it's associated with low frequency.

And also it's part of the constraints and the functions of the physical universe being low frequency, that we experience things in a way which are not holistic, so to speak. They're not particularly available to us in anything other than a series of events or a sequence of events, that are linear. We see things in a linear fashion, because that's the only way we can see things and we can experience things. That's what that is. So the next bit is:

 If we indeed experience a life review upon leaving the body and if time is an illusion and what we are experiencing in this life is event space, then is it possible that what we are experiencing in this life is actually the life review?

That's a very good question. And in actuality, if you look at it from the bigger perspective, then we are experiencing this life, previous lives, future lives, the life reviews, the analysis of the lives, the working with the guides and helpers, the working with the other individual souls or Aspects of True Energetic Selves and the other True Energetic Selves to look at other incarnate experiences and other experiences within different aspects of the multiverse all concurrently as well. So everything should be considered to be experienced concurrently rather than just saying that we are actually just experiencing the life review.

So in actuality, we're experiencing everything, so we probably can say that one particular aspect of what I've just said would be that yes, we could be experiencing the life review, but in actual fact, if we go from a higher perspective, we're experiencing everything concurrently anyway. It's a very good question that, but it's slightly limiting, because it's saying that we're experiencing one thing at a time, but we're not, we're experiencing everything at the time, which I know this particular individual (WP) understands. So it's good for other people to understand that if we consider one thing from a bigger picture, we have to consider everything in the bigger picture, and not just isolate one particular item in terms of concurrent experience rather than linear experience. The next part of it is:

 If we are here to accrue evolutionary content and time is an illusion, then all such content is already known, as it has already been accrued — if so, what is the point of it all?

The point of it is to be within the points of accrual and experience them — being in the thick of it, so to speak. To be in the point, where there is no observation of what is to be, what could be, what should be, what has been, what will be and what the possibilities are associated with it. So it's to do with experiencing exactly linearity and being in that linearity.

Our natural position or our natural function is to, in effect, be in everything concurrently. And so being in everything concurrently is one particular experience, what we naturally are, but being in something linearly is divorcing ourselves from our natural condition and is a harder position to experience. And so we do it to experience basically, to experience a limitation, and that's the point of it basically. And the next one is:

2b. If time is an illusion, then how are we to think about the thermodynamic concept of entropy (i.e. the degradation of the matter and energy in the universe to an ultimate state of inert uniformity), as entropy seems to be a function of time. The human body experiences entropy in the form of aging — but how so, if there is no time? (WP)

(30 min) The human body experiences entropy, because we are programmed to experience entropy. Everything we see, do, hear and experience whilst we are incarnate is programming us to kill our human body, to make it grow from being young to adolescent to adult maturity to middle age to decrepitude, because everything tells us that that's what's going to happen. So we program our human body to do that.

The thermodynamic concept of entropy is limited to experiencing the physical universe in the first three frequencies. Scientists call the first three a dimension, but in my understanding it's the first three frequencies. And so what we see is matter either being created or energy being created and then experiencing some level of transformation — for instance, a chemical reaction or an energetic reaction that creates something, that then disappears, because it's spent, it's burned out.

But what we don't experience at this particular frequency level is that that matter changes and goes into a different state in a different frequential level. So there is no entropy as such, there is just conversion from one state to another, from one frequency to another. And again this function of entropy is based upon the observation of what we can see, experience with our current physical means of detecting things, which is also the human eye and all of our telescopes and everything else and scientific instruments.

But it doesn't take into account higher frequential levels, where things change into. So all we see is things being created and disappearing, and that's a function of linearity, and therefore, a function of what we would call "time" rather than a function of everything being concurrently available in the same space, but changing its form or changing its state. Okay, so I hope that's answered that particular question. Let's go on to the next question from JM. So these questions from JM are basically surrounding the text from "The Anne Dialogues."

