

## February 29, 2020 - Pre-Recorded World Satsanga for The Kevin Moore Show

### Transcript of Pre-Recorded World Satsanga by Guy Steven Needler:

"Welcome to this World Satsanga on the 28th of February 2020 and again thanking Kevin Moore for his work and, when he can, broadcasting the results of the Satsanga in his own perfect way on his own YouTube Channel. And thanking everybody this time for their patience and help in terms of working with giving me questions, which are really good questions this time. So I thank everybody who's given me the questions.

And also I'd like to point out that there are a number of workshops this year. We have some planned - I've just got back from India by the way from Hyderabad, which is a very successful series of workshops, where we did the Psychic Shield, the Traversing the Frequencies Levels 1, 2 and 3 and also did some work on introducing people to the way in which you can use Traversing the Frequencies to assist in whatever healing modality you have. There's supposed to be a couple of [workshops] between now and July.

Right now there is one in China in May and another one in China in November, but due to what's going on with the coronavirus, obviously China is on lock down right now, so we're going to have to reorganize those. The potential Swiss Workshop [misspoke Satsanga], where we're thinking about that's probably going to be next year now, because of the work that I'm doing this year and everything has been basically taking over. So my diary slots are at a bit of a premium at the moment and so we're struggling to find the time. So I guess that the Switzerland TTF workshop in Zurich will end up being next year. We also are looking at one in Slovenia at the end of May. That's currently being booked and the tickets are on sale on the website.

If you go to my work website: [www.BeyondTheSource.org](http://www.BeyondTheSource.org), look for the **Events** tab towards the top and scroll down to **Workshops** and you'll see all the dates for the workshops there. The other workshop, which is on the west side of the world, which is on the western coast of the United States is in a place called Irvine [California], which will be in the School of Multi-dimensional Healing over the 16th to 20th of July 2020. And again, if you look on the website and scroll down to that area, you'll find there's two ways of seeing the information.

There's the address on the website, there's a Facebook event, and also if you go to Eventbrite, you can see the location and the details surrounding the workshop. And you can also book tickets on there as well. And a wonderful lady called Faith is organizing that for us. So if you can get there early, book early, you get the early bird value, which is a significant saving on the price that it goes up to, if you book literally just one month before the workshop happening. So if you want to attend, do so as soon as you can, certainly before the 20th of June or even earlier, because you'll get the early bird price and it's quite an advantageous price.

Okay, so let's have a look at the questions for today. But first we'll look at the talk, so the agenda in real terms rather than the questions first. So first of all, we've got a small talk on "How to appreciate one's circumstances?" Then we've got the questions and there's quite a few good questions, deep question questions, deep thinking questions. And then we're going to have a meditation to connect with nature more. Okay, so let's have a look at the comments about how to appreciate one's circumstance.

### Part 1. Lecture on "How to appreciate one's circumstance/s?"

Well, we always think in terms good or bad, you know, and that can be classified in terms of we like to experience what we're experiencing or we don't like to experience what we're

experiencing. But if you think about it in terms of not good or bad, but in terms of various different levels of just simply experience and the learning we can get from those experiences, we start to see it in a different way of looking at it. So if you think of it in terms of the possible learning or growth that one can have, then we start to see our experience and our circumstances in a different light.

So for instance, if we're experiencing difficulty in getting somewhere, then what we're getting in terms of our growth pattern there is how to work things out, how to change the way we're traveling to where we're going to, how we're communicating with those individuals who we're supposed to meet, and advice them that we might be late or we might be coming on a different method of transport or mode of transport.

(5 min) So it's worthwhile considering that in real terms we are gaining growth from the circumstances that we're in. And that could be any circumstance from, as I experienced going to Hyderabad, planes cancelled, planes late, difficulty in making connecting flights and then organizing with the people at the airports, different airlines, and also keeping in contact with the people who are back home, whilst also keeping in contact with those people who I'm supposed to be meeting. And so you start to see that you can work things out logically and calmly.

So the whole point of appreciating one's circumstances is realizing that it's a growth opportunity, but also an opportunity to do things in a calm way. If we do things in a panicked way or a way which is not allowing us to think straight, then we inevitably don't respond correctly to the circumstance and it tends to fall apart around us. But if we can sort of say, Okay, what's happening? How do I deal with it? And deal with it in a calm and collected way, then we start to realize that we can sort out the problems. We can move forwards and we can correct the issue as well. So that allows us to really learn from it and realize we can work in a logical sequence of events.

Now one way of doing that might be to simply write things down. If we need to sort of stop and think about it, then that's fine. We can write things down, that's fine. But I sometimes think that writing things down in the sequence they need to go into and a logical sequence, that is, is the best way to go forwards. Then we can start to work on that and not trying to do everything at once, but just try to work on that in a way, which is going to allow us to be successful in the outcome of moving away from the circumstance that we're in.

So other circumstances can be family conditions, where family members are in trouble or have problems and need help, whether they deserve the help or not, you know. Sometimes we need to think about what we're gaining from the help. For instance, if you have somebody who needs to have a thing like power of attorney sorted out or a court of protection, if they're not able to, if they've got dementia or something and they haven't sorted out some of the legal documentation that allows you to look after them financially and from their health and welfare way of seeing things, then we need to recognize that understanding and working with this may be getting the paperwork signed, going through all the different motions are actually giving us experience.

So although we find ourselves in a tricky situation or a very difficult circumstance, what we're getting is the opportunity to experience and learn another group of abilities that allow us to deal with incarnate existence in a different way. So rather than thinking of it in terms of a lot of work to do, we can think of it in terms of, Okay, this is an experience, and it gives me experience. It gives me learning and subsequent evolution. So we need to think of everything that we experience as being a possibility of learning and evolving as a result of that.

