

December 16, 2016 - Pre-Recorded World Satsanga for The Kevin Moore Show

Transcript of Pre-Recorded World Satsanga by Guy Steven Needler:

“Welcome everybody to this World Satsanga on the 16th of December 2016, and as always it’s now in conjunction with The Moore Show, so it’s also broadcast on Kevin Moore’s YouTube channel as well, where Kevin does an excellent job of putting graphics on to the audio that supports this Satsanga.

And I’d like to wish everybody a wonderful Yuletide season as well, because obviously this takes us over Christmas and New Year and into 2017. So Christmas Greetings and Seasons Greetings and New Year’s to everybody who listens to this Satsanga. And thank you for continuing to listen to this, and thank you to those people who sent in questions this particular month. We’ve got a lot of questions to go through, so you’ll have to bear with me, if I speak a little bit quick over the next hour or so.

So let me just quickly go through the **agenda**. The first part is a little short talk on “What are dreams?” And I will also give you, if I can, a little bit of information that I gained from Paramahansa Yogananda about what he believes dreams are, or what he thought dreams were in terms of their relevance and their interpretation. Then we’ve got a whole group of questions. We’ve got questions from four people this time, which is fantastic.

And then we’ve got an end of meet meditation or end of session meditation, which is “Connecting with the Source.” Now we’ve done this a few times, but in this instance I’m going to show you a technique that allows you to connect to Source whilst here. Rather than using the consciousness or projecting the consciousness into a higher level of frequency, I’m going to show you how to bring the Source to you at these levels of frequency that are associated with incarnate existence.

Part 1. Lecture

So let’s go through the first part: “**What are dreams?**”

There’s various different interpretations of what dreams are. And there are a lot of books out there, that identify how dreams can be interpreted and what they mean, and most of them are symbolic. Now that’s a reasonable consideration in terms of symbology, and I’ll explain what I mean by that later. But dreams are basically two things:

1. They can be messages or information or guidance from our guides and helpers to help us with our particular incarnate journey, giving us information about how to solve problems, how to make different choices, directions to go into, and how to interact with others.
2. And also they can be memories, fragmented memories of projections of the consciousness outside of the gross physical form. Sometimes we call this astral traveling. Other times it’s further than astral traveling. I’ll explain the difference between astral traveling and projecting the consciousness outside of the physical universe in a moment.

So in the first instance, the dreams themselves are given as images, or sounds, shapes, feelings or knowingness by our guide and helpers. And if they’re images, we tend to get them in a symbolic way, so to speak. So this would tie in a lot of the information given in various different texts about what dreams are. So the symbology is relevant to various different things. And if you’re into symbology, then there’s a number of books out there, that clearly you can get from Amazon describing or trying to interpret what dreams are.

But usually things like animals are our base instinct. Individuals around us are an aspect of ourselves, and the environment around us is usually used as a method of saying where we are and what we are doing. And a house is usually our self, our True Energetic Self or Higher Self, Oversoul or Godhead, whichever way you want to describe it. And the rest of it is to do with how we move through our particular spiritual existence.

For instance, an aeroplane is our spiritual drive in terms of how we move, whereas a motor car or a bicycle, or a motor bike is our drive whilst incarnate, our motivation, if you want to call it that. So the symbology associated with giving guidance by our guide and helpers is based upon those basic terms. And we interpret them based upon that basically. We work out what somebody is doing to us in our dreams as a reason for understanding some part of our own personality that we're trying to work with.

(5 min) We understand how our spiritual journey is by seeing a sign of a plane that we've got, or how high it goes, or what happens to it, and the same with a car. And of course, the house is also an indication of how big we are, and potentially how many rooms are in the house is usually an indication of how many other aspects are projected into physical forms, and where we go there. Other things, like sea or water are also an indication of cosmic consciousness. That means tapping into the consciousness of Source, and the environment that Source is, not just the consciousness or sentience of Source, but also the energies associated with Source that house that sentience. So when looking at dreams, think of it in terms of one particular aspect of it is that we are being given guidance by our guide and helpers.

The second one, which is astral traveling and projection of consciousness beyond the physical universe, can be described in the same way, although in terms of the interaction and the information that we get can be described in the same way, although where we go to is different.

For astral traveling, we basically don't go outside of the physical universe. We stay within the frequencies associated with what is called the astral plane. In my understanding, that's the 4th, 5th, 6th and 7th frequencies. The 4th frequency being the lower astral, 5th being the upper lower astral, 6th being the lower upper astral, and the 7th being the upper astral. And so when we astral travel, we stay within the frequencies that are associated or very close to those that we are incarnate into, but also that stay well within the frequencies associated with the first universe, the physical universe, which is where we are now.

In terms of the other projections, projection of sentience beyond the physical universe, that's similar to the Traversing The Frequencies Workshop that I teach in my TTF workshops, where we project the consciousness into the rest of the physical universe, clearly the physical universe as well in the higher frequencies, but also the other universes or frequential levels that house these universes within the structure of the multiverse, which is a function of the structure of Source. And so we project our consciousness into those areas as well, which means that we leave our environment, the physical universe, and move into different environments.

Now in that instance, and in both of those instances, we will be experiencing different things. And if we move into areas of the physical universe, that are of a higher frequency and outside of the confines of the planet Earth, then we start to experience things, which are outside of our current understanding through this particular incarnate existence, so in that respect we would experience things that we don't have any knowledge of, so to speak.

So when we see something or experience something or know something, there's no reference point for us, even if there is no direct reference point for us, that is. And so what we do is we in effect see nothing sometimes, and this is the effect of the "dreamless sleep." Because there is nothing to relate it to, we don't have any vocabulary to help translate it. And our vocabulary is everything that we've experienced in this particular incarnation, so it's not just the spoken

language or sign language, it's the total experience that's being used as a translation medium. And that could be anything from cartoons to television films, going on holiday, experiencing your career, or at school or university. So everything that's you've experienced as an experience is a form of language that you can use to translate what's being experienced in these various different excursions either astral or extra-universal, so to speak.

So when we get experiences there, we will get something which we either understand directly, which is usually when we're astral traveling. There's a direct translation there, so there's no need to have any symbology, or have any translationary errors, so to speak, due to our lack of direct knowledge. Or we have the translation effect, which usually happens to us when we go beyond the Earth, and also beyond the physical universe. And so if there's something, which is close to us, close to our level of understanding, it's used as a translation medium.

(10 min) And one of the things I like to use in the Traversing The Frequencies (TTF) Workshops as an example of what happens is that if we, for instance, have never seen a giraffe before, but we're then presented with a giraffe, what do we call it? We either see nothing, because we've got nothing to translate it with. We don't have anything that's got four legs, a horizontal back, a neck, a head, and a snout and a tail. Or we have something which is similar.

So if for instance, we have never seen a giraffe before, but we have seen a dog before, we know what a dog is. We look at the four legs of the dog, and the four legs of the giraffe and say, yeah, okay, there is a similarity there. We look at the horizontal body of the dog, and the horizontal body of the giraffe, and we say, yes, there's a reasonable sort of correlation there. We look at the tail, yeah, there's a tail on both of them, so there's a correlation there. There's a neck on both of them, but the neck is taller on the giraffe, but okay, there's a neck on the dog, so it's fairly similar there. And there's a head there and a mouth and a snout and a nose and his ears, and okay, that's the same with the giraffe vs. the dog, and there's a similarity there.

