

## June 30, 2018 - Pre-Recorded World Satsanga for The Kevin Moore Show

### Transcript of Pre-Recorded World Satsanga by Guy Steven Needler:

“Welcome everybody to this 30th of June 2018 presentation of the World Satsanga in conjunction with Kevin Moore and The Moore Show and MooreTalk — and thanking Kevin again for his work behind the scenes and the work he’s done with the documentary he’s working on called “They Call Us Channelers.” And also thanks to him for inviting me to be with him at the Awakening UFO Conference that we both attended on the 23rd of June, 2018 at Manchester. We had a great time there, lots of notable individuals there, such as David Icke and Erich von Daniken and a few others doing presentations — and myself and Kevin gave a good presentation on realities and different event spaces and how we create them. It was a really good double act that we did there, so we’re both pleased with the outcome.

Okay, so let’s get into the agenda for this Satsanga. So I’m going to give a talk on “Termination Junctures — what they are and why we have them.” Then we’ve got a large amount of questions through from the different listeners and participants of the World Satsanga, so we’ll see how long that takes. And then I noticed that I used the same description in the last meditation for this one, but basically the end of meet meditation is a meditation to repair not body parts or organs, but moreover the energetic templates and/or the different layers of the human energy field or the human aura to help move things forwards in terms of how to heal those, and healing those actually affects the gross physical as well. Okay, so let’s have a look at termination junctures.

### Part 1. Lecture on “Termination Junctures — what they are and why we have them?”

It’s interesting that a termination juncture is an area within the incarnation or the longevity of the incarnation, where an aspect or a soul may elect to end the incarnation early without affecting the overall expectations of the life plan. Basically, they are an essential part of the life plan. They are a normal method of ending the incarnation, if the overall requirements of the incarnation have been fulfilled — or where the aspect may feel that it has experienced enough in a particular incarnation and has a desire to return to the energetic.

There are normally five of these termination junctures, and each of them has a relevance relative to the level of actualization of the life plan vs. the ultimate desired outcomes. Each of them allows the aspect move away from the incarnate state without detriment to the overall requirements of a life plan — so really, this makes you wonder whether the life plan was cast in stone and that the aspect needed to finish the incarnation in totality to make a reasonable stab at completing the intended experiences.

But in real terms, there’s no rules about taking an incarnation to its natural demise, apart from the need for the aspect to achieve certain basic requirements. So what this basically means is that in essence, if we have a number of different things we need to experience in our incarnation, then it’s about experiencing those in the way we need to experience them. Our free will is getting to the experience and experiencing them, and not the fact that we have to go down that certain route, which is absolutely the way forwards in a completely rigid sense. It’s quite free form how we get to our goals or our life experiences and those points or those milestones within the life plan.

So in real terms, you’d think that the objective of a life plan was to experience as much as possible in the incarnation that it is authorized to have or is assigned to, but what I’m being advised is that that’s quite a myth. It’s all about the quality of that which is experienced within

the incarnation, not the quantity of experiences. So it's really about the quality of experience, not the quantity of experience. Once an incarnation has achieved the minimum requirements, that being the experiences that were used to justify the incarnation itself, it can be terminated, if the aspect wishes to do so.

So this makes you wonder what happens if the aspect gets a few things wrong? Can it be terminated, if the aspect wishes, if the aspect feels that it is required in certain interactions? And it's really not necessary. You can take as long as you like to go through those aspects or those parts of your incarnation, the life plan, and it's not absolutely necessary for you to "get it right," so to speak, as long as you're going in the right direction. But this doesn't necessarily mean that things like suicide are an objective or part of the termination junctures.

(5 min) In fact, in real terms it's something to understand that when an entity uses a termination juncture, it's usually one of these things, which are already established, and these are the points where an entity is able to leave an incarnation without gaining any evolutionary debt as a result of the downstream interactions that were expected by other entities with them in certain environments, in certain conditions, that allowed them to evolve as a result of interacting with that individual.

So really, there's **five of these termination junctures**, and each of them has a relevance to the level of actualization of the life plan vs. the ultimate desired outcomes of the life plan. So I'll identify them in terms of the individual stages, which might help us all understand. But it's worth noting though that all termination junctures are positioned in a life plan at points, where the termination of the incarnation has little or no downstream effect on those other incarnates that are part of that life plan.

As I've just said, that means in any event space or in all the fractalizations of the event space as well. So it's not specifically like a mainstream life, where there's the agreement that the incarnation can end, but it also includes all those different fractalized versions as well. It's quite a complicated set up. The termination junctures are complete in their ability to end an incarnation in a completely benign and effective way that doesn't affect any other downstream functions or interaction with other incarnates as well.

So the **first termination juncture** is where the aspect has achieved the incarnate state and some experience of it from the perspective of being associated with the incarnate vehicle it chose to work with. This does not necessarily mean by the way full integration with the vehicle, because this juncture can be activated while the fetus, for example, is still in the womb. The first junction can be initiated at any time up to and including the incarnate duration necessary for full integration of the aspect with the incarnate vehicle, which is seven years of what I call "clock time." I believe Eckhardt Tolle also uses the word "clock time" to justify the passage of time and the metric that we use as time.

This, however, may not be a popular comment, but it does have to be noted here, that although the aspect may incarnate purely to allow it to experience the gestation period and/or the experience of stillbirths, cot death, premature death, premature birth, major organ disorder, disability, disease, etc. that can occur in the infantile stages of incarnation. So you have to think of it in terms of the aspect, it may only want to experience incarnation for sometimes hours or sometimes whilst in the womb or sometimes a few days — and it may be a certain type of condition associated as a result of shall we say "genetic dysfunction" as well.

Remember, we have to think in a different level, where the human condition is simply a minor experience over our total state of beingness and our total longevity of being individualized from our True Energetic Self or indeed the True Energetic Self from the Source. As human beings, we see things as being desirable or undesirable, good or bad, black and white, up or down, left

and right, it is a completely different story when we're in the energetic — and things which we don't like here are simply a minor inconvenience, if at all, when we are in the energetic.

So the **second termination juncture** can be applied to any point in the period within the next 7-14 years. The first one [termination juncture] is between 0 and 7 years, or even at the point of assignation of the soul or aspect to the fetus. So that being from 7-14 years, which means actually, if you think about it, that could be from age 7 to 21 years of age. So it's quite a period of time, 7-14 years is quite a long time. At this time, the aspect will have generally achieved a level of full integration, and will have mastered the control of the incarnate vehicle. The aspect will have experienced education and integration within the community, and in most cases, have an overall sense of purpose or direction, how to form and dissolve relationships, etc. and what responsibility means. The methods of termination in all junctures from here onwards will be via illness, accident, poisoning or sudden organ failure, as an example.

(10 min) The termination of an incarnation at this point of a life plan is only generally actioned if a short incarnation was planned and the desired experiences and the subsequent evolutionary content has been accrued within a pre-agreed tolerance. If or when, of course, all experiences and evolutionary content have been met, the guides and helpers start to work with all those other guides and helpers that the incarnate aspect would have worked with or interfaced with had it continued the incarnation and actively worked on dissolving those event spaces that are affected. At this time, the incarnate aspect is guided towards one specific event space, that which results in the termination of the incarnation.

So basically, if it's considered that there's no longer any need to be incarnate, and the second termination juncture can be used, all of those fractalized event spaces, those different parallel realities, etc. that are created at all the different levels downstream from us are dissolved, allowing the mainstream event space to be used as the point of which we can be allowed to move out of our incarnation.

