

November 24, 2018 - Pre-Recorded World Satsanga for The Kevin Moore Show

Transcript of Pre-Recorded World Satsanga by Guy Steven Needler:

"Welcome everybody to this World Satsanga held on Saturday, the 24th of November 2018 in conjunction with Kevin Moore and The Moore Show. And again many thanks to Kevin for all the work he's doing in spreading the word, spreading the truth and exposing what appears to be mysteries as well in terms of understanding what the greater reality is. Last time I spoke to Kevin by the way he was still in the US doing the work on his latest documentary, so keep going Kevin. You're doing a great job.

Okay, so let's go to the agenda for this month's Satsanga. First of all, there's a short talk by myself on "How the frequencies hide what is not visible on the Earth and the physical universe?" And then we've got what is supposed to be 30 minutes of questions, but might end up being more like an hour. There's a lot of questions there and a lot of good questions as well, which are specifically aimed to understanding who and what we are and understanding more about our greater reality.

And then the end of meet meditation is a meditation to help us make the right decisions in life. This is particularly important, when we're faced with the dilemma of going one way vs. another — having choice or choices to make and to move forwards. Okay, the first part...

Part 1. Lecture on "How do the frequencies hide what's not visible on the Earth and the physical universe?"

Well, if you think of it in terms of layers, in computer-aided design, when we build something or we design something, like a house or a car or an airplane or a piece of furniture or a piece of electronics, like a computer, we put things on different levels — and we can either seal the levels together, which gives us quite a solid "3D" image of what we're trying to design, or we can turn off certain levels or layers and only see certain aspects of that design.

Such as with a motorcar, it could be we can see the whole car, or we can just see the chassis or the body in white, or we can just see the electrical wiring harness (or the "loom" as we used to call it), or we can just see the power train, or we can just see the suspension, or we can just see the fuel system, or we can just see the trim and hardware. And a similar thing for a house, you can see basically the bricks, or you can see the woodwork inside, or you can see the central heating system (whichever system is being used), and you can see the electrical system as well. So it's really about layers and layering and switching these things on and off.

So if you use that as an example, and then think of it in a slightly different way, the layers being appropriate to a certain frequency level, then you can see that if you're only able to switch on certain frequency levels — and in terms of the human eye, that will be the first three frequency levels; scientific mankind calls them three "dimensions" but my understanding is that dimensions are a much higher piece of structure than what is purported to be dimensions; we actually live in a frequential state within a dimension — then you only see or experience what's in those three frequencies. So in essence, we only see what is gross physical.

Now when we work on ourselves and we try to experience more of our reality, more of our incarnate reality, we can raise our frequencies higher — now we do this by meditation, being of service to others, or other things, doing various different workshops that are out there, including my own "Traversing The Frequencies" workshops. And when we do this, we raise our

frequencies. As we raise our frequencies, we give ourselves the ability to access other levels or other layers, so to speak, of the physical universe.

Now for those of you, who remember the information that's part of "The History of God" and the "Beyond the Source" books, and of course, "The Origin Speaks," you'll understand that the physical universe is the only universe that uses twelve frequencies to create it, and that's because they're all low frequencies. And so above the 12th frequency, a particular frequency itself will and does have the capability of housing a self-contained simultaneous universe in its own right. But the physical universe, which is within the first full dimension — everything else is in other dimensions — needs all of those frequencies associated with it. And so basically we have a condition, where we when we're incarnating, we're only exposed to those levels.

(5 min) Now if we were incarnating into a different frequency, let's, for instance, say we didn't incarnate on Earth, we incarnated in a different galaxy within the physical universe. And we subsequently incarnated within a different frequency within that galaxy, we would be able to see and observe — let's say it's the fifth frequency — we'd be able to see and observe everything in the fifth frequency and the fourth frequency and the third frequency and below. And so the higher the frequency you are, you can see more of the content associated with what's on the Earth, for instance, or other planets or systems or galaxies that are based upon the third and fourth frequencies from the fifth frequency. But you can't see the sixth, you can't see the seventh, you can't see the eighth, ninth, tenth, eleventh or twelfth. This is because we have a demarcation between these frequencies.

Now in some cases we don't have a demarcation. In some cases, a locally high frequency or area within a lower frequency can be in contact with a locally low frequency within a higher frequency. And that's how sometimes we get this merging or where the frequencies collide, so to speak, and we can move through different frequencies (higher and lower frequencies) by using this natural sort of phenomenon, which is created by us, as we work with that particular frequency. Or we can use some sort of a mechanical means or a higher energetic function to be able to create the ability to jump between frequencies.

This is only available to us, by the way, if we incarnate at frequencies that are quite high actually. Right about the fourth and fifth above us, you start with mechanical means, but when you start to get to the eighth, ninth, tenth, etc. and above, you're starting to use more spiritual or energetic methods of doing things using intention. But in essence, what we have is the ability to see those layers or levels of frequencies and the content associated with those frequencies in the physical universe that you're on or incarnate on or into and below, but not those above, because it's a different condition. We are able to see that which is below us or around us, but not above us, unless we work on ourselves. It's a universal law.