3a. "The Anne Dialogues" (TAD) page 19, What are the "frequencies that are even lower than those currently experienced by incarnates?" (JM)

- It was my understanding that humans operate in the "lowest frequencies of the physical universe" (Anne speaking, higher up on the page), so what are the frequencies below our lowest frequencies and what sorts of beings inhabit these frequencies (I assume they're not human)?
- I used to practice sending light to the hellish regions around the earth, and I wondered if my light work had any effect on other beings, perhaps those in even lower frequencies?

Basically, the human form is created through the use of ten frequency sets, that are part of and concurrent with the frequencies that are used within the multiverse, but specifically in the physical universe, and the gross physical aspect is the first three frequencies. And although we are currently — although we are dropping down the frequencies — slightly above the third frequency level, because we don't specifically jump up from one frequency to another per se, we go through some sub-frequencies. There are sort of sub-frequencies below the third. There's sub-frequencies below the second and

the first, and sub-frequencies between the first and what we would call the "zero level" in a sort of linear way. Although again the reason I was just saying linearity is just to have an example for us to understand.

But in essence, what these things are people who are, or frequencies that are specifically low, where we don't consider anything that is above and beyond our gross physicality. So people who aren't being spiritual or metaphysical or trying to understand more of the greater reality wouldn't even think about things of spiritual, metaphysical or of a higher concept thought process. So these are what you would call individuals, who work in lower frequencies.

So it's not specifically lower than the third, I wouldn't say there's many people who are lower than third, because in essence they're all in the sort of first three frequencies, because that's how the human gross physical function of the human body, the human form is created. But what we are is we tend to observe the ways we think, behave and act as being a function of those frequencies. And so those individuals, that you could classify as inhabiting the lower frequencies in a way than the general mean frequency of the Earth, which is slightly above the third frequency, probably around 3.35 right now, although we have been higher before.

(35 min) But [we've dropped] because of things that have been happening around the world, you know, this idea to remove or to de-commune, so to speak. For instance, we've had Brexit and talk about Grexit now, the Greeks are thinking about moving away from the European Union. The Catalonians are talking about removing themselves from the Spanish integration. We've had Wales and Scotland and Ireland partially separated or totally separated from the United Kingdom.

So all these things are based upon low frequency thoughts, behaviors and actions, because we're trying to separate ourselves out again, think of our physical self rather than our greater self, so to speak. So those are the sort of frequencies that we're talking about, frequencies that are below the mean of where we are in total on the planet rather than individually.

So in real terms, if you want to call them "hellish" because those are frequencies, where people think only of themselves as the human being, the area where the ego is in full control is what you would classify as being a very low frequency area, or if you want to call it a "hellish" region, you can do. And putting or feeling and projecting higher frequency energies into areas, where individuals are stuck in these low frequencies through their own thoughts, behaviors and actions is a very good way of helping them in moving forwards. There's another question here surrounding Shards.

3b. TAD, bottom of page 50, quoting: "This is going to be a real blow to those who find out they are Shards." (JM)

- So Shards can actually become aware that they are Shards, while they are Shards? I
  assume this is while they are alive as human beings.
- Is Shard self common or rare?
- Can a Shard achieve self-awareness well before their demise? And if they become aware, how might this realization change them?
- Does all Shard awareness cease when their life ends and they are reabsorbed into their spawning Aspect?

The answer to that is there is no reason why a Shard can't become self-aware in terms of what it is and how it functions. And it specifically would be aware of what it is, when it is in a projected state but still energetic rather than being incarnate from the Aspect. So being aware while it is an incarnate being — a human being or any other incarnate vehicle that we use across the whole platform or the whole frequency range associated with the physical universe — is a possibility, but not general. I would say it's extremely rare.

And if individuals are becoming self-aware, and they're becoming more aware and are questioning their environment, they are not likely to be a Shard. It is very, very unlikely they are a Shard, because the level of sentience associated with a Shard vs. an Aspect is significant. It's like 2.5% of 2.5% of the sentience that can be projected into an incarnate vehicle.