So every circumstance that comes along to us, whether it's an individual circumstance with a certain person, or it's an environmental circumstance that we find ourselves in, or the interaction of an individual within an environment, we need to realize that actually the interaction gives us

the possibility of the ability to learn and to grow as a result of that and, of course, evolve. So everything that we're doing, no matter how small it is, whether it's walking down the road to the news agent to get a paper, everything that we're doing is a circumstance that we're working with that's allowing us to experience, learn and evolve. And that's the most important thing to consider that the circumstances are there as a result of the work that our guide and helpers are doing in the background.

And so if we're experiencing something, which is stretching us in some way, or giving us the ability to work in a different way in some way, then we know that we're bringing the opportunity to use this circumstance and the individuals within the circumstance in a way, which is going to allow us to grow and expand and broaden our overall level of overall evolutionary perspective, whilst we're in this particular incarnation. And that's the whole point of being here. It's not to have an easy life, although it's nice to have an easy life. And if we experience or we know how to experience, learn and evolve things in a detached way rather than in an intense way, then we're able to move through and navigate through our incarnation in a calm and collected way, not gaining any karmic links with this at all, and we start to be able to navigate through creating a condition where we're being in the physical but not of the physical.

(10 min) So that's the right way to think about it. So circumstances are there as a learning opportunity and that's the way to think about it. And although it might not be the best way to understand, because we don't like it that much, because it's not optimal from our perspective, you know, we like to do things that we enjoy rather than things we don't enjoy. If we just remove that level of one's enjoyable and one's not, and it's just something that we deal with, then we start to work with things in a much more clear and concise and calm way as well.

Okay, so everything that you experience is a circumstance. Every circumstance gives us an opportunity to expand and to become more aware and awake and to really understand the detail behind this incarnation in every way, shape or form, and moreover, know our self in the process as well giving us confidence to move forwards without becoming bogged down with the human side of things. Okay, well, I hope that's helped in that it's a bit obvious really. And a lot of, shall we say, advanced spiritual individuals and even those who are starting to move into the spiritual side will recognize that it is common sense. But sometimes we need common sense or we need to have things pointed out in terms of a common sense way to allow us to move forwards in a way, which is not allowing us to be immersed too much in our incarnation.

Okay, so I'm just going to go through some questions now. I've got quite a few questions from 1, 2, 3, 4, 5 people and some of them have been hanging around for a few months now, so I apologize for them, but we've had a lot of questions beforehand. Okay, the next question is from EE.

## **Part 2. Questions and Answers**

**1. Could you please give us detailed information about Mahavatar Babaji? Kind of a biography that gives us new information about his life, his mission, his methods of teachings, his disciples and so on. Is there any special method or meditation or mantra for connecting or seeing him? Is there any special method for asking help and guidance from Mahavatar Babaji? (EE)**

Well, as some of you who follow the works of Paramahansa Yogananda and know his lineage will realize Mahavatar Babaji and the "ji" on the end of it by the way is a term of endearment. It's like the wonderful or the nice, for instance. And Mahavatar is of the higher aspect of Baba-ji, who realized that he basically works behind the scenes and doesn't want to become visible in the general public. But there are those, who work with quantitative series of devotees. There are

those who work with qualitative series of devotees. Quantitative is like having lots of devotees, but you maybe have to dissolve the detail, so that work with all these different people, whereas a qualitative means that you work in detail with a small number of individuals. And then there's a behind the scenes individual, which is what Babaji is.

So he creates or it creates conditions, where other people take its ideas and its opportunities for experiencing, learning and evolving and become more self-aware and self-awake from him and moving forwards. I mean Lahiri Mahasaya was one of those individuals, who worked with Babaji directly, because he'd worked with him in a previous life, and introduced the opportunity for kriya yoga to be given to every individual, not just the renunciant. So the work that Babaji did is really sort of this is the idea, this is what you can do, introduce this for me, so to speak. So it's a case of we don't really know much about Babaji, because he doesn't us to know much Babaji to be fair.

What I might do is add it into one of the books I'm going to be doing in the future, because I'm going to look at the different religions in one of the books. And understand that the connectivity between all these different religions, where they all started from, how they all link together, and how the information I've been picking up also links in with this as well. So I may well put it into that book, but that means it's going to be some time away — a few years yet rather than instantaneous. But in terms of communicating with Babaji, I would say that the only way of connecting with Babaji is to be self-aware and self-realized. Because it's only — I keep saying it, because even though it's got a physical form, it manifests a physical form just to interact with us. It's no longer incarnate, although it can create what appears to be an incarnate human form.

(15 min) It only wants to work with those, who are particularly pure of mind, body and spirit. And so, if you wanted to meditate on it, you can just visualize the image that's available on the SRF (Self-Realization Fellowship) website, for instance, or any other images of Babaji, while paying attention to the fact that I think there's only one photograph available. And that's in a book called "Paramahansa Yogananda As I Knew Him" written by Roy Eugene Davis, who was one of the last of the group of individuals, who was a direct devotee of Yogananda back in the late 1950s or even the early 1950s thinking about it. So yeah, yeah, it would have been the early 1950s, yeah. Certainly, Mr. Davis was available and worked with Paramahansa Yogananda in the last two or three years of his incarnation.

So visualize the picture, the image, which is more than likely to be a painting and just concentrate on it. Just focus on it and it may take days, weeks or years to establish some form of information or contact, which would make you think or feel that you've been in contact with Babaji. But don't be surprised, if you don't get in contact, because Babaji wants to stay in the background and not be in the foreground.

