

September 29, 2018 - Pre-Recorded World Satsanga for The Kevin Moore Show

Transcript of Pre-Recorded World Satsanga by Guy Steven Needler:

“Welcome to this World Satsanga being held on the 29th of September 2018 in conjunction with Kevin Moore and The Moore Show and you can visit Kevin’s YouTube channel (The Moore Show) to see all the things that Kevin’s doing, what he’s broadcasting and the important information on different spiritual angles that he’s uncovering and presenting to those people in the human race, who are interested in understanding parts of the truth. So thank you Kevin for all that work you’re doing, and thank you Kevin for also presenting and broadcasting the Satsangas on your channel as well.

So this month we are going to talk about what a life plan is, and what its purpose is. We’re also going to go through a whole bunch of questions that people have sent in — different people this time, so I’m really pleased about the different angles that people are asking questions about. And then we’re going to go through a meditation to contact one’s guide and helpers. Because being able to communicate with our guide and helpers also helps us understand our life plan and helps us go with the flow, and we’ve got a few questions surrounding that as well.

Part 1. Lecture on “What is a Life Plan and What is its Purpose?”

Well, when we are in the energetic in between incarnations, we choose or our True Energetic Self, which is sometimes called the Oversoul or Higher Self or Godhead — it all means the same thing, it’s that much larger part of us that remains disincarnate and in the energetic — decides to reincarnate and it also decides, or we can decide within it (depending upon our level of contribution towards the evolutionary level or status or progression of our True Energetic Self), we can also decide what we want to experience within the next incarnation. And that creates a plan, so to speak.

Now it’s very simple in saying it like that, but it’s quite complicated, because what we do is we understand from a very high level what we want to experience. That can be a career. It can be a sport. It can be certain things around us. It can be environments. It can be partnerships. It can be ways in which we experience our incarnation from, you know, a health basis, whether it’s a disability or it’s extreme fitness or health, extreme longevity, short longevity, specialisms, you know, whether we contribute towards the wider community, whether we are helping others spiritually or whether we’re just being immersed in our incarnation.

All these things come into play when understanding and deciding upon what we want to do and where we’re going to do it. The thing is it’s a very loose plan insomuch as if we don’t achieve it all, it’s not an issue. We can add it on to the next incarnation, should we wish to do so. And if we do achieve it, but we’d like to achieve it in a different way, we can again add that on to the next incarnation. So the interesting thing to understand is — (chime...that was a rather annoying message from Microsoft saying that something’s been updated. I didn’t expect that, let’s see if I can turn this speaker off, that’s better. So we were annoyed again by Mr. Gates. Sorry about that, but sometimes your software is a bit intrusive. I can imagine a few people are laughing at that).

So what we have is a plan, which is based upon a number of these experiences. Now some of these experiences also include things like karma, how to overcome certain karmic effects. And those of you, who have listened to the Satsanga about what karma is, will understand that sometimes it’s about how we interact with our environment, and how we interact with others within our environment, because working in low frequency environments can be quite addictive

and we can crave to come back into an incarnate state to experience things like physical sensations and having sex, for instance, nicotine in smoking, alcohol, certain different things, like being fit and healthy, you know, sort of experiencing the adrenaline rush, when we're doing extreme sports, for instance, these sorts of things. We can crave these things, and these can be an addiction, including things like status, material wealth, position, being a noted individual and having people look up to us — all these things can be part of our addictions to coming back to the physical. And so we have to overcome those to help us become or master our incarnations, and therefore, move to the point where we need to incarnate again. And a life plan can incorporate this as well.

(5 min) In terms of our interactions with other individuals, this can be that maybe we've helped somebody experience something in a previous incarnation, and then we want to have that reciprocated in this incarnation. Or somebody has done something to us that wasn't part of the plan, for instance, and there needs to be some level of reciprocation there to negate the karma. The old thing about an eye for an eye or a tooth for a tooth is to sort of balance out the column between two people and therefore negate it. But we can also learn to forgive and forget and that's the most powerful way in which we can negate karma or karmic links between two people. So all this can be part of the plan as well.

So the purpose of the plan overall is to allow us to master incarnation, so you don't need to come back here any more. And this takes a long, long time, lots and lots and lots and thousands and thousands of different lives. It can be to negate the different karmic links with individuals or how to navigate through different karmic situations or be able to move through different interactions with individuals that could accrue karma, but negate them. And also the various different things that we want to experience in this particular incarnation, and that can be addictions to security. It can be addictions to wealth. It can be addictions to being in various places, wanting to be seen and heard by people.

All these different things can be part of a life plan, including where we live and the body that we're in that we incarnate into. And that can be things like bodies that have disabilities, things like Down syndrome, for instance, things like Aspergers, things like having cancers at a certain time, all these sorts of things are things that we think, Well, that would be nice to experience that. From a human perspective, we think, What's nice about experiencing cancer? But when you're in the energetic, it's a completely different thing. It's, Ah, that would increase my evolutionary progression by experiencing that and going through the mental and physical aspects associated with having cancer, for instance, or having some of the illnesses or some of the ways in which we are struggling with our incarnation, some of the challenges.

So think of these things as challenges. Try not to think in the human term, because this really does negate a lot of things. It makes us not want to engage with our life plan. So a life plan is a series of goals basically. We want to experience this, we want to experience that. We want to be this, we want to be that. We want to be a master of something, like a consultant surgeon, for instance, or a politician or a leader or a craftsman, you know. We can be all these different things. We can want to be leaders of an organization or leaders of society, for instance, we can work on that. And we can also work on our spiritual input as well and say: Well, we'd like to be able to provide some level of help for those who want to see the greater reality and move forwards as well.

And so these things, there's no real roads to them apart from the feeling of needing to do them. And our guide and helpers (and we'll go through this meditation later) will help us achieve these goals by pointing us in the right direction, organizing things in the background, so that we meet the right people at the right time in the right environment with the right circumstances to be able to allow us to recognize that we want to go down this road rather than that road, experience this

rather than experiencing that, and feel good about this and feel good about that, and be objective about what we're experiencing.