So basically, everything that's on the Earth now, that we see now on the Earth in the physical universe from our perspective is within the gross physical frequencies, the first three frequencies. And we can see these with our physical eyes. And we know that our physical eyes are limited. They have a visual range of between 400-700 nm (nanometers), which is really small. And we also know that there are other things that can occur at slightly higher frequencies or slightly lower frequencies, so we have the infrared and the ultraviolet. And we know that we can transmit things and perceive things by having our machines working sort of around those areas, so we can see through things by using x-rays, different versions of irradiation being used.

And we can also transmit on microwaves or ultra-high-frequency rays or very-high-frequency radio waves, so we know that things do exist above our visual range, but we have to use mechanical means to be able to access those. But all of these are still within the first three frequencies. They're not quite in the fourth frequency. So there are things within the third frequencies that we can't see, because they're slightly higher than the third frequency, they're

not into the fourth, then it stands to reason that there are things that are on the fourth, fifth, sixth and seventh and up to the twelfth that we can't see. And so it's about positioning of frequencies. Once we can position ourselves in different frequencies, we can access everything that's in a particular frequency that we put ourselves in.

If we're on the twelfth frequency, we see everything that's in the physical universe. And although right now, when we look at the physical universe with the Hubble telescope, for instance, or other telescopes that can see long distances or close distances, we start to see lots of blackness in between sort of bright areas that we attribute to being galaxies, and there's billions of galaxies within the first three frequencies associated with the physical universe. And there's even more associated with the fourth and fifth and sixth, etc., etc., etc.

So although we see mostly nothingness in between these little bright lights, which are galaxies, and nothingness in between the little bright lights, which are solar systems or suns and planets, when we go up the frequencies, we start to see these gaps, this darkness (if you want to call it that) filled in. So the higher up the frequencies we go, the more content we see — not only on our own planet, because there's lots of content on this particular planet, the Earth.

(10 min) It's a panfrequency body — it exists on all twelve frequencies. And so therefore, there are things here happening — beings, entities, constructs that they use to experience and stay here that are only available on those different frequency levels, or on those frequency levels and below, for instance. So the higher up the frequencies we go, we see more content. So when we get to the twelfth frequency, this universe that we see is mostly black with the odd little bright dot of a galaxy ends up being actually all white as an example with very little black spots in between, if any at all.

And so it is simply about accessing higher frequencies. Think of it as well a little bit like using a radio tuner, when you select a radio station. Now a digital radio is difficult to understand, because we select a program, we select a station. But in the old days of frequency modulation (FM) or amplitude modulation (AM), we basically selected a frequency. And as we move from one frequency to another, you moved out of the ability to receive one radio station to a higher frequency, where you'd receive another radio station. And you receive these radio stations in isolation.

And that's exactly the same way as the frequencies in the greater reality work as well. The higher up the frequencies you go, you can access different things. But whereas with the radio system, you can't access those stations below you, because you're focused on one particular frequency, and therefore, the radio station on the higher frequency within the multiversal environment and certainly the physical universal environment, when you're higher frequency, you can access everything below you as well.

Okay, so that's how the frequencies hide what's not visible. It's simply a case of positioning frequency. And although we have an example with radio, for instance, and we have the example with the computer-aided design, it's actually a case of not separating things out, but adding things on. So as we go up the frequencies, we add our ability to see things at our level and below, but not above. Okay, so we don't go up to the fifth frequency and only see what's on the fifth frequency. We can if we want to only select what's on the fifth frequency, for instance, but we can do but we don't tend to. We tend to sort of observe what's on the fifth frequency but we can observe everything that's on the fifth, fourth and third.

Sometimes when we get up to the higher frequencies, we can separate ourselves out and experience only what's on those levels. Certainly in the fourth frequency, it's very much a case of you can see what's on the fourth frequency and what's here, and to some extent the fifth. When you get to the sixth, the entities there would tend to focus on the sixth only, and then at

will would be able to access what's on the fifth and the fourth and the third as well. Okay, that's that particular lecture on how the frequencies hide what's not visible on the Earth and the physical universe.

Now we've got a lot of questions actually, which I want to go through. There's probably around quite possibly 15 or 16 questions or more actually. So we'll move on quite quickly.

Part 2. Questions and Answers

1. Tom Campbell, the author of My Big TOE [Theory of Everything] says that Mediums and other individuals who access dead people do not really access dead people. They only access the programming for that dead person, because the program has all the information about our example "Bob" (or Brian or Mary) and can send info to Mediums to assist or guide others through mediums, etc. Does this depict Mediums' access correctly? Please explain. (FN)

The first question is from FN and there's ten questions from FN, so that's a large chunk. Well, basically it's another way of saying that the dead person, or should we say the personality associated with the dead person— that personality that's created through incarnation that's associated with the sentience that's projected from the True Energetic Self — is in essence the True Energetic Self or a small part of it.

