

April 25, 2020 - Pre-Recorded World Satsanga for The Kevin Moore Show

Transcript of Pre-Recorded World Satsanga by Guy Steven Needler:

"Welcome everybody to this World Satsanga held on the 25th of April 2020 in conjunction with Kevin Moore and The Moore Show. And I thank Kevin for the work that he's doing. Right now he's got a lot of work on, so he's not able to broadcast the Satsangas on his YouTube Channel. He's up to his ears in work with the documentary series called "We Are the Channelers" and I believe he's on #52 right now, so check that out on YouTube: Kevin Moore and The Moore Show and MooreTalk and his series called "They Call Us Channelers."

Let's have a look at the agenda for today. We've got a lecture about "What Makes a Great Civilization," then we have a lot of questions and answers, so I thank those people who sent the questions in and there's a lot of work to do there. And then we've got a meditation on healing the Earth, which is a different way of doing it that I've done previously — one that involves us funneling the energies in through us and us as a channel to help inject it into the Earth. Okay, so let's have a look at what makes a great civilization.

Part 1. Lecture on "How to be a great civilization? How do great civilizations overcome a world crisis?"

Well, great civilizations tend to...they don't pop into existence, they go through quite a difficult process of experimentation before they get there. And quite clearly the sort of way in which the civilizations on Earth have approached things are not too dissimilar to the way that certain great civilizations will have gone through their own growth process to get there.

But there's a number of main points that indicate what a great civilization is and how they operate. **There's benevolence, inclusion, roles and responsibilities, cooperation, sharing, helping others** — by that I mean helping others in terms of the civilizations and helping other civilizations to progress — **education and transparency**. Well, I'll deal with each of these headings separately and in summary to help us understand. But in all of these areas, they have to be inclusive together to make the civilization great, because any other areas missing don't, you know, they just sort of end up creating a sort of chink in the armor, so to speak.

So **benevolence** is really what it is. It's helping in a way without expecting reward in the background. So, for instance, we have it with people giving money on Earth right now. We have people who are very, very wealthy, who donate lots of money to different charities and to different causes. And that's one form of benevolence. It's sharing what you've got. If you go to some Greek islands and one I know very well is Crete, they will share everything with you. Some of the poorer countries around the world, if they really are in tune with nature and themselves, they share everything with you. So benevolence is about sharing and about understanding, about giving, about what's happening. It's about logging into the individual, their circumstance or the group of individuals and their circumstance, sort of empathizing with them, and then helping them move on, so that they can become self-sustaining. So benevolence is really quite a big part of this.

Inclusion is another part as well. So rather than being exclusive, we're inclusive. And that means that everything is available to everybody all the time. And what that means is, for instance, levels of education, levels of training, which is obviously a form of education, levels of the number of tools, for instance, that are available to people. Everything is available. For

instance, within this COVID-19 problem we've got now, we haven't had the tools to be able to do it properly. And those tools are available around the world, but they weren't shared properly or probably weren't even asked to be shared properly.

So inclusion means that everybody is available to do everything. So that means that everybody can be experiencing working on a ship, for instance. Everybody can experience being an engineer. Everybody can experience being a doctor or a lawyer or a gardener or a forest keeper or a game reserve worker as well. Everybody has a chance of being and doing everything. Nobody's left behind. There's nobody that is not capable of doing something without the right level of tutelage. So it's really about including everybody. And if somebody wants to do something, but they're not educated, then we help them become educated. We give them the opportunity to go through an education process, that isn't, shall we say, a generalized process that we currently have in schools and universities, but it's more bespoke.

(5 min) So inclusion includes the ability to be educated in a bespoke way, for those individuals to be taught in the way that they would like to be taught or could be taught. You know, people learn in different ways, so they should be taught in a way, which is concurrent with their learning modality, for instance. So that includes them. So that makes them feel wanted and it gives them respect and they feel the respect back as well.

Roles and responsibilities is another one. Everybody should have roles and responsibilities. So when I'm talking about this, I'm seeing that from the person who lives in a remote part of Africa to a remote part of India to some remote part of South America to even the north side of the globe, the Inuits and those sort of areas, everybody has a role and a responsibility. And so nobody is in a position, where they not doing something that is of service. And if they're doing something, which is of service, irrespective of what it is, then they're able to be compensated for in some way, shape or form.

So that means that they have a role and a responsibility for doing something. That role and responsibility is respected and it's desired. And it means that those individuals are treated in a benevolent way, and that they're also included in various different things. They're not just shuffled away in their little corner. Okay, we've given them a job, they can get on with it. It's about giving them the ability to move beyond where they are and become...although in doing what they'll be doing, they'll be a very important member of society, they could become even more beneficial to society, because they'll have their own ideas of how things could be improved. And they can be included together.

Cooperation is a big thing. One of the biggest problems with the Earth right now is that we don't cooperate properly. We don't communicate with each other properly. We don't share things properly. And so communication and cooperation is a real big thing that creates a great civilization. Everything is done in **transparency**. There's no hiding of certain things. There's no squirreling things away. It's everything is shared, so that there's no need to duplicate work. We do what we need to do. We found something out and we share it. And we can even share the road that we've gone down within various different things. Let's take research, for example, where we can show that we've done that. You don't need to do this, but if you were to carry on, you can just start from this point and then you can move on.

So a civilization that's **sharing** shares everything. They share resources. They share individuals, if necessary, so people will be sort of globally available — not just because you're living in one country, you just stay in that country. If you've got an expertise that could be useful somewhere else, or you've experienced something that is useful, then you can share that

knowledge with others as well. So cooperating and sharing is very important within a great civilization. There's no need to be, you know, sort of exclusive in terms of, you know, I can do this, you can't. Everybody is able to do things, so sharing the workload, sharing the education, sharing the ability to move forwards is also part of a great civilization.

Helping others — now helping others is a big thing, because it involves all of these other things of benevolence, inclusion, roles and responsibilities, cooperation, sharing and transparency and, of course, education. It's all about helping other areas, other civilizations move up to the level that a higher level of civilization is. Now what is a higher level of civilization? It's not just having technology or education, it's a way of using that technology and education in a way, which is beneficial to those who use it. It increases the ability or we should say the lifestyle, so to speak, but it's not just the lifestyle, but the status of those individuals. But it also is used in a way, which is cognizant with the way in which the environment can support it.

So we've got all of these things together helping a group of individuals work with their environment. So if we are helping another civilization or a group of individuals in a barren area, such as a desert, for instance, we will be able to help them create a condition where they know the area. They understand the lie of the land. They understand how the winds work. They understand how the sands shift. And so together we can work out a way to irrigate the land, populating it with plants and trees and other things, making sure that those plants and trees can survive. And so that the shifting sands start to slow down and stop and we've created an oasis out of a desert and that oasis can grow.