Okay, the giraffe's got a couple of small horns, and that's a sort of slight error, but nevertheless it can still be considered to be a dog, even down to the coat having the different patterns of dog. We know some dogs have the different color patterns on their coats, so we can say, okay, the giraffe's a dog. And so what we get when we see a giraffe is a picture of a dog, not the giraffe, because that's the translation medium, it's gone, and that's the process of how we translate.

So when we experience these different things from extra-Earth astral traveling or extra-universal traveling, and we don't have a direct translation, i.e. we see a dog, and we know what a dog looks like, so it's a dog, then we see something, which is a translation, which is the giraffe being represented in the dog. And so we start to see things that are a bit strange, and sometimes we get cartoon images given to us as well, or characters from films, because those are the closest things that we can use as a translation medium. And so it's not uncommon in dreams to see cartoons, or it's not uncommon also within the TTF excursions to also get cartoon images.

So when we see these sorts of things, we have to use them as a translation. What do they mean? What would they represent? What would they be close to? So we can use that as a way of trying to decipher what we're experiencing when we have excursions beyond the universe and within the universe but within the astral levels. So the only way to work with this is to get used to what something means to you. What does this image mean to you? What does that image mean to you? What does this experience mean to you? What does that experience mean to you?

And then if you're experiencing something in your dream, or your memory of extra-Earth excursions or astral traveling, or extra-universal excursions through projection of consciousness further, as part of your sleep time work, and/or the images that you can be given by your guide and helpers, try to use commonality in your interpretation. Do it on a regular basis, work out

what it is, and you'll start to get a really accurate response. But don't forget that there's always going to be new translations, or new symbology that comes into it sometimes, or new strange images, and so we have to work out what those images mean to us, and then we start to get the full picture coming out.

So little bit on how to translate what images we can see in dreams, and a summary of what dreams are. Basically, they are either information or guidance from our guide and helpers, or they're images from our astral traveling within the frequencies associated with the astral levels, sometimes on the Earth, sometimes off the Earth. Or they're images from our consciousness being projected beyond the physical universe. So I hope that explains that. And what I would do is for those of you, who are interested, just go to Amazon and simply type in "dream translation" or "understanding what dreams are," and there's lots and lots of books there, okay.

So let's have a look at what we've got in terms of our questions now. We've got lots of questions.

Part 2. Questions and Answers

1. The biggest questions that have been coming up is this: With all of the world events occurring and given that we appear to have free will....how is it that we seem to keep making choices that are uninspired, unhealthy and uninformed? I often feel as if I am watching a Drama unfold with none of the actors realizing that they are in a play. How do we really help people that claim to want help and yet seem incapable of making any changes?

- **How is it that we seem to keep making choices that are uninspired, unhealthy and uninformed?**

(15 min) I think I'll answer the second question, I'll come back to the first bit. At the moment, the Earth is going through an extended downward movement in terms of frequency. I felt we were going up earlier in the year, probably around February time, and then just after February, we started to dip down. And I associated first the dip down being similar to this normal sort of sawtooth profile we get, when we move up and down the frequencies, but with the average being upwards.

However, I've since recalibrated that thought process and realized that it's actually that we're going through another downward profile, a continued downward profile, that is more like the sort of sawtooth profile of a large woodsaw—the sort of thing we that used to have to have, when we had one man in a pit, and another man at the top of the pit, and there was this huge 10-foot long saw that they would pull. And the teeth were big teeth with little teeth in between the big teeth, so to speak. And we've recently been going up and down the little teeth profile, and now we've gone down a big tooth profile, a big down tooth.

So those who are maintaining their frequencies as a result of this drop will see things happening around us. They'll feel more like people aren't understanding what's going on around them. They don't understand their environment. They don't understand what they are from a bigger perspective.

But also as we move down the frequencies, if we're not careful, we do also move down as well. And so we start to lose very gently—it's almost like going to sleep—we start to lose very gently our own connectivity. And so we start to go into different levels of states of connectivity and

functionality. One of those states is that we start to—although we've forgotten our higher functionality because that's a function of a higher frequential state—we start to have this feeling that there's something else out there, that there's got to be more than this life, and there's got to be more than what we're experiencing. And so we go back into the sort of first stages of the awakening process, where we're starting to question our environment, and the actions of ourselves and those individuals around us.

And so this is what is going on. We are making choices that are uninspired, unhealthy and uninformed, because we are dropping down the frequencies. And we're not vigilant enough sometimes to catch ourselves dropping down the frequencies. Like I said, it's a little bit like slowly falling to sleep in front of the fireplace while we're watching television. It catches us out. So that's why we're moving down, and that's why some of us are getting that feeling.

Again, thinking about it now, this probably is in addition to or an extension of the first question. And I'll say it again:

- **I often feel as if I am watching a Drama unfold with none of the actors realizing that they are in a play.**

And that's the feeling basically. That's the feeling of understanding that there is a greater reality out there, and that people are just going through their incarnate existence. They are totally immersed. And when we're more alert, aware and awake and at a higher frequency, we do feel like we're watching a play, because everybody is so immersed in their incarnation, that they're not able to wake up and realize who and what they really are. And again, you won't be able to help them.

- **So how do we really help people that claim to want help and yet seem incapable of making any changes?**

The old adage is that you can lead a horse to water, but the horse has got to drink the water itself, or want to drink the water itself, i.e. you can't make it drink the water is absolutely true in this instance. There are that many individuals, who want to be healed, but then can't get to on a regular basis to the healing appointment. It's amazing.

And so all we can do is we send them love and understanding, and show and lead by example. We can't make anybody go anywhere. This is all part of this free will business. We can only show what the route is, what the best route is. We can't force them to go in any direction, so all we can do is send them love, and give them advice when they ask for it. But don't, if they ask for advice, and we give it to them, and then go and do something completely different, don't get frustrated. It's just that they don't really understand that they have to move forwards in that way.

(20 min) And the next part of it is:

- **David Spangler from Findhorn** [Findhorn is a place in the U.K. for those who don't know; it's a community based upon an idealistic system, where we can all work together in a sort of kibbutz or ashram type existence, where we all work for the benefit of each other; and it works well, although they would also say that they've got their own problems as well] **claims that our biggest problem is not that we are spiritual beings incarnate in the flesh but rather that we are not incarnate enough in the flesh and I believe he may be right?**

I don't really subscribe to that comment by David Spangler. I think it's that if we were too incarnate, we wouldn't be allowing ourselves to move beyond the need to incarnate. We'd continuously come here, because we'd continuously be immersed in it. The whole point of being here is to experience, learn and evolve whilst experiencing the aspects of the lowest frequencies, and whilst we're here in this particular instance move beyond it. And so if we're not moving beyond it, we still stay within the cycle.