So the life plan is a series of goals basically, based upon all these different criteria. The free will side of it is as follows: There is no hard and solid path to go from A to B. We can choose to go through iterative loops. We can choose to go straight there. We can choose to go up a mountain and over a mountain. We can choose to go around a mountain. It's about how we get there that makes the free will side of it enjoyable.

For instance, we may want to be a veterinary surgeon. We may decide that we want to do it as soon as we leave our university education and go straight into veterinary college. Or we might decide to do it later in life after being a veterinary nurse, for instance. So the way in which we do it is up to us. I mean, for my particular instance, I gained my Masters degrees in my thirties and forties, not straight after going through a post-school and then college and then university education.

(10 min) So I achieved my education in a different way in a...you could argue a harder way, but some people might say it's an easier way. But the thing is there was something in my head somewhere that was triggered by my late wife, Anne, that allowed me to think, I need to be able to go and gain these higher levels of education. And so with the support of my late wife, who supports me now, by the way, and is always encouraging me to move forwards and keep going, I achieved what I was supposed to achieve, which is going through a level of two different types of education: purely basic craft-based education associated with being a tool maker and then moving into electrical electronics and management.

And so these things allowed me to experience a number of different...a plethora of different experiences and different levels of education, and therefore, give me a depth and breadth that is not unique, but it's something that's enabled me to be able to understand some of the concepts I'm being given as a result of the meditations I'm doing now and obviously, the books that are being written as a result of that. (Excuse my froggy throat, there's been a bit of a bug going around my environment, both in my previous location, which I've just come back from Crete, and the people around me now. So if I sound a bit croaky and a bit monotone in voice, it's because these things are happening around it from an illness perspective. I'm not quite ill now, but there's something going on with the voice.)

So we know, we have this gut feeling about what we want to do and it's how we get there that counts. It doesn't matter how long it takes to do it. It doesn't even matter if we achieve it or achieve half of it. It's about understanding that we've experienced it and we move forwards as a result of that experience. Now some people you'll note never finish anything. They go into an experience — (excuse my creaky chair, it's rather quite an old antique chair and it's quite comfortable. If I do move around, it does creak, excuse me on this) — but when we go through these life plans, it's important to recognize that how we get there doesn't matter.

If some of these people, who only experience a quarter of something or an eighth of something or a half of something or all of something, if they don't finish anything, it's because that's what they're supposed to do. They're supposed to experience enough of what they're being exposed to to give them a level of progression that they desire from that. So people may want to experience knitting, for instance, but learn to knit something and that's it. They may want to experience a martial art. They'll get to a certain level and that's it. Then they might want to learn how to fly, for instance. They'll get their pilot's licence and that's it. It's all about experiencing what you want to experience and that's enough.

So the life plan isn't about perfection. Some people do reach perfection and that life plan may be the one you reach professorship, for instance, in a university or in a medical environment, for

instance, or some other sort of research environment. But it's how we get there is again up to us. So the life plan is a series of goals that are there as a result of what we've chosen to do together with our True Energetic Self and our guide and helpers in a particular incarnation that is designed to help us progress further from an evolutionary perspective.

Our free will side of it is how we experience those different goals. The thing is that we experience them in different ways. Some people experience them in depth. Some people experience them in various levels of depth or "nondepth," so to speak, or just passing by. So the free will side of it is really how we interact with those goals and how we achieve with those goals, because we don't know the best route forwards. There is a best route forwards and that best route is up to us. So if we want to experience something fast, we will do. If we want to experience something slowly over time, we will do. That's the free will side of it. That's what makes it interesting and enjoyable being in an incarnate state. If you were in a maze and you knew how to go from the outside of the maze to inside the maze straightaway, what's the fun in going in a maze?

(15 min) If you have to work out how many turns left you have to do, how many turns right you have to do and then remember all that, so that you can reverse it, how many turns right you have to do and how many turns left you have to do to come back out of the maze, that's part of the understanding. That's part of the enjoyment of learning. And this is what's part of it as well. It's all that learning as well, so the purpose of the plan is to learn, is to be able to gain the confidence to trust ourselves, to understand our intuition and go with the flow, so to speak, and understand it.

If you notice, when we go against our life plan, things get really hard. If we try to push things too hard, things get really hard. If we go with the flow and we act upon things that are presented to us in a timely manner, things happen fast. Things happen without friction, without resistance. When we try to go too fast, we get resistance. When we try to go too slow, we get resistance. When we are off track, we get resistance. And some of these things that are put in our place to put us back on track by our guide and helpers can be quite profound. And sometimes they can be quite unfavorable is one way of saying it.

And sometimes we can lose our jobs, you know, like our career can go completely awry, because we've gone in the wrong direction. And although we've experienced something and that's not lost, the actual aim was to experience something else. And so our guide and helpers put us back on track by working in the background with the guides and helpers of other incarnates that we're interacting with within the environment that we are a part of to help us go back on track, so that when we interact with those others that we're supposed to interact with, we benefit from the interaction and they benefit from the interaction as well.

Okay, so that's what a life plan is. It's a series of goals to help us progress from an evolutionary perspective and those series of goals have an amorphous way forwards, which includes our free will as to how to achieve and go from this particular point, this juncture in our existence to the next juncture in our existence. And so our way forwards, our road to achieve each of these goals is up to us. It's part of our free will.

Okay, well, I hope that makes things a bit easier for people, because there's lots of conjecture about life plans, as to whether we have got free will or not, or whether they're solid or whether they're there at all, whether there is such a thing as a life plan. Well, there is but again it's a series of goals and how we get to those goals is purely up to us in our current almost "deaf, dumb and blind" state. Okay, right, let's go through these questions, shall we, because there's a lot of questions here today and there's a lot of interesting questions as well. A lot of questions by WP (and excuse my creaky chair again).