(10 min) Now the thing is that we don't just create the oasis and the people who've been there get left there. They get included in everything else. So we're trying to create a condition, where the civilization, the greatness of the civilization isn't just in one part of the globe. It's all over the globe. So we don't get this disparity in terms of ability to exist. We don't get one set of people in abject poverty, we don't get another group of people who are in abject opulence. We have the sharing of it all.

Now those individuals, who have got the ability to create businesses, for example, but let's not call them businesses, let's call them technological improvements that can benefit everybody. That would be created with the support of, shall we say, other governments, other individuals to help create the technology that's going to help us and the Earth as well, and that's passed around. So we wouldn't get the materialistic condition, where one or two individuals create a product, sell a product and over a period of years they end up being billionaires. And okay, they've sold their products to a lot of people, but they have for all intents and purposes, they've made the money and not helped anybody. They need to be more philanthropic.

So those individuals in a great civilization wouldn't be working for the benefit of themselves and for money, they'd be creating something that's of benefit to everybody and the Earth. So a lot of calculations will be created there. There will be an understanding of how it needs to be manufactured? How the manufacturing process affects the Earth? Could it be cleaner? Can it be better? Who could it benefit? How will it benefit them? And if it doesn't benefit them, then we don't do it. It's like having too many planes flying around the Earth. If you have too many planes flying around the Earth, then we quite a lot of CO₂ (carbon dioxide) emissions and other things. But if we can work in a better way, where we create different transportation systems that are beneficial not to one or two people, but to everybody, then it makes a big difference.

That's the same with certain products. The objective is to make the products, so that they are beneficial to everybody and creates the ability for everybody to benefit from them and not in terms of everything — not just in terms of, I've got the product and it's going to work, but in

terms of the way it's being achieved is giving people something to do, a role and a responsibility. And it's allowed them to become educated and to give their own expertise back into that group that they're working with. And if we do have money with a great civilization or some form of remunerating or compensating for the work, then that which is gained in the exchange process is put back into the generation of environments and the generation of new ways of educating individuals.

So we now go on to **education**, because helping other civilizations become is also a product of educating them. So education isn't just something, which is — we always argue this — education is a right, not something which is available to the few. Everybody should be given exactly the same educational opportunities. And when we educate people, we start to see that certain people are good at certain things and not good at other things. So we should use...a great civilization uses the way in which people work and develop and blossom. And so we start to see the opportunity where we get round pegs in round holes and square pegs in square holes.

And we put people who end up being experts in hydroponics working in hydroponics and the opportunity for crops to come out of that. I mean there's lots of different ways of creating crops without damaging the Earth or using pesticides or other chemicals to stop diseases or infestation with insects. We could use nature. And so those individuals could be useful, not only in the location that they're in, when they get the education, but they can also move around the planet if need to or help other groups become educated in these things. So all this revolves around transparency.

(15 min) A great civilization looks after every component of the civilization. And a component is an individual. In our case it's an individualized human being. So every human being is valued. Every human being has a role to play. There's no individuals, who are, you know, they're stuck in a corner, they've got nothing to do. Everybody has the ability to be a productive individual in terms of creating something or being part of something or maintaining something or farming something that is helping the rest of the population become not just a more affluent in terms of — and I don't mean this monetarily — I mean affluent in terms of education, being of service to others, helping others, caring for those who are ill, for instance. You know, affluence is really about everything being available all the time.

So we have medical research happening, individuals being cared for happening, individuals who want to be in care can be helped, individuals who want to be the carers can be helped to be the carers, individuals who want to be doctors can be helped to be the doctors, those around the world who think they can help in other areas can all be part of it. And so everything is created together. A great civilization is inclusive full stop. Everything is included. There's no disparity. There's no highs and lows, it's all a level playing field.

And we're all working in a collective way in a great civilization. It's not a case of we're doing it for me, we're doing it for us. And before we do it for us, we involve us, so to speak, to make sure that what we think is good for the collective is actually good for the collective or whether it's going in a dead end way or a wrong direction. So there's lots of things that could happen.

And it's all about understanding the needs of everybody as well, because right now where we are on the Earth is a very rock bottom place really. We've got affluence in certain parts of the world, like Dubai, for instance, and America [US] and the UK and western Europe. Then we've got other areas where there's very little going on and people are in abject squalor with nowhere to live. They fight for their food and everything else, which is really sort of unacceptable,

because these individuals have a role to play. They have a way they'll be able to help others as well. So everybody should be given an equal opportunity.

And this is another thing that gives a civilization greatness is that everyone has an equal opportunity to have a role and responsibility, cooperate with others, share with others, help others, be helped, you know, show benevolence, show inclusion, receive benevolence and receive inclusion. There's no differences because of location, because of body type, because of skin color, because of ethnic education or whatever you want to call it. There's no demarcation because of religion. There's no demarcation, because one person's body was born in Africa, whereas another person's body was born in Russia, another person's body was born in Canada. There's no difference. They're all human beings.

And so the understanding of everyone being a human being and not one of these so-called pigeon holed levels of civilization that do or don't have levels of so-called technological civilization is eradicated. And even down to understanding some of the traditional ways of doing things. Some of these things should be preserved for historical purposes, because it shows where we've come from and what we're doing. And the understanding of the historical side of things is again what makes a civilization great. Working upon things, maybe making slight mistakes, but then moving forwards in a positive way, in an inclusive way is what makes a civilization great. It's not about, oh, we've done this and we're going to hide that we've done it wrong, because we're fearful that we might get blamed for doing something wrong. It's about being transparent, inclusive, sharing, and everything being done together.

(20 min) So we're looking at a single world education process, a single world level of status, a single world level of sort of remuneration. There's no one person that's richer than another. Everybody's got the same amount of sort of compensation to be able to exist. Everybody gets the right amount of food, because they're all part of the larger collective. There's one level of education across the world. There's one level of everything. There's one level of medical care across the world, when it's required. There's one level of manufacturing processes that are worldwide owned and not just owned by one person or two people or one country or one government. And the transportation systems are worldwide and shared.

So everything is created for the benefit of all. And when we get to this point, where everything is done in a very high level way, where we're all working together. We're sharing together, we're caring for each other. You could argue we're loving each other as well, which is all part of it, although human love is different to feeling the love of the Source, for instance, or even your True Energetic Self. We start to become one rather than many. And so we become one big family around the world. And when we understand this, and we recognize that what we do might affect somebody else a couple of thousand kilometers away, then do we do it? Or do we find out what should be done first? Then we start to think in a more collective, coherent manner.

Individualized free will is an interesting experiment. But at the end of the day, individualized free will will come to the conclusion that working in a collective way with individualized realization that that's the way to go forwards is the time in which us as humanity will become a great civilization, because we'll realize that every individual that's incarnate on this Earth has an important role to do. This is all materialistic. This is all physical. When we start to work in a collective way, we'll start to rise through the frequencies. We'll be looking after each other. We'll be of service to each other. We'll be sharing ideas, information, roles. We'll be helping others, they'll be helping us.