So when Tom says we're accessing the programming, if you substitute the word "programming" for sentience, and then you understand that it's the sentience associated with that part of the True Energetic Self, which has been separated out to become incarnate, then it's the same thing. And also if you think of it in terms of...and I think I'm going to have to add on the presentation on "What We Are — How We Incarnate" to this particular lecture, because that explains a bit more about it.

But basically, as we become disincarnate, we have a number of different — probably six I believe, might be seven, I can't remember — different ways in which we re-commune with our True Energetic Self. And one of those, in fact there's a couple of those, which means that we maintain our individuality, but we either stay projected from the True Energetic Self or we enter a number of different forms of communion, where the sentience is distributed or diffuse within the overall body of sentient energies that is the True Energetic Self.

(15 min) And so if you get to the point, where "Bob" in this example has gone into full communion with the True Energetic Self, the True Energetic Self to enable the medium to be able to contact the sentience that was Bob would need to reconstruct that sentience in an individualized sense temporarily to allow that medium to access that which was Bob. Or in fact, the True Energetic Self itself could access that which was done by that smaller version of its sentience, that smaller aspect of sentience whilst incarnate to answer the questions on behalf of itself — itself being, allowing a smaller part of itself to become Bob as well. So sometimes mediums do access the True Energetic Self.

So with the Tom Campbell example, try to substitute the words that are used. Try to substitute his description by saying "programming" to sentience, and the smaller aspect of sentience, which is separated out.

Okay, right, the next question here...and I don't see the indication of where it came from was, but basically let's start with the full part of the question.

- **You wrote that “Simply put, when an Aspect is connected to the True Energetic Self (TES) in this way (this must be in a form of communion, for instance or otherwise), it has access to all the information that the TES itself has while in communion with The Source.”**
- **Are we able to elevate ourselves as an incarnated aspect in this physical universe and connect to TES at a higher level of frequential state and access all the information available?**

Yes, we can, but it's very hard, because we are totally programmed unfortunately from birth to believing or even feeling that we know that the physical universe is all there is. And so we have to completely divorce ourselves, detach ourselves from this feeling. Meditate, meditate, meditate. Get to the point, where we actually do manage to project our consciousness out of the body — a lower form of that is astral travel, a higher form is moving beyond that and traversing the different frequencies. And so then we can access the communication between us, other examples of aspects projected from our True Energetic Self and our True Energetic Self itself, and of course, the Source.

So it's really about working hard on ourselves. And the biggest enemy we have is mind chatter, so we have to really work very hard beyond that. You know, some people take 30-40 years; some people can do it in four months. It just depends upon how focused they are.

- **You wrote that you accessed this information because you are OM, but that appears not to be the norm. How do we accomplish the same?**

Well, anybody who is dedicated can do it. I mean that clearly some of us are able to access it quite quickly. I actually took quite a long time, although relatively speaking compared to somebody who's taking 30 years mine was quick. But it needs to be dedicated information.

Blank mind. Accept everything, but question everything. Dedication to understanding the information and working forwards. And having regular, regular meditations or practice on focusing and connecting with your True Energetic Self or Source. Anybody can do it, because we're all connected to our True Energetic Self. Anybody can do it, because all of our True Energetic Selves are a smaller aspect of Source. So in essence, we're all Source. So anybody can do it, it just needs focus and the ability to detach from this particular physical aspect of what the Source is in its multiversal environment.

- **Is the author Tom Campbell like you? He seems to give similar info in a more scientific and mechanical way. Kindly elaborate?**

In effect, Tom has found a way to link into the knowledge that's out there within the Source that's accrued by other projected aspects on behalf of their True Energetic Selves, which is accrued on behalf of the Source in his own way.

(20 min) And because of his training and his information, he is presenting it in that way. And this is important, because really we all learn in different ways. We know this, because when we go to college or school or university, some teachers or the way they teach rings true with us and we get on well. We can understand the information that he's in. Some teachers don't teach us in the way we would learn, and therefore, we struggle to get an understanding of the knowledge there.

So in essence, he's not like me in terms of my heritage, but he is like me in terms of his ability to latch on to or to log into the information and present it in a way relevant to his own physical training. I think I answered that question.

- **What does this mean: "As you are aware there are various other forms of free will that include various forms of collectivity as part of its functionality?" Kindle page 2595**

In effect, there are different forms of free will. There's different forms of collective free will. Now totally individualized free will is what we're experiencing now.

But there's other forms of free will that are not totally collective, that are assigned to a collective, where one example of almost total free will is where you have individualized free will, but you're governed upon how your actions, responses affect the rest of the collective. So you would naturally have laws within you that said, Okay, if I do this, this is going to affect other individuals in this way, so therefore, maybe I'll do it in a different way, where it doesn't affect them too much. And that's what the sort of higher end of sort of free will within a collective is.