The **third termination juncture** is really when the incarnate is in the next 7-21 years, which takes us up to the age of 42. If you remember, most of our spiritual understanding is that things change at the age of 42. We've moved away from those things that we would normally achieve as part of our normal incarnation, and we can start to move into our spiritual experiences as well. So at 42 we are deemed to have experienced everything that we can experience or most of the things we can experience within our life plan from a material incarnate experience perspective. So this is potentially going into what we might experience as a result of our spiritual progression or growth whilst incarnate.

So really at this point in the incarnation, the aspect is starting to make headway in its life plan, and in most cases, is becoming a useful citizen or has become a useful citizen. The incarnate will have found its career path, its partnerships, its recreational preferences, and many other things. It may actively, of course, be pursuing them, perfecting them or honing them, so to speak, to achieve the maximum potential from each of those different disciplines. So clearly this "potential" is relevant to the evolutionary level of the aspect and the environment it incarnates into. Many aspects or souls never actually meet their full potential, as this is the goal and not a requirement. Remember, it's how you get there, not what you actually do when you're there. Sometimes getting there is more important than actually reaching the goal, so it can be a cumulative effect.

So this is the point, where you can be a Chief Executive Officer of a business, for instance, and then only be in there for you know ten weeks — it's good enough, because it's managing the road to get to that position, which is the biggest benefit in terms of accruing evolution through experience and learning. So it's the journey, the real journey that's important, not the end product — and it's the way in which the journey is experienced that gives the aspect its depth of

knowledge and evolutionary content, so long that is, that the aspect illustrates growth in all its experiences, irrespective of whether one would call it good or bad from the human perspective. So as long as it's showing growth and it's moving forwards, it's considered to be a successful enough to be able to allow that particular termination juncture to be used. So the duration of the incarnation at this point in the plan is now fully understood and fully under review, and the desired experiences vs. the minimum expected experiences are compared on a regular basis with the possibility of being introduced to new additional pre-planned experiences into the life plan.

So okay, maybe we have met our needs in terms of what we wanted to do in a life plan, and it's: Well, do you want to stay here or do you want to go? What other benefits could we have by staying here? So these decisions are made by the guide and helpers and the aspect as to whether the incarnation should continue or could be terminated within the framework of the third termination juncture. There is an unadvertised thought process within incarnate aspects when in the energetic that suggests that most aspects prefer to return to the energetic early from an incarnation than stay on in what is a difficult environment to exist in, and as a result, this third termination juncture is quite a popular one to use.

(15 min) So think about people who've reached their late 40s or 50s, or sort of early 40s, and they suddenly get a debilitating disease or a cancer or a brain tumor or are involved in an accident, and we all think that they've left far too early. It's basically because they've achieved what they needed to achieve and they've chosen their third termination juncture to leave this incarnation and return back to the energetic, having achieved enough of what they wanted to achieve.

So the **fourth termination juncture** is anytime within the next 28 years, taking the incarnate up to the potential age of 70, this three score years and ten. It is at this time in the duration of the incarnation that the aspect will have met most, if not all, of its expected experiences as part of the life plan in some level of depth and is able to consider additional opportunities and/or more spiritual progression. So this is again, this is more icing on the cake and it's getting towards being the cherry on the cake in terms of gaining additional experience, learning and therefore evolution.

The spiritual work being available, it's always available throughout the incarnation, but it's predominantly available, when the incarnate has met most of its material universe or physical universe commitments, and the continuation of which provides little additional work in the incarnation other than needing to complete the cycle that they are part of. So based upon this, the period between the ages of 42 and 70 is when those, who are due to experience spiritual awakening will become awake and aware in some way, shape or form. And those who are already awake at some level may become more profoundly awake and will have a yearning to perform some spiritual service for the benefit of others.

This termination juncture is obviously therefore only utilized, if the continuation of the incarnation is no longer advantageous, or a spiritual opportunity is not available or has been completed prior to reaching this juncture. So really, at this point many aspects do continue the incarnation irrespective of the previous comments stated, and take the opportunity to experience existence in a decaying incarnate vehicle to elicit additional growth, noting that their method of decay would have already been known by the aspect, and that the process of decay would have provided a unique experiential point above those already experienced.

So suffice to say, those aspects that are on the spiritual path at this point in the life plan are not specifically designed to live a long life, for they may only be required to be of service in a certain way for a certain period of time, or experience a certain level of spiritual functionality for a certain period as well. So really from this point on in the incarnation, the downstream

interactions are starting to diminish, and so the amount of work required by the guide and helpers to initiate the process of termination starts to become much less complicated. So this is where we are starting to get towards the end of our life, and the only thing it's really sparing us from is I suppose those embarrassing points of growing old, such as memory loss and body function, lack of control of body function.

So here we come to the last and **fifth juncture**, which is essentially the last opportunity to end the incarnation in any way that is outside the planned duration of the incarnation itself — the planned duration being the natural demise of the incarnate vehicle through disease, decrepitude or organ failure. It is available usually between the age of 70 and the anticipated natural age of demise of the incarnate vehicle, as discussed. As with the fourth juncture, the depth of work required by the guide and helpers to apply the termination process and sever the downstream interactions is reduced significantly in complexity.

This juncture is used, when the aspect has completed all of its desired experiences, and has generally completed any spiritual education, progression and other spiritual service it's committed to work with. So in essence, this juncture is used, when the aspect, guide and helpers are satisfied with the experiential performance of the aspect, and they collectively decide that there is no real advantage to continuing the incarnation, and that it can, therefore, be terminated early and safely without affecting any downstream interactions in a detrimental way.

So really these are the points in time, where we actively seek to leave and move back into the energetic, knowing that although there is complexity in the early use of termination junctures, that the longer we stay incarnate, so to speak, the less complex the termination of those junctures are. But it's worthwhile knowing that the aspect itself cannot action a termination juncture, it has to be totally agreed with the guide and helpers, and the guide and helpers of other interacting entities and environments downstream of that particular termination juncture.

(20 min) So it's not something we can choose to do straightaway, so this is why the use of things like suicide are not, for want of a better word, agreed with, because it makes things difficult later on, and it creates an awful lot of evolutionary debt on behalf of the fractalized parallel downstream functions of experience, learning and evolving as a result of not being able to interact with that individual in these different event spaces.

So this is why certain souls leave early, when there was no apparent reason for them to leave. When people die at sort of like before their teenage years, where people die in years where they're supposed to be in their prime, and when people die when they appear to be fit and healthy and all of a sudden something happens that takes them out. It's all about understanding that in real terms, we have a plan and that plan is to leave, when we've done everything we feel we have achieved at a certain point. And if you want to do it more, then we can do more.

But in general, we have to really observe that we are here to be responsible for our incarnations and do the best we can do. Some of us decide we've done enough and can move back out again. Some of us take it right to the very end. And those who leave early and endure tremendous hardships from a human perspective, such as really debilitating diseases and other forms of disability are really making a point of doing the best they can to maximize what they can do in terms of evolution whilst also still leaving the incarnation at one of those agreed termination points, termination junctures. There are five of them, which doesn't include the natural demise.

Okay, so that's what termination junctures are. They are quite frequently used, and it's worthwhile understanding that this is quite a common thing to use. If you want to understand more about termination junctures, then they're within "The Anne Dialogues" around the 12th

Chapter I believe (see Chapter 11.3.1, page 203). There's quite some dialogue between myself and Anne there, as to understanding why we'd use them and what their use is above and beyond the actual descriptions of what they are.

Okay, so let's go into the questions now. We've got the first question from MS.

