

## May 26, 2018 - Pre-Recorded World Satsanga for The Kevin Moore Show

### Transcript of Pre-Recorded World Satsanga by Guy Steven Needler:

“Welcome everybody to this World Satsanga held on the 26th of May 2018 in conjunction with Kevin Moore and The Moore Show, and you can find Kevin Moore’s work on his YouTube channel. Just look up The Moore Show and you’ll be able to find all the information about all the interviews he’s done and all the work he’s done to-date with the work on the documentary he’s working on called “They Call Them Channelers.” And this is an excellent piece of work, and last time I spoke to Kevin, he was in Chicago finishing off some of the work there.

Incidentally, Kevin has invited myself to work with him a little bit on the Exposition that’s going to take place in Manchester on the 23rd of June, which is called “Awakening: UFO and Conscious Life Expo” and that’s in Manchester again. And those of you in the UK, that’s a very good thing to go and see. Both myself and Kevin Moore will be talking, I’ll be on stage with Kevin just to give a little bit of insight in terms of what I’ve picked up about sort of aliens and conscious living, so to speak, in terms of the channeled work I’ve done with some of my books and the information that’s happened intermediate to that.

So if you’re in the UK and you’ve got the time, 23rd of June at the Awakening: UFO and Conscious Life Expo in Manchester is a very good thing to go and see. It’s going to be a good weekend I’ve no doubt with lots of different speakers, lots of different information, obviously lots of bookstores, that sort of stuff as well. So go and see Kevin and myself as well. Fantastic, it’ll be a great weekend.

Okay, let’s get on with the rest of the Satsanga then. So I’ll go first onto the agenda. So today I’m going to talk about the genres of OM, okay, the uncreated creations. And then I’ve got around 25-30 minutes or even more of questions. I’ve got a good diversity of questions this month, so it’s going to be interesting for people to listen to this.

And then we’re going to do an end of meet or end of Satsanga meditation to repair a body part or organ. Now that will be based upon the work that I’ve done myself in terms of healing people. And although my preliminary healing education, if you want to call it that, was based upon the first generation student of one of Barbara Brennan’s classes — and this information and the way of healing, the way I’m going to describe is something that I’ve been given by Source myself, so these things evolve.

As you work through healing, you’re given more details, more information on how to deal with people in a bespoke way, when you need to work with them in a bespoke way, because lots of healing techniques are very generalized. And people generally need to have a healing that is specific to their requirements, their psycho-spiritual requirements and their gross physical and spirituo-physical requirements as well. So this is just a visualization technique to help you heal a part or repair a part or replace a part, okay, so we’ll go through that.

Okay, so let’s go through the first part, which is the genres of OM.

### Part 1. Lecture on “The genres of OM”

There are four genres of OM. Now the OM are a group of sentient entities that were created as a function of the Origin’s reuse of sentient energy from its experiment trying to reproduce itself, and therefore, trying to accelerate its own evolutionary progression through experience and learning in a rapid way. Now clearly, if you read the books, you’ll see that that failed, because

how could the Origin recreate itself, when it doesn't know itself at all? So it's difficult to do that, of course, so it reused that energy to create the Source Entities. One of those Source Entities being our Source Entity, our creator, if you want to call it that, that's our God.

So we are the True Energetic Selves or our Higher Selves, Godheads or Oversouls, that are part of us and the bit that's in the incarnate bodies now is a smaller Aspect of that, or a Shard — read the books to see more detail, specifically "The Anne Dialogues" because that goes into great detail there — are a function of the Source Entities. So the OM are a different category basically.

When the Origin created the Source Entities by reusing this sentient energy and then reassigning that sentience a, shall I say, more reporting into the Origin, a lower level of sentience, not an equal level of sentience. If you think about the twelve Origins being created by the Origin, they were given the same level of sentience, the same level of ability, everything.

(5 min) The Source Entities are for want of a better word "subservient" to the Origin, because they're working independently of the Origin, but for the Origin in terms of their understanding of self within the Origin and its structure and its energies and all the different aspects associated with it to experience, learn and evolve and create evolutionary progression, which they experience and so does the Origin. But in this process of reusing one type of sentient level vs. another type of sentient level, the two didn't mix. It's a bit like oil and water, you can't create something that stays together without being separated, specifically if it is something, which is completely different. You know, oil and water chemically are different, so the molecules don't bind together. So that happened the same with the OM.

So the OM were created as a function of something else being created, so the OM are an "uncreated creation" so to speak. And they are sentience, which is of the same level of the Origin, but a smaller weight, if you want to call it that, a much smaller volume clearly, microscopically or micro-micro-microscopically smaller than the Origin. But because of what they are, because they are Origin with equality, so to speak, they operate independently of the Origin. And although the Origin ultimately I guess would have control, if it wanted to, in essence it doesn't and it doesn't decide to do that. I mean they are what they are.

They are migrating to the Origin's next sectors of sentience, when this particular area of polyomniscient sentient self-awareness is fully mapped out and do their own thing. So they will not be part of the bigger plan of what's in store for the Source Entities and what's in store for our True Energetic Selves, so they operate independently.

And also OM are fairly unique inasmuch as they are outside of the evolutionary cycle. They stay outside of the evolutionary cycle, because being part of the evolutionary cycle includes a level of creativity. And when you create something, you end up being responsible for that creation. And so they don't want to be responsible for the creation, and so things like the pure OM, for instance, stay away from things or creativity of any sorts. Because once they create something, they are responsible for it, and it's difficult to remove that level of responsibility for something that you've created when that creation has to be maintained, for instance, or managed in some way, shape or form.

Okay, so there's four, actually there's five because there's something that came out towards the end of "The Origin Speaks" book that indicates the creation of another, a much smaller group of OM and I'll come to that right at the very end. There's four main groups that we know about now and there's the emergence of the fifth group of OM.

So the first group are actually — I'm going to work from the top down, so we can understand it in a sort of holistic way and then focus down on what happens in the Source Entities' structural

environment. The pure OM are OM that are totally omniscient from their own perspective, and they are totally created from Origin energy and Origin level sentience, and they are totally independent of the Origin. They move around all of the Origin's area of polyomniscient sentient self-awareness totally freely doing what they want to do. They are totally independent of anything and everything. They don't get involved with any Source Entities, although one or two might do just for your interest. But in essence, they've got their own things to do and they are experiencing things in their own way. They're not involved with the evolutionary cycle, as I've just said, they are totally independent. They are, if you want to call it that, micro-mini versions of Origin, if you want to call it that.

The next level then is called noncaptive OM. Now noncaptive OM is an OM that may associate itself with a Source Entity, but is not as pure. It doesn't have the same level of sentient weight, if you want to call it that, volume or mass of sentience that a pure OM does. So a noncaptive OM would gravitate around but not within the energies associated with a Source Entity. So they're fairly similar to a pure OM but they just don't have the same sentient mass, the same sentient weight, so to speak. And they do their own thing, but they do work in conjunction with some of the Source Entities, should they decide to do so.