We start to move up the frequencies. And then we start to understand who and what we are on a more fundamental basis. It won't be a case of I'm a human being, it'll be a case of I'm a soul. And everybody will realize it, become I'm a soul in a body or an aspect in a body, and I'm here to experience, learn and evolve on this planet. And THAT is the point, which makes the difference. It's the point at which a civilization goes from just greatness to **utopia**.

Because then it becomes a point, where the civilization makes the jump from working on a fundamentally physical level, where everybody's equal, everybody's got the same educational rights and levels of teaching, everybody is capable of experiencing anything, being included in anything, receiving service, giving service, caring for others, being cared for, being benevolent, being included, receiving benevolence, perceiving inclusion, and then jumping up with all this happening anyway, because we ultimately know that we're here to experience, learn and evolve. And we start to understand that we're part of a much bigger and greater reality that's around us.

And so we go from a great civilization to a utopian civilization, where we start to move into a different frequential level, because we've understood it. We've understood why we're here, why we're working together, and that the only way to evolve fast is to cooperate on every level possible. Share everything. Help everybody. Be of service to everybody. Educate everybody. Be transparent about everything. Be everything. Do everything together. Togetherness creates the jump upwards. It's the collective condition that goes from the great civilization to a utopian level of civilization.

Utopia isn't a figment of somebody's imagination, it's a very possible place that we can get to. Once we start to work together collectively for the benefit of all, and I believe that this COVID-19 problem that we've been having, apart from being a bit of an eye opener, is starting to make us want to work together.

(25 min) You can see around the world there's little pockets of cooperation. And then as we start to get cooperation, deeper levels of cooperation between different governments in different countries — if we use this as a springboard and we move forwards collectively together — working together and we maintain it, and we start to realize that actually, you know, let's start to create a level playing field for everything and everyone. And we give away our materialism to have a standard way of living and existence, allowing those who are at a substandard level of existence to come up to our level, so that everybody on the planet has got a place to exist, a comfortable place, which is all the same.

You know, we're not talking about putting toilets into a place where they don't have them. We're talking about everybody existing in a way, which is considered to be acceptable in the western world. So everybody has nice houses. Everybody has nice infrastructure, electricity, flowing water. They'll be able to work in a good way. They're educated. Everybody is educated to a level, which they can cope with and beyond, if they want to. And there's no reason why somebody can go from one level to another level. Everybody can be educated. Everybody can play a part. Everybody works together, and we start to move upwards.

So the Earth is at a crucial point right now, where we've gone through a downward turn, and everybody has been affected by the frequencies — myself included, and one of these days I'll tell a story. And it's all about seeing how we can work together and be together. Working together and being together in a communal sense is wonderful. If you've ever been in an ashram or a monastery, where the monks and the people in the ashram are chanting, they're

chanting Om, everything is One. That's a wonderful place to be. We can get that as being "Heaven on Earth," so to speak, higher frequencies is heaven on Earth whilst incarnate.

That creates the great civilization. When we get to the point of higher frequencies, so we move into another frequency, and although we ascend individually, we can go up there and we can help others go up there as well. In fact, when we go up there, we realize that the most desirable thing is for everybody to be at that high level of frequency, we all become self-aware, and then we've got the understanding of who and what we are. As I said before, we just need to understand that we're a group of souls incarnating on Earth — 8 billion of us — to experience, learn and evolve and evolve together. There's no race. And that's what creates the great to the utopian civilization.

The Currency of a great civilization is service. Service with joy in one's heart to be of service. We are of service and others are of service to us. Everyone has the same standard of living, resources are made available through service, not paid for. This raises the frequency of all leading to self realization, ascension and the utopian level.

Okay, let's move on to the questions then.

Part 2. Questions and Answers

1. A lot of spiritual people are giving a much more positive slant on the pandemic, which will cause many people to awaken. Are they dreaming? Or is it that we will have pockets of locally high frequency groups that triangulate across the globe and thus cause many others to awaken? Or is it more like trying to wake up a hibernating bear? Please give your take on this EVENT? (US)

The awakening up is basically seeing how poorly those we've put in power are functioning and operating. And so we'll start to see around us those people, who are operating responsibly vs. those who are not. So really it's about showing us how good or bad we are. We're all behaving either from a governmental perspective or individualized perspective. And it will make us operate differently, in a more collectively and/or individually responsible and mature way.

• We would love it, if you could give us higher guidance on how to mitigate these Earth changes, at least in the dominant event spaces that we're in? What are we supposed to do?

Well, really look around and see how it's being done, how countries who have been prepared and work with that which they've prepared in a correct and logical way have performed in this particular crisis. And you can see that by the number of individuals, who've caught the virus and those individuals, who died from the virus. You know, when you look at Germany, in the UK we're complaining about...for instance, Wales, we're struggling to test 1,500 people a day or something, whereas in Germany they've been doing 200,000-300,000 a week and have a plan to do 500,000 a week and they can do it.

And so it's providing the right level of ability to create that which you say you can do and doing it. Not saying you can do it and not do it. So you're starting to see that we need to look at those who've been successful and put those who have been successful into leadership roles. Not

those who say that they can do what they're going to do and then not do it. Look at those who do things properly and repeat it. Everything that we do, good process is understood by example.

(35 min) If you tell somebody how to do it, they won't do it, because they don't want to be told. If you lead by example, they'll look at it and take it onboard and work with it that way. And that's the best way to do it really. Just look around you. Look at who has been successful and adopt their processes and procedures, thought processes working with others and working with themselves.

- **We clearly don't have the leadership we need from the top, so are we supposed to start grassroots movements from the bottom or local groups or what? Is there something we can do NOW to mitigate any famine or such outcomes for humanity?**

The panic buying was a good example of how we could enter into famine really easily, because people who are panic buying, stockpiling things and then those things that they're stockpiling will go rotten. So there's no point in stockpiling, because they've bought stuff that they didn't use, because it went rotten and they threw it away. That created a famine, because then there would be more panic buying. So it's really a case of leading by example. Broadcasting what you're doing is sensible. And hoping others around you would also follow that level of sensibility.

And if you can do it in a way, which isn't shallow, which is showing a depth of maturity and understanding, then that's difficult. Then that makes that which is difficult easier. I mean one of things we're seeing a lot is broadcasting, I'm doing this and I'm doing that. It's easy to use people saying we're working together, we're doing this, we're doing that. But will they continue to do it, when the problem goes, when the crisis goes? Probably not. They'll return back to their old ways. People who are doing things properly have always done things properly and will continue to do things properly. Not just do things properly because of a crisis. And so we should be looking at those individuals for guidance and direction and for teaching, who've always done it right, who continue to do it right. Maybe they don't broadcast it, maybe they just do it right by example. That's the way to move forwards.