So it's rather unlikely that anybody who thinks they're a Shard or feels they're a Shard or has a fear that they're a Shard is a Shard, to be honest, because that's probably the ego trying to take over and stop them thinking of a higher frequency process, and make them ignore or reject a higher thought process and a higher state of beingness, and put them into a state of depression. So it's likely to be the ego trying to re-establish its control over the incarnate Aspect by planting the thought process or the seed that this is a Shard.

Shards can become self-aware, but it is so unbelievably rare, that I've not experienced anybody who is a Shard, who is interested in spiritual work. Shards can become very famous, of course. They can become very financially or materially successful, but in terms of their ability to become spiritually aware, it's unlikely.

 Does all Shard awareness cease when their life ends and they are reabsorbed into their projecting (spawning) Aspect?

(40 min) The answer is in general, yes, they go back into full communion. It would only be if the Aspect requires the individualization of the personality that is created through a specific projection into an incarnate vehicle, because it is useful for further incarnations — in the same way that the Aspect itself can maintain its individuality within the True Energetic Self, if the True Energetic Self wants to maintain that particular experiential condition, that's created through experience, and therefore, creates a personality or a level of experience by one part of the sentience, and therefore, the energy as well, that's being projected into the physical and wants to maintain that as an individualized state.

So it's only if the Aspect particularly wants to maintain that level of individuality for that Shard that it will stay individualized in some way, shape or form. And then it would be allowed to go into one of the various different types of communion, that are available to it. And we've gone through the states of communion within previous questioning and lectures that I've given. But if you go to the website and look at the Events and Lectures, and you look for "Who We Are and How We Incarnate," you'll find within that particular pdf file towards the end, you'll see the various different states of communion there. Okay, so the next question is:

3c. TAD page 51, paragraph 4: "I can still see the fear in the eyes of some Shards, though." (JM)

 So you, and presumably others, have met Shards, know some Shards, can tell if someone is a Shard?

- Does one know this on sight, or does it come via some meditative process?
- Are you friends with any Shards? TAD, page 50, "This is going to be a real blow to those who find out they are Shards.
- I can identify with what you said in your last posting, about the frequencies dropping. That has occurred with me also.

Yes, I can tell a Shard pretty much straightaway. I can tell a "backfill person" pretty much straightaway. I don't tend to go around looking for them. I've got a lot of other things that are more important than identifying who is a Shard and who isn't a Shard. But if I look at somebody energetically and sentiently, I can tell if they're a Shard.

Have I met some Shards? Yes, I've met a number of Shards. Those individuals who are involved in the metaphysical progression or spiritual progression, progressive states of awareness and beingness aren't Shards though. So even if somebody thinks they're a Shard, that's just the ego trying to frighten them and trying to put them into a state of fear to keep them low frequency, so that the ego can maintain its control.

And the fact that the Shard generally loses its individuality upon the demise of the human form would, if a Shard was self-aware, probably create concern, because the whole point of — that is in essence what humans fear the most, which is real and true sort of dissolution, so to speak. You know, complete dissolution of the state of beingness or oneness of individuality, of beingness or of sentience. So yes, knowing that you're a Shard and knowing that you're more than likely going to lose your personality that was used upon the demise of the physical body, if you're aware of that, would be a bit of a shocker I've no doubt.

But as a Shard in a very rare state, if you are having more thoughtful thoughts and going into the more metaphysical side, then it's rather likely that your Aspect may want to maintain you in an individualized state. But again, if you're listening to this recording, you're not a Shard. That's not normally what happens. Shards again only have 2.5% in general of the 2.5% of the sentience that's projected from the True Energetic Self to the incarnate vehicle.

Oh yes, and my last newsletter mentioned various different things that are happening with reference to the frequencies dropping, and certain workshops and things that have become no longer "attractional" to people. I'll use my English better — I'm no longer attractive to people, because they're dropping down the frequencies.

(45 min) So in essence, those things that aren't working well, if they're not functioning well, then people aren't becoming more interested in metaphysical things, so certain workshops that I've done and have been very successful in the past had to be cancelled at the end of year, specifically because of lack of interest. But that's because of the way we are. We're dropping down the frequencies.