- **Is Hinduism belief about three gods (Brahma, Vishnu and Shiva) true and correct? Who is Lord Shiva? Why he is destroyer god and what does it mean? If Lord Shiva is a real entity, what is his relation to Source Entity 1 or other Source Entities?**

Well, the Hindu gods in my understanding are basically those individuals, who survived the Atlantean Fall and the different body types, skin colors, etc. were basically created through a very sort of materialistic desire to be or to show one's level of status, so to speak. So whereas individuals here have motor cars and houses and jewelry to show status, in the Atlantean times they used to change their body type and their genome. And so these individuals were given names and god status by those other incarnate human beings, who saw them as being something above what they were. They still had certain levels of technology. They had levels of knowledge above those who had recently incarnated, so they were given godlike status.

And the destroyer god was basically given to it from the perspective of it may have caused part of the downfall, but still come out the other side to help try and recover from the downfall. So a lot of the roles that they've been given, a lot of the ways that they've been perceived were based upon what they did, not what they are from a god perspective. And so they're all part of Source Entity One. They exist within the multiversal environment and their position within it is a function of their evolutionary status, so to speak. But a lot of the images you see in Hinduism is direct translation, memory or artwork that's been passed on down the eons that shows how some of them — those individuals important or wealthy — appeared to be like, when they were helping others, who specifically in India or Egypt to recover the incarnate human being civilization and try and move forwards in a different way rather than in a corrupt way.

I don't know, if that helps at all, but it's a different way to think about it, because this is a very strong image of what I've received is that a lot of those entities we call "gods" were simply from the Atlantean era or even sometimes beforehand. Bear in mind that people lived a lot longer in those days, and they did mess around with the genome quite a lot. Hence, things like centaurs, minotaurs, things like unicorns and pegasus type imagery. And along with all the imagery of half-man/half-animal images of individuals or priests ruling or certain levels of hierarchical authority within the Egyptian periods as well, because it spills over into the Egyptian period as well.

- **What is the best method and meditation to experience Samadhi?**

(20 min) Well, samadhi is really a function of us astral traveling, so in my experience, hong sau or kriya yoga is probably very, very good. And so is the use of the Traversing the Frequencies Levels 1-3 that I teach. And so in real terms just meditate, focus very gently on the closed eye vision in the area of the third eye and just you can say, you know, breathing in, as you're saying in your mind's eye "hong" all the way through. And then breathing out you say in your mind's voice "sau" all the way through. Hong when you're breathing in in your mind's voice. Sau or sometimes saw for breathing out. It's hong and then sau.

So if it was in your mind's voice, you would say: Hoooooong breathing in naturally, and then Saaaaau breathing out. And it literally means I AM Him or the Source and I are One or God and I are One. So that's the way to think about it. And then if you see the representation of the spiritual or third eye in your closed eye vision, the objective is to try and control its rather erratic movement and move through the loosely shaped star of David imagery that you get in that particular area and try and move yourself through it. And that creates samadhi, which is basically astral traveling.

- **I am reading interesting books regarding Samadhi and Kriya yoga, that are written by Santata Gamana. Are his/her books (of Santata Gamana) accountable? Do you approve Santata Gamana's books?**

Anything that I mean really, if you're looking at samadhi and kriya yoga, you best go to the Self-Realization Fellowship, because they would have and they do teach a clear and direct way of understanding it. Anything else has a potential of being diluted. So from my perspective, and I also practice kriya yoga from SRF, Self-Realization Fellowship, which is based in the west coast of the United States and then there's obviously churches all over the world actually. So you can use that, but I would go to the source. Always go to the source, so to speak, of that which is being taught rather than that which is being taught by somebody else, because then you do get dilution occurring. So go to the SRF to learn how to perform kriya yoga and even hong sau.

- **How can we fully activate our Agna chakra? Could you please introduce us the best and fastest method for activating our Agna chakra?**

Well, the Agna [Ājñā, Ajna] chakra is the spiritual or third eye chakra, which is the sixth chakra. So activating that chakra doesn't actually do anything as such, because the spiritual or third eye is separate to the sixth chakra, the spiritual or third eye chakra. They occupy the same space, but they're in different frequential levels. So one can only have it activated by another guru, or by continuous meditating on using hong sau or kriya yoga, or by you can also meditate and using your mind's voice to say "Om" a lot. That's the only way to do it. There's no fast method other than devoted concentration on focusing on the location of your spiritual or third eye area in between the two eyebrows and above the bridge of the nose, the center of the forehead, because that's the location of both the spiritual or third eye and the spiritual or third eye chakra. But they are separate things, so activating the one doesn't create the other.

- **What is your idea about using dietary supplements and proper diet for protecting our health? I have heard about miraculous and anti-aging effects of Shilajit for human health, is it true?**

(25 min) There are many so-called superfoods, which have lots of proteins, carbohydrates and lots and lots of different vitamins that the human form needs. And in some of these foods there are also, of course, it's the energetic aspect of them that allows the energies of the foods, the vegetables or the plants or the fruits to also work with the energy templates associated with the human form — the seven energy templates and, of course, the seven groups of chakras work with those energy templates as well.

So I mean anti-aging effects, if you're looking to have a young body, then the thing to do is to be very, very careful about what you eat. You don't have alcohol, you don't smoke and you exercise regularly and properly and you make sure that your body is imbibing or eating the right vitamins to make sure it's functioning correct. So there are many different supplements or foods that create this potential condition. But my advice is go for the real food. Don't use dietary supplements unless your body has trouble with converting the food, like vegetables or fruits into the correct vitamins that the body can use. If you need to use supplements, then that's fine. But if you don't, then don't. Use the correct foods that the body's supposed to use, not synthesized stuff. Okay.

- **Do you recommend any books for reading? Obviously your books are the best books I have read in my life.**

Thank you very much. I try to do what I can do with helping people understand the greater reality. And my understanding is just a small area. There's going to be lots of people after me, who are going to take it deeper. And there are also individuals now and before me or with me, who have a different way of understanding the same sort of thing, so thank you for that. But there are lots of other people doing it as well.