So from my understanding, it's we must get to the point, where we start to detach ourselves from our incarnate state. Otherwise, we don't take the opportunity to progress, to experience, learn and evolve through incarnation. We need to get to the point, where we are no longer in the need to incarnate, and then we'll be evolving through using the higher frequencies, rather than just the lower frequencies and the higher frequencies together. So the last part is:

- **Is the only solution to help people embrace more of their spirituality?**

Yes, we need to educate them in a way, which is (for want of a better word) the way that they can support. There's that many different ways of learning. We have to understand those different ways for people, and deal with them on an individual basis. And that's difficult. So we do need to move forwards in that particular way, in a way which is useful and realistically digestible for those people who have got different learning skills. Okay, so thank you for that. The next questions are:

2. This leads to my series of questions (there is a bit of a preface; okay, this is another one by a student, who is asking lots of questions about Source and Source's perspective):

- **What's in a name?** A rose by any other name would smell as sweet, so Shakespeare said. Words are simply a reduced form of communication that fails compared to intuitive and mental interaction directly, but written & verbal language is what we are reduced to right now.

Correct, basically that's a function of being of low frequencies. A name is a representation of who and what we are. Now although our parents give us our names, the parents are guided to give us names. The names have a resonant frequency associated with who and what we are from a greater personality perspective, not an ego-based personality perspective.

- **How can we use this weapon of the written & spoken word to awaken the masses to the power of mankind & our dire need to evolve through peaceful interaction?**
- This may seem trivial, to ask **what is the intrinsic power that we assign to things & how do we undo some of that negative connectivity**—but we are becoming an increasingly polarized society, where ignorance of recent history dooms cultures to relive & repeat these scenarios—in my own short lifetime I am witnessing these events unfold. If we remain ignorant of the lesson, it is repeated.

Yeah, I totally agree. And again we need to be in a situation, where we are leading by example, rather than by rote actually. We can give information in books, in videos, in audios, and we can give information on a one-to-one basis on a verbal basis. But it's always down to the desire of the recipient of that information to run with it, to move forwards with it, and to use it. That's the issue here. So all we can do is continue to think good thoughts, continue to think high frequency thoughts, behaviors and actions, and lead by example.

And also, there's nothing wrong with writing information about how to live, and how to be, and how to be in the physical but not of the physical, and it's important to do so. But more

importantly it's how to broadcast that on a regular basis in a way that you know you're doing a difference, and that is to be the example. Be the example. Be the individual, who's showing how to live. And let people follow you if they want to. And that's the way forwards. And they may not show that they're following you, they may just look at what you're doing, and go: okay, that's good for me and do it themselves. And that's the way forwards, okay. So the next part is:

- **Going beyond the names we assign to things, it is the resonant energy** that I would like to inquire about that is associated with people, geographic locations, periods of history, etc.
- **Can one transcend or transmute the energy of association—from a destructive to constructive, or disharmonious to harmonious form? Particularly how do we go about doing this when we live among layers of associations that are culturally embedded?**

(25 min) Okay, that's a good question. There is a preface to it here as well.

- **Associations are of all kinds—names that we give to familial, national, cultural, religious separations.** These end up serving as prisons for our thoughts constraining our ability to connect to the oneness through our uniqueness—I see these 2 as intertwined, not polarized components - oneness & uniqueness.

Yes, now then. This is all what's called segmentation. So in segmentation, we associate ourselves, or we associate others to various different thoughts, behaviors, actions, interactions and locations, and we segment them based upon that. When we start to work in a more generalized state resulting from being a higher frequency, then we no longer segment people. We no longer say that they are Somali, and we no longer say that they are British. We no longer say that they are American. We no longer say that they are German. We say they are human beings on Earth.

Now this—unfortunately right now we're going through a slight downward trend in the frequencies, as I previously stated. And this is resulting in us starting to resegment areas. And we can just see what's going on in Syria and Iran and Iraq, and those sorts of areas. And even within our own country where, for instance, in the U.K. we're giving power back to Wales, and the Welsh are sent into the Scottish parliament, and the English parliament. We're supposed to be the United Kingdom, and we're no longer a united kingdom. We're just a series of kingdoms again. And this is happening all over the world with various different things.

We sort of in giving power back, which is what...we should never have taken the power in the first place, but we are segmenting people. What we should be doing is working for the benefit of everybody in an equal way. And this is only going to happen, when we're a higher frequency. So unless we are showing how to exist and live in this instance by not classifying individuals as being one person or another, or the area that they're living being one type of area or another, or one type of experience as being one experience or another, we will always segment, and we will always embed individuals within their culture, within their environment, and within their location on the Earth. So we need to expand ourselves, and think beyond that, and think of ourselves as just human beings.

There's various different predatory science fiction films or other sort of fantasy films, that show that when we are threatened externally by other things, such as a mechanized world, or by a series of other entities that come to Earth and try to take the Earth, that we all start to forget our differences and work together. And maybe that's the thing that needs to happen. Maybe we

need to see ourselves properly as being a civilization or a group of entities that are incarnate on one planet, and that there are other individuals out there.

But all that will do eventually is, although we'll work together as being we are human beings, and we'll forget our differences and our segmentations, we'll start to segment ourselves and say: why should we, we're human beings. And we won't look at the bigger picture, which is we are an incarnate entity that's using the bodies that are on the Earth. And we're also part of this other greater series of incarnate entities, which are also souls incarnating, but they're experiencing their incarnation in a different body and in a different location within the galaxy or even in another galaxy within the universe. So I hope that answers that part. The next part is:

- **I as an individual can expand my awareness to see greater reality & oneness through meditation** (& by meditate that can be achieved in myriad ways found in respectful contemplation in nature, transcendently, traditionally, or whatever way one releases thoughts & expands their awareness).
- **How do we communicate that message of peaceful expansion, tolerance of uniqueness? How do we convey this message to those that link people into the group of "other" & "them? How do we help each other to become the observer rather than the actor?**
- We live among a society, Western culture in particular & the ripple that it impacts directly & indirectly, that is obsessed with attention for egoic reasons, and by definition this is the actor role not the observer. This links to the role of emotions as guides rather than dictating actions & the polarity that arises when one is in the puppet role of being the actor.
- **This reminds me of addiction**, which is defined as "the intention to experience low frequency stimulus" (pg 85, The Anne Dialogues).

(30 min) All we can do again as individuals is work with individuals who are like-minded. Paramahansa Yogananda used to say that if you want to experience expansion and samadhi, and continue to work towards it, then you need to surround yourself with like-minded people. Because when you start to surround yourself or interact with individuals, who are in variance to your thoughts, then you come down to their levels quite naturally, and so you never expand. So to go forwards, we need to continue to work with each other, and work with those individuals, who are of like mind, and together we move up the frequencies.

And then of course, we have the different forms of triangulation—direct and indirect—and inflational triangulation that allows other people to be affected by us, and that they will also start to be pulled up the frequencies as well. When they do so, they'll also start to seek better company, and to work in a higher way as well. And so this is particularly a function of really again showing by example, but working with people, and only working with people who are of that sort of thought process, and avoiding those individuals who are soothsayers of doom, or always looking at conspiracy theories, or always trying to gossip about somebody or put somebody down.