Part 2. Questions and Answers

1. Let's call the Earth experience populated with sentient beings a "world", then how many physical worlds are there within our Source Entity? How many non-physical worlds? If all humans currently on planet Earth were to disappear, would Source Entity be diminished? (WP)

No. If all humans or all entities and beings — because remember there's a difference between an entity and a being, but generally it's the entities that are incarnating — left the Earth, Source Entity wouldn't be diminished, because this is simply a place where we are incarnating into. It's an environment that we experience to progress our evolution basically. So looking at it from the question, how many physical worlds are there within Source Entity?

Well, the physical worlds are all within the first universe. And if you classify them as gross physical and physical universe, then we have physical worlds that are of our frequency that we can see now. The first three frequencies are the gross physical, and there's those worlds or planets that are occupied and they are in the higher frequencies associated with the physical universe. Those frequencies above what we can experience now from our tactile sensory perception, kinesthetic perception, and our visual and audio perception, okay, which is the first three. Above that is the fourth, fifth, sixth, seventh, eighth, ninth, all the way up to the twelfth frequency. Those frequencies are required to make up the physical universe.

And there's planets in all of those. There's environments in all of those, where some form of incarnate vehicle, whether it's a lower frequency and gross physical or a higher frequency in the tenth, eleventh and twelfth frequencies, are allowing entities or beings to incarnate into to progress through evolutionary progression as a result of experiencing low frequency environments.

(20 min) So there's countless basically. Those countless worlds specifically are the gross physical. If you think of them as being billions of galaxies within the physical universe that are attributed to the first three frequency levels, i.e. the gross physical ones, i.e. those that we can see or the stars that we can see through our current telescope technology, then multiply it by the countless thousands or even millions that are available within each galaxy, you can see that there's millions and billions of planets — that's this level.

And then you look at those that are panfrequency, which the Earth is — the Earth experience is visible on all twelve frequencies, but there are those planets that are only visible from the fifth frequency upwards or the fourth frequency upwards or the ninth frequency upwards. So then you have to multiply that figure I've just given you for the gross physical by the different frequency levels as well. So then it's basically millions and billions to the power of 10, to give it an example. So there's no way that the Source Entity is going to be diminished.

However, as I'm just thinking about this and I'm just being given something to explain to you, the Earth right now is the only planet where we're allowed to have free will. So the opportunity for us all, as True Energetic Selves and Source, to experience an evolutionary progression in the accelerated way that is happening now would be reduced. So there would be some level of slowing of the overall evolutionary progression, if we didn't work on the Earth now. We will, of course, migrate beyond the need to be on the Earth, and when we've moved past that and our free will is recognized as being an evolutionary accelerant, then the other vehicles that we can incarnate into in the rest of the physical universe will also be used.

And then when all those individuals or entities and beings have got to the point where they have mastered incarnation, then there's no need for any of us to incarnate into the physical universe, and so we'll move beyond that and that won't be used any more. We'll move into the next level

of frequencies and just keep continuing to experience those. That's quite a long answer to a short question, so I hope that helps. Next question from the same person.

- **When someone is murdered at a young age, such as Molly Tibbetts most recently in Iowa, was that part of her life plan? And if so, there must be something terribly wrong with this whole business of planning destructive incarnations. An objective observer might conclude that the whole system is dysfunctional. Nihilism comes to mind.**

Sometimes the life plan includes a termination juncture, and that termination juncture can be chosen early on, so it could be the second termination juncture, it could be the third termination juncture or etc. Somebody in a young age might be going through the second termination juncture, so it may well be that this was part of her plan to gain a quick exit from her incarnation. And so that means that it's just a way of moving on. I mean some people choose terminal illnesses, for instance. Some people get killed. Their incarnation terminates in accidents, those sorts of things.

But it might also be part of her experience and part of the experience of the person who terminated her incarnation. And so there may have been an understanding between these two entities, the killer and the killed, so to speak, that the one would experience doing the killing and the one would experience being the killed. And so again, we have to look outside of the human thought process and realize that it's just something that we're experiencing. And although we get very tied up in our incarnate state and very fond of our human body, it's simply a vehicle that we use and we should respect, of course. But it's just there to use to help us experience, learn and evolve in a low frequency environment. It's nothing much more than one of a series of suits of clothing that we use, for instance, and we discard afterwards. So I hope that helps that.

- **Regarding the higher frequency New Earths, Is the fourth frequency Earth yet to be populated in terms of our third frequency timeline? I assume in terms of event space, it is already populated, and that all Earths exist simultaneously. Are the continental and oceanic structures the same Earth to Earth? Are the buildings the same? Is the history the same?**

(25 min) From an event space perspective, yes, everything is happening concurrently, so that's if you wanted to move into a different event space, you could use your meditation to allow you to work with event spaces, you'll be able to experience these different Earths concurrently. And people who move into different event spaces are people who are able to predict the future, because they move from one event space to another.

In terms of the continental and the oceanic structures, are they the same? In general, it's the same planet but at a different frequency level. So the answer is yes, although the population will change. If we consider that everything is happening concurrently, and we move from one New Earth to the next New Earth, you know, from the third frequency to the fourth frequency or the fourth to the fifth or the seventh to the ninth, for instance, jumping around, then we would see that there's a cumulative effect on what's on the planet.

And so there's two things. If you look at it from the outside perspective, you'd see everything bunched together. So if you're on the ninth frequency, you'd see everything that's on the eighth, seventh, sixth, fifth, fourth and third frequency levels all together. Although if you just focused on the ninth, for instance, you'd only see what's on the ninth, because the others would be sort of phased out, because they're outside of the physical or frequential bandwidth, so to speak, that is associated with that particular frequency.

And so there's two things occurring. One is that the outside observer can see everything that's occurring in all of these different Earths, and those that are focused on a particular frequency

would only work on that frequential level anyway, and so they wouldn't particularly want to see or observe those New Earths below them. But they could if they wished, but they generally don't, because there's no point in doing that. Although there are individuals, who do move down the frequencies to interact with those who are at this level, but they have to protect themselves frequentially by some mechanical means, for instance, while maintaining their own frequency. Or if they've got a quite a high level of evolutionary progression whilst being incarnate, then they will be able to create their own protection, as they go down the frequencies.