- **It's one thing to shield yourself against the virus - we can all do that, as you have taught us. BUT that's not satisfying to us, if we see other people suffering - our compassion goes beyond the self?**
- **WHY haven't the Curators (like Waymakers) done some INTERVENTION at some earlier point(s) to change people's mindsets before things go from a slightly wrong direction to much, much worse, like from 2016 to 2020? Do we really need to play out Atlantis type scenarios all over again?**

They can see the potential for growth by letting us experience a situation that could potentially get out of control, so they haven't intervened. Now clearly there are other event spaces, where we've responded properly. And this is the whole point of being in various different event spaces and having different realities and different parallel conditions is that everything is being experienced concurrently. So this particular event space and reality is being experienced by us and another part of us is experiencing another one, which has gone slightly even further wrong or slightly better or totally better or it never happened at all. So it's all part of the total gamut of experience. And so in this particular event space it's considered that this is the way it needs to go for us to potentially understand a better way of working together. And that's why we do experience things.

- **WHY do some New Age spiritual types claim that we are already in the 4th frequency? Are they talking about just a small number of people ascending, not the collective? Your impression of where the overall frequency is very different from most other people in the spiritual circles.**

Okay, that's the [4th] level above where we are right now. Delusion. Quite clearly the mass population of the Earth is not in the fourth frequency. There are those who are going into the 4th frequency and they tend to disappear. They tend to move out of our lives. We don't see them again, because they've moved into a different environment, so it's a different frequential level, where they're not seen or experienced by our five very physical sensory functions of seeing, smelling, tasting, touching or hearing, for example. So when you move out into the 4th frequency, you'd move out of our ability to be detected even with our technology.

So as you can see from around us, there are quite a lot of people who are moving into the 4th frequency. Hence, the high number of backfill people, that other genre of sentient entities, that are being allowed to incarnate on the Earth to "backfill" for those who've moved upwards in the frequencies, but still maintain the population.

(40 min) And you can see that the number of backfill people is increasing, because the level of individuals who are incarnate, who don't care about themselves or the environment has also increased. So the comment is both true and not true. So it's basically individualized, but there are a vast number of individuals, who are moving on. And there are a lot of people, spiritual people, who are staying here to help others move on, to continue to provide the way forwards to move onwards and upwards by being a good example. So those who are still here, who may feel a bit disappointed that they haven't moved up to the 4th frequency level, for example, just think about it, are you providing a service that you don't realize that's helping others to move upwards? That's the way to think about it.

Good, thank you, US for those questions (and US is that lovely lady, who's been helping me with a number of different things, one of them being the transcription of the Satsanga as well). So thank you very much for that. And that Satsanga, by the way, that work that you do transcribing it into English gets changed into Chinese. And I think there's also somebody looking to translate them into other different languages, like Spanish and Japanese and those sorts of things. So initially it gets transcribed into English, but then it goes into other languages as well.

So thank you for that and there's starting to be a group that discusses this sort of stuff in China on a monthly basis as well, so the work you're doing is very important. We have a small role, but the implications can be much, much bigger. Think of it in those terms. And that means that everything you do, no matter how small it is, if it's of benefit to the collective, that which is on the Earth, it's also going to benefit everybody else. Right, next questions are from FN.

2. It appears that a few people predicted what is happening now, like Sylvia Browne in her book ["End of Days," 2008] and including you who saw this happening. At first my thought was that if this is all predicted like a map set in stone, then our meditation and/or attempt to increase Earth frequency does not really matter. Then it occurred to me that Sylvia Browne and/or you saw a possibility event space based on probabilities or probability of possibilities. Is that correct? (FN)

We would have seen a possibility going in these different directions. I've known about something like this for all my life basically. It hasn't got to where it could go to, let's put it that way, yes. And there's other scenarios where it could do as well. But basically it's part of a way in

which...it's not planned as such, because there's various different ways in which we interact with our environments, but in terms of the ability for it to be there, the possible possibility of the possible possibilities, it's one of those possibilities and we've just gone down that particular route.

Think of it in terms of the upside of a tree, you know, we're moving down the trunk and sometimes move up in a branch and that branch is a large branch with a lot of other branches coming off it. And one of those branches can be quite a long branch and we're on one of these long branches, which has come off another long branch, and that basically gives us the possibility of moving forwards in a particular way we didn't experience or didn't expect to experience.

- **If that is correct, then when you said our frequencies went down as of 2016, I reflected that many of us became aware during the year 2000, so I assumed our frequency will go up, not down. I think you wrote your first book in 2010. So why our frequency went down as of 2016, when most of us who are listening to your Satsangas became more aware from the year 2000 forward? Is it because the number of backfill people increased as of 2000?**

Well, the year 2000 is not significant. It's simply a metric that we've used for our Gregorian calendar. It doesn't actually mean anything. A lot of people put...and 2012...put a lot of emphasis on these dates. They don't actually mean anything, because time doesn't exist, of course. But there are times, when certain levels of understanding and knowledge has to come out. And there are times, when we've got this knowledge and we move forwards in a way and we relax. Basically from 2016 onwards we relaxed and we fell asleep. We started to fall asleep again.

(45 min) And I was just having an interesting, very short conversation with somebody else I know in the world, who says, I'm losing it. Why am I [the friend] losing it? Because we've all relaxed and we've allowed ourselves to be attracted to low frequency thoughts, behaviors and actions, and because of that we drop down the frequencies, and because of that we start to forget what we were doing and everything that's low frequency starts to become acceptable. So really around about 2016, we thought we'd all made it and we had a rest. And that rest was frequently not a good thing to do. So that's why we started to move down the frequencies. We can and it may well be that this particular crisis is going to help us move onwards and upwards. We'll see. We will see.

- **It appears that this Earth (in the 3rd frequency) will not fare well due to lack of care by humanity; humanity will suffer in this frequency within the next 100 years and our resources will be depleted as a result. As I understand, based on event spaces, we will be in survival mode within the next 100 years. As such, Is it correct to say that while our group meditation cannot change what is going to happen to this earth, it could slow down the process?**

It's important not to give up. It's important to keep going and keep providing a higher frequency. If you have a saucepan full of water boiling and you turn the flame off, then that boiling water will eventually come down to room temperature. But if you have just a small flame out of the burner, it helps to keep the temperature of the water slightly above room temperature. And the thing is that when you keep it slightly above room temperature, it still evaporates. It evaporates faster than it would do, if it was at room temperature.

So the thing is to even though it might be one flame, whereas it was previously a whole group of flames, it's still important to stay alight, because you're still providing assistance in terms of helping the local environment that you're in maintain a higher than average level of frequency to that which is around the rest of you. So that's very important — maintain your local temperature, maintain your local frequency, because it keeps you slightly higher. It keeps those around you slightly higher, and if they're slightly higher, they'll help others become slightly higher and we start to gradually move back up the frequencies. So again, it's very important.