Other levels of free will would be, for instance, you're able to work in a free will way in a very limited context, that allows you to do the work you need to do on behalf of the collective, but only in a way that is effective for the collective. And that means that you may, for instance — using the example of the human body — if you're a liver cell, you can do everything that you want to do as a liver cell but nothing more. That's the sort of idea. Whereas if you are another cell, for instance, like a brain cell, you have the ability to do whatever you can do as a brain cell but nothing more.

Whereas if you have other free will, a different level of free will, like for instance, as a cancer, you can create yourself to be something like a liver cell but not perform like a liver cell quite, but have that performance be good enough to confuse the liver and the liver cells and the white corpuscles and the body's immune system to make it think that you're a liver cell but you're not. So that's a little bit of free will that's just outside of the total collective condition.

So there's different types of free will. And I can't remember which book this is in, probably "The Origin Speaks" and probably in "The Anne Dialogues" but it's worthwhile reading, because free will is a very interesting subject. And the ways in which we incarnate in various different parts of the physical universe also dictate what level of will we have, so to speak.

- **You wrote that: "Not all Aspects that are projected away from the main body of TES energies have free will." How could an aspect that is projected in this Earth physical life be without free will?**

Ah, right. What that means is that basically, it's an aspect that's projected away from the main body of the True Energetic Self [that] may incarnate in a different location within the physical universe, a different frequency and obviously, in a different planetary or galactic location. And they would not have free will.

There are also aspects, of course, that don't have total free will, and those are the animal aspects that are projected down from the True Energetic Selves that don't have the same quality of sentience that our particular True Energetic Selves do. So they don't have the same level of free will that we do, so to speak. And sometimes they don't have free will at all and we have quite a lot actually. There are entities that have incarnated at a higher frequency that are on the Earth that we can't see, because they're of a different frequency, but also have no free will at all. They are part of a collective. Some of those beings or entities we've met actually.

I keep saying “being” and “entity” but actually they’re different things. And those of you, who remember the lecture on what’s the difference between a being and an entity will understand, that one’s based on being created by Source or a function of Source, such as our True Energetic Self [“entity”], whereas the other one is based upon this sort of natural sort of Darwinian evolution of energies that group together and collect together and eventually have this desire to collect together and sacrifice whatever individuality they had, i.e. as an individual energy, to become part of a collective to create a bigger entity [“being”]. Well, I hope that answers that particular question.

- **What does this quotation mean: For information, the human vehicle is not only used on the Earth. As you can see from the diversity of the human race, it is not possible for so many variants to come from the same planet. “Each of them has been used to seed the planet with a variant of the human form that was in harmony with the changes in the frequencies and environmental conditions as they (the incarnate vehicles) descended the frequencies.” page 3051 Kindle?**

(25 min) Well, basically, there are other locations within this particular galaxy and other galaxies that are similar, so to speak, and where the general human form operates well in. And so there have been times, when those entities, who were working with the opportunity to use individualized free will as an evolutionary accelerant on this particular planet, recognized that rather than redesigning the vehicle, they would be better off using an existing humanoid type of vehicle that existed on other planets or galaxies that were of a slightly lower frequency. And so those bodies were appropriated or transplanted onto the Earth in preference to creating a new lower frequency vehicle, one that was able to cope with the drop in frequencies.

And so there’s been a number of different superceding humanoid bodies that have been transplanted on Earth to (if you want to call it this) make a short cut in the ability to have to redesign a body that’s capable of working in lower frequencies. Now some of these vehicles obviously were higher frequency than where we are now. So for instance, Afro-Caribbeans or the Asians or the Indians, for instance, they may have been a higher frequency, and when you moved them into a lower frequency, their bodies would have been struggling to work here.

So in general, a lot of these vehicles started to malfunction or malfunction at these different frequency levels. But we did have a form of Darwinian evolution, and so some of these bodies did in fact adapt over “time” or over event space to the lower frequencies. And that’s why we do have different vehicle types, different skin colors, different statures, so to speak, even slightly different genomes associated with those different body types that were transplanted on the Earth at different frequential levels and they’ve managed to survive. And this is why we’ve still got the plethora of different bodies.

And then also sometimes we do have bodies that are of the third frequency level, that have been transplanted here as well. This is where we are and what we’ve got now. There are bodies that are in between, so to speak, some of these major genomes, and they’re not specifically “hybrids” or mixed race marriage productions, for instance. They are simply that they have been transplanted from a different planet that is very, very close to the Earth, but when these incarnates would have incarnated into these bodies [outside of Earth], they wouldn’t have had free will. The body isn’t the vehicle that has free will. It’s the sentience that has the free will. That’s worth noting.

- **Based on what I read, it seems that ancestral karma makes no sense and it cannot exist, is this correct statement? If not, why not?**

Yes, basically, ancestral karma is suggesting that we have taken on-board karma from a family member. Well, we can do that, if we wanted to assist a particular aspect [soul] of a particular True Energetic Self and remove that karma by acting out that karma for them or experiencing different things that negates that karma. But in general, we don't. In general, the karma or all the addictions to or the needs to go over different functions of existence and create a better response to those different interactive conditions or environmental conditions we find ourselves in in a more effective and efficient way.