## **Part 2. Questions and Answers**

**1. Why is it that some people know what they are here to do (like YOU) but some of us still have NO idea. People tell me I am just here to be me but that actually doesn't help. I can't touch it in the physical what that is. Is this just an experience that I choose to experience or can I not see the wood for the trees? (MS)**

Well, in real terms it's only a result of self-discipline and a lot of self-work that allows us to understand a modicum of who and what we are, what we are doing here and what we need to do. And personally, I've known I've got something important to do ever since I was probably 4 or 5 or 6. By the age of 13, it became very apparent, but I hadn't a clue what I was going to do, I just knew that I had to do something very important. And I've seen various different, shall I say, images of myself throughout my life, where I'm going to reach certain milestones or experience certain things or be certain things — and some of them are quite benign images, and you think, well, that's interesting, what's that all about?

And then you understand later, when you think: Ah, this is that image. I know now this is where such and such happened, or this is where I'm starting to realize that I've got to work on my own more. One of those images was knowing that I was sitting down after going cycling, and I was in a public hostelry in a country and just feeling very alone. And that was when I think it was the second year, second Christmas after Anne moved back into the energetic, and that was a really vivid image and it suddenly hit me: Ah, that's that image.

I've got another one, one of them being, when I move out of the physical back into the energetic. Fortunately for me, it's going to be quite a simple and quick one. I'll have come out of whatever I'm working with in the garden and lie down on the couch being tired at a certain grand old age, and as I sit down and have a sleep, I go straight out and back into the energetic. So there's various other things I know I've got to do and when I'm going to do them, it's just that sometimes they are not so apparent.

The thing is that we shouldn't focus on them. Most individuals aren't given that level of detail, because it creates a distraction and that also includes people, who are spiritual leaders. You're allowed to know enough to make sure you're going in the right direction. Any more and you start to deviate from the opportunity of using free will to adapt to the environment, and it's as simple as that.

(25 min) US has a bunch of questions here from some of US's own website and blogs and gets information and questions based upon that.

**2. Here are some questions from my readers that I'd like you to answer in our next Satsanga? (US)**

- **Did Guy Needler speak of Einstein's theory of relativity and is it congruent with the multiverse model?**

I'm going to have to ask that question to be honest. What I'm being told is Einstein had a feeling about multiple universal environments, but didn't have enough to be able to justify it. Most of his work was based upon, shall I say, the frequencies within the physical universe and not specifically the multiversal model.

So based upon that point in Einstein's incarnation, that he was working more in the level of education that was available to him at the time and his own thought processes of being detached from the conventions of mathematics and thought processes around him, he may still have only been thinking in terms environments supported by frequential level, but calling those universes, rather than actually thinking of those frequencies above the physical universe. So he may have been thinking of those environments supported by the frequencies within the physical universe as being a multiverse, which it sort of in essence, they are a sort of self-contained multiverse within the universe, but not specifically in terms of the greater reality.

So I think he was getting there, as with Stephen Hawking, he was sort of getting there, but not in the level of detail that is available to us today. Because even the sort of average individual is exposed to greater levels of education than people were about 50-60 years ago.

- **What if an aspect achieves enlightenment in one parallel reality and in other parallel realities creates additional karma or kills someone, what happens then?**

The total experience of both of those parallel conditions is experienced by the True Energetic Self, and so there is a, if you like, a "neutralizing effect" associated with the total experience of the aspect as a result of parallel conditions. However, it's quite unlikely that that level of, shall we say, "diversification" is experienced by one particular aspect, specifically if they're achieving enlightenment in one parallel reality.

It's rather unlikely that they're going to be an enlightened individual in one reality and a mass murderer in another reality. There will be various different, shall I say, manifestations of minor change, based upon one of them, not the other. Although obviously, in different incarnations, they can swing from one side to the other side. But generally, as you move up the frequencies, you get to a point, where the objective is more to be of service than to just be immersed in the experience.

- **Can you tell me please, Nirvana in theosophy and the divine regions, are what in your systematization? What is Nirvana?**

Along with a lot of the locations in the heavens named in Theology, it's simply a basis of understanding that there are higher environments, higher frequency environments, and that these environments have a structure.

If you read one of the older books, "God's Many Rooms (or Houses)" and you read about Nirvana, and you read about where Thor came from, Ragnarok and all those sorts of places, you start to realize that these things are simply a level of understanding based upon the educational level at the time and the evolutionary level of those individuals within that education level.

(30 min) And so they're explained in ways in which people would understand. So in essence, if you stripped everything right back, you would start to see the commonality. However, the way it's described and broadcast is based upon the level of education that those individuals, who are receiving that broadcast would have been able to understand it within. So we have to look at it very, very closely and very, very objectively to realize that you have to take a lot of the modern day interpretations of Theosophy as being more advanced and more understanding than those in the past. So what I would suggest is that strip away all of the sort of legend and fairy tale-ism of the information, and start to look at the real basics of what we would classify as the science behind it.

- **Do souls/aspects before incarnation ever plan to kill someone, such as suicide bomber or Hitler? I ask because I read a talk about Hitler, where I realized that his life was planned in advance, and that Second World War united many people and give them many lessons. That confused me?**

Yeah, there are souls, who plan to interact with other souls, so one soul can experience what it's like to be murdered and another soul can experience what it's like to be a murderer and in all sorts of different variations of one of those things. It's something we experience as part of the yin and the yang, the balance associated with being incarnate and being in the evolutionary level.

In fact, there is going to be one book, where I'm going to focus on talking to individuals, such as Hitler, who are classified as being "antichrists" to see exactly what the benefit was of them doing what they were doing. More importantly, the issue is that these entities, these brave, highly evolved (can you believe) entities put themselves under a lot of energetic pressure by going against the wills of the masses, and helping them through being a focus for the masses to bring them together, working together in a single minded and collective way. That's what they're there for.

You have to detach from the human condition to be able to recognize that some souls, even if they're highly evolved, take on board some really horrific levels of energetic interaction to make us work together. And sometimes it involves people like Idi Amin, Hitler, Alfred the Great, all these different people, who were raping and pillaging and causing problems to make other people work together in a more loving and caring way and realizing that they don't want this to happen in general, and so they are working together to stop that happening, so we work together in a more loving and coherent way. There's a few more questions from the same person from a part of the, shall we say, Eastern side of Europe.

- **Do you have any opinion about gnostic teachings and Greek myths about the imperfect creator (Demiurge) god of this world...many teachings talks about this?**

Right, first of all, a myth is a shortening of the word "paramythia" and paramythia in Greek is story, so basically, it's a story. And any individual that we classify as being above us or who has a higher level of education in these days, you know, the Byzantine era, or higher levels of education, maybe higher levels of technology or higher levels of functionality, we would classify as a god even now, but they aren't god. But having said that, we're all part of God, we're all individualized units of God.

So in essence, to say he was an imperfect creator is because he's creating. This doesn't mean it's imperfect, it could be perfect. And so what it's suggesting here is that there are those, who are classified as being a god or as having higher functionality and being so-called highly evolved, but in essence, can get affected by the low frequency thoughts, behaviors and actions associated with being here.

(35 min) So the imperfection is the result of some level of karmic influence, of being addicted to or attracted to status, material wealth, being in power, being in control of others. So it's all about teaching people that really just because you are a higher being doesn't mean you're not affected by the lowest frequencies associated with the multiversal environment.

So don't forget that there are many entities, who have participated in creating the physical universe and the components of the physical universe, and so to suggest that one particular individual was involved with the creation of the planet, although they can be, of course, is again probably taking it to the point where the education of the individuals at the time couldn't understand the detail behind it anyway. So it's all about understanding that even those of higher frequency get affected by lower frequencies of the physical universe.