So the answer is yes, it is populated and it is being populated on a sort of regular basis by individuals, who move from one level to another level. So there are individuals, who are progressing from the third to the fourth, and those who go from the fourth to the fifth. But not many go from the fourth to the fifth. They tend to be incarnate vehicles that are being used by other people, like aliens, for instance. We call them aliens, but they're just incarnate vehicles that are naturally existing on the fifth level, for instance, and they can visit the Earth and see what's happening and access the different frequencies associated with the Earth, and can therefore, see what's happening on these different levels as well. And some of the vehicles they move around in we call UFOs and sometimes we see them glowing, which is their protective shield that keeps them at their own high frequency existence. Okay, so the next part.

- **Regarding incarnation, do we only incarnate on the Earth timeline as we know it, meaning into the Earth's or other planet's future relative to our last incarnation, or can we incarnate into any timeframe, past, present future in no particular sequential order, e.g. next incarnation as a Roman soldier followed by 23rd century entity? And can we incarnate into Earth four and then back to Earth three?**

Yes, we can, all of those we can do and sometimes we do. But the progression from incarnating into Earth three for instance vs. Earth four and then back again isn't something we would choose to do really. Because in essence, once we've done the lower frequencies, there's no need to be there any more, so we do move on. So if we were going to be moved beyond the need to be in the third, the gross physical aspect of the Earth from an incarnate perspective, if we chose to incarnate on Earth, we'd go up the frequencies above it.

(30 min) So although we can do some of these things, we choose not to, because there's no benefit to us. But in terms of moving from one incarnation to another from different timelines, for example, or different junctures in existence from say the first century to the 41st century, and then from the 41st century to the 29th century, yes, we can do that. It's just that we see things in logical linear progression. Dolores Cannon did a lot of regressions for people and a lot of her work is based upon the regressions that she did and interacting with those individuals, both in previous incarnations, in between incarnations and in this incarnation, and I know that she also encountered individuals in other existences or incarnations that are what we would call the future.

So we can experience all of these things, provided we're able to tap into the right event space in whichever way of doing it we are doing it. So yes, we can bounce around the different things. In fact, when we experience the different frequencies, we don't have to experience those in a linear order. It's just that our evolutionary progression is linear. The next question again.

- **This is a reincarnation question. In the history of the planet as we know it, there has never been a higher percentage of people living above the poverty line than today. Yet, we still have a majority of the people in poverty. There are currently about 7 billion people on the planet, about 3.5 billion are poor by any measure, another 1 billion have an income below the mean income of Mexico. That leaves 2.5 billion that are relatively well off. Further some are born into dysfunctional families, communities and nations and some not.**

Yes, all of this is created by us, the whole of the drama, so to speak, or the worldwide play is created by us. And there are pockets of poverty within areas of affluence, and there are pockets of abject poverty within areas of poverty. And we choose to incarnate into these things. And so when we experience them, we experience them, because we want to experience them — again part of the life plan. But also it's all to do with really being able to recognize that although we live in poverty, we can have a life plan, which means we get out of poverty. Or we have a life plan, where we experience it and we're immersed in it.

And so we do have these pockets of things that we experience. Now at some point, there's going to be a position on the Earth, where we no longer collectively whilst incarnate recognize there's a need for everybody to be, you know, [within] a complete diversity of experience. We would all be of the same level. That's when we become more of a collective whilst incarnate, and we recognize each other's requirements for incarnation and for existence. And so when we get to that point together, there will be a common level of living quality, so to speak, if you want to call it financial independence as well.

But that is quite some time away, when we start to realize that actually we can't exist and survive by having one group of individuals being totally affluent and opulent, whereas others are digging around the dirt. There has to be a common point, where we think, Okay, I can be selfish and gain all this, but how does that work? It only helps me in this incarnation and after that, I've lost it. So what's the point? So when we start to think about this in terms of what's the point and actually, why can't we make the opportunity from my work work for others as well? And therefore, we start to work in lifting the overall living standard and quality to the same level for everybody on the Earth, then we'll start to move forwards into the next Golden Age.

(35 min) So right now, it's part of the plan to experience these things, but eventually, it will be part of the plan to remove these vast chasms of difference in living standards and qualities.

- **After an aspect completes an incarnation, does that aspect continue as a sentient entity, who then somehow plans its next incarnation or is it that the aspect is reabsorbed into its True Energetic Self (TES) and the TES determines through a new aspect what a next appropriate incarnation would be?**

Well, all this is in “The Anne Dialogues.” But basically, depending upon the evolutionary level of the TES and depending upon the work that the aspects that are being individualized from itself (from the TES) have worked and contributed, that aspect can either enter into full communion or a number of different states of communion, that does include various different levels of full integration or full immersion back into the sentient energies that is the TES.

There are times, when an aspect stays external to the TES, but still in a projected and connected state. There are a lot of times, when the sentience — although it's an aspect that's in some state of communion whether it's diverse [dispersed or distributed] or compartmentalized, etc. — can choose what incarnations it's going to have or can suggest that to the True Energetic Self. Or the True Energetic Self will say, Alright, this is the experience I want to experience, therefore, I'm going to use this aspect instead.

So the individuality can be maintained or it can be totally immersed — that's the individuality of the aspect, okay. So it just depends upon the evolutionary level and what the experience is. And another way of saying it, the overall experience of that particular aspect and its expertise in certain experiences is also considered as well.

- **Regardless, it appears, at least on this planet, that the majority of aspects are chosen to live in poverty, most their entire lives. It's as if poverty is the preferred way to accrue evolutionary content — since there is so much of it (and even more in the past). Are we**

who have been born into wonderful families, communities, nations and are currently prospering, doing so because we have already experienced being poor in prior incarnations? And if so, who is the “we” here? An aspect experiencing many incarnations or our TES experiencing many incarnations via many unique aspects?