I very quickly mentioned Paramahansa Yogananda there, and I realized that I forgot to mention what his comments were on dreams. And he didn't put much thought, he didn't put much value on dreams by the way. He thought that they were misinformative as such. He thought that they were just simply again the sort of abstract translations of what was experienced. He valued samadhi, which is a form of transcendental meditation (where you're projecting your consciousness outside of the physical form) more, because that's done in a conscious way

more than receiving information in an unconscious way. So he was more into conscious experience rather than unconscious experience, and irregular memory, or the need to offer translation to the information that's there. So that was Yogananda's thoughts on dreams. A slight digression, sorry about that. Let's move further down. So the next question is:

- **On the topic of low frequency vs. high frequency stimulus: Can you elaborate on low frequency stimulation?**
- **Is this merely seeking to saturate one's awareness in the physical senses (over indulgence of our sensory perceptions expressed as neuroses, diseases, & addictions)? Or does low frequency stimulus include the shunning of moving into the higher frequency that requires a refinement of the human vehicle?**
- By this I am referring to the fear of learning or questioning things/ideas/political agendas/ etc. thought to be 'known'. The conceptual idea behind this argument is that frequency processing requires the capability of the instrument [the human form] to detect a given frequency, so **to which extent are those gaining evolutionary content through addiction cycles choosing their path as opposed to being on a fractal created by the intention in the first place?**
- **And how can we all work out these karmic links in the present moment?**

Low frequency stimulation is basically thoughts, behaviors and actions that are not pure. By not pure, I mean they are negative thoughts about people, gossiping, being arrogant or being angry, not helping others in terms of behavior patterns, not understanding people, not wanting to understand people, and the actions associated with it, which are things like dropping litter in the street, or things like having road rage, things like being aggressive at work, or shouting at people, or being arrogant, or conceited, or jealous, those sorts of things. They're all part of low frequency stimulation.

(35 min) The physical side, which is things like taking drugs without knowledge of what they are or how and what they are for, and seeking the responses that drugs give us on a regular basis—that's in a mechanical way by the way—in variance to using meditation techniques to achieve the same things and greater. And also things like physical stimulus, such as through sex that's being used as a pleasure or a stimulation, so to speak, rather than two loving individuals who are using it to recreate or reproduce the human form through love. And so there's a different thing there, so anything that is physical that is basically addictive is low frequency stimulation. And that's thoughts, behaviors, and actions...oops!

(Cat growling in the background—I've got a little pussy cat with me here, and she's got her claw stuck in me, so let me just...here we go, we sorted it out now. My cat Madame Pussy is with me, and she's been sitting with me all the time, and she got her claw stuck in my jeans, and she couldn't remove it, and she moaned a little bit. So there we go. Madame Puss on air.)

So really it's all about understanding what is human, and trying to avoid the things that are specifically human. The only way to work out of it is again to surround yourself with individuals who are of the same mind, moving upwards rather than downwards. And sometimes that does require isolation. You find that people who are moving forwards put themselves into an ashram or a kibbutz, or they become a bit of a hermit, for instance. They sort of isolate themselves, because they want to move upwards, and they don't want to be affected by that which is happening around them. And so that's the way some people can progress themselves.

And so we can only work it out by recognizing it within us, using the “observer self” to observe how we’ve responded in our thoughts, how we’ve responded in our behaviors and actions within various different things, which affect us within our environment and how we interact with others. And then try to work out what the better solution was. The next time we’re faced with these particular interactions with others, we then try to introduce the better solution, or the better interaction, the better thought, or the better behavior, or the better action rather than the aggressive one, or the individualized and the selfish one. So that’s the way to do that really is to sort of once we’re doing all these things, then the human form will move up the frequencies. The next one is:

- **“The intention to experience” is the next topic**—on pg. 87 in “The Anne Dialogues”...

And I’m really delighted that people are reading this book and enjoying it. It’s a bit of a watershed for myself, as you can imagine, but it’s also very informative as well. And although it’s based upon known subject headings, and I thought that there was no need to do this sort of book, because there’s lots out there, actually the information that’s come out is also an additional level of detail and depth to the existing understanding as well. So back into pg. 87.

- ...the Aspect is said to experience similar addictive conditions until the situation no longer generates the desire function.
- **Can you elaborate on why Aspects choose to embark on addiction paths—is it to fulfill a cleansing of their energies before reintegration with TES, OR is it a choice at all but rather a karmic fractal created by low frequency intention?**
- **Can you elaborate on the extent of this need to “quarantine” the newly demised Aspect from these addictions?**
- It seems to me that even the modern Western lifestyle generates an addictive element to be karmically worked out—our consumption has created addictions of all sorts that range from numbing our perceived pain through various societally named & medically labeled ‘drugs’, to the hoarding of wealth itself, to ownership & hoarding of things, to wasting of our time—so many addictions to name.
- **This begs the question of how long can we ‘live’ like this—generating a lifestyle that itself creates karmic addiction fractal spirals layered upon us?**

(40 min) Eventually we’ll have to move out of it; otherwise, we’ll crash and burn. But the reason for why an Aspect would incarnate into an environment that creates addiction or exposes it to an addictive path is to give it choice. We choose to experience the addiction, or we choose to ignore them and move on. It’s as simple as that. We sometimes choose to experience them, because experiencing them and then choosing not to experience them later—and the time between experiencing them and choosing to not experience them later can be from a minute to years—is because it’s all to do with gaining a level of evolution.

That evolution is we gain more evolutionary momentum or progression by experiencing things that are from the common sense point of view not desirable. And so, if we can experience these things and only experience them once, because we choose not to experience them later, or we choose to change the way we operate, think, and behave, and act, so we don’t experience them later, then we’ve experienced them, learned from them, and moved on. So it’s all to do with giving ourselves the ability to experience something, and that’s enough.

It's a bit like going to the cinema and seeing a film once. And then thinking, I've seen that film now, and I'm not bothering again, whereas other people go see a film three or four times. It's a bit like going to a fairground and experiencing a ride once. And you think, ah, that was scary, but the adrenaline boost was such that, hmm, I wouldn't mind doing that again—the adrenaline boost being the low frequency addiction. So you either think, hmm, I'd like to do that again to experience the adrenaline rush, or do I say, okay, I've done that now and move on, and realize that it's no longer an attraction for us. And so this is something that is of a choice.

Now the karmic part of it is when we desire to go back, and we get addicted to it. We want to go back, we want to experience this, we want to experience the fairground ride, we want to experience the adrenaline rush, we want to experience the heightened sensory perceptions associated with taking drugs, all of these different things. We come back because we want to.

And there's other different things in terms of karma, where we've got to work with other individuals, because we need to sever links. The archetypal somebody does something wrong to you, so you've got to do that same thing wrong to them in the next life. But the idea is actually that you can sever the link, and you no longer need to do the reciprocal action as well. So moving away from the need to reciprocate by forgiving, or by asking for forgiveness, and therefore, forgiveness is being given is one of the ways forwards.

But in terms of the need to come here, there are...you know, souls do get addicted to being here. And this is a bit like experiencing, going out and having more alcohol than you can cope with every night, but wanting to have the buzz associated with it. And the same with drugs. And then later on changing and saying, okay, I've done this now. It doesn't work for me any more. I'm no longer going to take alcohol or drugs. So you become a teetotaler and you become clean. So it's to do with really experiencing something difficult, working with it, and then moving away from it, or choosing to move away from it.