- **In many disciples (sic) and channelings it is said that the soul before any incarnation arranges lections (sic) which has to pass with spiritual guides, and they say that crimes, killing, can NOT be planned in advance...**
- **You said that Hitler is an evolved being and that's a completely new concept for me. Some research says that he was obsessed with strong negative forces?**
- **Is your concept relative only to such great roles in mankind like Hitler or even ordinary people (that) plan to kill someone before life...because it is contrary with known laws of karma?**

The known laws of karma are very small. Karma is an absolutely massive field and in the book, "Avoiding Karma," you can see that there's at least 104 possibilities or ways of working with karma, and some of it is quite esoteric and some of it is quite pointed. But it's again the way in which we choose to depart at the termination juncture can be incorporated into a so-called "crime." So to say that we can't plan such things in advance, when we consider such things as being quite a trifle, is really not looking at the bigger picture.

From a human perspective, this would seem to be completely abhorrent and I can understand that. But when you look at it from the bigger picture, how do we look at ants? We look at ants or microbes or bugs and consider their lives as being nothing, or the experiences they're having as being nothing. Well, in essence, when we're in the energetic, we are like the human being observing an ant or a microbe, and that ant or microbe is our incarnation.

And so when we think of what we're experiencing in the energetic and then relating to that incarnation, we think oh, it's nothing. It's a mere few seconds of experience of a life that a microbe would have. Or maybe a few months of life that an ant would have, for instance, if that. So we don't pay much attention to it in that respect. We don't see it just as being abhorrent, and there's this law and that law.

When individuals are in discussion with each other as to how they could use their termination junctures, or what they want to experience, karma doesn't come into it. Karma is something, which is there as a result of our addiction to thoughts, behaviors and actions and the addiction to wanting to be in power, wanting to have status, wanting to have material wealth, and wanting

to control others, and many other things. So you find that people like Hitler, for instance, may actually have been protected from karma, because of the amount of unraveling of potentially karmic links that would have been attached to him had he been exposed to karma.

(40 min) Now if you've got an individual, who is for want of a better word putting themselves in a place of focus, of negative focus, so that other individuals can group together in a more positive and coherent way, in a collective way for a better good, then you could understand that they're there for a better good — and not because of what the human condition considers their actions and the results of their actions have manifest.

So we have to study karma in a completely different way. It's extremely difficult to understand what karma is. And my little book on it is a mere single part of the jigsaw puzzle. And what we understand and experience about ourselves, when we're disincarnate is something we cannot conceive whilst we're incarnate, because we're so wrapped up in the human condition.

So I don't know, if I answered that question there — it's difficult, although we have got a lot of commandments, where thou shalt not kill and everything else. That's specific to those who are free thinking individuals, not those who are included in a life plan that includes a certain termination juncture or a certain experience.

### **3. You discussed the levels of sentience and used the weight – kilogram analogy explaining the 5 levels of sentience – human, backfill, non-human animal, plant, & mineral quality of sentience. (ME)**

- **Is there such a thing as pooled sentience associated with physical locations? By that I mean, what about things like forested habitats & other 'enchanted' places, where many non-human animals, plants & minerals coexist?**
- **I know when humans coordinate their thoughts (i.e. meditation, focused group prayer) and use aspects of triangulation (which you have discussed in prior lectures), the energy is amplified. Based on this line of thinking, it seems plausible that locations amass sentience.**

Well, a universe has got sentience. The Earth has got sentience. The solar system it's in has got sentience and the galaxy that we're in has got sentience. And so there is a collection of sentience associated with the grouping together of various different nonhuman incarnate vehicles of various different types. And so it's not a function of those objects of incarnation, it's a function of the sentience that is associating itself with those objects and the growth there.

I've got a couple of lovely friends, who live in the US, and they've got an area that I call a grotto. It felt like really ancient woodland very close to their house and the energy was fantastic there, and you just knew it was sacred, you just knew it was pure. By sacred I mean pure. That's because it hasn't been defiled by erratic, irresponsible human thought. It was perfect and it had been left to be perfect. And so based upon that, this sort of justifies that statement that yes, there are areas where nonhuman animals, plants and minerals coexist, because they use that for incarnate purposes. But because they haven't been exposed to the alternative agenda of the selfish human mind, they remain in this high energy and perfect condition.

In fact, some of these areas where you start to see various different shifts in frequency and can start to observe different frequencies within the same location, so we can see imagery and

interact with those individuals, who are of higher frequencies, which means it could be in different timelines from our perspective and not know we're doing it, but we work it out later.

There's a lot of things on this. There's a book by one of the Ozark authors called "Twidders" where the author describes a number of different situations, where people have experienced different environments, different timelines in one particular location, and there's many things in there that describe it. It's basically because that area is of a higher frequency, because in general, there's either a higher level of human interaction frequently, or there's no human interaction and therefore it's been left pure.

- **Related to the above, is there pooled sentience among the non-human forms of sentience? For example, do minerals, plants, non-human animals that are group associated lifestyles share sentience, thus actually accessing a deeper and different level of understanding based on this shared information?**
- **This seems more of the functioning of things like plants and minerals, and some non-human animals that live in groups that function as organisms (bees, roaming herds & pack animals, schools of fish, etc.) to utilize a shared sentience, and they are not as individualized sentience as humans.**
- **As a Biologist, I see the natural world communicates in ways that we do not fully understand – swarms of bees, birds in flocks, fast moving schools of fish escaping predators, even microbes grow in swarms through quorum sensing. Their behaviors and actions are coordinated, thus their 'thoughts' must be too, and thence the sentience underlying it...yes, no, maybe?**

(45 min) Depending upon the level of sentience and the type of potential individualized interaction would depend upon whether they would have what you call individualized and autonomous sentient abilities. But when the sentience is low, they can group together in like minded or in a way, where they group together with like types of energies or like thought processes, and so they will get like this communal sense and therefore the synergy associated with this communal sense of beingness.

And so whereas energies can evolve eventually from being just energies that are wandering around, roaming freely to becoming fully sentient as a result of natural attractivity to each other and then grouping together to the point, where they start to seek out other groups of other energies of a similar type that are grouped together and naturally attracted to each other to starting to grow sort of rudimentary intelligence resulting in higher intelligence, and therefore, self-awareness and consciousness and creativity, and therefore, sentience.

This can happen on these levels as well, but particularly because they would have a group function associated with that incarnate state. Their group function would be relevant to a communal sense of interaction. Some of that is as a result of the need to perpetuate the environment on the Earth basically, and the integrity of that environment, so that we can exist here — stepping right into service for us, whilst also enjoying a rather wonderful state of communion and shared sentience to create a larger level of, shall we say, sentient ways.

- **You discussed light activation, and specifically referenced the speed of light, the fact that it is not a constant, as science presumes. I have a theory that love is actually a particle (for lack of a better word) that moves faster than the speed of light, and that in my lifetime, science will find a way to confirm this and measure it. What do your contacts with our SE & the Origin have to say about this theory of love?**

Love is misunderstood. We think of it in human terms as being the attractivity between two individuals. Although you take that word “attractivity” and you start to see that it’s attractivity between any sentient energies, and the feeling of communion gained, when similar or same or like but individualized sentient energies give up their individualization to create a larger level of sentient energy, and so we feel a state of communion. So it’s all about feeling and being in a collective state together.