Well, basically we can move from a life of poverty to a life of absolute opulence and then back into a life of poverty. Just because we're currently enjoying an affluent life doesn't mean that we've moved away from living in poverty. So it's just a way to explain things. But if you notice, people living in poverty in a community that is in poverty, they work together much better than we do as living in affluence. So it's all about how we also work together as well.

So we might choose to live in poverty, because we want to choose to live in an environment, where people work together. And I've noticed this a lot that people work together well, when they are having to work, you know, having to rely on each other to help each other out.

- **One more question just popped into my head as I was listening once again to the last Satsanga. Trying to understand that nature of our True Energetic Self. Does our True Energetic Self experience life as we know it as an individual interacting with other True Energetic Selves within a particular frequency level?**
- **And is it aware of the aspects it has created and the real-time activities of those aspects while it is concurrently experiencing a life experience as well? Does our TES traverse the frequency levels?**

Our TES does traverse the frequencies, but well above where we are right now. It experiences individuality as we do. We are a part from our True Energetic Self, but it experiences it in a different way. The TES also experiences everything that its aspects and shards of the aspects are experiencing concurrently, and that also includes the different parallel states as well. So the TES is quite a capable part of what we are — TES being our Godhead or our Higher Self or Oversoul, it's got to be.

(40 min) So it experiences everything concurrently. So we're only experiencing one incarnation, but it's experiencing all of the incarnations that are possible from it all at the same time and all of the realities associated with those or different parallel conditions as well. So it experiences everything. So it experiences its Self experience and the collective experiences of its aspects and the shards of those aspects as well. Well, I hope that helps answer that particular question.

2. So what exactly is the Flow and how do you see the Flow? If you have intuition and a feeling about something, is that the Flow? (MS)

- **If you think you are Going with the Flow and nothing happens, but you still have the feeling you shouldn't be here, there or wherever, how does the average person recognise this? Not everyone can recognise the signs.**
- **Also if your partner is in a different space, how do you deal with Going with the Flow, or is that part of the experience?**
- **Going with the Flow in this human vessel is not straightforward without great understanding and patience. If you know you are meant to move on from a situation, but seem to be staying still, how is this going with the Flow, as there is no such thing as time?**
- **OR is it because there is no such thing as time, then we are going with the Flow?**
- **Or is it that once you have understood the experience [that] you're meant to be going through, the Flow then happens?**

In effect, as I've sort of alluded to earlier on in this particular Satsanga, when you experience resistance or friction or things being difficult, it's because you're not going with the flow. When things happen in a seamless way without resistance, then that is in effect us going with the flow and experiencing things the way we're supposed to experience it, in the right environment we're supposed to experience it with the right individuals. So it really is about using your intuition or using your gut feeling, so to speak, about really understanding what feels right, what feels wrong.

And sometimes our partners don't go with the flow. Sometimes we go in completely opposite directions, which can cause friction between two individuals. But going with the flow there with two individuals, who are at opposing ends, is actually accepting that that person isn't understanding of what that flow is, and then allowing them to go with the flow by not throwing it in their faces, so to speak, but moreover letting them accept the flow, as it happens in their way as well. So that's also going with the flow, you see.

So we may all think, Huh, he's not going with the flow or she's not going with the flow and me having to wait for them is slowing me down. Actually part of that process is that you're learning to be patient, and that the going with the flow may be going with their flow and not particularly what you think your flow is. So it's all about recognizing and understanding from a gut feeling basis or an intuitive basis what it is, what you're supposed to be doing, understanding that you're supposed to be experiencing some things.

And some of these things we get frustrated with, because we lose our patience with, because we think they should be finished now or moving forwards or we've had enough, so we throw our toys out of the [unclear?] and say, Why haven't you experienced this? Why is it taking so long? It's taking so long, because it's supposed to be taking that long, so that you experience the right experiences during that particular episode or experience within this particular incarnation.

So when things take longer, it's because we haven't finished the experience yet and we need to experience patience as well. So it's very important to recognize that the life plan and going with the flow are sort of linked together, and that when we go with the life plan, things aren't in resistance. When we get frustrated with them, fed up with them or lacking in patience with them, we can create resistance, so therefore, the flow can be interrupted.

(45 min) So the way to just go with the flow is recognize what's happening around you has happened for a reason and you deal with that. You work with it. You don't get frustrated. You don't get fed up with it. You don't think why me? You deal with it in a calm, collected manner that is associated with somebody who is evolved — and watch the flow continue. It may seem simple and too simple, but actually it's all about working with what happens around you and not being frustrated by it or annoyed by it. It's just a matter of dealing with it as it happens and that's it. And when you deal with it, as it happened, and then you can see that you're moving forwards, then you know you're in the flow. Okay.

3. Here are some questions for our next Satsanga about our lifetimes in series and in parallel and how suicide affects us. (US)

Ah, big questions.

- **Since we know that there is no such thing as time and that all lives occur in Nowness, is there a certain SEQUENCE to how our lifetimes play out, so that we can build upon**

the evolutionary content from one life to the next and the next. Otherwise, we would all be omniscient already, right?

- **For example, El Morya has incarnated as Abraham, Thomas Becket, St. Thomas More, Thomas Moore, Akbar the Great, Sri Yukteswar and other characters. These lifetimes don't have to occur in a chronological order, but DO they occur in some "evolutionary content" order?**
- **If so, what is the sequence (series) or order of these El Morya incarnations?**

There are some logical linear sequences that we have, based upon us as an incarnate aspect deciding to see the fruits of our work. So if we have a number of lives that link together, for instance, when we have back-to-back incarnations, where we have a role to play that is not specifically over one lifetime but over a number of different lifetimes that are in a linear sequence, according to our Earth understanding of progression, then El Morya, for instance, would have incarnated in various different individuals that occur in a logical time-based sequence over the history of the Earth, because he will have had a number of lives he wanted to work with a specific piece of work, which would be to help others evolve and progress.