(45 min) This is the whole point of this particular universe. One of its functions is duality—what we classify as right and wrong, up and down, left and right, the good road or the bad road. There is no good and bad, up and down, left and right, forwards and backwards, by the way. There is only choice. But the choice is that we can choose to take a faster route or a slower route. And the slower route is you getting addicted and staying there, and the faster route is experiencing the addiction, and then moving on, or should I say, you experiencing the possibility of becoming addicted through the interaction with whatever substance or thoughts or behaviors or actions or stimulus, that can be there as well. So I hope I answered that particular question. I think I could probably write a book on that actually, looking at the potential fractalized thought processes that could go with that one. The next one is:

- **After the demise of the human vehicle**, you mention in “The Anne Dialogues” (pg 33-34) **that an Aspect can keep creating their temporary environment** until it recognizes where it is, while those working with the higher frequencies go straight into the life review process.
- **This begs the question of time—how ‘long’ can one remain in this limbo state before entering into the life review process?** You return to this topic on pg 64 when it is stated that some Aspects (souls) fail to realize their true energy form & remain in a pseudo state of awareness, like being in a dream (I paraphrased your words).
- **This brings up 2 issues – what is time? And what are dreams?**

There is no relationship between dreams and the first question in this particular instance. This is like being in a self-created, totally contained reality we've created ourselves. Some souls, who are totally immersed in their incarnation, simply fail to recognize that their physical form is demised. They fail to recognize that they are energy beings. They recreate everything around them that they previously experienced. They recreate their house, their friends, their family, the neighborhood that they live in, the whole world is basically recreated. And it takes a long time for them to come out the other side. And there's a lot of work that goes on by the guide and helpers to try and move out of this particular condition. So it takes a bit of time for the reality to be broken out of.

But basically, when one is aware and awake, one moves straight into the energetic, and understands what's going on, and goes into the life review process in the various different forms that takes, and in the ways described in "The Anne Dialogues." Those who are totally immersed do struggle. Some break out of it fairly straight away, but they can be there for hundreds of years in terms of human time (what we call "time"). So they can stay there for hundreds of years, even thousands of years. It's up to them, as to how fast they break out of this recreated environment. And it's also the skill of the guide and helpers to help them move out of that particular creation. Because it's all...

I mean one of the images I got is that there can be a whole group of Aspects working together in the energies, and then you have one that's got like a sphere around them—a sphere around a sphere, and that sphere is their reality. They've recreated their reality, their human incarnate reality has been recreated. They don't see anybody else. They're there energetically, but they are surrounded by another sphere, which is the creation of their reality that they want to stay with. So this other sphere needs to be broken down, and that's what the guide and helpers work hard to do, to try to remove that.

(50 min) And there's no limit, no rules or regulations as to how long this thing can be there for in this particular generated reality. This individually generated reality can be there for anything from a few seconds to a few millennia, and that's basically how it works. It's unfortunate that our ability to be incarnate can end up being presented to us beyond the demise of the human form. So this is the question on time:

- **TIME**—The issue of time itself seems to be an entirely 3rd dimensional construct, so it seems like an arbitrary tool of measure to even suggest, but I use it because we still believe it is a dimension rather than a way to measure distance & weight of objects that reflect or absorb light, as I understand it.
- **So, in time as we know it, what does it mean to remain in this limbo state before the life review? Is this not also where all the addictions have to get 'karmically addressed' through quarantine?**

It's a very interesting question, because I've not really addressed the difference in time vs. how it takes to get out of these things. Again there's no rules, there's no normality associated with how long it takes to move out of one particular state of self-created limbo as it were vs. moving out of the environment and going back into the energetic. And those who have to have their addictions, that are karmically addressed, my understanding is that they can do it either within that reality through the skillful interaction of the guide and helpers, or they have to go to like a quarantine area, where the addictions that could potentially affect the True Energetic Self (TES) have to be removed. And that again requires a lot of skill on behalf of the TES and the guide

and helpers. So what they have to do is sort of almost relive or re-experience those things that create the addictions that create the karmic links, and get to the point where they are no longer addicted or attracted to them. And then when they have achieved that state, then they can move out of the quarantine levels. So the next part of this is:

- **Is this 'time' in limbo reflected in an inability to communicate with the Aspect's TES while in this state?**

From their perspective, yes. But from the perspective of the TES with the Aspect, no. And also obviously, the guide and helpers can still communicate with the Aspect in the same way they used to when the Aspect was incarnate. So that's the problem, you see. They're having to work with the limited ability and functions or the communicative bandwidth of the Aspect, because it is still working within the confines of lower frequency existence, even though it's not.

- **What about the ability for the newly demised Aspect to communicate with still incarnate systems—human, plants, non-human animals, and through nature itself?**
- **How does this 'time out' affect the physical reality—in effect does it contribute to the lack of understanding the cause-effect ripples in our lives?**

The newly demised Aspect really wouldn't want to communicate with the still incarnate systems, such as animals, plants, nonhuman animals, and nature itself. Although the aspect of nature, which is energetic, it can do, of course, because it's a function of Source. The only time an Aspect would want to communicate with a human is that, if there's a loved human that is still incarnate that needs to be given a message or some thing, some level of communication, or some sign, that the personality or the essence or the sentience that is/was incarnate as that loved human is still in existence.

(55 min) So therefore, there is some level of ability to communicate, albeit on a transient basis with humans, plants, nonhuman animals, etc. And nature is probably not so attractive to want to communicate with. But there are times, when human beings want to give consolation to those who are still in the incarnate state, and therefore, don't know or can't remember who and what they truly are, and so experience bereavement, and sadness of loss.

- **How does this 'time out' affect the physical reality—in effect does it contribute to the lack of understanding the cause-effect ripples in our lives?**

The physical reality actually isn't really affected in real terms. We just linearize things. So if you think of it in terms of the individual who is within the quarantine, because there's too much karma associated with it that it would contaminate the TES, or the entity that's stuck within its own reality, its limbo state, as being in a different event space, then when they come out of that event space, they may have spent thousands of years in human terms to get from where they were to coming out of that event space. But from our perspective, it could be nothing—it could be a second, it could be a minute, or it could be a hundred years. It just depends upon the entry and exit points of the event space.

And so really this sort of shows everything can occur concurrently. And although we create this linear existence from a time-based perspective whilst we're here, in actual fact it doesn't really mean anything as such. So the physical reality is also part of the greater reality, but we linearize it from the human being perspective. So somebody can spend an awful long time in one of

these quarantine areas or one of these, shall I say, conditions of limbo, and it can appear to be like a couple of seconds on the physical plane, or they can spend a few hours in limbo, or in the quarantine, and it could potentially be days, weeks, months or years in the physical.

It just depends upon how the Aspect enters into that event space, and how it exits that event space, and where that event space was interacting with the event space that we call the physical environment. And it can move around just to make things even more complicated. So if it was potentially a hundred years, and the event space sort of reappears, so to speak, a hundred years in the future, the Aspect might want to bring it back to a few seconds after it demised. So it can still move things around, it can enter into another event space, and come out the other side a few seconds after the demise process. So the time period associated with the physical world, the physical universe isn't affected. It's simply personal experience that is affected, and personal interaction with self, guides, helpers and the environment that is affected.

And the next bit is about the dreams, and this is the last question from this particular contributor, and thank you very much for these rather interesting questions. The next one is on dreams, and we've gone through dreams, so it might be a supplementary sort of response to these dreams.