So if you do want to think of it as a particle, think of it in terms of energy. Think of it in terms of sentience being the animator of energy and the energy is simply a vehicle that the sentience is using. And so the energy in whatever form it is could actually be a particle, it could actually be what we call a solid object, but the sentience associated with it is in effect the motivating part, and the energy that it has associated itself with is simply a vehicle to be used. So the feeling of full communion and the state of beingness associated with that is what I would call “true love” and whilst in this state of communion and being associated with an energy is where you would see that you could interact with that energy, the energy has the assignation of communion, and therefore, true love.

(50 min) That’s one way of thinking about it, okay.

- **In your “The Anne Dialogues” book – was that based on direct communications with Anne, or your TES taking on her form? But since you’re both of the same TES, I think I just answered this question with Yes & Yes. Now my mind is starting to blow?**

Yes, you’re right and yes. If you think about us being from the same True Energetic Self (TES), but smaller individualized aspects of that sentience and the energy assigned to that sentience, then it was a direct communication with that individualized aspect that is also from the same True Energetic Self that I’ve got, so the answer is yes. So you could argue that you’re speaking to yourself, but then again if you’re speaking to Source, you could argue that you’re speaking to yourself as well, because we’re all small, individualized units of Source. So it’s yes and yes and yes.

- **In reference to what you discussed about our TES’s getting to become SE’s when we finish all our evolutionary cycles and the magnification of the power of 12, can we not use this information to estimate a ‘time’ (term used lightly, considering it is relative only to human forms) or population size on Earth that will be needed to achieve this?**
- **By that math, can we calculate how many individual aspects & shards will reassemble into a cohesive unit?**
- **Can we estimate, the number of incarnations that await us or evolutionary cycles ahead for folks like myself? (I presume myself to be an Aspect & not a Shard, and a human not a backfill...although I often think I’m not human either, as I see things from a detached perspective that makes humanity feel limited, awkward & confusing?**

I don’t think there’s a calculation that would be able to be used. The numbers would be too huge. I mean there’s countless billions, trillions, quadrillions of True Energetic Selves and different variations upon those, who create aspects and shards, who are going through the evolutionary process. Think about the number of times some of them will incarnate, some of them won’t incarnate.

From a human perspective, it would be very, very difficult to calculate. All we need to know is the basics that when each of these True Energetic Selves through the use of individualized

smaller units of themselves as aspects, and subsequent smaller individualized units of the aspects called shards, have managed to experience everything that they can experience in the multiversal environment, that they will have risen through the frequencies to the point, where they have reached the usefulness of experiencing this multiversal environment, and therefore, will recombine with Source.

And when all of us have done that, the Source will detach itself from this particular series of energies that are part of the Origin, detaching its sentience and reassigning the attachment to another group of energies and do something else that's part of a new evolutionary cycle. That's all we need to know. The complexity of the maths behind it, we don't have computers large enough now or in a thousand years to be able to calculate that, because we've got a lot of parallel versions as well. So it's just completely and utterly impossible for us to understand it, so it's best not to worry about it, but a good question though.

**4. One of the metaphors for frequencies that I've been given is like a piano. It has 8 octaves and we are used to middle C. Courses like yours invite us to play in the higher octaves and then the news and the world events tend to bring down to the lower. (JM)**

- **Our challenge is to remember that we have several octaves higher to play in and with which to view the world from a higher perspective. When we do, the lower frequency events do not affect us as much and we then have more choices from which to respond.**
- **I personally have been experiencing playing in the higher octaves recently and it seems to make a huge difference in how I respond to events.**

Absolutely. The more we can stay in higher frequencies, the better. We do become detached without a doubt, because the things that would affect us from the purely immersed human state are like us looking at the world of the microbe or the ant. We're not bothered by it, it's too small to worry about.

(55 min) So really, if we can put ourselves in the higher frequencies, then we start to work in a detached way, more in a way that is associated with our True Energetic Selves, when we are in the energetic. So, yeah, a very good observation and a very good thing to pass on. Try to keep yourself in the higher frequencies.

One of the ways to do that is to use the chakra opening exercises that was broadcast in last month's Satsanga, so if you can find that and download the pdf file and use that exercise every day, initially it will be slow in terms of the process, but you'll soon get to the point, where you can do it really, really quick. That would put you in a state of detachment and not involvement. Although we still have to be responsible for what we do whilst we're here, we don't need to take personal umbrage as a result of what happens around us, even if it affects us, it shouldn't be an issue.

And I've noticed this a lot now within myself. Things that have affected or have been within my space, so to speak, that would have normally really affected me badly in my younger years, don't even make me blink or flinch now. So it's very much a case of don't worry about it. If you're detached, it's just something that's happening that you deal with and it's not really an issue. So thank you for that.

**5. I'm on "Beyond the Source" Book 2 now. It was a big surprise to know that SE laughs. We humans do really stupid and silly things all the time, which must be pretty entertaining to them. I wondered if SE laugh, the Origin must laugh, too. (MO)**

- If you don't mind, would you ask them what was the biggest laugh ever recorded in their history? And would you share it with us during your radio show? I think many of us are interested in that subject (smile).**

I'm just asking the question. Well, the Origin is saying where do you think the Source Entity got its humor from? Humor is an integral part of who and what we are. It's accepting who and what we are and how we do things and being pleased with it and entertained by it, so to speak. And there are no decibels to be able to monitor how loud our laugh was, because you wouldn't understand it. If you think about just the base resonant frequency of my consciousness or sentience taking over, as represented by the overall resonant frequency you call OM, then you'll know that laugh would be significantly louder than OM. That's what's come through. That's an interesting question, thank you very much. A laugh is bigger than OM. Excellent!

**6. I am working on a question for your Satsanga, but I fear that it will take a long preamble, so feel free to edit it to fit. The question concerns the soul and its duplicates in other Universes. (DT)**

- I am going to paraphrase from "Dance of The Eternal Rapture" by Garnet Schulhauser (another Ozark author, a nice gentleman, I've met him a few times).**
- While asleep Garnet goes with his spirit guide named Albert on trips throughout this Universe and parallel Universes. They go to a parallel universe (to this one) and it has minor changes due to random energy flow. Albert explains that after our universe was created, it eventually split in two, like a cell does with mitosis. This continued with each universe splitting in two.**
- Garnet asks Albert if there are Garnets in all of the universes and Albert said that most of them did have a Garnet. Garnet then wants to know if they all have the same soul as he does and Albert assures him that they do indeed have the same soul.**
- My question is: How can this be so? I have read "The Anne Dialogues" and she said that about 144 Aspects and Shards is the limit for each Oversoul.**
- Does this mean that the Oversouls are also duplicated for each Universe?**

The twelve aspects, the maximum number of twelve aspects that can be projected from a True Energetic Self or Oversoul or Godhead or Higher Self, and subsequently the maximum of twelve shards that can be projected from each aspect, is a function of the division of sentience. It's nothing to do with how that sentience interacts with the parallel conditions as a result of our decisions.

(1 hr) So if you think about it, there are potentially a maximum of 144 divisions of the True Energetic Self, and they are also subject to parallelisms as a result of the possibility of our choices going this way rather than that way, or the possible possibility of choices, or the possible possibility of possible possibilities of possible possibilities, and the fractals beyond that.

So there is a difference between that which is affected as a result of the division of sentience and the energy associated with that sentience, and the number of copies of that that are created

as a result of our choices, and therefore, the creation of event space and the various different vagaries of reality associated with that.