- **How could we (our community who listens to your Satsangas) make better efforts? How do our efforts translate into changes within this frequency? How significant or mildly significant could our efforts be?**

It doesn't matter about what you do, it's keeping doing it. Doing the meditations, getting the groups together, listening to the various different ways of avoiding karma, understanding the greater reality and passing the information onto those, who are able to digest it is always important. Don't worry about how big a role you're playing, but worry about the fact that you are playing a role is a good thing to know. So the thing is that don't be concerned about: Am I playing a big enough role? Am I doing this, am I doing that? Just keep doing what you're doing. That's the important thing, because there's lots of other people doing what you're doing and collectively you make a big difference. Individually, it may seem like not much, but collectively it will be a big thing to do, so keep going.

- **You said, we cannot be affected by Coronavirus or other disasters, if we keep our frequency high. Is that because we could have a “competently different experience” from others by staying in our own bubble of high frequency? So by not getting involved in dramas and by not getting involved in “collective focus of lacks”, we remain in our event space. This event space or our individual local event space can sustain us in higher frequency where people surrounding us are dealing with dramas and/or possible disasters, is that an accurate statement?**

Yeah, I mean basically, the higher frequency you are, the less chance of getting ill you are. Fear is another way of succumbing to low frequency thoughts, behaviors and actions and becoming low frequency as a result of it. So if you're fearless of what's happening around you, you move yourself out of that level of concern, and therefore, things that would attach to you, because you're lower frequency, because you're denser, okay, won't attach to you, because you're not so dense. So think of it in terms of a filter. If you have a filter and the weave in the filter is small, then dust particles can't go through the filter, can they? That's what filters do.

(50 min) But if the weave in between the filter is big, then dust particles can go past it. So if you're a filter with a small weave or a small denier, then you attract, you're lower frequency, you attract things, dust particles and dust gets stuck to you. But if you're a filter, where you've got a big gap in between the structure, then things go through it, so the dust doesn't get attached to you. And that's the way the human form works in terms of being higher frequency. That which would attach to you, if it's a virus, doesn't attach to you. You don't give it a chance to attach to you, you're too high a frequency.

That doesn't mean you have to stop, that you can walk around with your head in the air, thinking I'm beyond all this, because you're going to frighten other people. So you have to think of it in terms of I still have a service to do to others, and that service is following the rules and

regulations of social distancing, wearing masks where required and washing the hands. You have to show others that you're doing the right thing, so that they feel happy, so they're not living in fear. And if they're not living in fear, they are higher frequency.

So doing the physical things also helps others, who are prone to fear by making them feel happier that they're in an environment where people are looking after them by doing the things they're supposed to be doing from a physical perspective, even though you're doing things from a spiritual perspective as well. And in doing so, they become more happier and they are less fearful and are less prone to their frequencies being low enough, and so their frequencies become high enough, so that the virus will miss them. So it's all to do with working with both the physical and the energetic in this instance. Okay, so think in that way.

Okay, we've got another few questions, I'm trying to look at the time. We're cracking on. Okay, the next question, the questions are quite big, so we should be moving through quite fast, I think. There are lots of words, hopefully I can answer them in a very clear and concise way. The next two questions are from AB.

3. Jesus is quoted as saying, several times, that "I am the way." Wouldn't it have better suited his message, if he emphasized "pointing the way" instead? Choosing the former of this small discrepancy has had monumental ramifications: it laid grounds for Jesus' deification as literally being God, rather than an advanced soul after whom we should model our actions, and eventually become.

- **Christianity has been reduced to emphasizing faith in Jesus alone, so that many Christians will disregard, even disdain notions urging the necessity for self-improvement. Thus, the religion has become dangerous: it excuses people's responsibility to improve themselves, and cripples their will-power to evolve beyond their current physical state.**
- **In light of this possibility, why didn't Jesus make it explicitly clear that he wasn't God, but an advanced soul showing us the way to reach his own unified state of Christ consciousness?**
- **Wouldn't have doing so radically changed Christian perspective for the better? I don't feel like this is a matter of scribes consciously distorting his message either, for this notion seems so deeply embedded within the New Testament as is. Thanks for anything you might offer on this. (AB)**

Basically, there has been a level of transcription problem definitely and personalization has come into it over the years. But more importantly, you have to think of it in terms of 2,000 years ago or whenever it was, we were in a completely different level of educational understanding. And individuals wouldn't have understood the technicalities, the science behind the greater reality or even how to experience the greater reality through personal progression and self-analysis and meditation and stuff. So to say "I am the way" is basically saying follow me, copy what I'm doing. And if you copy what I'm doing, you'll be able to experience what I experience.

And also the language changes, doesn't it? I mean we see how massively the English language has changed since the Shakespearean times compared to now. We have a lot more words to describe what we're experiencing than what we had then. And so again, the language being used would've had to have been appropriate to the level of time, the complexity of the language and the individuals' understanding of the language as well. So again, I see it as being it's a

complete misinterpretation of somebody who said "I am the way" — yes, of course, the way is just copy what I'm doing and you'll get there.

(55 min) And that's what I see Jesus was doing. He didn't need to explain that he was an enlightened being. He was just trying to show somebody, some people, his followers and those around him how to think, behave and act, and as a result of that gain enlightenment or self-awareness through self-control. So it's a matter of total misunderstanding really on the part of the individuals, who broadcast it later.

- **The process of ascension draws some parallels to stories of the “Rapture.” However, the Rapture is described as an event happening all at once, violently and spontaneously, and being obvious to everyone in its midst. Is the Rapture a dramatic and distorted foretelling of how humanity in part would ascend?**
- **In any case, my main questions involve the process of ascension, and are as follows: Ascension does not seem to be happening all at once, and to my main point—it doesn't seem to be happening at all.**
- **Wouldn't we have noticed people ascending from a society, spontaneously disappearing from sight? Granted, there are cases, albeit few and far between, of missing adults, but these are unfortunately tied often to criminal activity.**
- **Thus, and moreover, if we need such large numbers of backfill people to balance out those people who have ascended, how come we haven't noticed an equally large amount of righteous people vanishing from society?**
- **This seems like a logical 1:1 give and take, a typical balancing of scales. But everyone's still here, including the backfill people, whose prevalence therefore seems unnecessary. Could you explain the ascension process in depth and address these points if possible, where I'm off, as well as its relevance to the Rapture?**

We're ascending individually definitely. And if you go into the www.BeyondtheSource.org website and look for the Events tab and then look down at the Lectures, you'll see the pdf files there, and sometimes there's videos of some of the lectures I've done over the years. And the ascension process is one of those and it's worthwhile looking at that, because you'll understand that it is basically an individualized function that does happen sometimes collectively.

The Rapture is a way of describing how we feel, when we are in communion with our Higher Self (our True Energetic Self, our Godhead or our Oversoul, you can use those words to describe the same thing — it's that much bigger part of us, which remains disincarnate) and/or connectivity or communion with a function of God or part of God as well. So it's about the expansion process, the Rapture being the expansion into who we truly are. And the difference and the comparison between what we are here, which is basically cut off with about five senses, to having thousands of senses to our command and total understanding and omnipresence and omniscience as well in comparison to what we are now.