So it's not something that I'm concerned about or worried about, although I'm worried about the whole human race, by the way, but it's not going to stop me from being dedicated to what I'm doing or going to stop my enthusiasm for them, but moreover, it's going to let me to continue to, for want of a better word, keep the logs that are burning burning and only throw the odd damper on the fire rather than lots of damp loads on the fire. Because if you throw lots of damp loads into the fire, you extinguish those logs that are burning. But if you put the odd damp log in the fire, the burning logs dry out the damp log and that starts to burn as well. So it's all about

working with the environment that we're in, understanding what's going on, and doing the best we can to move forwards, and keep the high frequencies going. Okay, I've got a question now from DT.

# 4. I do have one question for The Origin. The Origin mentioned that he/she/it was busy with other projects and I was wondering what he/she/it was up to? I mean, what does The Origin do to keep busy? Thank you for all that you do for us. (DT)

Yeah, the Origin is basically investigating its area of polyomniscient sentient self-awareness and expanding it. By that I mean there's an area that it's aware of, and I think I've explained this before. There is an area that it's aware of, and there is an area that it is able to work with in a complete and in-depth way. And what it wants to do is work with that other area that it's aware of and understand that in a complete and in-depth way. So that's what it's doing basically.

It's doing it with the help of the Source Entities, and ourselves as projected Aspects from our True Energetic Self and of course, those Shards that are there as well. And so everything that is in existence is all supporting the Origin in experiencing itself, learning, evolving and progressing. And so as a result of this, the Origin, that is allowing certain things to happen sort of automatically, because it's created beings to be able to do things for it, but it's also doing its own work in experiencing that which it is. And I'm being told it's also looking at how it can work beyond its current area of polyomniscient sentient self-awareness, and those large pockets within that area or volume, so to speak, that it's aware of, but isn't in full command and control of, or in functionality of is a better way of saying it.

It's like, for instance, we live in an area and we know our own location. We know our house. We know particular rooms, we know where everything is in the room mostly, unless we lose something. But the further out away from our house we get, like in our garden, we understand where certain plants are, where certain trees are, where certain shrubs and the earth is. But when we go out into the road, we know less about the environment. When we go into the city that our road is in, or the suburb that our road is in, we know less about that. We know less about the city that our suburb is in. So we know that it exists, but we don't know the detail.

What the Origin is trying to do is to establish in more in-depth detail what it is. Even though it is aware of that that it is in existence, it wants to know the detail, and that's what it's working on. And then it wants to go through the detail of the next level of itself, because it's aware that this area of self-awareness with pockets of polyomniscient sentient self-awareness is only a small part of what it really is.

So it is desperate to understand this, the depth of what it is, in this particular volume or area of awareness and the pockets of polyomniscient sentient self-awareness and move on to the next level. But that's going to take a lot of evolutionary cycles to go through with our help and also the Source Entities' help. So I hope that answered the question. Okay, there's a question here from EM, a couple of questions actually.

5a. I hope you get to the question because my daughter and I seem to go around and around with this one. I think page 117 in "The History of God" touches on it. So is the purpose of being here — experiencing the human incarnate state — to consciously elevate to a higher level? If we came here for the 'human experience," that contradicts itself (this is the issue my daughter is having). (EM)

(50 min) There is a little bit of personal stuff here, I'm not sure if I want to go through it all per se. Ah, it's not too bad, we can go through it. She's saying here that:

- She is hung up on right and wrong and I am communicating just being and there is no right and wrong. She says, what if you are here and just want to have the 'human experience" and not seek out an elevated or enlightened state.
- Are we all coming down here with the intention of awakening to who we are (parts of SE) and then having whatever experience unfolds in that higher state or coming here to FEEL what it is like to not remember this higher state.
- Daughter is saying the spiritual community is judging the process of enlightening.

This is because we're going down the frequencies. The prejudging and judging and recalibrating and calibrating down is a function of going into higher frequencies.