- **Your books and writings and Satsangas changed my life. For me your books are a magical gateway for ascending the consciousness, so I am appreciating you forever. Thanks to God for having you on the Earth. Plus your works, which books would you like to recommend us for reading?**

Thank you. I've got a lot more to do yet, so thank you for your encouragement. I would recommend some of the books from Yogananda. Bear in mind they're a bit dated now in terms of the terminology that's used and the reference to technology that's used. But I also recommend things like "The Undefended Self" by Susan and Donovan Thesenga to work out and create a different way of thinking, behaving and acting. Also "Fear No Evil," which is a progression from that. And another book "Surrender to God Within" by Eva Pierrakos, which is a series of lectures basically, channeled lectures. So those three books are very, very good.

The Barbara Brennan books are also good as well, if you're looking to understand from a scientific and technical perspective how to do healing. And I also quite like the old Lobsang Rampa books, because they were very informative, although they're again quite old now in terms of the way they're being broadcast to us. But some of the books are quite good. I mean one of them is called "You Forever" is also very good, because that also, although it's supposed to be a correspondence course to people to do things like telepathy, astral travel, psychometry and dousing, it ended up being a book and it's actually the book I started to read first in terms of my own personal progression, so I'd say it's very, very good.

Also look at reading the Bible, look in between the words of the Bible. The Gita is very good, it shows how to overcome your self, your own fears and your own ego. And also see if you can look at The Kabbalah and other books that are religious. Just read them, but understand the words, what's being explained from a deeper perspective. So use your own intuition to look at these different religious books and just try to see what's being said in the background, what the meaning behind it is rather than the human side of it. Okay, well, thank you for those questions. That's were very good. I hope that I've explained them. Maybe the comments about the Atlantean side of things for things like Brahma, Vishnu and Shiva may be not explained in as much detail as you'd like. But certainly, there's going to be more detail in one of the books later, okay, so keep looking at the publisher's website [[www.ozarkmt.com](http://www.ozarkmt.com)] to see when the books come out.

**2. I am diagnosed as Bi-polar, and have gone through three "manic episodes." These were all met with feelings of self-grandeur and delusions, marked by psychosis, and at times I thought I was developing "Siddhis" or psychic-like abilities (which I am still unsure of happening since they seemed so real). But they were also like individual "spiritual awakenings," in that they were all deeply spiritual in theme, and there were sober moments of total rapture, of being opened to a new awareness, like an "Aha, I've made it" feeling that was indescribably euphoric. But I think the hallmark of these "awakenings" is the ego wanting to fit through the door also. (AB)**

- **My question then is: Is there any spiritual merit to these experiences? Were the siddhis I believed to experience just delusion and mental-mishap?**
- **I'm aware you can sense the frequency of the person asking a question, and I'm sure you sense this is the ego wanting something. But I am looking for closure largely, because these episodes have been defining moments of my life, and I know others who have had similar experiences and don't know what to think of them.**
- **Regardless, I value these times in my life greatly, so I am seeking closure as to what was real and what was not. Thanks for reading, and I understand, if you choose not to indulge this particular question.**

(30 min) Well, actually, it's a very good question and I've no doubt there are lots of people who'll want the answers to it. My feeling is, and I'm just logging into you right now, is that they were real. But you've got enough wherewithal to realize the ego could latch onto it and use it for its own command and control of you by aggrandizing that which you've experienced to making you feel bigger than you are. But you're checking it out and making sure that you're happy with it, which means that you are in control. So the chances of the ego saying, I'm now self-aware and self-realized, and therefore, a better person is dramatically reduced in the process.

So I would suggest that bipolarism sometimes allows us to move into higher levels of consciousness, but it's not robust, it's quite erratic. And as a result of that it is a bit difficult to work with, because if we don't know when we're going to move into these highs or lows, these very high frequency conditions vs. very low frequency conditions, the high frequency conditions give us the objective to be very highly connected and in a state of sort of rapture, when we're

put in these high frequency locations, because it is a bliss state. Then we come down the other side of it, and we're put into a low frequency, and we're basically suffering cold turkey from it.

So my feeling is that it's not a robust way of experiencing self-realization or the greater reality, because it's not controllable. But what you can do is to try to figure out what thought processes you went through, what states of beingness you went through, that causes you to go to these higher frequency conditions and allows you to get into the higher levels of functionality and communicative ability. And that way you can try to control it. You can try to say, Okay, what happened in these conditions? What was the common denominator in these three different scenarios that put me into that level? And then write it down, and then just see if you can experiment by doing similar or same things and see if you can repeat it.

And if you can repeat it, then that's another way to achieve it rather than using meditation or projecting the sentience or the consciousness into the rest of the multiversal environment, which is what the Traversing the Frequencies do. So based upon that, try to recreate those circumstances, write them down, so you can go and do them again faithfully. And bear in mind that you might have missed some circumstances, or no matter how small the circumstance might be, or the interaction with Self might be or others might be, write it down. Don't write anything off as being too small or too big. Just write it down and see if you can reproduce it.

And I'd be very interested to see your responses from that. So I'm really looking forward to find out if you've managed to reproduce it, because that might help you personally, but also it might help those other individuals, who have also got bipolar condition, who are experiencing higher connectivity within the greater reality or connection with Source and then obviously slamming back down to the Earth frequencies. Okay.