And so what happens here is it looks as if they're going, you know, from the past up to now and up into the future in a logical sequence. But in essence, we don't need to do this sort of work in a logical way. As I've just explained, we can go from the future to the past to the now, which is all the now anyway, by the way — it's only our understanding as an incarnate being that makes us think it's the other way around. But basically it just depends upon whether we feel whether we've got a piece of work to do that means that we want to see the work from the last incarnation and how we can add to that last incarnation in the next incarnation. But there are times, where we just bounce around and it doesn't matter.

So when you see a soul that does appear to have incarnated in a logical time-based sequence, you know that soul has had a piece of work to do, that it has spread across a number of different lives. Sometimes though that work to do, sometimes you might find that there's work happening in a future time that we don't know about, or that work that's appeared in a future time is being fed back into a past time.

So although sometimes these sequences, such as El Morya, Abraham, Thomas Becket, St. Thomas More, Thomas Moore, Akbar the Great, Sri Yukteswar may appear to be in a logical sequence, it may be that actually it's only a logical sequence to our linear perception. But actually Sri Yukteswar may have gone, the El Morya being, or the being that is encountered as El Morya may have been Sri Yukteswar first. Or Sri Yukteswar, then Abraham. Or Thomas Moore, then Akbar the Great. Or Akbar the Great and then Abraham. So there's no sequence, but from our discerning perspective, they can bounce around. But in essence, if we see them in a sequence, it's because the effect is of the work they've done is being linked up by a number of different incarnations that appears to be logical in a linear way.

- **What happens in the case of a miscarriage in terms of parallels? Does that happen only in some parallel lives (e.g. 50% of them) and not in other parallels OR does it vary from case to case?**

(50 min) When there has not been an incarnation, because the aspect wanted to experience just being part of the joining of the mother with the fetus, then my understanding is that there's no parallel conditions elsewhere. The only parallel condition would be with the mother.

- **If the baby soul decides to leave through miscarriage in one parallel, what happens when that woman gets pregnant again?**

So the woman is the incarnate entity that is in different parallel conditions, and so that individual would arguably not get pregnant with that particular soul, who created the miscarriage in the rest of them, the rest of the incarnations. There is some logic to this. Now the logical mind says, Now hang about, it makes sense to be potentially you experience a miscarriage in one parallel condition but maybe not in another one. But it's all to do with the intention or the desire of the being or the entity that is in the fetus, whether it wants to incarnate or not.

If it wants to experience multiple parallel conditions, where in one parallel stream it's incarnate, and another one it's not, another one it's stillborn, or another one it died after three days of being incarnate, then that may well be experienced and there may well be different experiences of pregnancy that that woman may experience. But generally, unless there's been an agreement with the soul that is being incarnated in that mother to do those sorts of things, then generally the mother is only pregnant in one particular reality, so to speak. I hope that helps.

- **Can the SAME baby soul return to the SAME woman in another parallel scenario downstream from the miscarriage scenario?**

Yes, if it has decided to be in different levels of relationship or incarnate relationships with that woman in different parallel conditions, yes, it can. But if it hasn't decided to do that, then it won't do, no. So it's just as I've explained it in the first part.

- **OR is that soul now committed to existing in the earlier parallels, where the woman carried the fetus to term in the first place?**

Again, it depends upon whether the agreement between the incarnate individual, who is the woman, and the incarnate individual, who is baby. Usually, it's about the incarnate individual, who is the baby, who wants to either experience just one level of function of being incarnate or multiple different functions of being incarnate associated to them. So again it could decide that it only wants to experience a fetus growing for three months and then the miscarriage. Or it might want to experience all of those different things and therefore incur the different parallel conditions, where it could experience going through full term, being born and dying three days later, for instance. It could be being born and going to full adulthood. It could be dying on birth. It could be a whole bunch of different things, if it wishes to do so as well.

So it's really up to the entity as to how it wants to experience it and also invokes those different parallel opportunities as well. Something we didn't talk about in life plans, but it can also work on those as well — work on understanding the different parallel conditions, it can work on as well. So continuing this thought process...

- **In other words, can that baby soul “loop” back into the same woman to share another set of parallel lives with her, if she feels strongly connected to that particular baby soul?**

(55 min) Well, just say soul or aspect rather than baby soul, but I understand what's being said there. It wouldn't specifically be being looped back — it could go back, but that creates the parallel condition. So it's not a case of looping back, it's a case of working with the parallels rather than looping back. But then again, that would be a particular relationship that's been set up for this particular series of incarnations or not, as the case may be, with the entity that's incarnating as the baby and the entity that's being incarnated as the mother. Okay.

- **If so, the logistics of these parallel lives is really mind blowing, because we don't see any of the "event space maneuvering" going on behind the scenes!!!**

Yes, when I was looking at all the different fractals, as I was trying to answer these questions, and it was just unbelievably huge. Because we don't see any of the event space maneuvering going on behind the scenes. Exactly, I mean we don't understand in any way, shape or form the amount of work that goes on in the background and all the things that we normally understand as well. Okay, I've got a few more questions to go through and then I can hopefully go onto the meditation. It's quite a long series of questions, this is actually.

- **In “The Anne Dialogues” you said that some VERY advanced souls may commit suicide just to have the experience of the cleansing process and to create some evolutionary debt as part of their evolutionary path. But you also said it’s exceedingly rare to do that.**
- **What percentage of human souls commit suicide in at least one or more lives on their evolutionary path? Do we ALL tend to do it at some point and end up paying the evolutionary debt as a result of that act?**

My understanding is that there is...I believe from my memory in “The Anne Dialogues”...there's only one entity that's ever chosen to commit suicide to actively go into the position, where it needs to work out evolutionary debt. The rest is all being sort of things that shouldn't have happened basically.