(10 min) And so they can, if they desire, move in and out of energies associated with a particular Source Entity and its own structural environment within itself and that which it creates. So they are noncaptive, they can move into the energies of a Source Entity. Well, the pure OM can as well but the pure OM generally don't or mostly don't actually. But the noncaptive OM do. But the level of sentience associated with a captive OM is lower than that with the pure OM.

Then there's a captive OM. Now a captive OM is basically an OM that has enough sentience or enough sentient mass to be OM, but doesn't have enough sentient weight to be able to remove itself from the energies associated with a Source Entity. So in the creative condition, when the Origin created the Source Entities, the pure OM split out and became themselves. The noncaptive OM split out and became themselves, but became gravitated towards a Source Entity.

The captive OM remained within the energies of a Source Entity, so they didn't have enough mass to sort of pop to the surface, so to speak, to become separated, to become individualized totally. So again they are Origin sentience, but not of the right level of weight to allow them to move outside of the environment that they are captive within. So that's what I call captive OM. They are stuck within the structural environment of a particular Source Entity.

Now a noncaptive OM can and a pure OM can, should they decide to do so, temporarily take a captive OM outside of the energies of a Source Entity. But that takes a lot of energy, so it doesn't tend to happen an awful lot. And the captive OM would have to, because of its association with a Source Entity, move back into that environment. It's almost like taking an organ out of the body. When you take an organ out of the body, and once it's out of that body, it won't work properly, so to speak. You could put it into another body, but the other body will have the potential to reject the organ. So the organ is typed to the body that it's in.

So that's a similar sort of thing that happens there. The level of sentient weight is associated with a particular Source Entity and so it's almost like that's part of its signature as well. So it naturally prefers to work within those energies that are part of the Source Entity that it ended up being part of when it gained its own level of awareness, so to speak.

And then there is a hybrid OM. Now a hybrid OM is again stuck within or captive within the energies of a Source Entity, but because the sentient weight is drastically reduced, it sort of blends in with the energies of the True Energetic Selves that a Source Entity created. And so what we have here — again if you use the oil and water scenario, what you've got here is a

case where the level of oil is so small that it actually gets broken down by the water and it emulsifies. So it's a similar sort of thing. And so what we get is a number of entities, who are incarnate or who have True Energetic Selves within a Source Entity, that have a very small percentage of OM sentience, sort of OM sentient energy associated with what they are. Let's say it's like 3% or 4% or the maximum I've seen is about 13%. I'm being told it doesn't go above 15%, because after that you start to become captive OM, so you start to have enough sentient weight there, so to speak, to become your own energy in your own right, so to speak, as an OM.

So the hybrid OMs are those, where there is a very small percentage of OM or Origin sentient energy mixed in with and blended in with the rest of the sentient energy associated with a Source Entity to create that which becomes a True Energetic Self. Okay, so those are the four main versions of OM. This information is within the book, "Beyond the Source — Book 2" and within "The Origin Speaks" as well. And I think I mentioned it a little bit in "The Anne Dialogues" but it's all there in a bit more detail.

(15 min) Now this fifth version of OM that I've just alluded to is a bit unique, because it came out of the book "The Origin Speaks" right towards the very end, sort of around what page would it be, something like 316. But what happened here is, and I was a bit concerned about this at the time, because there's a number of different coincidences that occur when I'm talking to the Origin or a Source Entity, where things that wouldn't have happened sort of happened. And I was a bit sort of wondering whether this was sort of me contriving it.

I was actually put on the right path a number of times by the Source or by the Origin to say that actually these things have already happened, so you just happened to be logging into them. You happened to be sort of logging into a certain event space that shows that you've experienced that which has already happened, but from your perspective as a human being, it hasn't happened yet. So the vagaries of event space coming into play there.

But what I'm being shown here is that there's an even smaller amount of sentient energy, which still remains separated out from but still was very, very pure — you know, separated out from the Origin in the creation process, remains separated from the Source Entities, but still remains individualized. But it was so small, it was unspottable basically. But what the Origin noticed was that there were areas of this very, very fine microparticles of Origin sentience, which was individualized as a function of this reuse of energy to create the Source Entities that was starting to collect together.

So these OM, these other five OM that the Origin has discovered are becoming slightly bigger and bigger, because they are going around and sort of attracting or should I say hoovering up those other finer particles to create a higher level of sentient weight or mass, so to speak. And so these things will grow to a point, where I'm being told, they're going to be a little bit in between noncaptive OM and pure OM in terms of their sentient weight. But they are, for want of a better word, separated out in something else. They're like this in between entity that is still individualized and still pure OM, but it's not as great in its sentient weight as the pure OM or the noncaptive OM. It's in between the two.

And the Origin, I'm told, is very excited that there's five more OM, because there's not many OM, as you can imagine. And that these five OM are going to do their own thing. The Origin tells me it didn't notice them, but it must have done, because the Origin is omniscient and omnipresent, so it's again a function of me asking the right questions at the right time. But right now these larger dust particles are hoovering up these smaller OM dust particles to create these larger OM beings, which are I'm being told just moving around the edges.

I'm just seeing a picture now that they're moving around the edges of the higher levels of structure of the Origin's current volume, if you want to call it that, or polyomniscient sentient self-

awareness, so they're right at the top of the structure of the Origin. Sorry, if I sort of stopped in my speech there, maybe you thought that the recording was stopping, but in essence, they're looking around and they've not got much work to do now. If you imagine a very fine dust particle in space trying to find an even finer dust particle on the other side of a galaxy or the other side of the universe, that's about what's going on with these things.

They're using their own sentience to tap into any sentience anomalies within the Origin, i.e. individualized sentience that is unaware but is still individualized from the Origin itself. And they're going around and hoovering this up. And they're very clever actually. I'm being shown they're not being selfish in what they're doing — it's that each of them is sharing out what each of them is taking. So for instance, five of these OM that have merged or have evolved as a result of these fine dust particles of OM sentience or Origin sentience sort of grouping together and creating a bigger volume of Origin sentience or OM.

(20 min) So if there's like, let's call it 10 grams, and one of them gets like 6 grams, another one them gets 4 grams, they share it out between them all, so they all get 2 grams each. So they're all growing at the same size and at the same time. So it's quite interesting, this is. They're very grouped together. The OM do work together, they are beloved of each other, so to speak. They are an individualized collective sentience that has individualized free will, but they recognize themselves as being what they are, so they operate together. It's like an uncollected collective, if you want to call it that. They are totally free to do whatever they want to do, but they choose to be together, and these operate in a similar way. But I'm being told that they're not really bothered by being involved with other OM. They are going to do their own thing.