- If your purpose is to become enlightened in the physical and you are not doing it (your guides etc. are not nudging you, are you are not responding because you don't recognize the message?), does that make the trip down here a waste? You are not getting the bang for your buck like a person going full bore into a highly spiritual life.
- Are the individuals that ARE choosing the path of direct knowing (I believe we are all becoming enlightened, even if we are a plumber in Idaho with 5 kids and a drug addict wife and he never thinks about SE) getting MORE from this journey that the guy who never opens a spiritual book or listens to a Kevin Moore show?

Basically, we do have what could be classified as "holiday lives" — it's difficult to have a holiday life and think it's a holiday. But just being here and experiencing something is an experience. We don't have to be number one or top dog in this category or the other. We don't have to become self-aware in a particular incarnation to experience, learn and evolve.

I mean it's nice to become self-aware. And actually, the whole point of mastering the physical, and therefore, removing our need to be in the physical, to incarnate is to become self-aware, and to continue to become self-aware in successive incarnations. And therefore, master being in the physical, and therefore, not of the physical, and therefore, removing the need to be incarnate is what it's all about.

But along with that particular need, so to speak, there are times, when we just come here and just are here. We don't always have to be in the driving seat, we can just be a passenger. And so in essence, if you think of it in this way, there are times when we are just being the human being. We are just chilling out, having a life, which is, if you like, boring, if you want to call it that. But some people would say: Why would it be boring, if you're content?

So some people have lives where they're just content. My mother, for instance, was happy with who she was, with what she was doing, with how she was living, with what she got around her. She — although you could classify her as being a typical sort of matriarch of the family, she was the mother obviously to myself and my brother, for instance, and my father's wife — was really happy with what she was. She didn't want to have massive amounts of material wealth or status or things around her, or people coming up to her and asking her for this, that and the other, she was just happy in being what she was. She was content.

And that in itself is another piece of the jigsaw puzzle that gets us onto the state of enlightenment or awareness, because being content means that you have gained in another way of considering it, removed yourself from the material addictions of being in the physical

world, and as such are mastering the incarnate state and removing yourself from the need to incarnate. So just being here is enough. Just being here and experiencing what you're experiencing in extreme circumstances or limited circumstances is good enough.

(55 min) So again it's about what you're doing and how you're doing it that matters, not being tentative or the positive and negative, the up and down, left and right, forwards and backwards, the intent need to evolve, the intent need to experience vs. just being happy with the state of what we are. It's unimportant. In this particular incarnation we may be doing it, but in the next incarnation or the previous incarnation, we may have been extremely active in our particular life plan, for instance, and so it doesn't really matter. It's just we need to be in acceptance of what we're doing and be happy with what we're doing.

And sometimes we go through extreme states of activity in the same incarnation, and then extreme states of inactivity within the same incarnation. And so it's allowing yourself to understand that the extreme states of activity are creative points, where we're getting ourselves in a position, where we can experience, learn and evolve. And then when we've got no activity, it's allowing us to assimilate and stratify and be that which we've created. So if you like, it's not so much a holiday from a lot of work, it's more experiencing the fruits of your labor, so to speak. Okay, so the next part of it is:

### 5b. Can we accumulate Karma IF we have never been on the Earth plane? How do we experience Karma in the other dimensions? (EM)

Karma is cause and effect [not strictly, we know that], so perhaps it is as simple as that —
 CHANGE. There is always a change even with a thought, so is everything Karma. How
 fun is this!

Karma is to do with the attraction and addiction to low frequency thoughts, behaviors and actions. And that can happen in various degrees of "addictivity," so to speak, depending upon which frequency you're on within any point of the physical universe. It's just the Earth plane, because we've got individualized free will, it seems to be more easier to become addicted to low frequency thoughts, behaviors and actions than it does anywhere else within the physical universe.

So there isn't karma in other [full] dimensions, there's only karma that can be created or addiction to being at a particular level associated with this particular set of frequencies or the twelve frequencies associated with the physical universe, and therefore, the first dimension. So we don't experience karma in other dimensions, because we're higher frequency and we understand who and what we are. Very simple. And the karmic aspect of cause and effect is simply one particular function of being in low frequency existence. There is another part of this.