What percentage of human souls commit suicide in at least one or more lives on their evolutionary path? Do we all tend to do it at some point and end up paying the evolutionary debt as a result of that act? I'm told that around 5% or 6% of people commit suicide — that's 5 or 6% of the souls that have incarnated that have committed suicide in one way, shape or form, which is a really high number actually and I'm a bit surprised at that. Oh no, I'm getting it wrong! It's 0.6% — sorry, but that's still very high. That's still extremely high, when you consider the billions of aspects that have incarnated — 0.6%, still very high figure.

- **Could the soul that committed suicide, for example, a grandmother reincarnate back into the SAME family line with the SAME soul blueprint to play the great granddaughter some time later?**

Bearing in mind that time doesn't exist, that's possible. But the amount of work that has to go on between the time of departure of the incarnation to the chance of reincarnating later is so significant, it's highly unlikely. But there is a possibility that that could happen, because of course time doesn't exist, so it's quite possible. Okay.

- **Karen Curry said that family energy dynamics are intergenerational, meaning that you inherit your energy blueprint from your grandparents and your children inherit their blueprint from your parents.**
- **Is this how intergenerational family dynamics are set up? Or do souls tend to go to a brand new setting in a different family line to play out the same issues that led to their suicide in the first place?**

It's only through karma between individuals that we end up working together with that individual again, or if there's something particular that we want to work with with a particular soul, that we start to work with them over multiple lives. The only thing that families pass onto each other is habits basically — desires, likes and dislikes and educational levels. The rest of the stuff is just not important at all, it doesn't happen.

So intergenerational family dynamics don't actually — they're just, you know, a random thing that happens as a result of people living in certain ways — you know, children smoke if their parent smokes, children drink or don't drink because their parents have drunk or become alcoholics. A child might have become a doctor, because their parents were doctors, for

instance. These are things that happen as a result of the aspect or soul wanting to become something and that particular family providing the road for them to do that.

(1 hr) And so the way in which that incarnate entity develops as an incarnate entity is relevant to the family. It's not something that it brings in from a previous incarnation generally. What it will bring in from a previous incarnation is basically the skill sets that it had gained in previous incarnations associated with what it wants to experience now. But it also brings in skill sets from previous incarnations outside of the Earth sometimes — in fact, quite a lot actually thinking about it. But also on top of that, there are experiences it wants to experience, so it's just a blank page. So we have to look at it from those perspectives and understand that the intergenerational dynamics don't do a lot in terms of how they affect the incarnate aspect or soul, except within that particular incarnation and that's it. Okay, right, I hope that helps. Two more questions. One is fairly quick I feel.

4. This is not really a question, but could you give us a report (at the Satsanga) as to how we are doing vibrationally and are we moving up or are we staying the same or are we going down? (DC)

Well, the lady who transcribes for us, she asked that question not so long ago, so I can give you the answer to that fairly quickly. Well, the answer was in the 22nd of August and where at that point in time, we were going to bottom out, but not go much lower than frequency level 3.13, so to speak, and then we'll go up again. But my understanding is that we had gone higher than sort of 3.15 and we had gone up to about 3.70. Then we dropped down, basically it's because of the things that have been happening around us.

The sawtooth profile that I saw, it's a bit like a big wood saw, like a pit wood saw, where you get little teeth on top of big teeth. And so we've been up and down some of the little teeth and now we've gone down one of the big teeth in terms of the profile. But my understanding is we're not going to go much lower than 3.13. A couple of years ago we were at 3.70, which is very close to the fourth frequency level. But when we dropped down to this 3.13 level, we will start to move upwards, and I felt that that's about where we are now actually about 3.13.

And I'm getting the feeling that round about October — we're sort of bottomed out now, I'm just getting the feeling of where we are...yeah, we've bottomed out now. We're sort of moving along the bottom of the curve and I'm seeing us around...I've got a date, but I'm not going to give a date, but it's this sort of three quarters of the way through October is where we're going to start to move up the frequencies again. Because there's going to be quite a bit of common sense happening in various different quarters around the world, and so we're going to start moving upwards again. So right now we're around 3.13, we've bottomed out, and we're going to start to move upwards again towards the three quarters of the way through October — as I said, you can work out what three quarters is from there.

Okay, so I hope that answers that question for you. I don't like to use the points, but the "3 point something" or the "4 point something," but it does give us an idea of sort of where we are, when it comes to becoming associated with a whole frequency, because you can be at 3.99, but it's only when you're on 4.0 that the big things happen. You actually move, you know, physically move from one frequential level to another frequential level. So you actually sort of zone out or stop being visible or communicating with or even be touchable, for instance, or perceived on the third frequency level, when you move from 3.99 to 4.0, for instance. Of course, from 4.99 to 5.0 is a similar sort of thing.

(1:05) The last question is from AB and I want to answer this question and then I want to get straight into the meditation. And this is a really good question actually.

5. I hope you can clarify for me the crucifixion of Jesus Christ. If I remember correctly, In “The Origin Speaks,” you describe how the crucifixion did not occur, and in fact the event was a type of illusion that Jesus himself, along with his disciples, were able to create via group meditation. (AB)

• I ask because while reading “Autobiography of a Yogi”, Paramahansa Yogananda...

I have a big link with Yogananda, so I’m interested to answer this question.

- ...Yogananda visits a Saint [Therese Neumann] who does not eat, but who also visually re-experiences the actual crucifixion of Jesus Christ, including his labored walk to the crucifixion site. Paramahansa Yogananda described tears of blood coming from her eyes during this trance, and it is something she experiences weekly I believe.**
- Yogananda also expounds on the crucifixion himself making me believe he thought it to be authentic as well. This is also a central point to the several versions of Christianity as well as the religious world in general, so I was hoping you could clarify what happened, and if it were simply an illusion, why the reality of the crucifixion remains upheld even by the most spiritually advanced among us?**

My understanding is and, as I was reading the question in the first place, is that it’s very much correct that it was an illusion. But the illusion was so good that it has left a huge memory, which of course has been augmented by various different religions over the years, that an individual of note was crucified and that individual of note was capable of working with higher frequencies.