And yes, of course, if there's a 1000 different parallel universes or localized universes that are created by one of the aspects, then the True Energetic Self experiences all of those, and all of the different parallel versions associated with all the different aspects that they create as well, and all the different parallel versions that all the shards from all the different aspects that have projected shards will also be experienced by the True Energetic Self. So the True Energetic Self experiences every conceivable experience that every aspect or shard it projects creates, including all of those parallel versions. So it is in every parallel condition and experiences everything concurrently. So that just tells you how big our True Energetic Self is — it's immense, something to think about.

**7. Here's a question for the next Satsanga. Free will. Origin and Source Entities have free will that seems to be different than our free will here on this planet. (DC)**

- **When Origin duplicated itself 12 times and then re-absorbed the energy, how did Origin change when it created the Source Entities?**
- **It seems that there are three types of free will, Origin free will, Source Entities free will and ours. It seems that free will also is an evolving quality. Our free will works best when we have a mentor, a confessor, or a guide in the physical, sharing partner that we can reason things out to determine how to best use our free will.**
- **Does Origin and the Source Entities have an oversoul or a guide to reason out their actions? (I hope you can make sense of this question, it is difficult to ask and formulate in the correct words) perhaps.**
- **How is our free will different or the same as Origin and Source Entities?**
- **It seems that everything else is a collective free will based on a group consciousness. It is very cool that we are here on the planet with seemingly total free will and it seems obvious that as a result we have a greater opportunity to grow, to experience and to evolve.**

The Origin and the Source Entities are autonomous. The Source Entities have full autonomy within the Origin, and the Origin has its own autonomy of its own. There are no guides for those two levels of entity — The Origin only being one, of course, but it also experiences its own parallel conditions, but there's no guide for the Origin. And the Source Entities are asked to work on their own in an autonomous way within the environment of the Origin's polyomniscient sentient self-awareness without guides as well.

We have guides, because we are the ones, who are involved with investigating the lowest frequencies, so we do need guiding. When we've got, as an example, thousands of senses that we work with and then we're reduced to the five physical senses, it's like we've gone blind, so we do need guiding around to be able to experience what we want to experience in the way it's supposed to be experienced in the environment it's supposed to be experienced with and interacting with other individuals that we're supposed to interact with. You can understand that we do need guiding, when we've got loss of so many different senses, as it were.

- **How is our free will different or the same as Origin and Source Entities?**

Well, it's only different insomuch as we are assigned it whilst we're in the human condition.

- **It seems that everything else is a collective free will based on a group consciousness.**

That's correct, because the Earth is a very important experiment in giving the individualized aspects or shards individualized free will.

- **It is very cool that we are here on the planet with seemingly total free will and it seems obvious that as a result we have a greater opportunity to grow, to experience and to evolve.**

(1h5) We do and this is why we are masters of our own environment really, and as a result, we all have full responsibility for our actions. We can do anything we want to, provided we are prepared to pay the consequences, you know, the karmic content associated with being at these low frequencies. And so really, what we have to understand is that unless we can master free will, individualized free will, other incarnating souls will not be able to also enjoy this level of potentially accelerating our evolutionary progression by having free will in the lowest frequencies associated with the multiversal environment.

So I hope that answers the question in some way, shape or form. But basically the Origin and the Source Entities have their own autonomous free will of different levels of functionality, ability and power, of course. And we have individualized free will only when we're incarnate on the Earth, and that of course, is relevant to our abilities and evolution whilst incarnate here.

- **Another question has to do with Origin. If Origin is so huge and only knows one 10<sup>th</sup> of 10% a very small knowledge of itself, when considering its size or energy, could there not be other parts that are developing a sentience or an awareness and other bits of consciousness throughout its size?**

That's a possibility now. It's not something I have encountered. I'm just asking the question, because I'm fairly aware that this was like an epicenter, and the objective of creating the Source Entities was to actually spread that sentience. Although the area of polyomniscient sentient self-awareness is growing, its area of self-awareness is not polyomniscient. So we are helping towards that and we grow that sentience. We grow that polyomniscience, the polyomnipotence and polyomnipresence as well. We grow that, because we are working for Source and Source is working for Origin.

But I'm not seeing anything other than that when Event Space gave itself up to allow the creation of a much bigger being, that actually that opportunity was just a spark in one particular area. It wasn't the function of the potential for coalescence of other energies that were potentially able to create sentience in other parts of the Origin. I'm not seeing that. Maybe I'm not being allowed to see it, but I'm not seeing it. It doesn't feel right.

The Origin's just told me, I think by now with my ability to move within different event spaces I would have discovered that. Believe me, there's only one current area of polyomniscient sentient self-awareness. That's what I've just got from the Origin. That's an interesting statement. Hmm.

- **What is above or beyond Origin? I may be mistaken but I think you have alluded to the fact that there are other Origins or an Origin beyond Origin.**

Well, no, there's not really another Origin beyond the Origin. It's more of a case of the Origin knows it's much bigger, but this much "biggerness" is also Origin, but it's beyond the structure that it is currently investigating in this area of polyomniscient sentient self-awareness. There's twelve different levels that it's working with.

I'm just going to put the recording on pause and have a look at "The Origin Speaks" (page 159) to just state what those different levels are, because the basic level is frequencies, the second level of subdimensions, the third level is full dimensions, but above that there's zones. I'm just going to quickly look at that and read out the different levels are and then you'll know that above that 12th level is the next group of twelve, which increase by the power of twelve in terms of its volume or area of beingness, but that is beyond the Origin really. And there's a little clue to one of the books I'm going to write after this book I'm writing now.

(1h10) This is a little bit like going to a different event space. I spent quite some time looking up this, because I couldn't find it originally and I've just come back to you guys, so it's just like I've been away for a few seconds for you guys, but I've been away for some minutes.

This is the current structure that the Origin is aware of in terms of understanding the structure. It also knows there's more groups like this above its own ability. So there's frequencies, which is the basis for every detail within a full dimension, there's subdimensions (which are classified as tritaves sometimes), there's full dimensions, zones and their divisions, continuum and their abstractions, the planes and their spheres, the spheres of independent planes and their references, there's event spaces and their events, totalities and their realities, realities independent of totalities and their creative functions, spectral interfaces and their spectra (which isn't light based), and margins and their gradients, which is the highest function of the structure associated with where the Origin is now working on trying to understand its area of polyomniscient sentient self-awareness, which is a small part of this particular structure.

And if we look at it from a different perspective, the next set of structure is also twelve levels of structure, not the same as this, but above the twelve, above this margin and their gradients. And each time it goes up one level, it goes up by a power of 12 in terms of its volume and it keeps on. So we've got 12 times 12 levels of structure associated with the Origin, and it's only just knowing in minute detail the first function of the twelve there.

And it's interesting that although the Origin is not understanding itself yet, it is gaining some level of understanding, because SE12 is, of course, in the book "Beyond the Source Book 2" has moved into and beyond this margin and its gradient level and gone into the first level of the next group of twelve structural environments, so to speak, and the various different divisions of those as well, which I can see I'm going to be fortunate enough to be able to communicate with SE12, I'm being told along with the Origin in the book that will be called "Beyond the Origin" or should we say Beyond the Origin that we know now. So it will still be the Origin, one Origin, but it will be in essence not other Origins, it's just beyond the Origin's current understanding of its polyomniscient sentient self-awareness and its structure.

### **Part 3. Meditation**

(1:12) Okay, so let's now work on the meditation for today, which is not quite the same as last week, it's using the same methods. We can open the chakras by using the chakra opening exercises. So we can refer to last month's Satsanga's pdf file (see Addendum below) to

accompany the transcription and to accompany the audio. You can find that on the World Satsanga tab, if you go to my website: [www.beyondthesource.org](http://www.beyondthesource.org) — once you get on there, you click on the Home tab and then go down on the right hand side of that, you'll see that it says World Satsanga and when you go there, you get to all the Archives for the Satsangas for probably the last 6-7 years. But in there you'll see the latest one was last month's audio file and you can access and download the audio file and pdf file from there. Okay, so there's no need to broadcast it in this particular Satsanga.