So that's the Rapture. It's like an understanding that we're all connected through everything. Everything is connected, everything is entangled, so to speak. Everything is. So it really is a case of understanding that everything is together and connected together, so we're all inextricably connected and this Rapture is part of that. So it's almost like a vast understanding on a really deep level all at once. And so that's what's happening with individuals at times and they are disappearing out of view. Some people disappear and they're backfilled. And I've noticed a lot more backfill people around the world than there was previously.

And some of them, the backfill people, are basically individuals, who have moved on and who had a walk-in. So not everybody's body is disappearing. It's the souls that are moving out as well, so you start to see people who changed. One soul who moved the other way around is Greta Thunberg. That particular individual, that body was home to a different soul. And then all of a sudden, that soul had done its job and had allowed the body to mature to a certain level of maturity, and a different soul came in that was supposed to help us. And I'm starting to feel that actually this new soul that came into the body of what we call Greta Thunberg is actually one of the White Children's souls. So that's something else that I need to portray to you all.

She has three functions via two souls and one body.

The first soul, first function, paved the way for her second soul by being in the body up to a certain point in maturity.

The second soul, second function is a walk-in for a white child, the eco warrior.

The second soul, third function, is to pave the way for another white child, not yet incarnate, who will work on unity in the world. I am seeing a very influential, charismatic spiritual leader, almost christ like.

(1 h) But in real terms, ascension happens individually and can happen collectively by those around us who are part of us, who are attracted to us and we are attracted to them, and so we all collectively move up together as a result of that. And ascension can be still physical as well. It can be understanding how to think, behave and act in a proper way, whilst incarnate as well. So that as a level of realization makes a big difference, and that can be also classified as a "minor rapture," if you want to understand it. It's like recognizing what we're here for and how to navigate being here and what service we can be to others around us as well. It's very important to understand this as well. So I have no doubt I haven't answered that question exactly as you wanted it answered, but it's about...ascension is typically individualized. But the number of individuals who we affect or who affect us can create a level of group ascension as well through group triangulation, which is sparked off and direct line triangulation as well.

Okay, so thank you for that. The next question from OM is a set of questions relevant to the Chakra Opening Exercises as well in little bits and pieces.

4. What are the reasons of feeling pain during the chakra exercise? (OM)

Well, basically, if our chakras are not functioning, shall we say, not totally correctly, or they're a bit closed down and we start to use the Chakra Opening Exercises, so we're pulling energy in, it's like stretching, isn't it? It's like stretching a muscle, which hasn't been used in a long time. So we'll feel a little bit of discomfort until the chakra starts to function in a way consistent with pulling in more energy. So if a chakra is lazy or if we've not been using our chakras properly, because we've been not been sort of spiritually or energetically exercising ourselves, then we start to open it up to pulling in more energy, it will feel a bit strained. So some people do feel a little bit of pain as a function of opening the chakras, because their chakras are not used to operating in that way. And eventually it goes away, because the chakra gets used to it. Simple as that.

- **If we practice chakra or repair the energetic body and auric levels exercise everyday, can we cure and prevent diseases and illnesses ourselves? Or is there things that we can't heal even with our**

intentions and will to recover from them? If so, does it still helps us to cope with pains and symptoms of our diseases and illnesses?

The only limitation is ourselves. Our thought processes, our doubts and fears. If we are able to forget about illnesses and pains, then they go away. They no longer affect us, because we are higher frequency. So I tend to ignore things. If I hurt myself, I ignore it almost straightaway and I get a small spike of pain and it goes. Gone. Gone, because I ignore it. I don't think I need to experience this, so it goes. I forget about it. And that's the same thing with illnesses. I forget about it, I keep going. And if you forget about it, you're no longer living in fear of it. If you don't live in fear of it or experiencing it, you'll maintain your higher frequency and the illness disappears, because it no longer has a function in your existence.

And this is the thing that yogis do. They don't succumb to the low frequency thoughts, behaviors and actions of being incarnate. They operate in a different level. They know that this is a temporary condition and that they aren't or what they are isn't really a physical body. And if they're not their physical body, they can be in control of the physical body and refuse to accept that which is physicality whilst still being physical. So keep going, ignore it and you'll find it'll go away. Just keep thinking of yourself as being a higher frequency spiritual entity and you'll continue to move up the frequencies as well. Keep meditating and keep thinking that you're a fit and healthy person and you will be.

- **What would be the best way to inject energies to Earth? Is it more effective if we imagine the complete picture of the use of energies when we are injecting, for instance, imagine the complete picture of recovered environments? Or is it better to allow the Earth decide? Also, I have noticed that there might be some energies that the Earth as difficulties absorbing? When I put intention to converting energies to that which are easily absorbed by the Earth, then It starts absorbing them. But I never understood why it is difficult for the Earth to absorb certain energies. Would you elaborate?**

Sometimes we need to let the Earth absorb energies in the way it can absorb them. You know, a stone won't absorb water like a rock will [misspoke], like a sponge will, let me get that right. A stone won't absorb water like a sponge will. So we have to think of it in terms of a stone will eventually absorb the water, but not at the same speed as the sponge. So we have to let things happen in the way it's supposed to happen. So ask the Earth what it wants to have and then provide yourself as the portal for that work to happen.

(1:05) So ask the Earth what energies it needs or wants to have and then say, Okay, work through me, Earth, and the energies will come your way. So rather than trying to push it into the Earth or inject it into the Earth, allow the Earth to suck the energies through you — you being an interface, not the provider of the energies. Okay, I hope that helps.

- **What is the best things we can do for the Earth from the Earth's perspective? I would really like to know this.**

Think of it as being yourself and look after it as you would look after yourself. That's the best way to think of it. So everything you do you do for yourself and you do for the Earth. Everything you do for the Earth, you do for yourself. Look after yourself, look after the Earth. Do things in an ecological way, then

you look after yourself and you look after the Earth. Don't do anything to the Earth that you wouldn't do to yourself. Simple as that. That's the only way to think of it is be a good citizen. Be an ecologically wonderful individual and you look after yourself and you look after your planet and your environment. And you enjoy doing it.

- **I sometimes wonder if you ever feel afraid or hesitate to teach certain things because things can be a two-edged blade. If a student is not pure of heart and used that knowledge, it can be detrimental, not only to the person but collective as well. Does it ever cross your mind when you are writing books? Or do you get certain instructions what to put or not to include in your books?**

Yes, there are certain things that could be classified as being completely controversial, and the expression of would at the wrong time — time doesn't exist — at the wrong point in existence, where there aren't enough individuals, who would be able to understand it, would make it detrimental. So there are things that I don't teach or don't convey to individuals. Certainly now I've learned that lesson. Things have to be fed properly. The wonderful soul, Dolores Cannon, used to say that we are fed things like baby food, you know, we're spoonfed things. And we're spoonfed things when we're capable of eating them. So there's no point in giving a baby steak, if it hasn't got teeth.