(30 min) So it's generally what we've accrued and not what other entities have accrued that we are working with. There are some brave souls, who do come down and help other aspects out, if they've got a lot of karma by taking on-board some of their karma for them. And it may well be that by some strange coincidence that that particular aspect was part of the same family line. I mean, bear in mind that family line and where the aspect comes from in terms of its True Energetic Self are not generally linked.

Sometimes you get the odd condition, where there's two aspects in the same family from the same True Energetic Self, but that's extremely rare and not at all common. And so generally, it's associated with the individual's aspect or soul.

- **You said master guides work with 12 guides and their wards and also their own 12 wards. Is that correct? If so, why master guides also get wards when they can only guide the guides? What kind of wards do the master guides manage? Kindle p 3602?**

Yeah, absolutely, the master guides — this is a humanization of the word really. I mean clearly the word “master” is something, which we use to show demarcation in the level of function and responsibility associated with these entities that are in service to us by helping us navigate through incarnate existence to accelerate the accrual of evolution on behalf of our True Energetic Selves, and of course, Source and ultimately Origin.

So let me read the rest of the question. Well, sometimes master guides have newly achieved this sort of level of responsibility, so they're still looking after their wards. A “ward” is an entity or an aspect [soul] that is incarnate. And sometimes they take on-board the governance of a ward, who has a very important thing to do, and so therefore, it needs to have a master, you know, a master guide or somebody or a guide, who has lots and lots and lots of experience and ability as well to be able to navigate or help that particular aspect or soul navigate through the important levels of responsibility and function it's got to do in this particular incarnation. And that's answered the next part of the question.

- **What kind of wards do the master guides manage? Kindle p 3602?**

Usually those aspects that have got a lot of important responsibilities to go through and activate through. And sometimes it can be a very, very difficult life they have to go through — this so-called “rags to riches” — not specifically, rags to riches financially but rags to riches in terms of their intelligence or their ability to change the lives of others and change the directions of others as well. So it's very important individuals usually.

- **You wrote: “The number of helpers that a particular Aspect has looking after it is variable and is dependent upon the level of help the Aspect needs at a particular point in its incarnation.” Kindle P 3617**
- **Why some aspects have number of helpers? I understand aspects may require that at a particular point in its incarnation. Why an incarnate has 30 or 6?**
- **Do more helpers and guides signify a specific task or juncture for an incarnate?**
- **Is an aspect incompetent or inexperienced to have multiple guides? Or is the aspect too experienced and needs multiple guides to achieve specific goals?**

Yeah, sometimes a multiple guide condition is only when you’ve got one guide handing over to another guide — for instance, if there’s going to be an evolutionary jump in frequencies. The number of helpers, for instance, is specific to the complexity of the incarnate’s life plan. How many individuals do they need to interact with? In what environment? And at what junctures within event space? And sometimes they need a lot and sometimes they need only a few.

And in real terms, there’s no correlation either between the overall complexity and the number of helpers. So if you think of it in terms of well, this person has got a complicated life plan, they may only need to have six helpers. Whereas this person has got a very simple life plan, this person has got 30 helpers. But you can have somebody with a simple life plan that’s got six helpers and somebody with a complicated life plan who’s got 30 helpers. And it’s to do with how they want to maintain that simplicity or that complexity. And how they’re moving from one point to another point, to interact and interface with others, who are part of that life plan.

(35 min) If you think about it, sometimes somebody has to have a really simple incarnation and be kept away from the possibility of gaining karma, because they’re getting close to jumping from one frequency to another. They’re getting close to having an evolutionary jump or even moving away from the need to incarnate. So these helpers, and maybe even with two guides, are being kept really close to the goal posts, narrow goal posts associated with the glide path that is their life plan, so they don’t stray. So they only need to do what they need to do and that’s it, and that’s why they might have a lot. Otherwise, it could be that they’ve not particularly got to the juncture, where they’re jumping a frequency, but the life plan is simple, and so they don’t need a lot of individuals. So there’s no correlation in terms of numbers of helpers or more than one guide vs. the complexity or simplicity of the life plan.

- **You also said: “The more advanced an entity is, the more evolutionary content it can accrue and therefore the more it can donate to those that help it accrue evolutionary content, such as guides and helpers.” Is this a reason one aspect could have a large number of guides and helpers? Kindle P 3789**

No, basically, there is no correlation between the number of guides and helpers and the ability for a particular entity to accrue more evolutionary content than another — although those, that guide and the helpers, that are associated with that particular entity will benefit.

Now guides and helpers aren’t part of the evolutionary cycle, so they don’t accrue evolution themselves per se by the work they do. But they can accrue evolution by the grateful response of a particular entity giving them evolution, so to speak. So it’s not like an “evolutionary tax,” for instance, or paying for the service saying, Thank you for helping me, here’s some evolution! It’s simply a case of, Well, I’ve accrued a lot of evolution here and it may be it’s more than I expected, so you can have some as well. And this happens a lot. And so basically, the guides

and helpers, they evolve sometimes faster as a function of helping multiple wards than the actual wards themselves would do on behalf of their True Energetic Self. So I hope that answered that question. Thank you very much FN for asking those questions to me.