## 5c. I wanted to ask if it is possible or will it ever be possible for any of the other Source Entities to visit our Universe? (EM)

Yeah, there are aspects, or smaller individualized aspects of every Source Entity that, apart from SE12 that I'm aware of, have visited and have been part of the multiversal environments of this particular Source Entity and the environments or the creations of other Source Entities as well. And some of these are ascended masters, what we would call ascended masters. And there are twelve major ascended masters, that are associated with, if you like, Source Entities.

I'm not talking about particularly SE12 here. So arguably, you could say that there's ten plus two associated with our Source Entity in my understanding.

There's other ascended masters as well, or individuals that are classified as ascended masters, that have experienced all sorts of different aspects of the multiverse, including the physical, and they tend to be disassociated from the karmic state, so even though they are in the physical, they're not of it. And you can see from various historical (when they're particularly accurate) references to individuals, who seem to be otherworldly, totally otherworldly. And those would have been those ascended masters or those individualized Aspects from other Source Entities. And so a quick look...there's another question here:

5d. What I am finding is that each one of us is having a singular experience here and everywhere throughout thousands and thousands of 'blinks' into other dimensions and 'realities.' I think we have trouble communicating well because of this. So I am just trying to BE and enjoy the ride?? (EM)

(1:00 hr) Well, we do, because we're low frequency here. And again this thing about karma.

5e. Karma – the idea of what Karma is or isn't seems to be shifting for me. Does that happen at a higher consciousness? (EM)

Yes, it does. When we understand what karma is, we are also understanding how to experience, learn and evolve in an environment, where we can get addicted to it.

5f. Like on page 117, in "The History of God"... just BE — no matter what that looks like — no good or bad or judgement. If I attached a meaning to something — it creates — and now I possibly created Karma? (EM)

Hmm, no, not really. If you are addicted to that thought process or that "meaningness" and if that particular thought process or meaningness is attributed to a low frequency that's in this environment, then yes, you could classify it as being "karma" in a very loose sense and in a very sort of fine sense. But basically, if you're able to think of it, consider it, and then move on to a higher concept, then it's not karmic at all.

Well, that's a whole group of questions there. And I'm really grateful for those people who have given us those questions, which are US, WP, JM, DT and EM. Thank you very much for those questions, very searching questions. And as always, by the way, I don't tend to read through these questions until I'm doing the recording, because I like to get the information channeled directly and not involve the human thought process of consideration. Although consideration is another way of detaching ourselves from the physical, it allows the instantaneousness of communication with the greater reality and Source to be able to give the answers to the questions. And sometimes that results in a bit of me rambling on, so you have to accept my apology there for that.

So the next part of this particular Satsanga is to go through the final end of Satsanga meditation.

#### Part 3. Meditation

(1:02) So the next part of this particular Satsanga is to go through the final end of Satsanga meditation. What I said we would do is to have a meditation on communicating with and experiencing our True Sentient Self. The meditation starts around 1:02:50.

Please download the <u>AMR File</u> or high quality <u>M4A File</u> to do the guided meditation with Guy Steven Needler via his website or blog.

(1:28) Closing comments: So that's the end of this particular meditation and the end of this particular Satsanga. And I'm just going to establish when the next Satsanga is in November. Very gently come back out of this meditation, it's been quite a profound meditation, so just take your time, take your time having some water as well.

And so let's look at the next Satsanga, it is going to be on a Thursday, the 30th of November, specifically because I'm away on an investigative research based trip, so it'll be the Thursday, the 30th of November 2017 in this particular instance.

So much love to you all. Thank you very much for listening to this particular Satsanga and taking part and being part of the energies associated with the particular event space as well. And thanks again for Kevin for broadcasting this when he does (The Moore Show).

And enjoy the rest of the weekend. And God's love to you all, Source's love, Origin's love and mother to you all. Thank you very much. Goodbye." END