So here we go, that's the fifth level of OM. You can read about those in "The Origin Speaks," but just to let you know that there are from my perspective the four major genres of OM plus this fifth genre, which is sort of emerging, so to speak, as being totally individualized and totally independent of any other OM that are there as well. Okay, so that's the work on the OM and different genres.

Let's go and have a look at the questions we've got now. And there's quite a few questions that have come through and I'm very pleased with the diversity as well.

## **Part 2. Questions and Answers**

So the first question is from that wonderful lady (US) who does the transcriptions for you all. So those of you who have trouble to listen to recordings or have different technology challenges or are able to print out the transcriptions and give them to those, who don't have computers, I thank her very much. These are the questions from her.

### **1. My readers are very interested in knowing more about Autism (US). So here they are:**

- **"My friend used to say that autists are the "child of the sun"...Spiritual intelligence and connectivity have nothing to do with autism. You are supposed to go higher, not lower. To me, autism is going lower, not higher.**
- **Just because they are silent and have "special abilities" doesn't make them more advanced human beings. They are silent because they can't express themselves, and they have "special abilities" because with need to categorize every thing every one does. I don't think Buddha was an autist, nor Jesus, nor Osho, nor any spiritual master. Autists are just autists... They are NOT the child of the sun. We all are. Nobody is."**

I'm just logging into this saying "children of the sun," it's sort of one way of saying that they are pure. They are sort of stuck in a level of connectivity that they can't use properly, because everybody around them is deaf, dumb and blind basically. Those other individuals, who are more awake and aware will naturally communicate on other channels, so autistic individuals will pick up on this and grow towards them. But in real terms, they are almost limited by their abilities. Their abilities are special abilities and they are certainly more connected and certainly more "omniscient" [clairsentient] if you want to call it that, than the average incarnate individual, who is immersed in their incarnation. But they are limited by this lack of communicative ability with others.

They can communicate with other autistic individuals on a fairly high way and a very intuitive way. But when it comes down to being associated with the rest of incarnate society, so to speak, they have difficulty communicating, so they appear to be of a lower frequency. They're not at a lower frequency, it's just that they've got this level of communicative ability that relies more on clairsentience, so to speak — I mean "omniscient" was probably the wrong word — clairsentience is a better word, that sort of cosmic knowingness, if you want to call it that, or spiritual knowingness more than logic or education, so to speak.

They can log into it and they don't understand how we can work things out, when they can do it instantaneously. They have no capacity for using the way that we use and understand the way we use, although they do categorize things and they like to sort of sort things out in a very structured way. That's the only way they can interface with us actually, I'm being told, is to try to categorize things, because they experience things in a more holistic way. The only way they can understand what we're doing is to categorize things, pigeon hole things, log them down, put them in a matrix, those sorts of things.

(25 min) So it's all to do with the ability to communicate and our actual inability to communicate with them on the sort of levels and the frequencies that they do. The next question is based upon, it's a generalized question actually and it goes this way...

**2. You said Event Space is not sentient any longer [as a function of event space giving up its sentience to allow a much bigger entity evolve, that being the Origin]. It's not even consciousness, it's just intelligence. BUT if event space is what CREATES all the parallel conditions for our parallel selves to explore by manipulating energies and frequencies, then isn't Event Space sentient by default, because it is creativity at its best? What am I missing here?**

Okay, well, the creation of the event spaces, event streams and event bubbles are a function of what we do, and the parallel conditions that are also created as a function of that are also a function of what we do — that is being beings, who are in the creative and evolutionary cycle, that is.

So event space has an automatic trigger that triggers things by just having enough intelligence to be able to work out, when there is a need for an alternative existence to allow a series of events to happen upstream in supporting it and downstream to support it later to allow a different series of events to occur, and therefore, allow different levels of experience to occur independently of those that would have happened, if there was a different choice being made. So it's not so much sentience that's there, it's more of an automatic function based upon a necessary level of intelligence to allow that automatic function to occur.

So sentience doesn't play a part in this, because sentience is a function of being creative. And although one could argue that the creation of another event space is creativity in its own right, actually it's just a separation of and a duplication of an existing environment. So it's not creativity per se, creativity with a view to experience something, learn and evolve from something, and then modify that experience and re-understand it. It's simply creation of another environment to allow those entities that are within it to also experience, learn and evolve in that parallelized or concurrent state.

So it's more of an automatic function rather than an intelligently understanding, knowing and creative function. There's a big difference there. So think of it in terms of something, which is created in an automatic way. Okay, so the next question is probably going to be more difficult to answer...

- **You talk about “spherical event space” — why is it spherical, like a bubble? Why not amoeboid or irregular or shapeshifting? Is it spherical within our multiverse, because the universes are arranged as nested spheres within spheres, and because our sentient energy takes a spherical form here?**

The word “spherical” is just something that's being used to describe a condition that we can understand. Clearly, if I said “amorphous,” there would be no anchor point, there would be no datum for us to use. So we have to use something we can work with. And when we start to, when we can base our level of education that's upon a stepping stone that allows us to understand holistically what we're experiencing, what we're being told or educated in, then we can move onto a different level of understanding.

Now there are event space bubbles, so to speak, and that information is within the new book, “The Curators,” which is in the first draft and is going through its final editing phase right now. And it should be presented to the publishers by August this year and hopefully on the shelves by August next year. So there is more of a description of what that is there and more of an understanding.

(30 min) But event space bubbles are a different way of thinking, because event space bubbles are where things are contained within a certain event space, if you want to call it that. An event space bubble is sort of an individualized series of events, which don't go anywhere. They sort of stay where they are, so to speak, and don't move on too much. I'm sure there will be a better explanation within the book, “The Curators,” and I might just have a quick look to see what the description is.

Okay, so I've just refreshed my memory. Actually, this is in the Glossary at the back of “The Curators,” and I said “event space bubble” but this is classified as an “event stream bubble,” so if you think of the event space or spherical representation of event space as being like a self-contained group of events, rather than leading from one to another, this is something else.

So an “event stream bubble” is where each event is a bubble of interaction between an entity or a being and its environment that it's working within. The bubbles or events can grow and explode into another bubble or shrink and implode into nothingness. Bubbles that grow sometimes explode into another bubble that is nearby creating a new but combined bubble. They can explode into a new bigger bubble allowing them to cope with an expansion of event

fractals that are all still combined together in the space, the event space, which was created for the original and static event stream.

Those bubbles or events that shrink and implode either disappear totally, thus representing an end of that particular event stream, or they implode and reappear within another event. When a bubble has naturally ended its usefulness, it implodes back into its originating event stream bubble. So there's a bit of an explanation there for you all.