**3. I was reading the chapter on human civilization and I have a question on that. The level of information that comes from a channeler depends upon how evolved the soul is, (correct) that is there, but does it also depend upon who it's being channeled for? (BA)**

- **So, in "The History of God" we talk about the Western civilization, but there is no mention of Eastern civilization from our Source. Did the Eastern civilization not exist at all when Atlantis and other civilization were developing? Or is it because the majority of the readers are from the Western hemisphere? Please pardon my ignorance, but I would love to know more.**

(35 min) Well, basically, Atlantis was a world civilization, not just a location on an island somewhere or a continent. And so there wasn't the east and west in those days. Obviously, geographically there was, but in terms of, you know, there is the Indian civilization and there's the White Caucasian civilization. It wasn't like that, it was a true world civilization. And so we start to see why there's lots of common themes throughout the world that have come from antiquity.

So in essence, it's only recently we've had things like the Indian side of things, Japanese side of things, Chinese side of things, the Western European side of things, and the American Indian side of things, you know, in the last sort of 50,000 to 75,000 years. So there was no relevance to east and west in those terms in those days, which is why it was just Atlantis. It was a worldwide civilization. I mean we're a worldwide civilization, but we still work in little pockets of civilization we call countries. And we still have rules and regulations that are specific to those countries. So this is the thing, you see, we weren't demarked in those ways in those days, as we are now. So that's why there's no mention of east or west, it is simply Atlantis being the world, being the Earth's civilization of note using the human form.



And of course, in those days we had very common human forms. We didn't have as much diversification as we've got now. But we have had other human being body types adopted for use on the Earth, because of the different abilities to cope with different frequential levels. As we dropped down the frequencies, we needed to have human bodies that could cope with lower frequencies, and hence, the diversity in the variants of human body. You know, we have the Indian. We have the White Caucasian. We have the Chinese, the Mongolian, the Japanese and Chinese are pretty much the same thing. And we have the American Indians and we have other things, like the Inuit and the Eskimos, and other forms of human-oid body that's been adopted or used over years to help us still incarnate whilst we're experiencing a continuous drop in frequencies. Okay, so that's the reason. There's no east and west, it was simply Atlantis all over the world, okay.

- **I was also reading a book by this lady from Nepal (where I am originally from, but I live in US now), so her channeling information was so much religious and cultural directly relatable to what people of Nepal would understand. So this got me thinking, if the knowledge sometimes is specific to the place where it's given?**

It can be sometimes, but we have to move beyond that and look at it from a more global sense, because in real terms, if we start to think of it in terms of its relevance to the individual, then it becomes very narrow and very limited in its depth. So anybody who is channeling and doing the work, we need to sort of move ourselves out of our location and think of it in terms of what's happened across the world, or in fact, across the universe as well rather than on our particular continent. So it's possible.

It's possible also that it is there to help certain small groups of individuals rather than vast, large groups of individuals. And if that's the objective of the author, then that's fine. But they need to state that this is here to help individuals who are of Nepalese, for instance, or an Asian heritage to understand more about where their spirituality comes from and how it was derived and then state that rather than saying that it's global, because that can get confusing.

- **There is one more question, so in Hinduism Lord Shiva is called the Absolute who has no beginning and no end. Were the ancient rishis trying to tell us that Shiva is the name given to the Origin?**

(40 min) There is no name for the Origin. The Origin is just something that I was given to work with. Same with the Source Entities. There is no name for God, or that which created us, other than our Creator and our Creator's Creator. As I explained in the previous question by EE, some of these Hindu gods are basically, shall we say, historic references to those individuals, who survived the Atlantean collapse basically and were recognized as having certain roles within the collapse. And Shiva, being one of them, classified as the destroyer, may have had a significant role in the demise of the Atlantean civilization, but then decided that he needed to sort of create some recompense and work on helping the next civilization, which was basically during the Egyptian period to become more than it was.

And it sort of helped to a certain extent, but right now we are in a slightly confused state right now, because we're still trying to work with religion, but we're still trying to work with the spiritual side and we're still trying to work with the scientific side of spiritualism as well, which is causing a bit of a confusion with all people. We need to move away from religion and just go down to what the hard facts are within the stories, within the Vedas, for instance, and within the stories of the Bible and those that have come from Islam and those that come from the Jewish texts as well. We need to get away from the religion side and look at the absolute detail of what they were trying to teach in the first instance. And then we'll move away from these isolated conditions of understanding and the histories that are basically written down by individuals, who

didn't really understand and had limited levels of education and limited levels of expansivity as well.

**4. What is the best way to strengthen our relationships with our guides and assistant guides and helpers? And then with Our True Energetic Selves and all the souls associated with our True Energetic Selves and then our relationship with our Source Entity and then with the Origin? (DC)**

Basically, meditate and listen to what they're saying to us by using our intuition. So if we get a feeling about not doing something or moving in a certain way in a circumstance or an environment we find ourselves in with individuals, then we need to pay attention to that rather than using logic. Logic is the ego, but intuition is using our higher functions. And so if we can listen to them by using the result of our intuitive response rather than our logical response, that's the best way to help cement the relationship with them.

- **It has been extremely helpful for me to know the name of my guide Columbus, better known as The General. I'm sure that's an homage to General Winfield Scott.**

It is nice to know a name, but don't forget that when we're in the energetic, we don't have a name per se. We have a signature that's based upon our total experience and evolutionary level, so we work with that. That's how we know when we've worked with somebody before. We go like this, Oh, I feel comfortable working with this person. You feel like you've worked with them before. You feel like you've got some déjà vu with them, because you have worked with them before. You don't get that through having a name. You get that through being in their space and that's the energetic signature.