The reality of the situation with those who were immersed in the illusion is that it happened. But the reality of the situation for those who were outside of the illusion is that it didn’t happen. So if you think of it in terms of those who are part of the illusion and those who aren’t part of the illusion, then you start to see two different realities there. One reality where Christ was crucified, and one reality where he wasn’t crucified. The reality where he was crucified was created by Jesus and his disciples to enable him to move out of that environment and to bring closure to a level of antagonism between various different individuals within Judea, etc. and the Romans and the Jews and everything else that was going on at that time.

And so the feeling of that state of beingness would have been experienced on a massive level by everybody concerned, and so it would have been experienced like a true reality. And this is what this lady is logging into. Yogananda, at the point of writing this, wouldn’t have discerned it or probably wouldn’t have wanted to illustrate that he understood what was really going on, because he had to work with these religions. He had to work with Christianity, he has to work with the Hindus, he has to work with the Jews, he has to work with Muslims, etc. to help create a truly universal system that was acceptable by all faiths.

If you remember, Paramahansa Yogananda created a church for all religions, so he had to make sure that he wasn’t upsetting anybody. So he wouldn’t, even if he knew what was going on, he wouldn’t have broadcasted that, because he knew that it would have been detrimental to the work he was doing. And so therefore, sometimes we are a bit “economical” with the truth, so to speak, to allow a bigger picture to operate — the bigger picture being from Yogananda’s perspective his work, which has been very, very well received, widely received and has been very beneficial to many of his followers.

So in that respect, I feel that Yogananda fully — in fact, I’m getting an image of him nodding at me now and saying, I understood that sometimes you have to work with what’s there. This lady, he’s just telling me now, this lady was logging into the energy associated with the feeling of the loss of such an individual. And so she was feeling the loss, not just the local loss of those

individuals at that time, but the loss of every individual, who has incarnated between then and now as well.

(1h10) And so what we've got here is a really interesting individual, who's worked out through yoga that you can work purely in the energetic and doesn't need to eat, but also she's getting energy from the reality that was created by Jesus then to create this crucifixion, to create this image of the crucifixion that was an illusion of the crucifixion.

So if you think about that, then from what she's experiencing is that she's experiencing the loss of all these countless millions of individuals over the years. But she's also experiencing the loss that Jesus felt while having to do that illusion, having to stop after only three years his ministry, because he was advanced beyond comprehension to these people, and they couldn't cope with him. So she's also experiencing the loss of him having to create that illusion, so that he could continue to do some of his work covertly. I'm being told, he worked with Babaji in those covert years as well wherever he traveled around the world. But he never created the same level of "noise" so to speak, or radical changes of thought process ever again, because he realized that it was too much for people and there was too much resistance in certain levels.

So my understanding is that Yogananda understood it was an illusion. He didn't want to broadcast it, because it was going against the potential...it would have created a problem with his own work. The lady is tapping into the energy that is associated with that being that is Jesus. She's experiencing not just the loss or the images that were needed to be created, but the global loss of an entity, who was lost through illusion, but not in actuality. And a loss for the world by not taking on board Jesus' ideas where it could have been, she's taking on board that loss as well. But also she's being able to work with the energies associated with Jesus as well to be able to create that condition, where she doesn't need to eat any more as well.

So the loss that she's experiencing is a global loss based upon what could have been, and the loss of what Jesus felt by having to create the illusion to allow his continued work but in a more covert way. So it's a different way of understanding the loss. Okay, so I hope that answers the question. It's a bit complicated and I don't think I've described it particularly well. And the tears of blood were...that's a metaphoric statement basically, that is she's been experiencing, because that is the level of negative energy that was being experienced by Jesus at that time. And again so that was part of the tears of blood — the tears of blood are, you know, we're crying for the loss of the world and we've lost ourselves, our blood, the blood of Jesus through its having to create this illusion to move out of the public eye, so to speak.

I don't think I've explained that very well to be honest, but never mind. It is a very difficult thing to understand that things, that are understood metaphorically, are also understood by individuals, who decide not to broadcast this stuff, because it can be damaging to their work as well. And that's totally understandable. Totally understandable. And actually, there's a lot of things that are held back from the common people, because it would cause problems. If we all found out that, for instance, the human body is harvested for food — I'm not saying it is, but from different alien races, and if that was certainly made worldwide public knowledge, what would happen there? We would be abhorred, wouldn't we?

So it's not a case that that's happening, but it's just that it gives you an idea of what can happen, if we know things that are kept covertly and responsibly maintained in the background. Because sometimes, if we know too much of the real truth, then institutions and organizations that would have been based on an untruth, the destruction of those could be more detrimental than the maintenance of those. So that's a way to think about it.

Part 3. Meditation

(1:15) Okay, meditation on contacting our guides and helpers. Very simple meditation. Please download the high quality [MP3 File](#) to do the guided meditation with Guy Steven Needler via his website or blog (meditation starts around 1:15:15).

(1:26) Closing comments: That's the end of the September Satsanga. Thank you for sending your questions in and being patient about listening to all of the sometimes extended answers I've given to very short questions, although some of these short questions are really good and do create the need to channel information on the spot.

So thank you again to Kevin for broadcasting this when he does, and I'm looking forward to the next Satsanga, which will be towards the end of October, of course — and I'm just having a look at when that will be in October, let's have a look. I'll have to broadcast it later (I was going to sign into my Google account and it wants me to put my email or password in, we don't have time for that). Okay, so I'll give the next date (Saturday, October 27, 2018) in the email that will go out and I shall also give it to the lady that transcribes it, so it will be at the bottom of the transcription.

Thank you for listening, thank you all for listening to me. The last Satsanga, by the way, will be the last Saturday of October, so that will something that you can look out for. Thank you very much. God's love to you all, Source's love to you all. And don't forget to be in the flow. Use your intuition. Don't get impatient and just be calm and deal with things, as they present themselves to you, because we've asked them to be presented to us. And know it's all part of the life plan. Goodbye to you all and looking forward to working with you again in October. END