But in essence, if you think of it in terms of collective environments, I mean, event space being spherical is — I mean I sometimes describe the universe as being spherical, but actually I'd say it's more amorphous than that. And actually a bubble doesn't have to be round or spherical, does it? If you get some washing up liquid into some water and then just use a hoop and then blow through the hoop with the washing up water within that small hoop, you'll gain an elongated bubble, so to speak. So the particular shape of an event space bubble is based upon that which the entities within it do, and the work that the different event streams within it are working, within different micro-event spaces as well.

So there's lots and lots of different things going on there that will help to explain that. But in essence, even our energy isn't particularly spherical. When people say that I've done astral traveling and I look like a sphere. Well, that's the only thing that you can relate to in terms of sentience associated with energy. You know, lack of gravity allows water to become a sphere, because its surface tension creates a spheroid, so to speak.

We could create whichever form we wanted to with our sentient energy, when disincarnate or astral traveling. It's just that the sphere just happens to be a comfortable and an understandable form that we can use. So in real terms, spherical event space doesn't necessarily need to be totally spherical. It can be whatever it needs to be to support the expansion and contraction of events within event streams within that particular event space. But that event space bubble is usually individualized and doesn't connect with other event spaces to create a wider event stream. Well, I hope that helps that particular question. The next one is...

- **Are there any other famous OM beings that we know from history, such as Paramahansa Yogananda? I think people would like to know about them, too.**

No, I didn't look at this question before I went into even starting the recording of the Satsanga, and I didn't feel there were any more really. The OM don't want to incarnate full stop. Although I've been told I'm an OM, and even though you are incarnate, you still have to follow the same rules as everybody else. I'm also told that the rest of the OM that I'm part of think I'm completely raving mad, so why would I want to go into low frequencies? It's just so potentially addictive and karma creating, it would be a total distraction. So the answer is that there in general aren't any OM that are famous individuals, pure OM I'm talking about now.

(35 min) So there are obviously hybrid OM, who have become noteworthy in terms of the work that they've done on the Earth and other environments within this physical universe and other frequencies within the physical universe, and it's the same with captive OM. But in terms of non-captive OM, I'm not seeing anything there at all. So I actually don't know of any. I mean perhaps maybe I'll take this away and do some meditation on it and see if I can pick out, if there is in fact anything there that shows that there are other evidence for other individuals or other individualized leaders for both political and spiritual means, who would stand out as being



particularly related to OM energy. Okay, so I might have to go back and do that. Okay, the next question is from DT.

**3. I have been thinking over a question for your next Satsanga. It developed when I was re-reading The Origin Speaks and The Origin was describing how Event Space almost erased itself by creating Linearity. Here is my question: Does Linearity exist anywhere in our Source Entity's creations? I mean, we see time as linear but Kryon says that it is more circular. How does that compute with you? (DT)**

Well, time doesn't exist, and Kryon saying it's circular in my understanding is saying that really it's spherical, amorphous, an amorphous sphere, just to answer the question that's about to come from the previous questioner.

So everything is concurrently coexisting in the same space. Okay, and I'm going to go back to the very first explanation of event space that that entity called Byron gave me a long, long time ago, when it said that you can think of event space as a rubber band ball. Now we've all made rubber band balls, when we've got lots and lots of rubber bands, and we've wrapped them together to create a ball. And those of you who have taken a golf ball apart will understand that golf balls are made of not rubber bands but a continuous string of rubber all wrapped together, or they used to be before they became solid.

But a rubber band ball is basically rubber bands. Okay, so if you think of what Kryon said that time is circular, and you think of an event space as being one of those rubber bands, okay, or the events in event space as being one of those rubber bands, a rubber band is generally circular. So what you have is an explanation, which is almost there but not quite. So Kryon is giving us, if Kryon knows more about the greater reality than we are able to digest, then he will give us part of that information until we can understand that and then move on to the next level.

This is how we learn and evolve. This is how we go through school, and how our guides work with us. We get to a certain level of education with one particular teacher, and then when we've reached that level of education, we can move on to the next level of education with the new teacher. And this is the same with spiritual teachers as well and it's the same with me. When people understand my work, somebody else will come along with a deeper level of information and understanding and people will move on to that as well.

So each event within the overall event space is like a rubber band wrapped around each other. And so each event within the event space is in contact either directly through direct contact with another rubber band, or indirectly through contact via other rubber bands. And so everything is in contact directly or indirectly, or should we say in contact in some way to make this spherical condition. And so that's the description of it. So Kryon's description is based upon one small stepping stone towards a more deeper understanding. Okay, so that's good, that's a very good question. The next one's from BP.

**4. Sometimes I feel embarrassed being here on Earth. Buddha, Jesus, Mohammad and others have provided mankind with profound knowledge and demonstrations - and yet hundreds of years have transpired without humankind making any significant spiritual progress - instead we have non-stop war culminating in the horrific 20th century wars (BP).**

**In present day, we have more profound knowledge coming through you and others and yet humankind continues to remain stuck in the muck. Just look at the behavior in the United States which has become a psychotic polarized society or the never ending turmoil in the Middle East, or the disasters in Venezuela, Cuba, North Korea, many African nations - humankind continues to be completely victimized by its own hand (and of course blame it on everybody else including God) - not too spiritual if you ask me?**

- Question is why is this place such a quagmire? Why is humankind so dim-witted? Or is the Earth experience always going to be like this? Sort of a perpetual elementary school for us lesser lights to enable us to move up the evolutionary scale elsewhere?**
- And has the church been a key enabler to the so-called human condition by preaching for hundreds of years that we are nothing but unworthy sinners whose only recourse is to beg for God's mercy (completely contrary to the teachings of Buddha, Jesus and Mohammad)?**

(40 min) Basically, we've put ourselves where we are through the use of our individualized free will and becoming addicted to in effect being selfish. The function of being incarnate gives us almost total separation from that which we truly are, our True Energetic Self, and obviously part of Source. And so that becomes part of our experience, and collectively we experience this separation together, and we work together in some way, shape or form to create an environment, where we can experience various different levels of experience within this.

The issue is that the free will has allowed us to become addicted to low frequency thoughts, behaviors and actions and become selfish and self-centered and materialistic. The issue of teaching of who and what we are from the masters, such as the Buddha and Mohammed and Jesus, has also been prostituted and manipulated by people to create power for themselves.

So really saying my school is better than your school is nonsense, because they all...if you go back to the very start of the teachings of these masters — they all...and Yogananda as well and Sri Yukteswar and Lahiri Mahasaya and Babaji — and all these different individuals that just appeared into different event spaces, were all pure at one point. There were all different ways of achieving the same thing, not one was better than the other. They were just different angles, they were different keys that opened the same door.