- **DREAMS**—First starting with sleep, the state of consciousness we designate when most dreams are recorded, humans and many non-mammals demonstrate a physiological need for sleep. Science estimates that about 1/3rd of a human lifetime is spent in the sleep state.
- **What role do dreams play in this critical state of sleep for the physical vehicles being used by humans & non-human animals?**

Well, again dreams are the same thing. It's when the sentience moves out of the gross physical and the spirituo-physical side of the human vehicle, and experiences the frequencies associated with the astral, or they move beyond this particular universe, although they receive guidance from their guide and helpers.

- **And what are the myriad functions that dreams provide, and how can we train our skills at understanding the information being presented to us in dreams?**

(60 min) I went through that basically in the first part, so this is supplementary, but to summarize dreams come in three conditions and two states. The first condition is when there's information being given to us by our guide and helpers, which is usually using imagery as a symbolic method of communication, or sometimes we get words as well.

And the second condition is when we're experiencing something that is based upon the Earth level, but at a higher frequency, or outside of the Earth level, but at a higher frequency as well, usually within the 4th, 5th, 6th, and 7th frequencies associated with the multiverse, but still within the universe. And we can stay within the Earth environment, or we can move out of the Earth environment into different planets or galaxies.

And the third part of it is that we experience the movement of our sentience outside of the environment created by our particular universe, and go into other frequential levels that also house different universes. So the translation medium there is based upon our total experience, used as being a translation medium there. So symbology in terms of the guide and helpers trying to help us, and the translation process based upon our total experience being used in

both in the astral traveling sense and the projection of the consciousness beyond this particular universal environment. So the next sort of part of it is:

- **Seems that this can be a dangerous path to interpret all things as defined symbols in dreams** - I question a universal dictionary of dream meanings, and rest that authority upon the dreamer to both gain that knowledge and develop their personal awareness.
- **Keeping a journal by the bed to record dreams can help recall the detail—what are other ways we can cultivate the understanding/meaning of the communications being presented to us in the dream state?**

I agree. Actually, if you think about, a universal dictionary, so to speak, of dream meanings can only be a generalization. The detail is based upon the individual's experiential vocabulary, so to speak, and what these different experiences mean to them. So it can only ever be individualized. There can be general stuff that I talked in the first few minutes of this particular World Satsanga, but after that it's definitely personalized.

- **What are other ways we can cultivate the understanding/meaning of the communications being presented to us in the dream state?**
- Many have personal experience getting messages through dreams ranging from physical health of themselves to the immanent death of loved ones to worldwide catastrophic events, so it seems they are a medium of communication—**how can we contribute to the advancement of study of dreams as a means of connecting with our own bodies & TES to improve the situation on earth for mankind to evolve into a more peaceful non-warring society?**

We need to really use them for what they are, which is a communicative medium or an experiential medium basically, and recognize them as being a plethora of opportunity for various different informational states, either for ourselves or for the wider environment, a wider group of individuals interacting in that environment and ourselves. So really what we can do is identify what the standard type of response is, and then identify how to recognize individualized responses, and what they mean for us. And that may mean that there's a need for a specific, generalized text of lessons, so to speak, that say: well, if you're receiving this information, in general this means this, but what does it mean for you? And that would mean search into yourself: what does this image mean to you? What does that animal mean to you? What does that response with a loved one mean to you? What does that response to a person in your job or career role mean to you?

So I believe that the way forwards is to create a framework that people can use, and move forwards with to enable them to create their own dictionary, and that would be a good way forwards. And if people started to use their interaction with themselves during the sleep state, and to recognize who and what they are based upon the communication and recognition of communication with their guide and helpers, and their own experiential experience in various different astral levels, and through the parts of the physical universe, and the rest of the multiverse, then they will generate a level of understanding of who and what we are, and that we are a much bigger entity than we think we are. It will give us a wider understanding as well.

(1:05 hr) Thank you very much for those questions. It's a very wonderful series of questions, very deep, searching series of questions, and I hope I've done them justice in this short time I've got here. So let's go to the other series of questions here:

3. Is the physical universe infinite and ever expanding and if so into what? Are there an infinite number of TESelves created by SEone [Source Entity One/SE1]? By the way since 12 is a recurring number, I wonder if there are 12 to the 12th power or almost 9 Trillion SEone created TESelves - a finite number.

• Are there an infinite number of TESelves created by SEone?

There is a finite number of True Energetic Selves (TES). I don't know the total number, and I'm not going to try to understand what that number is. But I'm told it's an inverse fractal of the structure of the Source. So bear in mind there's frequencies, sub-dimensional components, full dimensions, and zones associated with Source. Then you could think of it in terms of the fractalized general notion of that.

• By the way since 12 is a recurring number, I wonder if there are 12 to the 12th power or almost 9 Trillion SEone created TESelves - a finite number?

Now there was a number based on "billions" in one of the books [The History of God, p. 94 & Beyond The Source—Book 1, pp. 34, 38], that I realized that was just a value just to sort of give us something to work on. If you worked it out as being something along the lines of 12 to the power of 12 to the power of 12 to the power of.... that's right, isn't it? Twelve to the power of 12 to the power of 12 to the power of 12 to the power of 3 to the power of 12, then that's the sort of function you would get in terms of the fractalization of the Source going from zones to full dimensions to sub-dimensions to frequencies, and ignoring the error associated with the physical universe. So the number of TESs is definitely finite.

• Is the physical universe infinite and ever expanding and if so into what?

The physical universe is finite. The idea of it being expanding is based upon certain limited abilities of scientists to be able to discover. It's not expanding. It's always been the same size, whatever that size is. And it's infinite from our perspective right now, but it is actually finite in terms of its capacity and its content. So if you think of it as having 12 frequencies, then that's its level of finitude basically. That's its finite state.

And the actual physical size, if you're thinking in terms of relating the size of a galaxy in comparison to the size of the universe, I'm even told that you can't quantify it in human terms in terms of size. But I'm being told that as an environment, it is finite. It's just that that level of finitude from our perspective seems like an infinite condition. I don't know if that answered the question properly, because it is a different thing to understand, but it is definitely finite, and there's definitely a finite number of TESs being created.

• Of course, our minds cannot handle the idea of infinity in this respect. These questions lead me to believe that the Universes and the TESelves along with the Aspects and Shards are not real at all, rather just an idea in the mind of the SEone.

In essence, we are real. We are real functions within Source Entity One (SE1). We are real aspects of its sentience that's doing a different role, an individualized role rather than a collective role. So we are real, and we will remain to be real, whilst SE1 desires our individuality. So that's the one way to think of it.

(1:10 hr) And even if we become reconnected with Source, when we finish this particular evolutionary cycle, the level of reality is still there. Because even if we reconnected fully, and dissolve our total experience and personality, so to speak, as a result of what we've achieved with our TESs, and our TESs do the same thing with Source, then the reality is still there. The environment is still there that SE1 and the rest of the SEs exist within is still there, and the area of the Origin's polymniscent sentient self-awareness that the SEs are within is also still there.

So everything is real—it's just that it's a currently accepted and used function of that reality, that we're experiencing right now. So what happens when we finish our current evolutionary cycle and move into the next evolutionary cycle? It may well be a completely different function of this. And we may not be individualized, or we may be individualized, or may be individualized in a different way. So I hope that answered that question. Also another topic:

- **Is there a hierarchical organization in the land of TESelves, like “The council of elders” for instance?**

Yes, there are. They work with those individuals, who are incarnating in the physical universe and all its frequencies. They sort of, for want of a better word, work with the maintenance entities that maintain the evolutionary efficiency of the multiverse, and specifically in our condition, the evolutionary efficiency of the physical universe. So they work on how we best can interact with this environment, and evolve in an efficient way as a result of it.