So that's the same thing spiritually. We need to be able to work with things, when we can understand them. You know, people can't understand that an individual, who is an antichrist is the same and a known role as somebody who is a Christ. There's going to be some books on this, by the way. Well, certainly one book. So everybody has a role to play. Everybody on the planet is important irrespective of what they do. But sometimes people can't understand that the killer is just as important as the individual who is killed from the bigger perspective. And sometimes that knowledge is the double-edged sword that people can't understand, because they're thinking in human terms.

When people start to move out of thinking in human terms, they can be exposed to higher knowledge, and that higher knowledge needs detachment from human terms to start thinking in terms of the greater reality. So yeah, I do sometimes withhold information, because it's not the right time — not the right event space. Thank you. Final [question from OM].

- **Would you do "unconditional forgiveness meditation" someday in the future? Most of us never experience unconditional love or know what unconditional forgiveness is in our lives. I think this might lift some of the weight that we carry around and able to lift the frequency of the Earth and the universe...**

Yes, we'll do it in May. We'll do this particular meditation in May for you. We'll do it for everybody, because I think everybody will need it in May actually, because there are going to be a few things flying around as a result of this virus, that's going to make people think in different ways. So we'll do the unconditional forgiveness meditation in May. Thank you for asking. Final bunch of questions here from WP and we're looking good. We're looking good. It's going to be a slightly longer than usual Satsanga, but we're looking good.

5. So, if our mission here on Earth is to experience, learn and evolve, why would most of us aspects only possess 2.5% sentience, when Jesus, for example, had 3.5%, as I believe you said. At 2.5%, to what degree can we evolve? Not to the degree that a 3.5%er could evolve? What are the metrics that indicate evolving is taking place, what is the end game? Why only 2.5%? It seems terribly inefficient. Why doesn't the TES routinely create 5%ers or 10%ers? I suppose some TES's are highly evolved and others are not and all shades in between? (WP)

(1:10) The 2.5% is a function of the maximum number of aspects that can be projected from a particular TES, whilst maintaining its own 70% of its sentience and energies. So it seems to be a bit of a constant, based upon the ability to project the maximum number of aspects from it. Also 2.5% of the sentience of the TES is actually quite a lot. And then if you have individuals, who are slightly above that, you can see the difference. You know, 2.5% vs. 2.55% is a big jump in sentience.

And those who've got 3.5%, you know, they are totally connected. They can navigate through their incarnation and be in totally state of divorce, divorcement, distancing — my English is getting rubbish — so they're able to sort of completely distance themselves from everything around them, whilst also navigating through it, and also manipulate the environment. Hence, yogis being able to dissolve their bodies and reconstruct their bodies in different parts of the world or different parts of the universe.

And also having 3.5% is a good challenge for the TES, because if every aspect incarnated at 5% or 10%, then they remain connected to their TES and to the environment that the TES exists within the multiverse, and they wouldn't experience the lack of functionality or lack of connectivity. So it wouldn't be an evolutionary benefit basically to be a higher, to evolve with a higher level of sentience. Some do, because they've got a role to play and that's appropriate. But most of the time, it's not...a role to play on the world scale, by the way, at the global scale and/or beyond it. But those who are doing just the average life don't need it. Those who are playing another part may have a bit more sentience, but not much, like 0.05%, for instance, or 0.1%.

So we have enough sentience to be able to do what we're doing and evolve appropriately with the incarnation and the life plan we've designed and developed with our TES. So the levels are...they do move around a bit. Not everybody gets 2.5%, they could be a bit more, for instance. But the 2.5% is usually the lowest unless you're a shard, in which case you get 2.5% of the 2.5%. So it's all about placing the aspect in a position where it maximizes its experiential opportunity, and within the experiential opportunity, which is usually hard work, it maximizes the evolutionary progression. And that's why it's that low.

- **Is a 2.5%er that has previously evolved (prior to incarnation) to a certain level more loving, less judgmental, kinder, compassionate, etc. than a 2.5%er who is full of hate towards politicians, others who do not hold their views, themselves? Some naturally take responsibility for themselves, do not have a victim mentality, persevere, overcome challenges, help other people, etc. while others have a victim mentality, blame others and expect others to overcome their challenges and end up helping no one, including themselves. What is behind these extremes?**

It's usually a case of evolution. And those who are evolving and are of a lower level of evolution and are still in the blame culture, still won't take responsibility for themselves and their actions, will eventually get to that point, where they do take responsibility for themselves and actions. So the difference is that maybe it's not just 2.5%, it's 2.51% or 2.52% relatively speaking is the individual, who is moving upwards and becoming more compassionate and less judgmental and kinder. But also it might be that they have a role to play, where they want to experience this negativity rather than positivity.

Not everybody who is an advanced being or an advanced entity, by the way, displays that which would demonstrate that which is consistent with an advanced entity, because they might be taking on a lot of negativity from others, because of their thoughts, behaviors and actions, because that's providing a focus for them to operate in a more advanced way.

(1:15) So sometimes people or individuals, who are working in a way which is low frequency, are working in a way which is low frequency, so others can focus on it and collectively find a better way of thinking. For example, certain world leaders, who have been particularly bad world leaders are providing a focus for us to know how we should be working, because it wakes us up, makes us realize we should be operating in a different way than what they are.

I mean Hitler was one, for instance. He operated in a way, which was...and some of those around him operated in even worse ways under the auspices of "doing the right thing for their leader" provided a focus for others to do things better in a better way. So it's to be less medieval and more civilized, so to speak. So it's all about understanding that sometimes individuals, who are performing in a low frequency way might be doing it to help others understand how NOT to perform. And sometimes they're experiencing it themselves as a balanced way of understanding — understanding how to exist in this low frequency way.

- **I understand that here on Earth about 55 Million people die and about 130 Million babies are born each year. It seems like a lot of souls - aspects - to be assisted in the process of moving out of and into the Earth plane. Seems like a full time job for the countless helpers on the other side so to speak. Or are these transitions no more needful of assistance than falling asleep at night and awakening in the morning?**

Yeah, don't forget that our guide and helpers also operate with the parallel versions of ourselves as well in different event spaces. So there's a lot of entities working in support of us who incarnate. So of the 8 billion human vehicles on this planet, which is just one planet, there are countless numbers above that figure of guide and helpers to assist those who have incarnated.

So if you've got 8 billion, if you use the average of 25 helpers and one guide per person, then you're talking 26 x 8...you know, what's that? Twenty-six times eight is 52, it's 104, so it's 208 billion guide and helpers in ONE event space. And then if you have the parallel versions of that, it becomes much, much bigger than that, isn't it?

So, yeah, there's a much bigger cohort of entities remaining in the energetic, who are helping those who are in the evolutionary cycle, and who are evolving and moving forwards and helping all the other entities that aren't in the evolutionary cycle to experience, learn and evolve as well. So basically, there are many more individuals helping those or supporting those that are incarnate than those that are incarnate. Many, many more.