2. The question is about Karma. I did read your book on “Avoiding Karma.” (EM)

- **The more my consciousness expands in this human experience — it already is expanded, the more I am told that there is not really any Karma — there is no “resolving” of anything.**
- **Karma has so many connotations — good or bad — if this happens to you than this or that has to happen to you to ‘balance’ things out and on it goes. Even Universal situations (karma) are just an unfolding of consciousness and it is all perfect in its experiences.**
- **The ‘I’ that is me is here to experience and manifest whatever it wants — and it is all beautiful, magnificent and magical. It leaves no residue behind that needs to be resolved because it is all LOVE being played out in whatever form it takes. With this awareness I can no longer see Karma, only Love acting out its many forms.**

That is a higher level function. In essence, when you start to get to that position, the attractivity, the addiction, so to speak, of that which happens in and around us whilst we’re incarnate disappears. And we start to realize that everything is done by ourselves to try to evolve. And even when we’re doing things that other people think are bad, for instance, or we see other people doing bad things, we start to see these individuals and think, Well, they’re doing their best to experience, learn and evolve whilst being incarnate. And so we look beyond the actions from a human perspective and we see it in a completely different way. We see it as being a function of the overall experience of the aspects, the True Energetic Selves, Source and Origin.

(40 min) And so we do then work in a completely different condition of Love, and it’s a much higher state of beingness than human love is. It’s a level of complete understanding. And when we understand totally and we work on this level of understanding, the addiction or the attraction to low frequency thoughts, behaviors and actions disappears. We interact with others in a really efficient and perfect way. We experience experiences in an efficient and perfect way, and we don’t get addicted to or attracted to anything. Once we’ve achieved this, we then move beyond the need to incarnate, because we’ve mastered it. And then we continue to have our evolutionary progression in the energetic without any need to incarnate.

One or two of us do come back once in a while, or feel a need to or sometimes say we’re going to help out in a way, which is benign, but nevertheless directional. But in general, once we’ve gotten to the point, where we don’t need to incarnate, we don’t. Good question, thank you.

3. Hi! This is a question about abortion, how does that sit with The Source? How does that affect the women’s life path, their journey? Do some women choose to experience that in their life or is it the choice of the babies Aspect/shard? Is it counted as Karma? (MS)

Again you have to look at a higher perspective. It’s about experience. The individual mother might want to experience the gestation of another form within it, another incarnate vehicle within it for a certain period of time, and then no longer want to experience that as part of its incarnation. And similarly, an entity may wish to be associated with such a function of being part of the gestation of an incarnate vehicle up to a certain point and then detach from it.

So it’s not a condition of, shall we say, is it going to affect us from a karmic perspective? It’s usually part of a plan, usually part of an experiential plan that both the aspect associated with

being the mother and potentially the father and potentially the child in its embryonic state wanted to experience in different ways. They all wanted to experience different aspects of that and then move on. We don't all want to experience a whole life. We don't want to experience being born. We sometimes want to experience the condition of connectivity with that which could be born, for instance. So we've got various different things here, which are sometimes abhorrent to the human condition, but actually very benign to us, when we're in the energetic.

4. Hello again! One of my friends who proofread the translated chapter of "The History of God" asked me to ask you this question. (MO)

This is another wonderful person, who is working on translating one of the books, "The History of God" into Japanese. So thank you very much. And there's a couple of questions here and one is from an individual, who is working with MO.

- **"I've heard that this is a holographic universe and created based on math. If so, does prime (prime numbers) have a pattern, or it is completely at random?"**
- **And also how do other alien races with higher technologies use prime (numbers)?"**

The physical universe is part of the multiversal environment, as we know. And so it is based upon a structure, and that structure is a function of Source. And Source has a structure that's a function of the Origin. And so with it being omnipresent, you could use the word "holographic" to describe it, because holographic is not two-dimensional, it's sort of three-dimensional from a physical descriptor — not a frequential or an environmental condition. So I'm not using the word "dimension" here just to describe an environment. It's a state of solidness, so to speak.

So holographic means within and without, everywhere. So these things can be described [in] a number of different ways. Mathematics is one small and actually inaccurate, but nevertheless one way that is used by a number of different civilizations that are within the gross physical frequencies to describe it. Mathematics is just one way of describing things. It's inaccurate, but it's one of the purer ways — so it's one of the more purer, inaccurate ways, so to speak. So maths can go a certain way and then that's it. It fails to go any further.

(45 min) And prime numbers are sort of a function of mathematics that are sort of recurring and pure, so to speak. The function of 12 within and those numbers, which can be divisible within the 12, such as 1, 6, 2, 3 and 4 and 12 itself are all parts of that 12. And this number 12 is part of the function and the structure of the Origin, Source, True Energetic Selves and ourselves as well. And so sometimes we have to use some functions of math associated with our structure to create those which we need to create. And sometimes the mathematics explains it and sometimes it doesn't. So sometimes these numbers are used as part of a standard function of understanding, and sometimes the mathematics associated with it is accurate and sometimes it's inaccurate.