- **It is not necessary to compare ourselves with others, yet occasionally it happens. There are some who appear to be far superior, advanced, see things, know things and yet it sometimes makes us feel inadequate, yet we are not inadequate. How do we see more that we are all of the One, no better no worse than others?**

Basically, we see that you have to think of it in terms of roles, and the way that people have decided to be of service to others. And that is that sometimes some of us come down with more connectivity than we do in previous incarnations. So for instance, I might have come down in a previous incarnation totally ignorant of the greater reality and just be living in a completely immersed incarnation, for instance, being a farm worker in the sort of 17th century for example. Yet in this particular one, I've got a bit more connectivity, but again most of the time it's to do with the evolutionary level of not just the incarnate aspect but the True Energetic Self.

So the thing to do is not worry about it and just get on with what we're doing. It seems a bit blunt, but you know, we can't compare ourselves to others, because we've chosen the situation that we're going to incarnate into and the individuals that we may interact with in this particular incarnation. And so that's our way of experiencing, learning and evolving. And that's our way of ensuring that there's a diversity of experience and a diversity of learning and a diversity of evolution that allows the Source, and therefore, the Origin to experience everything in every way it can do, in every diverse way it can do and in every detailed way it can do and not have any holes or gaps. So think about it this way. We're doing it our way, because we're filling the gaps in. And it doesn't matter whether you consider yourself to be more highly evolved or less highly evolved than somebody else, it doesn't matter.

(45 min) What you're doing is of extreme importance. It's not only to the evolution of yourself and your True Energetic Self, but also to Source as well. So think of it in those terms. It's really important.

- **How do we stand up for ourselves, especially when we get the sense that if we do, we may hurt another's feelings? Yet we need to speak a truth that we may feel. What is the best way to handle the situation of standing up for yourselves or not hurting another person? What is the best way to learn and detach at the same time?**

Well, basically, the best way to learn is to experience the ability to be detached and not get emotional. Once we start to get emotionally attached to a certain interaction with individuals and a certain desired outcome that we start to lose the opportunity of having a neutral outcome that's going to benefit both. So for instance, if you do see something incorrect happening, for instance, somebody's throwing some paper on the floor, when they could've put it in a trash bin, then you say, Excuse me, you've dropped this. I'm sure you'd like to have put it in a bin. And if they laugh and joke at you, then you say, Okay, then your learning is that I've told you now and you put it in for them. You don't try to persuade them otherwise, because you probably won't.

But the thing is that you've offered them a chance to make a change of thought process, a change of action, and if they don't, you just show by example. And it doesn't matter that you from the ego's perspective have lost the argument, so to speak, what you've done is you've created a condition where you've sowed the seed of the correct way to act in this particular civilized way, which is to not throw the rubbish or the trash on the floor, but to put it in a bin or the trash can. So it's really about putting yourself in the observer position, where you're neutral. Use the observer self.

And again the book by Susan Thesenga called "The Undefended Self," which is an old book and the methods being used are very dated now, I feel, but actually I think they probably are coming back in to their usage now, because we having dropped down the frequencies, they may become more relevant than they were, you know, about five years ago. But the observer self is a perfect way of doing it. Observe yourself in a neutral way and a loving way without trying to be too hard on oneself, without trying to be too light on oneself, just observe it as if you're watching television, and you're watching a documentary, but there's no emotional content.

And that means that whatever you're doing can be improved or not improved. If it can't be improved, forget about it. If it can be improved, next time we get into that situation in that circumstance, then we improve it. And that's as simple as that. We don't need to go back every other day and think, Oh, I could've done that better or if I would have done this now, I'd have done this better. We don't need to do that, we just close the issue. That just creates a downward spiral, which creates dissatisfaction with how we've interacted with what we've interacted with under the circumstances.

Note that in actual fact, what we've done is the best we could've done at that point in our existence. So how we've responded with individuals in different circumstances in different environments at one point is what we could've done and the best we could've done. If we then subsequently find out that we could've done better, the next time we're in that situation, then we'll attempt to give ourselves the time to realize that this is a new, reoccurring opportunity to respond in this particular way in this circumstance with these individuals in a better way. And we choose to do that better way. And that's the way to think about it.

- **In Kevin Moore's interviews on "We Are Channelers" - how many of those channels are truly channeling the groups that they think they are channeling (e.g. archangels, ETs, whatever, high-level entities) rather than some astral entities? What is your sense?**
- **What percent of those who appear with Kevin are legitimate? Is this helpful to support Kevin in his channeling pursuits? Some of it feels so lame and weak, it is disappointing to hear some of the information that just does not sound very truthful or helpful.**

Well, basically, what Kevin is doing is he's giving us a broad brushstroke of those individuals, who are suggesting that they are a channeler or a psychic or a medium or whatever you want to call yourself. And he's giving the broad brushstroke of those who are good and those who aren't so good. And so it's giving you the chance to realize that there are people who are good at what they do, and there are people who are just starting out, and there are people who are controlled by the ego. They think they're doing it, but they actually aren't.

(50 min) So what we need to do is to use it as a learning opportunity rather than saying it's a good program or a bad program. We're to say, actually, what Kevin is doing is a good thing, because he's showing the total diversity of individuals and their abilities within the genre of service to incarnate mankind. And so think of it that way. And when you see that there are those who take advantage of people, because they're able to do so, because they call themselves something, then you know how to avoid them.

If on the other side you've see how somebody is really good and can prove that they're good at what they're doing, but they're not consumed by the ego by being good, then again you've seen the other side, where you've seen that the true and strong individuals, who are doing what they're doing. So the answer to the question is specifically use your intuition. It's all about giving you the benefit of working out yourself really and seeing the complete opportunity of those who are good vs. those who are not so good, those who are lying to themselves, those who are lying to the public, those who are being of service to the public, those who are being of service to themselves as well, and those who are just jumping on the bandwagon and creating it.