And that's because of the amount of work that's required to make sure that those individuals, who incarnate experience what their experience is, according to their life plan, they interact with those that they're supposed to at the right point in their life plans, and that they gain the knowledge they're supposed to gain. And sometimes they don't, but sometimes they do the best to do what they can do. So the guide and helpers and their parallelized versions, as long as there are parallel versions, work in a massive amount of work, which we can't see or even understand from our perspective here. But they are definitely capable of doing in the higher frequencies of the multiverse. Okay, so it's more than a full time job from our perspective, it's a massive job. Last question from WP and last question from this Satsanga.

- **How should we think of our loved ones who have passed? They may have moved on to a new incarnation, reabsorbed into the TES, still individual dis-incarnates, etc. For example, my parents both died in the 1980's, by now who knows where or what they are. Is it appropriate to send them love, to communicate with them or is it just the memory of them that is real and they are off on the next adventure? They may have already incarnated as my youngest son or one of my grandkids or into another realm, etc. Or is it both/and? Their individualized energy remains, as I knew them, and they are also off on the next adventure?**

(1:20) So how to think about them? The best way to think about those, who have passed on and moved out of the physical, moved out of their incarnation is to consider them as going back into what they were, which is sentient energy and to recognize that this sortie on Earth, this soiree on Earth is simply not even a blink of an eye in terms of our normal existence and our current longevity in this particular evolutionary cycle.

So the way to really think about our loved ones, who we classify as loved ones incarnated, as being back "Home," being back in their normal environment. And being grateful for the role they played in helping us become incarnate and helping us have the skill sets to be able to navigate through this incarnation in an as efficient way as possible, whilst also accruing the learning that we wanted to accrue as part of this incarnation and the subsequent evolution, and also being able to use those skills we brought in from previous incarnations as well in this incarnation, providing basically a springboard for us to experience, learn and evolve.

So we have to think of them in terms of those who have paved the way for us. And we are thankful for paving the way, so that we've been able to do what we're doing, so we can pave the way for those who we've helped create — you know, those other bodies we've created, so that other souls can incarnate. So we just have to think of them in terms of they've moved on to where they've moved on. Some of them will have done a back-to-back incarnation, and may well have come back as one of our grandchildren. It's highly unlikely, but it does happen in very, very rare cases. Most of the time though, while we're here, they will have moved on and entered into some form of understanding or rationalization of the life they previously had, the so-called life review, which also includes the work that

the guide and helpers have done. And some of them have moved straight through it and gone to the Other Side and will have entered into some form of communion with their TES.

So the thing to do is to know that they have progressed in some way either energetically or frequently, as the case may be. They may have evolved. They may have not evolved. They may have just recommuned with their TES. So just think of it in terms of they've progressed. They've progressed in whatever they're doing. They've progressed out of this incarnation. They've progressed into the rest of their existence and may well come back to another incarnation. Just know that they have progressed and send them thanks for helping you progress.

You can send them love, that's fine. They will always receive love, because it's a very potent energy to send. And so every entity in the multiverse will feel love, if you project it out and broadcast it. Every entity that is in an incarnation on this particular planet and other environments within the physical universe and other entities within the multiverse will always feel our love. Just because we think we're small doesn't mean that what we do isn't big. So just think of them as moving on. They've done their role in terms of providing a springboard for us, and it's helped us to provide a springboard for other entities, who are incarnating and experiencing, learning and evolving in this rather unique environment with a unique responsibility by having individualized free will.

So just send them thanks and love and know that they're progressing and they're doing whatever they're doing irrespective of whether it's still working on the life plan or understanding the life plan and how efficiently their guide and helpers worked with them. Or whether they went back into communion or whether they are doing a back-to-back incarnation. Just know that they're progressing in the way that they're supposed to progress and they've evolved in the way that they're supposed to have evolved. And give thanks for being a part of that, and that your opportunity of being part of what you're doing now is giving other entities the opportunity for progression as well. So a good question. Thank you very much.

Thank you for all your questions. Lots of questions, deep rooted questions. Some of the relate to this current interesting world crisis that we have that we shouldn't as spiritual people be in fear of. Do not fear it. Fear is the great leveler. It brings the frequencies down. Be out of fear and be out of danger. But also help others be out of fear by following the rules that our collective governments are giving about how to think, behave and act around others. You know, washing the hands, stay socially distant and wearing the mask in public places. Do all those things, because it helps others, who aren't thinking spiritually, remove their fears. And in removing their fears, they become higher frequency and lead to higher spiritual thought processes.

(1:25) So remove your fear by knowing you can't be affected, if you're fearless, because your frequencies are higher. But also remove the fear of others by doing that which is physically responsible demonstrating responsibility around you as well. That makes a big difference. Okay, so let's look at the meditation today.

Part 3. Meditation

Okay, so let's look at the meditation today, which is all about giving the Earth energy, healing the Earth and giving it more energy. Okay, so let's have a look at that. So healing the Earth.

Please download the high quality MP3 File to do the guided meditation with Guy Steven Needler via his website or blog (meditation starts around 1:26 or 1h26min).

(1:41:30) Closing comments: So that's the end of this meditation, the end of this Satsanga. Lots of questions, thank you very much to those people, who have asked the questions. I really appreciate it. Hope there's many more. Hope the questions surrounding this virus have helped.

The most important thing is to stay fearless, but don't put fear into people by doing things that are crazy. Remove their fear by doing things they want to see, which is wearing the masks, washing the hands and socially distancing yourselves, whilst also knowing that by maintaining your high frequency or using the Psychic Shield, which is available to you all at the website (www.beyondthesource.org). It's a pound (£1) right now, still a pound. It will stay a pound until I've said the 28th, but it might be longer now. And also using the Chakra Opening Exercises, which are available through the process of creating a Psychic Shield or you can do onto the Press Pack part of the About tab, and you can find the Chakra Opening Exercises audio and pdf file there, because they will help you raise your frequencies. If you're higher frequency, you become significantly less prone to illness or disease and virus.

Okay, so God's love to you all. Don't forget to stay responsible, spiritually responsible, and therefore, physically responsible and become good exponents of how a great civilization to be. God bless you all. God's love to you all. Namaste. And I look forward to seeing you, hearing you, communicating with you between now and the next Satsanga in May 2020. God bless." END.

NOTE: I have prepared a Searchable pdf document with ALL World Satsanga Lectures, Questions and Answers collated from 2016-2020 to make it easier for us to see what questions have already been asked in previous Satsangas and what answers were given at the time. This will allow us to ask NEW questions or ask similar questions from a different angle after reviewing what we already know. This document is over 600 pages, so don't try to print it out.

You can go to Needler's website (www.beyondthesource.org) to find the document at this URL:

www.beyondthesource.org/wp-content/uploads/2020/06/All-World-Stasanga-Transcripts-2016-2020.pdf.

OR simply click on "**All Transcriptions**" here to go there.