The thing is that mankind in its low frequential state started to believe that one was better than the other, or one was more in tune than the other, and so there was friction created between them and so we create a level of competition, which is low frequency. You know competition is a low frequency condition, because it's trying to make one person better than the other. I mean we revel in this and everything we do in sport is competition, isn't it, if you think of it. So the whole thing is perpetuated when we go in circles of self-centeredness and status and material desirability.

But this is all to do with free will. At some point we will move out of this, when we have moved beyond this point of desire of being self-supporting, so to speak, and we start to realize that the bigger picture is to help each other, to help others, then we'll move out of this and we will become that which these enlightened masters were trying to teach us to be and trying to give the ways and directions to move into. And so from that perspective, we will move forwards. But we have to do it in a way, where when we're incarnate — we clearly know it when we're disincarnate — but when we're incarnate, we start to realize this and work together.

This will happen eventually. There will be a function of critical mass, because when we get a number of individuals who are working together, like of like mind, they attract other individuals together of like mind. And although the function of critical mass won't automatically cause a switch, it will start to affect the thoughts, behaviors and actions of others, who are thinking in a more lower frequency way. So it'll start to spread in a direct line and in a volume based triangulation basis, which is triangulation, something I've described in previous Satsangas. So it will happen, that we work through our own free will of first of all, embracing self-centeredness and materialism and then rejecting it and moving forwards and becoming more spiritually orientated, but it will take quite a bit of time.

(45 min) If you look at the example of the old story of Adam and Eve and the snake and the tree and the apple, then the apple was basically free will. Incarnate mankind chose free will over God's will. Man thought that working to God's will or the Source's will was going to constrain it and going to limit it. But actually we would have had unlimitedness had we chosen God's will.

And so with the shiny jewel of free will blinding the ability to understand that working in God's will is a higher function, we chose free will. But that free will will eventually result in us becoming more understanding of a collective function over a period of event spaces, time if you want to call it that. And we will start to become working more in God's will eventually collectively together — and not just as a location for incarnation on a planet called Earth but across the whole of the lower frequencies and the upper frequencies associated with the physical universe. Okay, so I hope that answers that particular question. The next question is from DC.

##### **5. Does Origin, the Source, or the Source Entity or even the other high spiritual beings ever exhibit human qualities such as anger, disappointment, or discouragement? (DC)**

- **I suspect the answer is no, however, when we look at all of the hard work we are doing to improve our earth and there are some setbacks such as the Atlantis, Lemuria & Maldek and all of the nonsense and shenanigans that we have gotten ourselves into over our time here or event spaces, how did they see the setbacks or am I seeing this only as a human with an ego? I have heard it said that reality unfolding is always perfect and that it is God's will for us.**

Actually, very interesting question. And I really do thank you for this, because actually the Source and obviously ultimately the Origin, experiences all of these things through us. So when we experience disappointment, anger, frustration, discouragement, rejection, acceptance, so does the Source. And it experiences it in all the different ways, angles, directions and intensities that we all individually and collectively experience it.

So it does experience it, but it experiences it in a way, which is not going to affect it. I mean our experience is minute, it's significantly less than minute in reality, and so it's not going to affect the overall personality of our True Energetic Selves, let alone that which the Source is. And so we experience these things, but it's recorded as being an experience rather than an in depth emotional response, so it's understood, known, recorded, logged and that's it. It goes, it doesn't affect the Source. But the Source does through us, our own experiences, experience it as well concurrently.

So everything that we're experiencing, our True Energetic Self, and therefore, Source experiences concurrently. And that's every part of us, so all the different projected Aspects in the

physical universe and the Shards from those projected Aspects, and the primary and secondary incarnations as well, and the parallel versions in different event spaces that are all created and that explode and implode, are all experienced concurrently by our True Energetic Self, and therefore, they're all experienced by Source. So if you think of all these things happening all the time, you can see how small a momentary feeling of disappointment or anger or concern or worry or anxiety is in the bigger picture. It's just a...even though we think with all of these collective versions of ourselves, there must be big, but no, it's nothing in comparison to what the Source is, but it does experience it.

So it experiences it through us, not experience it itself. That's one of the reasons we're here, which is interesting, because if we weren't here, the Source wouldn't experience these things, and therefore, it wouldn't evolve in this particular way. So good question and thank you very much for that. The last set of questions are from JM.

#### **6. Aloha Guy, here are some of my questions. Again, answer what is helpful to all? (JM)**

- **“The History of God” page 379. Aliens make suggestions "to help with the progress of technology." Are aliens the source for most of our technological breakthroughs - computer chips, medical devices, space craft etc.?**

They and those entities, who remain disincarnate and work with the entities, who are open to suggestion, the source of some of our major technology leaps. Once we understand that technological leap in whichever direction it's going into, we can work on it ourselves and move forwards ourselves, so they help us to move in directions along with other entities.

(50 min) So there are aliens — well, there are other incarnate vehicles of a higher frequency, and in this particular frequency, who are working in the grace of God, so to speak, or grace of the Source, who are putting little nuggets in our way for us to use and understand, and then use those techniques to move further and forwards.

And clearly, there's a lot of technological progressions we've had in the last fifty years that have been quantum leaps really, so you can see that there's evidence there that we have had help in some way, shape or form, either from the guides and helpers of those entities, who have come to bring those into light, such as Baird or Marconi or Edison, okay. And there's others, who have been given help through again suggestion through telepathic communication.

Sometimes there are actual handing over of physical technology, but that's generally from those incarnate entities, who are working for the higher good, who are based upon the third frequency, which is where we are now. Okay, so I hope that answered that question.

- **HoG page 380. Aliens are helping us develop machines that will enable us to tap into the limitless free energy that is available to us. Will any of us live to see an actual physical machine that will do this?**

There are machines already available and they are hidden. They are hidden for a number of different reasons. One, and I'm not creating a conspiracy here, but there are very powerful companies, who rely on fossil fuels, who don't want to lose their business to individualized machines basically, machines that would be the size of a packing case that would provide enough power to energize a house for a year or two. It's not in their best interests to allow this to

happen, but they are there. There's a number of them there. Some of them are based upon hydrogen cracking. Some of them are based upon zero point energy. Some of them are based upon using the orgone, actually tapping into the orgone.

Some of them are based upon certain levels of sacred geometry. There's one particular individual, who was very good at using sacred geometry to create weather conditions, changes, and I can't remember that gentle person's name, but it was an American chap. And he was able to use the sacred geometry, some of it rotated, some of it didn't, and it was not particularly sacred geometry per se, but that was the exterior appearance of it, it was the types of materials that were together that made that geometry work and create — the only way I can say it — an etheric buffer that pushed the etheric function of the weather systems around, and allowed the grouping together of water particles that were sort of naturally, randomly free in the air creating clouds and cloud burst.