- **And also how do other alien races with higher technologies use prime (numbers)?"**

Well, other alien races with higher technologies would move beyond these things. They'd go into a different state of understanding of the structure associated with the environment that they're in, that frequency that is part of the physical universe that they're incarnated into to be able to create that which is there. Once you start to work with moving with frequencies and energies to create things rather than basic manufacturing processes of cutting something or generating something, you start to use different functions above that which we would think about as being a solid basic foundation of a particular level of understanding, in this instance, maths.

- **The man, who asked this question is a cook but we're very interested in physics. He would be delighted to know the answer.**

Great. Well, I hope this answers the question. It's great that you're a cook and that you're interested in physics as well, metaphysics. Metaphysics is that which is beyond physical physics. Okay, great. Thank you very much. Thank you for your interest. And thank you for helping to spread more levels of deeper understanding. You don't have to be an engineer or a scientist to want to understand and to understand the greater reality.

- **And following is a question from MO: Congratulations on signing the contract with OMP! I am very excited to know that "The Curators" is going to be published next year. It feels really long until the book is available for us.**

Unfortunately, this is almost a standard publishing time with my publisher. Massive, bigger publishers, huge publishers can truncate that time or make it smaller, but in general, there's about a nine month wait or time period between the acceptance of a book and it being on the shelves. Great, so the excitement is there, thank you very much.

- **So would you share what made you feel most excited to find out and why while you were channeling information for this book as a teaser? Thank you very much.**

So basically, what was the most important thing that came out of this particular book? I was amazed at the number of individual entities that had the ability to work with the different forms of event space and the different realities. That was the thing that I found most exciting. And actually most concerning, because I was really starting to wonder whether I was going in circles.

But actually, when you look at it, and I don't even think I'm scraping the surface with the information in the book in the slightest, but if you look at the different functions of event space and how it's changed around us, and the fact that it's fluid. And that we change it. And our guides and helpers change it. And there are other entities that aren't also of service, but they maintain the structure of our multiversal environment, and they also change it to effect more efficient interactions with the content of the multiverse and the individual entities that are incarnate or disincarnate within the multiversal environment can experience, learn and evolve from it is amazing.

(50 min) So you start to think to yourself, Well, actually if everything is manipulated in such a way, is there such a thing as free will? And you start to realize that free will is sort of limited in all sorts of different ways. But we would need to understand that as we experience something from our individual linear way, other aspects of us are experiencing these different experiences in different ways, in different realities, in different event spaces in slightly different ways.

So then you start to understand that some of these need to merge together. Some need to split out. Some need to form different versions of event spaces, and some need to be terminated. And so this is what some of these Curators do. And I was amazed to find out that the number of different versions of event space, the number of different versions of realities or environments, and the different entities that are able to manipulate these things or govern these things or maintain these things. That was the most amazing thing for me. So thank you. Last question for us all and I'm pleased that we're moving through quite fast actually, so I'm a bit pleased.

5. Here is a question that addresses many serious health issues for which your guidance as a healer is needed: (US)

- **It is becoming increasingly clear that chronic inflammation is the root cause of many illnesses, including heart disease, many cancers and the newly emerging epidemic of**

Alzheimer's disease. We know that a poor diet, lack of exercise, stress, genetic predisposition and exposure to toxins can all contribute to chronic inflammation.

- **We can make some lifestyle changes (e.g. anti-inflammatory diet, supplements, fasting, regular exercise, stress relief, adequate sleep, etc.) to improve things physically, but more importantly, what could we do from the energetic perspective?**
- **Would you please give us more guidance and/or a meditation to deal with these multifactorial conditions, such as Alzheimer's disease, which is not a single disease or one-size-fits-all. It's more like a roof with 36 holes and plugging one hole is not enough.**
- **How can we prevent it or reduce its expression using energy healing, even if it's part of our life plan (or at least in some parallel lives)?**

In some instances Alzheimer's disease, whether it's related to things like dementia or Parkinson's related to dementia and the vast plethora of different versions that move off the beaten track, can be associated with one's life plan, one's desire to experience different levels of sentient function or conscious function as well. And also sometimes it can be associated with the way in which the aspect or soul is detaching itself from the incarnation whilst still maintaining some level of connectivity with the incarnation.

So you do get souls that start to reduce their sentience, the connectivity of the sentience to their incarnate vehicle gradually, and that shows up in the ability for that body to appear to function properly from a consciousness perspective. I'm not going to say from an animated perspective, because they can still animate the body, but it's from a conscious perspective — like logging into different experiences that have been achieved previously either instantaneously like minutes ago or years ago.

So it can be attributed to the detachment of the soul gradually before finally allowing the body to demise and moving back into the energetic. But also there is a lot of it to do with the lifestyle — not specifically associated with psychological issues, although psychological issues associated with stress can create levels of what we call dementia or loss of memory. That's basically due to just trying to do too much stuff. We can all experience that, and so we have to write things down, which is good practice actually.