So it's sort of hierarchical in terms of function, although there is no such thing as one particular entity is the boss of another entity, for instance. They all are of equal standing, so to speak. It's just that they work in various different ways. And if you want to consider that the one's a function of another one, or the one's a sub-function of another one, then that's the only way you can create your hierarchical condition associated with it. But these TESs are entities that work with the structure of the multiverse in all these different ways.

And actually that leads me to plug the book I'm working on now, which is called “The Curators,” which works with, for example, the organization of the hierarchical or not (as the case may be) functions that some of the TESs adopt to maintain the structure of the multiverse, that our Source gave us to experience, learn and evolve through. And that particular book is now about 51,300 words through, and is probably going to end up being as big as “The Origin Speaks” I think by the time I finish, because it's expanding as I speak. But right now that book will deal with that level of understanding, but it will deal with it from the function of working with the multiverse, rather than from working with, if you like, the possibility of guiding and changing the level of experience through incarnate existence. So I hope that moves that forwards.

We're on the final stretch now. We've got a few questions here from the wonderful person, who does the transcriptions for us. So let's have a look.

4. Do the OM beings incarnate in all parts of the physical universe at whatever level needs their attention? You said you have had 36 lives, but were those on Earth or in many places? Does Celia come from the same OM TES as you and Anne?

- **Do the OM beings incarnate in all parts of the physical universe at whatever level needs their attention?**

(1:15 hr) Right, the first bit first. The OM can be anywhere. I mean generally the OM wouldn't be in the physical universe. If you look at "The Origin Speaks," you'll see that some of them don't even want to be involved in creation, as it creates responsibility. So those who do incarnate, and this is probably the hybrid OM, or the captive OM, rather than the noncaptive OM, or the other OM that can be outside of the structure of our particular Source Entity, could be anywhere basically.

But those who are hybrid OM, they tend to be the same as every other entity that's created by Source. They will incarnate in all parts of the physical universe at whatever frequency they need to experience, learn and evolve. And that would be the same for captive OM as well. Noncaptive OM will do whatever they want to. They can incarnate in the physical universe or not, as the case may be, so it's up to them.

• **You said you have had 36 lives, but were those on Earth or in many places?**

My particular incarnations have been in various different parts of the physical universe, and I'm told around 12 of those were on Earth. This is the 12th, so I've been in many different places within the physical universe usually (I'm being told right now) in the higher frequency levels. So they were as diverse as they needed to be, to be able to experience what I needed to experience.

• **Does Celia come from the same OM TES as you and Anne?**

Anne is part of my TES, she was an Aspect of that. My current partner (Celia) isn't. She is a very aware, very astute individual, and very high in consciousness in her own right. But she's from a different TES. But at the end of the day, that doesn't matter, because we're all part of Source anyway. So even though we're potentially individualized from our TESs, whether those TESs are the same as another soul or not, as the case may be, is immaterial, because those TESs are in essence individualized functions of Source anyway. So we're all One anyway, so it doesn't matter from that perspective. The next bit is:

5. I'm confused about what you said in the last Satsanga about True Energetic Self (TES) being able to move within 3 full dimensions (FD) of where it's located evolutionarily speaking.

- **Does it mean 3 FD up or down from where it is? OR just down from where it is?**
- **Because at one time you said the TES can experience the multiverse in ANY order, e.g. simultaneous universe #350, followed by universe #17, then #55, etc.? So which is it?**

They are different things. The evolutionary level of the TES is not the same as the ability to experience it. The evolutionary level is a linear progression. Linearity for the first time works. So we move through, or our TES moves through the structure of the multiverse from an evolutionary perspective, and it can move within three [full dimensions].

So if think of it in this way, it can move within three. Usually, it can move within the three [FD] that are associated with its "tritope." There's three dimensions that are sort of the lower, there's three that are sort of the medium, three that are the lower upper, and three that are the upper. So the first three full dimensions is one sort of group [first tritope], the 4th, 5th and 6th are the next group [second tritope], the 7th, 8th and 9th the next group [third tritope], the 10th, 11th and 12th the next group [fourth tritope].

But my understanding is that the TES can move within three dimensions only, usually the one they're in and the two below. So and in very, very special circumstances they may be able to go one above, but usually not, because that's an evolutionary jump. So in essence, they can move

within the full dimension that they're in, and the two below where they are. So it's within those three that they can move around. So that's the sort of physical location of who and what they are based upon their evolutionary level.

- **Because at one time you said the TES can experience the multiverse in ANY order, e.g. simultaneous universe #350, followed by universe #17, then #55, etc.?**

In terms of the experience, it's usually that they can experience these other levels by projecting Aspects of themselves. So although they have a static position based upon evolution, the experience can be randomized, because of what they project into these different levels. So one is the sort of location based on evolution, and one is location based on the need to experience, so they're two different things.

(1:20 hr) So in summary, the three dimensions that a TES can move around in as a function of its evolution is the one it's in plus two below. Its experience in the multiverse in terms of how it projects Aspects of itself can be randomized, so it can go into any particular location. It can go to universe #350, followed by universe #17, followed by universe #55. That's an experiential condition, not an evolutionary condition. So they're two separate things. Right, the next set of questions:

6. In "The History of God" (p. 267) you asked: How many sentient races of beings are there on Earth? The Source said: Three but soon there is a plan for a fourth, besides humans, dolphins, and a third energetic race. Please elaborate on these last two sentient races.

- **What is the third energetic race like? What form do they have? What frequency do they exist on the Earth? What full dimensional level of the multiverse do they come from? What is their function?**
- **What is the fourth sentient race like? Same questions about form, frequency level, multiverse level, and function on Earth?**
- **What is the third energetic race like?**

Right, so the third energetic race is probably a bit of a misnomer. I'm picking up that when I wrote that book, I personally didn't understand that at the time we could incarnate at various different frequential levels. And so an entity that was classified in my mind then as "energetic" would actually be a higher frequency incarnate vehicle. So the third energetic race is actually a higher frequency incarnate vehicle. So humans and dolphins are in this particular frequential level, the first three [frequency bands].

The other race is one that is more of a fourth frequential level state of incarnation—I'm being told some of its sort of tendencies to creep towards the fifth frequency. And so they are incarnate vehicles/bodies that are higher frequency. They exist here now. They (I'm being told) exist in all parts of the localized physical universe at the frequency levels that they work on, so they work on around let's say between 4 and 5 frequency levels. Their function is to experience, learn and evolve on this planet at that level. So they're not as immersed in their incarnation as we are as such, but they're nevertheless involved with it. They're not affected by what we do either, because they're on a different frequency.

Now clearly the Earth is a panfrequential body, so it exists in all different frequency levels associated with the physical universe. But in essence, it is capable of supporting all different incarnate vehicles at all different frequency levels associated with the physical universe. And

although there are things that we do on this level that affect us, it wouldn't affect them. So they're experiencing a similar sort of existence to us, but on a higher frequential level.