So the technology is there, it's just that sometimes it's not the right time for it to come, and sometimes it needs to have somebody involved, who's got a bit more political clout, so to speak, to be able to push it forwards. And sometimes there needs to be enough demand as well from the world to allow these things to come forwards and proliferate. So they're there.

Will we see it in our lifetime? I would like to think that some of us will. I feel that within the next 35-36 years, we will start to see some of these things coming into fruition. Some of them are a bit, specifically, the ones that work with orgone — free energy that's available in all parts of the physical universe and beyond — are a bit, shall I say, out of calibration, and so they can create more damage in the higher levels of frequency in terms of harvesting energy, so they need to be refined to be able to be used more accurately and more usefully to us.

- **HoG page 427. The SE still chuckles over the idea that human age, when they could just command their bodies to stay like that of a teenager for 500 years. Is it really that simple?**

Yes, I mean Babaji has managed to do it. Babaji is an unascended master and has decided to stay in the physical to help us navigate through the physical, and move ourselves through the introduction of various different techniques, kriya yoga being one of them, to move beyond the need to incarnate.

(55 min) When we were higher frequency in several times that have gone past and several civilizations before Atlantis basically, and even some yogis could do it now, some very, very advanced yogis, and certainly some very advanced Tibetan monks used to be able to do it, I mean 500 years was simple really. It was much higher than that, they could go for thousands of years, if they wanted to, if they chose to do so. I mean don't forget that working on the Earth is particularly hard and difficult and constraining, so why would we want to live here for 500 years, even though we were being in a virile sort of teenager's body, it's still pretty limiting in terms of what it is.

So when we're higher frequency, we're able to tap into higher functions, and those higher functions are the manipulation of energies. And that manipulation of energy allows us to refresh or remove certain levels of programming associated with the gross physical, and that means you could perpetuate the length of time that various cellular structures exist without degradation. Higher frequencies also meant that we were relying more on the energies associated with the

chakras rather than gross physical energy, such as vegetables and meat, and so the human form was purer then. And so maintaining its form for longer than its current three score years and ten was quite simple. Because we were operating on a higher frequency, we were also on a higher frequency and we could manipulate energies as well. And the energies of the human form were also manipulable, so that's a long time ago, but it's still possible.

But because of the lower frequencies, the ambient lower frequencies of who and what we are, it's difficult for us to increase our bandwidth to be able to communicate with our True Energetic Selves and the environment that our True Energetic Selves exist within — we're within the Source, let alone be able to be so creative that we can not only manipulate the longevity of our form, but create things from nothing by reassigning the molecular structure of that which is air into say a tree or a seed, for instance, because those things were also possible.

- **HoG page 481, the Source describes you as "somewhere near being awake." Are you "awake" now or still "somewhere near being awake." If you are still "somewhere near being awake," are there any human beings who are genuinely awake?**

I still classify myself as "somewhere being near awake" and with the continuing persistence of being in a lower frequency environment right now, everybody who is somewhere near being awake has struggled to stay at that level. Some have dropped down a bit, and I feel that at times even I have dropped down a bit as well. And that's to keep at a level of awareness and awakefulness and frequency, whilst the frequencies around you are dropping is particularly difficult, because these things drop down in a very slow and very comfortable way, so that you don't realize that your frequencies are dropping down until you fall asleep.

It's a bit like getting hypothermia or even a lack of oxygen in a room, you suddenly start to fall asleep, but you don't realize you're falling asleep. And the falling asleep in this instance is the lack of awareness and moving back into the totally immersed human being state. So we're all affected by it. And I know that there's going to be a time when I will be significantly more awake than I am now, but now is not the time. I have a role to play with the work I'm doing now.

The work I'm doing now clearly is to help educate others to experience what I'm experiencing and to progress further and hopefully beyond what I can do currently. And also to provide the information that's going to support the expansion of understanding and to support levels of sentience that can work with and understand and absorb the greater detail or depth of detail behind the greater reality, and part of that is the books.

And so that's going to be I'm being told around my 65th-66th year, because I've got five more books to do. And one of them is going to be about healing. One's going to be about the OM. One's going to be a little bit more about the Origin, and then I've got one that discusses the religions and how they relate to my work and what their source is and how we can work with them. And the other one is about the different antichrists, people such as Hitler and Idi Amin and all those other individuals, who are classified as being totally evil, where a world works together against them and what the whole point of those is.

(1:00) So basically, this answers question #5 (next)...

- **In "The Origin Speaks," the Origin says it is receiving information from SE 12 that is "very interesting." Then you mentioned a possible book on the horizon and the Origin**

**agrees with you. What might this book be named and when in the sequence of the books you're to write might it come?**

This is going to be Book 9. Book 8 is going to be about healing processes, but not just energetic and vibrational healing, but psycho-spiritual healing and understanding how we incarnate in the various different forms of incarnation, and how our psycho-spiritual programming affects us physically and spirituo-physically as well and how we can work with that. So that's the 8th book, and it's all there in my head, because I'm doing this work every day, so it's just the case of getting down and writing it.

The 9th book will be called "Beyond the Origin" and that's going to work with the sort of thing that SE 12 is working with in just going beyond the volume of space that is currently the first of the 12 major zones I'm being told of the 12 zones within the current area or volume of polyomniscient sentient self-awareness, that the Origin is now currently mapping out. Okay, so the book with the Origin is going to be called "Beyond the Origin," which is not specifically beyond the Origin but beyond its current area of polyomniscient sentient self-awareness.

Well, that's the end of the questions. Thank you very much for all these questions. Very, very diverse and searching and interesting. And very nice to be able to answer and sometimes challenging to be able to answer as well.

### **Part 3. Meditation**

(1:02) So the next part of this is a meditation to help to repair or replace an organ or body part within the human form. What we'll do is we'll go into meditation first, I'll explain a few details first to explain the concept.

Please download the high quality [MP3 File](#) to do the guided meditation with Guy Steven Needler via his website or blog (meditation starts around 1:02:30).

(1:29) Closing comments: Thank you very much for taking part in the Satsanga on the 26th of May 2018, which is held in conjunction with Kevin Moore and The Kevin Moore Show. I thank Kevin, again he's doing a wonderful job in the work he's doing to help educate everybody in his own unique way helping to awaken us all and expand our understanding and our knowledge base and our consciousness with the use of The Moore Show and MooreTalk. Thank you Kevin, thank you all. And God's love to you all, Source's love, Origin's love, and looking forward to working with you on the next Satsanga, which will be I believe on the 30th of June 2018. Okay, so again thank you very much for listening to this Satsanga and namaste and blessings." END

BELOW: Please see Addendum: Chakra Opening Exercises by Guy Steven Needler

# Chakra Opening Exercise – A prelude to Traversing the Frequencies

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Please refer to the back pages where the descriptions of the functions of the chakras and their associated auric layer are explained.