So it's a case of just you're being given the total spectrum of what's out there and, as you said yourself in this question, you're starting to realize that some of it is not as good as it's supposed to be. And then use your intuition to work out which those individuals are who are, shall we say, charlatans vs. the real thing. And that's the way to look at it. And I believe that's what Kevin's trying to do. He's trying to show the whole spectrum, not just saying they're all channelers, but just showing the whole spectrum to allow you to make up your own mind based upon your own intuition and your own experience in the past.

Okay, so that's a good question, that, and I'm sure that Kevin will smile, if he listens to this, because he'll know that the interpretation of how to look at his program is the right way. Okay.

##### **5. Why is Krishna's image depicted as a blue skinned being, almost an androgynous figure? Is that an Atlantean leftover species? Or what? (US)**

Yeah, I mean, we just discussed this earlier on in the questions. Basically, this is to do with those of status and stature and financial wealth, where they showed their wealth by manipulating their genome or having high levels of surgery, for instance, that changed their skin color from one color to another. It was either purple or blue or green, okay. And don't forget that some of the purple colors are actually a throwback from the Sumerian era as well, because the human genome then had a purplish skin rather than the white skin or the brown skin we sort of see and the variations in between that we see now.

Green and purple and blue, specifically green and blue were those that were generated as a function of showing one's wealth and status. And so was the use of various different forms of body form or function. So just mixing with the animal genome, for instance, or just the head of an animal or the lower body of an animal, for instance. It was all part of how Atlantis got corrupted.

- **White Children - please give us an update? Where are the ones that are here now? Why aren't they coming here already, when we need them? Are they waiting for higher frequencies?**

Actually, I've not considered the White Children for a long time and what I'm sort of picking up here is that in essence, they're still growing. Again there's going to be twelve of them still. Four of them are going to be qualitative, four of them are going to be quantitative and four of them are going to be a bit like Babaji in the back room, so to speak, orchestrating from a position of, shall we say, solitude or being out of the public image or limelight.

So what I'm being told here is that they are still going to be equispaced around the world, in twelve equispaced areas around the world. But I've not seen...I'm being told there's a possibility of one being born in the next 2-5 years. That's a bit open, isn't it? But the others...I'm being told the planet is now so that they're coming in at stages, not all at the same time, because we're being given the chance to self-recover. The White Children are really there to help us out later, to start to create a focus, when we understand that we need to focus rather than trying to turn the big ship around, when it's going full steam ahead and there's no desire to turn the big ship around.

(55 min) So when we start to realize who and what we are and we collectively start to change our tune or our way of being, then we'll start to see these children coming into prominence. In actual fact, **Greta Thunberg**, I've just been told, this young lady from Northern Europe [Sweden]...okay, yeah, is one of them. Now I didn't pick up this one in my first channeled information, because I was basically communicating with, shall we say, their parents, not the actual children themselves. So I was finding out where they were. There was one person actually in Hawaii, who was a caretaker of one rather than an actual parent. There was a couple here in the London area, who were going to be the parents of one. And there's a lady in China, who I met in 2014 and who was again the mother of one.

But this lady, Greta Thunberg, I'm being told is like a prerequisite function. She's showing that you don't need to be adult to be considered to be an authority or an authoritative figure. And so I'm being shown she's a precursor, because when they start to become more visible to us, they won't be totally adult. They'll be teenagers or just very, very young or even in their early twenties some of them. So we're not going to see people who are like old, who are coming along and showing us how to live, experience, learn and behave. They're going to basically be people, who are classified as being just average individual people.

And this Greta Thunberg is one of those, but she's like a scout. **She's not actually a White Child**, I'm just being told. She's like a precursor to show that we can't rely on longevity as being a prerequisite for individuals, who are able to understand what's going wrong with society. So she's one of those individuals, who's going to change our way of thinking and behaving and acting and will help us to recognize the others, when they come along.

So I'm pleased you asked that question actually. I didn't expect that to come out about this young lady. And also one thing you do want to notice is that she's a **walk-in**. The soul that animated the body to a certain point was there just to get the body to a certain point. That soul has moved out and the soul that's come in now is the one that's going to do the job. So if you look at anything to do with her, she's a completely different person now than what she was a couple of years ago. That's another big sign that the soul within that body is a walk-in. So Greta Thunberg is a precursor, somebody who is going to make us sit up and take notice of other individuals of similar ages or just slightly older and their ability is to be knowledgeable and authoritative beyond their years. That's one way to think of it.

- **How many types of Anu particles are there? In "The Curators" (p. 311-312) you wrote: "There is more than one type of Anu, and Anu are always paired together as opposites. You are already aware of the left-hand and right-hand Anu. There are also up and down, forward and backward, within and without as a standalone Anu. There are**

**also standalone forward and backward Anu to the up and down, left and right, and forward and backward Anu.” This is a bit confusing to follow without an image.**

Yeah, I can understand that.

- **How many types of Anu are there in total then? We used to think there are just two forms: negative (yin) and positive (yang) with energy going in at the top and out at the bottom. Are they arranged head to head, butt to butt, side to side, diagonally, or every which way? Can you give us some kind of an image to help us?**

(1 hr) Well, the image of the Anu right now, which is the popular image created by Besant and Leadbeater, who were western yogis. They're the first individuals, who were taught by eastern mystics to be able to enter into samadhi or astral travel and see these things...basically, shows that they're intertwined with each other, but also within and without each other.

And what I'm being shown here is the actual image of what they've created is good enough. But rather than thinking that they're left- and right-hand, but they're also up and down. So think of it in terms of a mirror, so left and right are a mirror of each other. Then up and down are a mirror of those left and right up and down. And then we've got forwards and backwards as mirrors of those as well. So think of the mirror image of the left and right to get the up and down, the forwards and backwards. And that's the way to think of it.