So what we're going to do is o work on the templates associated with the construct of the physical vehicle we call the human form, and we're going to work on repairing those, and also work on repairing the auric layers as well. There's seven auric layers and there's seven templates. My understanding is there's ten energy levels associated with the human vehicle, but the top three above the seven are really there to provide an energetic step-down function, so that the vastness of the individualized aspect from the True Energetic Self can move into, occupy and animate and experience, learn and evolve through animating a gross physical vehicle.

Okay, so let's look at working with this. Please download the high quality [MP3 File](#) to do the guided meditation with Guy Steven Needler via his website or blog (meditation starts around 1:15).

(1:39) Closing comments: So thank you for tuning into this particular Satsanga on the 30th of June 2018, and thank you for participating in the questions and listening to the lecture on termination junctures and listening to this meditation. I'm looking forward to seeing you all next time, when the next Satsanga is on the 28th of July 2018, so that will be in one month's time. So thank you again all your for help and helping to be of good service to the rest of humanity, and passing on or listening to this Satsanga. And God's love to you all, Source's love to you all, and do have a great rest of the day. I look forward to tuning into you all in July. God bless you all." END

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BELOW: Please see Addendum: Chakra Opening Exercises by Guy Steven Needler

## **Chakra Opening Exercise – A prelude to Traversing the Frequencies**

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Please refer to the back pages where the descriptions of the functions of the chakras and their associated auric layer are explained.

1. Find a quiet room where you will not be disturbed.

2. Stand with your knees slightly bent, feet shoulder width apart, arms and hands by your side, close your eyes and focus on the area of the third eye, the spiritual eye which is positioned above the bridge of the nose and between the eye brows..

3. Ground yourself by imagining a climber's rope attached to you and an anchor buried deeply in the ground. You will need this, and you should keep referring to this grounding link throughout this exercise. This will help you return to the physical.

Each chakra is associated with an auric level (frequency level). Imagine them opening in order. This will allow you to ascend to that auric layer level and frequency.

4. Concentrate on your base chakra. Imagine it as a cone and extend it vertically downwards out to its full extension of 9"-12". Then rotate it clock-wise. To assist you in the correct rotation imagine you have a clock on the floor and that your Chakra rotation is mirroring the second hand rotating from left to right. When a Chakra is fully extended and rotated in this way it effectively opens it allowing it to receive the energies necessary to invoke the 1<sup>st</sup> Auric layer – the etheric allowing you to also assume this level. Feel the energies that being on this level, the etheric level, Level 1 gives you. Do you feel tingling, see colours or images in your closed eye vision, feel heat/cold, feel pressures around your head, experience emotional changes – these are all signs that your physical body is experiencing the energies associated with this level; they are proof of this change in frequency. Make a mental note of it.

5. Move on to the second chakra, the sacral. Imagine it as a cone and extend it horizontally in front of you, out to its full extension of 9"-12". Then rotate it clock-wise. To assist you in the correct rotation imagine you have a clock on a wall in front of you and that your Chakra rotation is mirroring the second hand rotating from left to right. When a Chakra is fully extended and rotated in this way it effectively opens it allowing it to receive the energies necessary to invoke the 2<sup>nd</sup> Auric layer – the Emotional layer allowing us to also assume this level. Feel the energies that being on this level, emotional level. Do you feel tingling, see colours or images in your closed eye vision, feel heat/cold, feel pressures around your head, experience emotional changes – these are all signs that your physical body is

experiencing the energies associated with this level; they are proof of this change in frequency. What is the change in this level compared to that experienced in the previous level? Make a mental note of it.

6. Move on to the third chakra, the solar. Imagine it as a cone and extend it horizontally in front of you, out to its full extension of 9"-12". Then rotate it clockwise. To assist you in the correct rotation imagine you have a clock on a wall in front of you and that your Chakra rotation is mirroring the second hand rotating from left to right. When a Chakra is fully extended and rotated in this way it effectively opens it allowing it to receive the energies necessary to invoke the 3<sup>rd</sup> Auric layer – the mental body layer allowing us to also assume this level. Feel the energies that being on this level, mental body level. Do you feel tingling, see colours or images in your closed eye vision, feel heat/cold, feel pressures around your head, experience emotional changes – these are all signs that your physical body is experiencing the energies associated with this level; they are proof of this change in frequency. What is the change in this level compared to that experienced in the previous level? Make a mental note of it.

7. Move on to the fourth chakra, the heart. Imagine it as a cone and extend it horizontally in front of you, out to its full extension of 9"-12". Then rotate it clockwise. To assist you in the correct rotation imagine you have a clock on a wall in front of you and that your Chakra rotation is mirroring the second hand rotating from left to right. When a Chakra is fully extended and rotated in this way it effectively opens it allowing it to receive the energies necessary to invoke the 4<sup>th</sup> Auric layer – the astral layer allowing us to also assume this level. Feel the energies that being on this level, astral level. Do you feel tingling, see colours or images in your closed eye vision, feel heat/cold, feel pressures around your head, experience emotional changes – these are all signs that your physical body is experiencing the energies associated with this level; they are proof of this change in frequency. What is the change in this level compared to that experienced in the previous level? Make a mental note of it.

8. Move on to the fifth chakra, the throat. Imagine it as a cone and extend it horizontally in front of you, out to its full extension of 9"-12". Then rotate it clockwise. To assist you in the correct rotation imagine you have a clock on a wall in front of you and that your Chakra rotation is mirroring the second hand rotating

from left to right. When a Chakra is fully extended and rotated in this way it effectively opens it allowing it to receive the energies necessary to invoke the 5<sup>th</sup> Auric layer – the etheric template layer allowing us to also assume this level. Feel the energies that being on this level, etheric template level. Do you feel tingling – are they getting finer, see colours or images in your closed eye vision, feel heat/cold, feel pressures around your head, experience emotional changes – these are all signs that your physical body is experiencing the energies associated with this level; they are proof of this change in frequency. What is the change in this level compared to that experienced in the previous level? Make a mental note of it.

9. Move on to the sixth chakra, the third or spiritual eye. Imagine it as a cone and extend it horizontally in front of you, out to its full extension of 9”-12”. Then rotate it clock-wise. To assist you in the correct rotation imagine you have a clock on a wall in front of you and that your Chakra rotation is mirroring the second hand rotating from left to right. When a Chakra is fully extended and rotated in this way it effectively opens it allowing it to receive the energies necessary to invoke the 6<sup>th</sup> Auric layer – the celestial body layer allowing us to also assume this level. Feel the energies that being on this level, celestial body level. Do you feel tingling – are they getting still finer, see colours or images in your closed eye vision, feel heat/cold, feel pressures around your head, experience emotional changes – these are all signs that your physical body is experiencing the energies associated with this level; they are proof of this change in frequency. What is the change in this level compared to that experienced in the previous level? Make a mental note of it.