1. Find a quiet room where you will not be disturbed.
2. Stand with your knees slightly bent, feet shoulder width apart, arms and hands by your side, close your eyes and focus on the area of the third eye, the spiritual eye which is positioned above the bridge of the nose and between the eye brows..
3. Ground yourself by imagining a climber's rope attached to you and an anchor buried deeply in the ground. You will need this, and you should keep referring to this grounding link throughout this exercise. This will help you return to the physical.

Each chakra is associated with an auric level (frequency level). Imagine them opening in order. This will allow you to ascend to that auric layer level and frequency.

4. Concentrate on your base chakra. Imagine it as a cone and extend it vertically downwards out to its full extension of 9”-12”. Then rotate it clock-wise. To assist you in the correct rotation imagine you have a clock on the floor and that your Chakra rotation is mirroring the second hand rotating from left to right. When a Chakra is fully extended and rotated in this way it effectively opens it allowing it to receive the energies necessary to invoke the 1<sup>st</sup> Auric layer – the etheric allowing you to also assume this level. Feel the energies that being on this level, the etheric level, Level 1 gives you. Do you feel tingling, see colours or images in your closed eye vision, feel heat/cold, feel pressures around your head, experience emotional changes – these are all signs that your physical body is experiencing the energies associated with this level; they are proof of this change in frequency. Make a mental note of it.



5. Move on to the second chakra, the sacral. Imagine it as a cone and extend it horizontally in front of you, out to its full extension of 9"-12". Then rotate it clockwise. To assist you in the correct rotation imagine you have a clock on a wall in front of you and that your Chakra rotation is mirroring the second hand rotating from left to right. When a Chakra is fully extended and rotated in this way it effectively opens it allowing it to receive the energies necessary to invoke the 2<sup>nd</sup> Auric layer – the Emotional layer allowing us to also assume this level. Feel the energies that being on this level, emotional level. Do you feel tingling, see colours or images in your closed eye vision, feel heat/cold, feel pressures around your head, experience emotional changes – these are all signs that your physical body is experiencing the energies associated with this level; they are proof of this change in frequency. What is the change in this level compared to that experienced in the previous level? Make a mental note of it.

6. Move on to the third chakra, the solar. Imagine it as a cone and extend it horizontally in front of you, out to its full extension of 9"-12". Then rotate it clockwise. To assist you in the correct rotation imagine you have a clock on a wall in front of you and that your Chakra rotation is mirroring the second hand rotating from left to right. When a Chakra is fully extended and rotated in this way it effectively opens it allowing it to receive the energies necessary to invoke the 3<sup>rd</sup> Auric layer – the mental body layer allowing us to also assume this level. Feel the energies that being on this level, mental body level. Do you feel tingling, see colours or images in your closed eye vision, feel heat/cold, feel pressures around your head, experience emotional changes – these are all signs that your physical body is experiencing the energies associated with this level; they are proof of this change in frequency. What is the change in this level compared to that experienced in the previous level? Make a mental note of it.

7. Move on to the fourth chakra, the heart. Imagine it as a cone and extend it horizontally in front of you, out to its full extension of 9"-12". Then rotate it clockwise. To assist you in the correct rotation imagine you have a clock on a wall in front of you and that your Chakra rotation is mirroring the second hand rotating from left to right. When a Chakra is fully extended and rotated in this way it effectively opens it allowing it to receive the energies necessary to invoke the 4<sup>th</sup> Auric layer – the astral layer allowing us to also assume this level. Feel the

energies that being on this level, astral level. Do you feel tingling, see colours or images in your closed eye vision, feel heat/cold, feel pressures around your head, experience emotional changes – these are all signs that your physical body is experiencing the energies associated with this level; they are proof of this change in frequency. What is the change in this level compared to that experienced in the previous level? Make a mental note of it.

8. Move on to the fifth chakra, the throat. Imagine it as a cone and extend it horizontally in front of you, out to its full extension of 9”-12”. Then rotate it clockwise. To assist you in the correct rotation imagine you have a clock on a wall in front of you and that your Chakra rotation is mirroring the second hand rotating from left to right. When a Chakra is fully extended and rotated in this way it effectively opens it allowing it to receive the energies necessary to invoke the 5<sup>th</sup> Auric layer – the etheric template layer allowing us to also assume this level. Feel the energies that being on this level, etheric template level. Do you feel tingling – are they getting finer, see colours or images in your closed eye vision, feel heat/cold, feel pressures around your head, experience emotional changes – these are all signs that your physical body is experiencing the energies associated with this level; they are proof of this change in frequency. What is the change in this level compared to that experienced in the previous level? Make a mental note of it.

9. Move on to the sixth chakra, the third or spiritual eye. Imagine it as a cone and extend it horizontally in front of you, out to its full extension of 9”-12”. Then rotate it clockwise. To assist you in the correct rotation imagine you have a clock on a wall in front of you and that your Chakra rotation is mirroring the second hand rotating from left to right. When a Chakra is fully extended and rotated in this way it effectively opens it allowing it to receive the energies necessary to invoke the 6<sup>th</sup> Auric layer – the celestial body layer allowing us to also assume this level. Feel the energies that being on this level, celestial body level. Do you feel tingling – are they getting still finer, see colours or images in your closed eye vision, feel heat/cold, feel pressures around your head, experience emotional changes – these are all signs that your physical body is experiencing the energies associated with this level; they are proof of this change in frequency. What is the change in this level compared to that experienced in the previous level? Make a mental note of it.

10. Finally move on to the seventh chakra, the crown. Imagine it as a cone and extend it up towards the ceiling vertically out to its full extension of 9"-12". Then rotate it clock-wise. To assist you in the correct rotation imagine you have a clock on the ceiling above you and that your Chakra rotation is mirroring the second hand rotating from left to right. When a Chakra is fully extended and rotated in this way it effectively opens it allowing it to receive the energies necessary to invoke the 7<sup>th</sup> Auric layer – the ketheric template layer allowing us to also assume this level. Feel the energies that being on this level, ketheric template level. Do you feel tingling – are they getting still finer or have they gone, see colours or images in your closed eye vision, feel heat/cold, feel pressures around your head, experience emotional changes – these are all signs that your physical body is experiencing the energies associated with this level; they are proof of this change in frequency. What is the change in this level compared to that experienced in the previous level? Make a mental note of it.

You are now at the end of the physicality/spirituophysicality of your human form. Stay at this level of a few moments absorb how you feel, what your physical body has experienced, giving you proof, physical proof that you have actually risen above those frequencies that you are normally associated with on the earth level – the zero level.