I'm being told there's left and right, up and down, forwards and backwards, and within and without. I'm being told there's around eight. Let me just meditate on this...well, that number 8 correlates with the different variants here: the up and down, left and right, forwards and backwards, within and without. That's the eight. I'm being told that that is what they are. There's eight Anu, and each of them have a left and right version, so you've got left and right, forwards and backwards...and within and without.

So those are the eight variants, left is one, right is another, forwards is one, backwards is another. But also you have to think of it in terms of it's not quite strictly true that there's eight, because there's eight pairs. So the left and right are the starting point and then the mirrored image of forwards and backwards creates 2, 4, 6, 8, 10, 12, 10...okay, 10. It looks like there's 10 there, but we need the within and without, all those 10 are duplicated again, so you've probably got 20. So that's the number of Anu. I'll have to write this down myself, because it's interesting.

So you've got left and right, that's the start point. Then you have left and right, which is forwards. Left and right, which is backwards. Left and right, which is up. Left and right, which is down. And then you've got all of those as within and without. Okay, so it becomes a doubling of that number. Okay, within and without. Okay, 10...it looks like 30, doesn't it, according to if my calculations are right. So 10 duplicated into the within, which is 20, and 10 duplicated into the without, which is 30. So it could be 30 in total, 30 different individualized types. As they say in a certain car advert, you do the maths!

So think of them in terms of the same image, but they're just duplicated forwards and backwards like a mirror. Mirror going forwards, mirror going backwards, mirror going up, mirror going down and mirror going left, mirror going right, which is what they start with, and then within and without for all those different variants. Okay, that's the end of the questions.

### **Part 3. Meditation**

(1:03) I'm just going to go into the meditation now, which is to help us become more connected with nature again. I've done this before, but I'm going to do it again, because I think we need to.

And I'm just being told that the soul or the incarnate aspect that is in the Greta Thunberg body is very pleased that we're doing this. Okay, very pleased that we're doing it.

And while we're doing it, we should also think about those individuals, who are working on helping those people, who are within the various different countries that are being exposed to this coronavirus as well, which is a way in which the Earth is trying to control it a little bit and make us realize that we should be thinking about working with each other rather than working in a selfish and a materialistic way, so it's teaching us how to work together again.

If you think about it, we work together really well, when we're at war with each other. You know, each side, each individual on each side work together to help each other to feed ourselves, repair things that have gone wrong, etc. But with a virus, there's no sort of sides, it's just everybody trying to fight the virus, so again we're working together to help each other. Again the people in China are stuck in their homes and there's people being of service to other people, because they can't get out to the shops, for instance, or they can't get things that have gone wrong in the house fixed, for instance, if there's a leaky tap or there's an electric plug that needs a new fuse in there, for instance.

So people are starting to work together again. So if there's a positive thing about this virus, it's showing us that we need to move beyond the physical in terms of being materialistic, and we need to also start to work together in terms of looking after each other and being of service to each other as a result of it. So this virus is helping us do that. And in real terms, the Chinese by closing down the way they have done and quoting the World Health Organization's leader has bought the rest of the world a lot of time. So we need to thank the Chinese and the Chinese government for doing that irrespective of what you think about them. So I think that they have bought the world a lot of time actually, and again it's making us work together again rather than work in an individualized, selfish, materialistic way. Okay, so let's connect with nature, shall we?

Please download the high quality MP3 File to do the guided meditation with Guy Steven Needler via his website or blog (meditation starts around 1:06 hr).

(1:17) Closing comments: Okay, so that's the end of this February Satsanga on the 28th of February 2020. And just to remind you again of the different workshops that are available on the website, **BeyondTheSource.org**. Look for the **Events** tab on the top and go down to the **Workshops** and you'll see the different workshops that are there. There was the workshop just finished in India on the 12th-16th of February. The Swiss one, which was supposed to be in March-April looks like it's going to be next year now. We're still discussing that with the wonderful lady, who is the organizer. Again a similar thing, we've got a plan for the 29th-31st of May for Slovenia. There are tickets there to reserve your place on this workshop. Again there's an early bird price as well, so the early bird price finishes about a month before the actual event.

The two workshops for the China in May and November-December is right now on hold, because we're still having to work out how we're going to start those, or when we're going to kick them off again, because of the China being on lockdown because of the coronavirus. And then we have the next one in the next workshop in the United States, which goes from the 16th-20th of July and is in Irvine at the School of Multidimensional Healing. And look at their website: [www.heartspaceoc.com](http://www.heartspaceoc.com) and you can look it up on the Facebook link on my website or via Eventbrite as well. Again the link is on the website as well. Then there's a contact email address there, just click on the links there to the lady, who's organizing it, a lady called Faith, who's sorting it out for us. So those are all on the Events tab and the Workshops page.

Okay, so looking forward to working with you again and look forward to seeing you or hearing you or sensing you in March, at the end of March and namaste to you all and God's love to you

all. And have a wonderful day and a wonderful time and don't forget, you can play this back and share it with anybody you wish. Okay, namaste and goodbye." END

**NOTE: I have prepared a searchable pdf document with ALL World Satsanga Lectures, Questions and Answers collated from 2016-2020** to make it easier for us to see what questions have already been asked in previous Satsangas and what answers were given at the time. This will allow us to ask NEW questions or ask similar questions from a different angle after reviewing what we already know. This document is over 600 pages, so don't try to print it out.

You can go to Needler's website ([www.beyondthesource.org](http://www.beyondthesource.org)) to find the document at this URL:

[www.beyondthesource.org/wp-content/uploads/2020/06/All-World-Satsanga-Transcripts-2016-2020.pdf](http://www.beyondthesource.org/wp-content/uploads/2020/06/All-World-Satsanga-Transcripts-2016-2020.pdf).

OR simply click on "**All Transcriptions**" here to go there.