10. Finally move on to the seventh chakra, the crown. Imagine it as a cone and extend it up towards the ceiling vertically out to its full extension of 9”-12”. Then rotate it clock-wise. To assist you in the correct rotation imagine you have a clock on the ceiling above you and that your Chakra rotation is mirroring the second hand rotating from left to right. When a Chakra is fully extended and rotated in this way it effectively opens it allowing it to receive the energies necessary to invoke the 7<sup>th</sup> Auric layer – the ketharic template layer allowing us to also assume this level. Feel the energies that being on this level, ketharic template level. Do you feel tingling – are they getting still finer or have they gone, see colours or images in your closed eye vision, feel heat/cold, feel pressures around your head, experience emotional changes – these are all signs that your physical body is experiencing the

energies associated with this level; they are proof of this change in frequency. What is the change in this level compared to that experienced in the previous level? Make a mental note of it.

You are now at the end of the physicality/spirituophysicality of your human form. Stay at this level of a few moments absorb how you feel, what your physical body has experienced, giving you proof, physical proof that you have actually risen above those frequencies that you are normally associated with on the earth level – the zero level.

11. Slowly close each chakra one by one, starting at the crown chakra and finishing with the Base Chakra by first stopping the rotation of the chakra and then withdrawing it back into its location of origin (refer to the section on chakra name, and location at the back of this lesson). Make a note of the feelings, the feel tingling – are they getting coarser as you descend the frequencies, colours or images in your closed eye vision, heat/cold, pressures around your head, emotional changes. The experiences, the responses that the human form gives you, should be repeated on each of the levels in the descent in reverse order of that which you experienced them on the ascent.

12. To move down from the seventh frequency level to the sixth frequency level stop the rotation of the crown chakra and withdraw it back into the crown area of the head. You are now on the sixth frequency level.

To move down from the sixth frequency level to the fifth frequency level stop the rotation of the third eye chakra and withdraw it back into the area in-between the eyebrows and above the bridge of the nose. You are now on the fifth frequency level.

To move down from the fifth frequency level to the fourth frequency level stop the rotation of the throat eye chakra and withdraw it back into the area of the “Adam’s apple”. You are now on the fourth frequency level.

To move down from the fourth frequency level to the third frequency level stop the rotation of the heart chakra and withdraw it back into the area in the centre of the sternum. You are now on the third frequency level.

To move down from the third frequency level to the second frequency level stop the rotation of the solar chakra and withdraw it back into the area 3 inches above the navel. You are now on the second frequency level.

To move down from the second frequency level to the first frequency level stop the rotation of the sacral chakra and withdraw it back into the area 3 inches below the navel. You are now on the first frequency level.

To move down from the first frequency level to the zero frequency level, the Earth level stop the rotation of the base chakra and withdraw it back up into the area of the groin. You are now back on the zero frequency level, the Earth level.

13. Finish by removing the mountaineering harness or belt and drinking some water to assist in the grounding.

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## **A Description of the Chakras**

The Chakras are cone shaped and when fully extended 9”-12” (open) and rotated (clock-wise as you see them, just saying clock-wise however will ensure they rotate in the correct way) they actively pull in energies associated with the specific frequency that they are calibrated to work with). Please note that opening the front (anterior or “A”) chakras automatically opens the rear (posterior or “B”) charkas because the “A” chakras are our intention and the “B” chakras are our action.

## **The Names of the Chakras**

**First Chakra** – Color: Red – called the Base/Root Chakra or Muldhara Chakra – Anatomical Association - Adrenals: Spinal Column, Kidneys - Located in Groin area, positioned vertically pointing towards the floor away from you.

**Second Chakra** – Color: Orange – called the Sacral Chakra or Svadhishthana Chakra – Anatomical Association - Gonads: Reproductive system - Located 3” below the navel area, positioned horizontally pointing away from you.

**Third Chakra** – Color: Yellow – called the Solar Chakra or Manipura Chakra – Anatomical Association - Pancreas: Stomach, Liver, Gall Bladder, Nervous System - Located 3” above the navel area, positioned horizontally pointing away from you.

**Fourth Chakra** – Color: Green – called the Heart Chakra or Anahata Chakra – Anatomical Association - Thymus: Heart, Blood, Vagus Nerve, Circulatory System - Located in the sternum, 3” above the area where the left and right hand side of the chest join together, positioned horizontally pointing away from you.

**Fifth Chakra** – Color: Blue – called the Throat Chakra or Vishuddha Chakra – Anatomical Association - Thyroid: Bronchial and Vocal System, Lungs, Alimentary Canal - Located in the middle of the throat, positioned horizontally pointing away from you.

**Sixth Chakra** – Color: Indigo – called the Third Eye Chakra or Ajna Chakra – Anatomical Association - Pituitary: Lower Brain, Left Eye, Ears, Nose, Nervous System - Located in the area of the 3<sup>rd</sup> or spiritual eye, above the bridge of the nose and in-between the eyebrows, positioned horizontally pointing away from you.

**Seventh Chakra** – Color: Violet – called the Crown Chakra or Sahasrara Chakra – Anatomical Association - Pineal: Upper Brain, Right Eye - Located on top of the crown of the head, positioned vertically pointing upwards away from you.

## **Chakra Opening Exercise – A prelude to Traversing the Frequencies**

### **Psychological Function of Chakras**

**Chakra 1:** Quantity of physical energy, will to live.

**Chakra 2A:** Quality of love for the opposite sex, giving and receiving mental & spiritual pleasure.

**Chakra 2B:** Quality of sexual energy.

**Chakra 3A:** Pleasure & expansiveness, spiritual wisdom, consciousness of the universality of life and who you are in the universe.

**Chakra 3B:** Healing and intentionality towards your health.

**Chakra 4A:** Heart feelings of love towards other human beings, openness to life.

**Chakra 4B:** Ego will, or will towards the outer world.

**Chakra 5A:** Taking in and assimilating knowledge.

**Chakra 5B:** Sense of self within society and one's profession.

**Chakra 6A:** Capacity to visualize and understand mental concepts.

**Chakra 6B:** Ability to achieve ideas in a practical way.

**Chakra 7:** Integration of personality with life and spiritual aspects of mankind.

Notes:

Chakras situated in the front of the human body (so called A chakras) are associated to our intentions.

Chakras situated in the rear of the human body (so called B chakras) are associated to our actions.

Activating the Chakras at the front of the body automatically activates those chakras that are at the rear of the body.

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## **Chakra Opening Exercise – A prelude to Traversing the Frequencies**

**Name, Appearance, and Function of the Auric Layers/  
Levels**

**Auric layer 1** – Name: Etheric Body – Appearance: A web of tiny blue energy lines – Function: An energy matrix or template of the physical body.

**Auric layer 2** – Name: Emotional layer – Appearance: Colored clouds in continual fluid motion – Function: Displays and allows communication of the emotional content or feelings of love, joy, anger, etc.

**Auric layer 3** – Name: Mental Body – Appearance: Structured bright yellow light emanating from the head and shoulders of the body – Function: Contains the structure of our thoughts and ideas.

**Auric layer 4** – Name: Astral Level – Appearance: Amorphous clouds of Color infused with rose-colored light – Function: Facilitates the transition of spiritual energy to physical energy and physical energy into spiritual energy. Love between two people is displayed within this level.

**Auric layer 5** – Name: Etheric Template – Appearance: Has the appearance of a blue photograph negative made of cobalt blue lines – Function: The blueprint or perfect form for the etheric body to fill.

**Auric layer 6** – Name: Celestial Body – Appearance: Shimmering light made up of pastel colors with a gold silver shine – Function: The communication of unconditional love and of "being one with God."

**Auric layer 7** – Name: Ketheric Template – Appearance: A highly structured matrix of tiny gold-silver threads of light within an egg shape that shows the structure of the physical body and all chakras – Function: Accumulation of past life bands, life plan, holds the auric bodies together.

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