11. Slowly close each chakra one by one, starting at the crown chakra and finishing with the Base Chakra by first stopping the rotation of the chakra and then withdrawing it back into its location of origin (refer to the section on chakra name, and location at the back of this lesson). Make a note of the feelings, the feel tingling – are they getting coarser as you descend the frequencies, colours or images in your closed eye vision, heat/cold, pressures around your head, emotional changes. The experiences, the responses that the human form gives you, should be repeated on each of the levels in the descent in reverse order of that which you experienced them on the ascent.

12. To move down from the seventh frequency level to the sixth frequency level stop the rotation of the crown chakra and withdraw it back into the crown area of the head. You are now on the sixth frequency level.

To move down from the sixth frequency level to the fifth frequency level stop the rotation of the third eye chakra and withdraw it back into the area in-between the

eyebrows and above the bridge of the nose. You are now on the fifth frequency level.

To move down from the fifth frequency level to the fourth frequency level stop the rotation of the throat eye chakra and withdraw it back into the area of the “Adam’s apple”. You are now on the fourth frequency level.

To move down from the fourth frequency level to the third frequency level stop the rotation of the heart chakra and withdraw it back into the area in the centre of the sternum. You are now on the third frequency level.

To move down from the third frequency level to the second frequency level stop the rotation of the solar chakra and withdraw it back into the area 3 inches above the navel. You are now on the second frequency level.

To move down from the second frequency level to the first frequency level stop the rotation of the sacral chakra and withdraw it back into the area 3 inches below the navel. You are now on the first frequency level.

To move down from the first frequency level to the zero frequency level, the Earth level stop the rotation of the base chakra and withdraw it back up into the area of the groin. You are now back on the zero frequency level, the Earth level.

13. Finish by removing the mountaineering harness or belt and drinking some water to assist in the grounding.

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# A Description of the Chakras

The Chakras are cone shaped and when fully extended 9"-12" (open) and rotated (clock-wise as you see them, just saying clock-wise however will ensure they rotate in the correct way) they actively pull in energies associated with the specific frequency that they are calibrated to work with). Please note that opening the front (anterior or "A") chakras automatically opens the rear (posterior or "B") charkas because the "A" chakras are our intention and the "B" chakras are our action.

## The Names of the Chakras

**First Chakra** – Color: Red – called the Base/Root Chakra or Muldhara Chakra – Anatomical Association - Adrenals: Spinal Column, Kidneys - Located in Groin area, positioned vertically pointing towards the floor away from you.

**Second Chakra** – Color: Orange – called the Sacral Chakra or Svadhishthana Chakra – Anatomical Association - Gonads: Reproductive system - Located 3" below the navel area, positioned horizontally pointing away from you.

**Third Chakra** – Color: Yellow – called the Solar Chakra or Manipura Chakra – Anatomical Association - Pancreas: Stomach, Liver, Gall Bladder, Nervous System - Located 3" above the navel area, positioned horizontally pointing away from you.

**Fourth Chakra** – Color: Green – called the Heart Chakra or Anahata Chakra – Anatomical Association - Thymus: Heart, Blood, Vegas Nerve, Circulatory System - Located in the sternum, 3" above the area where the left and right hand side of the chest join together, positioned horizontally pointing away from you.

**Fifth Chakra** – Color: Blue – called the Throat Chakra or Vishuddha Chakra – Anatomical Association - Thyroid: Bronchial and Vocal System, Lungs, Alimentary Canal - Located in the middle of the throat, positioned horizontally pointing away from you.

**Sixth Chakra** – Color: Indigo – called the Third Eye Chakra or Ajna Chakra – Anatomical Association - Pituitary: Lower Brain, Left Eye, Ears, Nose, Nervous System - Located in the area of the 3<sup>rd</sup> or spiritual eye, above the bridge of the

nose and in-between the eyebrows, positioned horizontally pointing away from you.

**Seventh Chakra** – Color: Violet – called the Crown Chakra or Sahasrara Chakra – Anatomical Association - Pineal: Upper Brain, Right Eye - Located on top of the crown of the head, positioned vertically pointing upwards away from you.

## **Chakra Opening Exercise – A prelude to Traversing the Frequencies**

### **Psychological Function of Chakras**

**Chakra 1:** Quantity of physical energy, will to live.

**Chakra 2A:** Quality of love for the opposite sex, giving and receiving mental & spiritual pleasure.

**Chakra 2B:** Quality of sexual energy.

**Chakra 3A:** Pleasure & expansiveness, spiritual wisdom, consciousness of the universality of life and who you are in the universe.

**Chakra 3B:** Healing and intentionality towards your health.

**Chakra 4A:** Heart feelings of love towards other human beings, openness to life.

**Chakra 4B:** Ego will, or will towards the outer world.

**Chakra 5A:** Taking in and assimilating knowledge.

**Chakra 5B:** Sense of self within society and one's profession.

**Chakra 6A:** Capacity to visualize and understand mental concepts.

**Chakra 6B:** Ability to achieve ideas in a practical way.

**Chakra 7:** Integration of personality with life and spiritual aspects of mankind.

Notes:

Chakras situated in the front of the human body (so called A chakras) are associated to our intentions.

Chakras situated in the rear of the human body (so called B chakras) are associated to our actions.

Activating the Chakras at the front of the body automatically activates those chakras that are at the rear of the body.

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## **Chakra Opening Exercise – A prelude to Traversing the Frequencies**

### **Name, Appearance, and Function of the Auric Layers/ Levels**

**Auric layer 1** – Name: Etheric Body – Appearance: A web of tiny blue energy lines – Function: An energy matrix or template of the physical body.

**Auric layer 2** – Name: Emotional layer – Appearance: Colored clouds in continual fluid motion – Function: Displays and allows communication of the emotional content or feelings of love, joy, anger, etc.

**Auric layer 3** – Name: Mental Body – Appearance: Structured bright yellow light emanating from the head and shoulders of the body – Function: Contains the structure of our thoughts and ideas.

**Auric layer 4** – Name: Astral Level – Appearance: Amorphous clouds of Color infused with rose-colored light – Function: Facilitates the transition of spiritual energy to physical energy and physical energy into spiritual energy. Love between two people is displayed within this level.

**Auric layer 5** – Name: Etheric Template – Appearance: Has the appearance of a blue photograph negative made of cobalt blue lines – Function: The blueprint or perfect form for the etheric body to fill.

**Auric layer 6** – Name: Celestial Body – Appearance: Shimmering light made up of pastel colors with a gold silver shine – Function: The communication of unconditional love and of "being one with God."

**Auric layer 7** – Name: Ketheric Template – Appearance: A highly structured matrix of tiny gold-silver threads of light within an egg shape that shows the structure of the physical body and all chakras – Function: Accumulation of past life bands, life plan, holds the auric bodies together.

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