Think of it in terms of different event spaces or different realities. Although they can experience what we're experiencing, it's just on a higher frequency level. Now that comment is interesting, because usually when we're in a higher frequency, we would see the different entities that exist on the frequencies below us. If we go to the fourth level, we would see the entities on the third level, but we wouldn't be able to see the entities on the fifth level. When we're on the fifth level, we wouldn't be able to see the entities on the sixth level, but we'd see the entities on the fifth, fourth and third levels.

But I'm being told that these entities, although they experience the things around them as part of what we are, they've found some way of separating out their frequency from the frequencies that we've just described. So it's like a sub-frequential state, where they can experience what they need to experience on their frequency, but they don't need to interact with or be associated with anything that we do on our particular level. So their function is just to experience, learn and evolve on this particular planet but at a higher frequency, and in a segmented sense.

- **What is the fourth sentient race like? Same questions about form, frequency level, multiverse level, and function on Earth?**

(1:25 hr) The fourth sentient race is or will be—just asking the question. One of the benefits of doing this particular Satsanga, or all the Satsangas that are pre-recorded actually is that I don't pre-read the questions, so everything is being...any channeled information that comes through, which is usually most of the time actually—unless it's a question that's based upon one of the books that I know that I'm just relaying my particular understanding to—are all sort of on the spot channeling, so it's all live from that perspective.

I'm being told the fourth race will be well above our frequency, like in the 12th frequency. And obviously at that point they're going to be more than energetic, as it were. I'm being told they won't incarnate in a body that's at that level. They're simply going to be here to observe. There is a need to try to recalibrate how everybody is functioning on this particular location, and the location that our galaxy exists within.

And so there's a group of entities, who are individualized Aspects of their True Energetic Selves, but they're going to move into this environment with a view to (I'm saying) subliminally change the thought processes, or behavioral processes, and actions therefore of all of the entities that are existing here in the various different energetic states—that being different incarnate frequential levels, I should say—to try to accelerate the progression or the reclaiming of frequential level on the planet. So they're going to be more like observers and guiders more than anything else. So that's the level that they're on within the physical universe.

And where they come from as a TES is from the sixth full dimensional level, so their TESs exist within the 6th full dimension. So they're here to sort of help us clean up our act, but they're doing it in a subliminal way, rather than an active way. So there will be no sudden appearances, okay. And the last sort of series of questions is based on:

7. In “The History of God” (p. 387) you wrote about the Council of Twelve stating that they reside on “Zion” (a moon around planet “Zorpeton”). But in “The Anne Dialogues” (p.

219) you learned that there is more than one Council of Twelve. Please elaborate on these councils.

There are 12 Councils of Twelve, as you can probably imagine, and each of them has a different function within the structure of the multiverse. They seem to work...each of them seems to work with a specialism, and that specialism is the coordination of incarnation within certain frequential levels. So there is one that works with the first three frequencies, and then one that works with every frequency up towards the 12th. That only counts to 10, so the other two are involved with those entities that are of the animal or nonhuman type of genre of entity. And the other one is to do with the entities or the genre of aspect that is between the animal and the human, so to speak. So they require one sort of council each for all of the frequencies that they work with, because there tends to be only one particular level those genres of aspects incarnate into, whereas our genre of Aspects can incarnate into any of the frequencies associated with the physical universe.

So there's 12 Councils of Twelve. Ten of them are associated with our type of soul, and the other two are associated with the animal type genre of soul, and the genre of soul that will be used for the backfill people, for instance.

(1:30 hr) Again I could probably write a book on those things actually, what they each do and all the different functions associated with them. In fact I might put a mental note to add them into "The Curators," because when I get into working with nature, working with what we call the "elementals," which are those entities that are working with the Earth and work with the physicality associated with the lower frequencies and the environmental eco-structure, these councils would also work with how we interface with those sorts of things. So if I make a mental note, I'll see if I can add those into the back of the book somewhere, so that we can see the correlation between these councils and the other hierarchical structure of the curators, so to speak.

• Where is Zion located? Is that the only place they reside in or just a "vacation home"?

Well, Zion is a name that's been used for eternity in terms of our human beings' understanding, it's a name that has been passed down through the ages. But in terms of its location, it's (I'm being told) at the far end of our particular galaxy, but at...(I'm being told) they move around the frequencies. When they're interacting with the Earth, they reside on that particular planet on the third frequential level. But when they're working on other areas, then they move around. So (I'm being told) they don't move around frequentially, because each of the different frequencies has got a Council of Twelve above the third that is, of course.

So this Council of Twelve work with the frequencies that are the first three, but they move around. So although they sort of convene in this particular area, they don't always work together. They work singularly depending upon where they are within the structure of the physical universe and what they're doing.

• What is their function relative to Earth, our solar system, galaxy or entire physical universe?

And so their function is relative to Earth, our solar system, and the rest of the physical universe on that particular level. So their responsibility is the third frequency level and below, which when you add them up together equals the gross physical. And they work not only on Earth, but they work in other areas as well of the physical universe on these different levels. Clearly, with the

Earth having free will and it's the only area where we have individualized free will, they have a particular interest in it. And I'm told that one of the Council of Twelve is, shall I say, nominally interested in terms of what goes on this particular planet.

- **Are they maintenance entities, like the curators OR are they in the evolutionary cycle like we are, just at a higher level, as overseers guiding the guides?**

They are not really curators as such, they are more of...although you could classify them as being curators, because although they don't function specifically to maintain the structure of the evolutionary efficiency of this particular part of the multiverse, they are if you like responsible for maintaining the way in which we interact with it. So they're not quite curators, they're more guides, if you want to call it that. So that's probably a better way of looking at it.

They are a higher level. They don't incarnate—they don't need to. They're more of a guide in the way in which we interact in a collective sense with the environments that we incarnate with. And so you could classify them as being more overseers I guess than guides. Although they wouldn't particularly guide the guides, they're more of a...the guides are sort of a different type of entity than them. These are more...they're sort of the bridge between the curators and us as incarnate individuals. They sort of form the link between those entities, which are maintaining the evolutionary efficiency of the multiverse, in this instance the physical universe, and those that interact with it, which are us and our guide and helpers. So that's probably the best way to explain what they are.

That comes to the end of the questions. Thank you very much. I know that this particular Satsanga is a particularly long one. Well, it's probably justified, because the gap between this Satsanga and the next one is going to be about six weeks. So although I apologize for the length, I'm sort of justifying it somewhat. So now we come to the end of it, which is the meditation on bringing the Source to ourselves.

Part 3. Meditation - A Connection with the Source

(1:35 hr) Please download the high quality [M4A File](#) (see AMR audio file) to do the guided meditation with Guy Steven Needler (narrator) at his website.

(1:49 hr) Closing comments: Okay, so that's the end of the Satsanga today. And thank you very much for listening in to it, and thank you very much for all your questions, and your dedication and devotion to understanding things of the greater reality. Again I thank Kevin Moore for all of his help in extra broadcasting this particular audio, and creating the imagery to support it, and allowing it to be on his [YouTube](#) channel as well. Kevin's a fantastic person. He is doing a great job in terms of being of service to the rest of the world as well.

So God's love to you all, much love to you all, and Seasons Greetings to you all. And I look forward to working with you again on the next Satsanga, which will be the 21st of January 2017. So have a great Christmas everybody, and God's love to you all. Goodbye." END