But the other side of it, which is the foods we're having. Now I've said this many times — if you look back about 40 years on some of the television sit-coms or even the films, a lot of the actors are thin. Why are they thin? They're thin, because they're eating whole food. They're eating food, which they've bought from a green grocer, from a butcher, from a "fruiterer" and it hasn't been treated with pesticides. It hasn't been preserved. It hasn't been pre-prepared. It is something we've made ourselves. We've made apple pie. We've made steak and kidney pie. We've made chicken pie. We've made leek and Stilton pies. We've made various different things that are based upon us taking the raw ingredients ourselves and doing it.

(55 min) When we start to get prepared foods from supermarkets, where you've got pre-prepared pies, meals, all these different things, the preservatives that are in them and the fat content that's in them is ultimately a level of poison. It creates disharmony within the body. And the fats associated with them are more easily absorbed, they're a bit addictive to the body, so it absorbs those fats faster than it absorbs natural fats.

And those natural fats are what we use as part of the physical function of allowing the brain to act as a cognitive vehicle for us, to help to pass on the understanding of that which is the sentience from the aspect that sits in the soul seat, which we sometimes call the core star (in Barbara Brennan terms) to being accessed and functioned through the communicative core of the body, which is called the brain. And so we start to lose that ability. And so the good fats are ignored in favor of these bad fats basically, and this is because of the preservatives that are there.

And when we exercise, the body naturally uses the good fats to exercise, but leaves bad fats there, so we have more difficulty in losing fat as well. And all of these fats are used or different types of cholesterol are used by the brain at a higher level to assist in the connectivity between the sentience associated with the human form. And so we also get this inability to connect from a physical perspective to our energetic perspective as a function of it, because it's dysfunctional. The energies associated with it are not in harmony with us.

And so these pre-preserved foods that we are eating and also the predominance in the taking of supplements for instance, or medication for instance, also creates a disharmony as well energetically and results in a lack of sentient functionality or consciousness, if we want to call it that from the physical perspective.

So really, we have to start to go back to basics foodwise. Really getting whole foods that aren't preserved, but which are cleaned in a very correct way, that doesn't use preservatives or doesn't use chemicals, but allows us to remove any bacteria that's there. Sometimes bacteria is good for us, sometimes there's good bacteria in yogurt, for instance. But also we have to make sure we understand which bacteria aren't good for us, and what is created through some of these different cleaning processes that use chemicals, or what kills off certain bacteria that are good for us, but leaves bacteria that aren't good for us, for instance.

So really remove stress for a start off, remove the use of pre-prepared foods, start to create your own foods as well, and by taking basic raw foods and going back to cooking properly. Or eating raw food, for instance, raw vegetables is superb. We eat fruit raw generally, don't we? So raw vegetables, raw fruits, paying attention to the fact that some of the coverings on fruits and vegetables are good for us as well. And also moving away from doing too much work, getting regular sleep and regular exercise as well.

There's a whole bunch of different things there, but the big thing is go back to moving away from pre-prepared and preserved foods. That's the big one. Okay, so that answers that question I feel. Please see the additional bit below (not heard in the recording):

- **Is it possible to modify the expression of these conditions through some energetic means, like the meditation given in our June 2018 World Satsanga to heal any organ or body part? Please advise. Clearly this is of concern to all with a genetic predisposition to things like Alzheimers, Parkinsons or other dementias.**

Yes, I feel that it can be changed by using Psycho-Spiritual Programming to change the function of the gene at the RNA level (RNA energetically programs the DNA to function or not). Psycho-Spiritual Programming is something that Source has allowed me to develop and it is being explained, along with my other healing modalities, in my next book.

Part 3. Meditation

(59 min) So the last part of this Satsanga is to go through the meditation. It's to do with **helping us make the right decisions in life**. So this is really using your intuition, using your ability to understand and log into self.

Please download the high quality MP3 File to do the guided meditation with Guy Steven Needler via his website or blog (meditation starts around 1 hr).

(1:15:40) Closing comments: That's the end of this month's Satsanga on the 24th of November 2018. And just to reiterate what Satsanga means — "sanga" is like meeting, okay. It's a Hindu word and so it "sat" and sat is a way of saying God or God consciousness, and so Satsanga

means we're in God consciousness together. So World Satsanga means that we're all in the world in God consciousness together. So I hope that helps to understand the word satsanga. I'm sure there's a deeper Hindu meaning associated with it as well, but that's my loose understanding.

Thank you everybody for listening in. Thank you all for wanting to understand a bit more of the greater reality, and thank you for listening and reading the transcription, which US will do. And thank you for Kevin for putting it on his YouTube channel later and allowing a different medium of dissemination of the information as well. Thank you everybody and blessings to you all. God's love to you all. And I look forward to presenting December's Satsanga to you in a month's time.
END

For more information, please see:

[2015 Guy Steven Needler What We Are – How We Incarnate
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